



Lakewood Little League 2021 Return to Play Safety Plan

The safety and well-being of all our families, friends, and participants is always paramount, and today, is more important than ever.

This document was prepared using resources from the County of Los Angeles Reopening Protocol for Youth Sports and Adult Recreational Sports Leagues Dates March 2, 2021 is hereafter referred to as the "Program".

Board Members, Managers, Coaches, Assistant Coaches and Team Parents are hereafter referred to as "Staff".

Youth Players hereafter are hereafter referred to hereafter as "Participants"

Parents, Guardians, siblings and family relatives are hereafter referred to as "Observers".

Practice, games and competitions are hereafter referred to as "Events".

The four key areas addressed in our program is as follows:

- (1.) Protecting and supporting our staff, participants and observers health
- (2.) Ensuring appropriate physical distancing
- (3.) Ensuring proper infection control
- (4.) Communicating with the public

LLL Baseball Practice, Games and Competitions

- The 2021 season is exclusively for youth members of District 38 and Lakewood "Little League".
- The Season will be 8 weeks starting April 5th and ending May 29th 2021
- The concession stand will remain closed. In addition, we have elected not to have our annual fundraising and sponsorship activities this season to minimize our member's social contacts.

A. MEASURES TO ENSURE PARTICIPANT, COACH and SUPPORT STAFF SAFETY:

- Appropriate face coverings must be worn at all times by all staff, participants and observers except when eating/drinking, solo heavy physical exertion or someone who has been instructed not to wear a mask by their medical provider due to a medical condition or disability. Mask with one-way valves cannot be used. Observers must be limited to immediate households.
- Screening will be conducted in accordance with the Program. See the attached Lakewood Little League Coronavirus (COVID-19) Daily Screening Form.
 - The LLL (COVID-19) Daily Screening Form will be completed for all staff and participants at all events. The form indicates the steps to be taken should a health concern exist.
 - Completed screening forms will be maintained by the Team Parent or designee throughout the season and will be on-site during the season.
- Individuals who have been exposed to COVID-19 or have COVID-19 will report IMMEDIATELY to the Board of Directors League Safety Officer and not return to any events. The League Safety officer will advise of steps to be taken in order to return to events and inform the appropriate parties. Refer to the Program for specific steps to be taken.
- If a COVID-19 case(s) were reported the League Safety Officer would notify the Los Angeles County Department of Public Health. This can done by be completing the secure web application: <http://www.redcap.link/lacdph.educationsector.covidreport>.
- All activities will take place outdoors.
 - Due to the risk of transmitting COVID-19 while participating in outdoor moderate contact sports (Baseball) all parents or guardians will affirm their understanding and acknowledgement of risk by signing the attached City of Lakewood Consent Form. The completed screening forms will be maintained by the Team Parent or designee throughout the season and will be on-site during the season.
- Indoor activities of any kind are not permitted at this time.
- Competitions may be held between two teams only. Events that involve more than two teams are not currently permitted.
 - Teams must not participate in out-of-state tournaments.
 - A team is defined as a group of players forming one side in a competitive game.
 - Only one competition, per team, per day maximum may be played.
- Team transportation by bus or van is not allowed. Travel via car must be limited to those within the immediate household.
- Physical distancing of 6' between each participant is required at all times.
- Observers must wear face mask at all times, maintain 6' social distancing and refrain from shouting, singing, chanting, as these activities increase the volume and spread of respiratory droplets.
- Participants, coaches and staff should cohort by team and refrain from participating in other teams over the season.
- Teams will be configured to approximately 12 participants not including staff.

- Participants will bring their own equipment excluding baseballs. Equipment is not to be shared.
- Staff and participants should use hand sanitizer. Children under age 9 should only use hand sanitizer under adult supervision.
- Staff and participants are discouraged from making unnecessary physical contact with one another (for example high-fives, handshakes, fist bumps) to limit the potential for disease spread.
- Custodial will be provided by the City of Lakewood who will clean and sanitize the restrooms.
- Staff and Participants will bring their own pre-filled reusable or purchased water bottles and hand sanitizer.
- Sanitizer's will be the type approved for use against COVID-19.
- We will have multiple ball buckets to rotate when balls are being cleaned with sanitizer and dried.
- The League Safety Officer or designee will be responsible for sending out communications to participating LLL members. Such communications will consist of but not limited to the following:
 - Event e-mail will be sent to all staff and participants the week leading up to the Season starting. The communication will include the County of Los Angeles Department of Public Health Order of the Health Officer Reopening Protocol for Youth Sports Leagues and this plan.
 - Explain that any person who is experiencing symptoms of sickness will be prohibited from attending or participating any event(s).
 - Make clear that all posted, published local and state guidelines will be followed.
 - As regulations and recommendations change, e-mails will be sent to update everyone on changes to the program or this plan.
- Should we be informed that one or more staff or participants test positive for COVID-19 the County of Los Angeles Reopening Protocol for Youth Sports and Adult Recreational Sports Leagues recommendations for infection reporting, self-quarantining and individuals exposed to infection will be followed.
- People recovering from COVID-19 should not resume exercise until cleared by a physician and will have different paths to return to sports based on both the severity of their illness and their underlying health. Refer to the Program for specific guidelines.
- Facemask are to be washed or replaced daily.
- Everyone must adhere to personal prevention actions which include but are not limited to:
 - If you have COVID-19 symptoms stay at home.
 - Wash your hands often.
 - Cover your coughs and sneezes with a tissue and then dispose of the tissue.
 - Do not touch your mouth, eyes or nose with unwashed hands.
 - Avoid contact with people who are sick.
 - Avoid sharing items such as phones and other devices.
 - Constantly observe your distance. Always maintain the 6' distancing.

