


## Heat Index Chart (in Fahrenheit %)


### Relative Humidity (Percent)


	40	45	50	55	60	65	70	75	80	85	90	95	100
Air Temp (F)	80	80	81	81	82	82	83	84	84	85	86	86	87
	83	84	85	86	88	89	90	94	94	96	98	100	103
	91	93	95	97	100	103	105	113	113	117	122	127	132
	97	100	103	106	110	114	119	129	135	135			
	109	114	118	124	129	130							
	119	124	131	137									


**Temperatures inside the chart are Heat Index Temperatures**

**Please read the entire document which covers prevention, indicators and treatment.**

 Comfortable for outdoor play; Be sure to have water available.

 Caution: Be sure to have water available, more frequent water breaks, encourage water breaks during games and monitor athletes carefully.

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 Stop all outside activity and all inside activity if air conditioning is unavailable.