

Girls Fargo Team Qualification Process in 2024

***Note this is different than the boy/Men's process**

Updated 2/16/24

- USA Wrestling and the JOWC have decided to allow each state 4 wrestlers per weight class. This will not include any Auto Qualified athletes.
 - **What does this mean for team MN:** (Note: In past years we have yet to reach the 4 wrestlers limit in any one weight class.)
 - We have put a process in place to make the selection fair, in the event we meet the limit.
- **Keep in mind:** we are allowed 4 girls in each weight class in addition to any girl / girls who Auto Qualified for the event.
 - If you are auto qualified you will still need to register but you are guaranteed a spot on the team, and it does not count towards our 4 person per weight class limit!

How to Auto qualify:

- If you Auto qualified you will still need pre-register

The following shall serve as automatic qualifiers at Junior & 16U Nationals and shall not count against any roster limit:

- Current year 1st-6th Place at USA Wrestling Regionals (placement must be in the same age and style)
- Current year 1st-8th Place at U15 Nationals (placement must be in the same style)
- Current year 1st-8th Place at U17 Nationals (placement must be in the same style)
- Current year 1st-8th Place at U20 Nationals (placement must be in the same style)
- Previous year 1st-8th Place at Junior Nationals (placement must be in the same style)
- Previous year 1st-8th Place at 16U Nationals (placement must be in the same style)
- Previous year age-level World Team member (must be in the same style)

Please note: wrestling at regionals is a great way to get auto qualified! – And we would love to grow our girl numbers at these events!

- The closest regional Qualifier (In Rochester, MN. May 10-12th): [2024 Northern Plains Regional Championships](#)

Not Auto Qualified:

If you are not Auto qualified for Fargo **there are no prerequisites to be on the team (this is different from the boy/ men's team)** (but you do need a USA wrestling card, have to fall within the [division](#) age and school requirements & pre-register.)

In the event we have more than 4 girls registered in one weight class

- If there are more than 4 girls in one weight class we will see if any of the girls would like to move weight classes or divisions.
 - June 25th - deadline for entering the weight you would like to wrestle if you are not auto qualified.
- If we still have 4 girls interested in the same weight, we will inform them that they need to attend wrestle off / evaluation day to secure their spot!
 - June 29th – at Saint Michael-Albertville High School
- In the event you do not secure a spot at your weight class:
 - We will discuss options: moving up a weight class if a spot is available or moving up a division

Dates:

- **Pre-registration – Opening soon**
- **March 23rd** Freestyle/Greco (co-ed) Kickoff at the University of Minnesota Gopher's wrestling room
- **May 10th – 12th** Northern Plains Regional Freestyle and Greco Tournament in Rochester, MN
- **May 18th** Cadet and Junior (co-ed) Freestyle and Greco Camp in Waconia at the Safari Island Community Center
- **June 25th** Wrestlers to register and declare Cadet and Junior Fargo Tournament Weight (needed to determine wrestle offs)
- **June 29th** Cadet and Junior Camp Date and **Fargo Wrestle off Date** (Wrestle offs only if needed) at STMA High School
- **July 9th & July 10th** Fargo Camp for kids going to Fargo Only (**this camp is MANDATORY** to compete in Fargo ALL wrestlers must attend (July 10th picture day)
- **July 12th -14th** Fargo Cadet and Junior Nationals in Fargo, ND (16U & Juniors Girls Wrestle the same days)

*****All final decisions are to be made by the age group director and state director*****