- Disinfect frequently.
- Provide access of this protocol to all participants.

B. MAINTENANCE PROTOCOLS

- Group gatherings are prohibited, benches, and tables are removed or cordoned off because they cannot be used.
- Commonly used items are sanitized regularly.
- Baseballs will be sanitized and dried before each event.
- Restrooms are sanitized regularly by the City of Lakewood.
- To eliminate choke points participants will enter the field using the first base line gate and exit the field using the third base line gate. Entering and exiting the field one at a time using social distancing will be required. Games will be scheduled to end and start 30 minutes apart.
- The bleachers and dugouts will be closed.
- Each player will place their equipment 6' apart from each other along a designated area. Participants will be positioned outside the dugout and fence in an area within close proximity to the gates providing good participant visibility and minimal travel to and off the field during events.
- Ensure that all required postings (signage) are in place and in visible areas.
- Provide the League Safety Officer updates to the regulations as they occur.
- Participants and staff maintain 6' social distancing while on the playing field whenever possible.
- Prior to entering the field, each staff and participant temperatures will be taken using a digital thermometer. Temperatures and illness questions will be recorded on the attached LLL (COVID-19) Daily Screening Form.
- League Safety Officer or designee will randomly monitor staff, participants and observers to ensure they are following the LLL guidelines.
- Staff, participants or observers who do not follow the guidelines or refuse to follow the guidelines will be asked to leave the event.

Observers:

- Observers can sit together only if they are family members who live in the same dwelling.
- 6' social distancing will be used along the fence.
- Observers will bring their own seating.
- Observers will be required to wear mask.
- Observers who do not follow the guidelines or refuse to follow the guidelines will be asked to leave the event.

Executive Board Members Compliance Monitoring

- The Executive Board members of LLL will be responsible for randomly monitoring compliance with the LLL Return to Play Safety Plan.

Attachments:

1. Lakewood Little League Coronavirus (COVID-19) Daily Screening Form
2. City of Lakewood Consent Form
3. County of Los Angeles Department of Public Health Order of the Health Officer Reopening Protocol for Youth and Adult Recreational Sports Leagues

Lakewood Little League Coronavirus (COVID-19) Daily Screening Form

Due to the evolving situation with the novel Coronavirus (COVID-19), LAKEWOOD LITTLE league is taking precautionary measures of all individuals who enter our fields, dug outs, bleachers, etc. by completing a Safety Assessment. **Lakewood Little League** reserves the right to evaluate the potential for health and safety risks at our discretion and deny Play or access on any premises.

Date: _____ Name: _____ Phone Number: (____)-____-

COVID-19 QUESTIONNAIRE for PLAYER/PARENT/GUARDIAN/VISITOR
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I, _____, certify that I have provided the information below, and
Name (Printed)

that it is accurate to the best of my knowledge. I understand that if my travel status changes and/or I have contact with a confirmed or suspected COVID-19 and/or I experience a fever, a cough or have difficulty breathing, I must notify my MANAGER/COACH or a **LAKEWOOD LITTLE LEAGUE Team Safety Officer** immediately.

Temperature: _____ Deg. F.

In the last 14 days, have you traveled to or returned from a destination with a Travel Health Notice issued by the [Centers for Disease Control and Prevention \(CDC\)](#) with a **Level 2 OR Level 3 Warning** for COVID-19?

YES O NO O If YES, what day did you return to your home or current location? _____

In the last 14 days, have you been in close contact with a **confirmed or suspected** COVID-19 case?

YES O NO O If YES, what was the last day you were in contact with individual? _____

In the last 14 days, have you experienced a fever **and** a cough or difficulty breathing?

YES O NO O If YES, what was the first day you experienced these symptoms? _____

and what was the last day you experienced these symptoms? _____

Signature: _____ Date Signed: _____

COVID-19 SAFETY CERTIFICATION (To Be Completed by League Team Safety Officer)
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Evaluator: If the answer to any question above is **YES** the individual is not cleared to participate or attend any LLL event. The Safety Assessment shall be forwarded to LLL Board of Directors Safety Officer immediately.

