

# ASPIRE *Parent and Player CODE of CONDUCT*

## VOLLEYBALL CLUB

We are committed to creating and upholding traditions of excellence through volleyball by providing a list of behaviors we expect our athletes and families to withhold during our club season. Failure to abide to these codes can result in an immediate club suspension or expulsion. Stay positive and supportive and we will have a fantastic season.

**As an athlete, parent and/or spectator, I will:**

1. Participate in volleyball free of alcohol and drugs.
2. Be a positive role model for other volleyball advocates by showing good sportsmanship by applauding fair play and good performances by both teams during matches. Cheer positively for my team, using socially acceptable language appropriate for youth; inappropriate gestures, looks, outbursts or derogatory comments will not be accepted
3. Treat and address other players, parents, coaches, spectators, opponents, especially officials, lines keepers, scorekeepers and all others respectfully, shouting at or any physical aggression towards another player, parent, coach, official or spectator is not allowed.
4. Encourage hard work and honest effort that will lead to improved performance
5. Parents and/or Players will give adequate notice to the coach and Coaches will give adequate notice to the Club Director in the event of an absence or tardy to practice or a tournament. Unreported absences are unexcused and will result in players being benched for 1 game.
6. Respect the decisions of officials, officiating team and tournament directors or staff.
7. Abide by all facility/hotel rules and applicable federal, state, and local laws while attending any tournament.
8. Clean the team area prior to being excused from the tournament
9. Give true information concerning another individual's involvement in or knowledge of an incident relevant to a violation of the rules or any unethical behavior
10. Maintain a positive image of myself by participating for enjoyment and will encourage others to enjoy the game
11. Keep personal issues and concerns confidential to the parties involved. Trash talking or drama is not tolerated.

**As an ATHLETE, I will:**

12. Work hard and honestly to improve my performance as well as my teammates
13. Be coachable. Listen and make technical changes, learn new skills and display a positive attitude towards practices, teammates and coaches.
14. Play by the rules of the game and display fair play by treating everyone in the match with dignity and respect
15. Refrain from using my cell phone during practices or games or while officiating at tournaments
16. Fulfill my officiating responsibilities at the tournaments with pride and respect for the teams playing
17. Arrive ready, mentally and physically. Physically dressed in practice gear, shoes on and tied, hair tied back, kneepads and NO jewelry. Mentally ready to work hard. Players will arrive ready at 10 minutes to the start of practice and 60 minutes prior to the start of a tournament.
18. Assist in the setting up and taking down of nets and equipment before and after practices.
19. Assist in keeping the practice and tournament facilities clean and orderly, gym bags and personal belongings will be kept neatly and in a designated area at practices and tournament. I will leave no trash behind.
20. When traveling, players will travel in pairs and obey hotel and chaperone rules. No non-sibling boys/girls in player's rooms.

**As a parent and/or spectator, I will:**

21. Remain in the spectator area during matches and will not address teams, coaches or officials during the match.
22. Not coach my child or other player during a match or at practice
23. Abide to the grievance procedure. Concerns will be expressed to the coach, director, or other club personnel at an arranged meeting at least 24 hours after incident, at a time where there are no distractions and both parties are relaxed. Discussions will not take place at a tournament or practice.
24. Ensure my son/daughter has transportation to and from practices. Parents will have players at practice a minimum of 10 minutes prior to the start of practice and 60 minutes prior to the start of a tournament. Parents agree to pick players up promptly.

Failure to follow the Code of Conduct may lead to monetary sanctions and disbandment toward the player, parent, team and the Club by the leagues, NCVA, or Club. Derogatory and or abusive comments or behavior will result in immediate termination from the club. I/we acknowledge and agree to follow the code of conduct; furthermore, I take responsibility for any sanctions resulting from my behavior or violation of the code of conduct.

Player Name \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

Parent Name \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_