Is this individual cleared to participate in the LLL event **YES O NO O**

If **NO**, the individual is eligible to be re-evaluated on:

Staff or Participants Name: (Print) _____

Staff Member Signature: _____ **Date:** _____

City of Lakewood Consent Form

Dear Athlete and if Athlete is a minor, Parent/Guardian,

The State of California recently announced that effective February 26, 2021, moderate-contact and high-contact youth, and adult recreational sports may resume, including competitions, if permitted by local health authorities and if in compliance with both Los Angeles County and State requirements for these sports.

Lakewood Little League and the City of Lakewood, its officers, employees, and agents are taking reasonable measures to prevent the spread of COVID-19 infection, including tracking/tracing, and following applicable state and County public health orders and protocols. However, the possibility of transmission cannot be eliminated. Athletes and their families must be aware of and acknowledge the risks before participating in athletics.

By initialing and signing this Informed Consent Agreement, you acknowledge, accept, and agree to all the following (*Athlete and, if the Athlete is a minor, Parent/Guardian Must Initial and Sign*):

- Participation in athletics is purely voluntary.

Parent Initial: _____ **Athlete Initial:** _____

- Youth Athlete has permission to participate in athletic meetings, practices, and competitions as directed by the coaching staff.

Parent Initial: _____ **Athlete Initial:** _____

- Neither the Athlete nor Parent/Guardian will attend meetings, practice and/or competitions if any of the following apply:
 - A. The Athlete or any member of their household is exhibiting one symptom(s) of COVID-19 first appear within the last 10 days: fever (at or over 100.4°F or 38°C) or chills, cough, shortness of breath or difficulty breathing, feeling tired, muscle or body aches, headache, sore throat, nausea or vomiting, diarrhea, congestion or runny nose, or new loss of taste or smell. The Athlete or Parent/Guardian, if the Athlete is a minor, will check Athlete's temperature at home prior to attending meetings, practices, and/or competitions; and Athlete will not attend if their temperature is at or over 100.4°F or 38°C.
 - B. The Athlete or any member of their household has been diagnosed with COVID-19 or has a suspected diagnosis of COVID-19 or pending COVID test.
 - C. The Athlete or any member of their household has spent time with another individual who has been diagnosed with COVID-19 or has a suspected diagnosis of COVID-19.
 - D. The Athlete or any member of their household is currently under isolation or quarantine orders.

Parent Initial: _____ **Athlete Initial:** _____

- If the Athlete tests positive for COVID-19 or has been identified as being exposed to an individual that has tested positive for COVID-19, the Athlete or Parent/Guardian, if the Athlete is a minor, agrees to immediately inform Lakewood Little League Officials and the City of Lakewood, its officers, employees, and agents acknowledges that the Lakewood Little League Officials must contact the Los Angeles County Department of Public Health (LACDPH) to provide information regarding the confirmed positive test, including Athlete's name and contact information. I consent to the Lakewood Little League providing such information to LACDPH or any other the administrative body as required by law. I agree to willingly cooperate with any contact tracing that is deemed necessary by the Lakewood Little League Officials and /

or LACDPH.

Parent Initial: _____ **Athlete Initial:** _____

- We are aware that the Athlete may be exposed to COVID-19 while participating in or attending meetings, practices and/or competitions. We understand that this exposure carries a risk of infection, serious illness, or death for both the athlete and their household members.

Parent Initial: _____ **Athlete Initial:** _____

- We acknowledge Lakewood Little League and the City of Lakewood, its officers, employees, and agents, the Governor, State Department of Health, LACDPH, or other administrative body with authority over Lakewood Little League and the City of Lakewood, its officers, employees, and agents, may determine to cancel a competition or the season at any time. We also acknowledge Lakewood Little league and the City of Lakewood, its officers, employees, and agents, must comply with any mandates issued by any entity with the authority over athletics and agree to comply with any such directives even if issued after signature to this agreement.

Parent Initial: _____ **Athlete Initial:** _____

- Athlete and Parent/Guardian, if the Athlete is a minor, is/are aware that practices, games, spectating, and/or transportation will look different than prior years, including the need for physical distancing and the correct and consistent use of face masks. We agree to comply with the direction provided by the coaching staff and acknowledge that the failure to do so may result in the Athlete being refused participation at practice, competitions, and/or the entire sport season.

Parent Initial: _____ **Athlete Initial:** _____

- Athlete is voluntarily participating in athletics. Athlete or Parent/Guardian, if the Athlete is a minor, agrees to assume any and all risks of infection, injury, or death, whether those risks are known or unknown.

Parent Initial: _____ **Athlete Initial:** _____

I/WE HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM/WE ARE AWARE OF THE RISKS OF PARTICIPATING IN ATHLETICS DURING THE COVID-19 PANDEMIC. I AM/WE ARE AWARE THAT THIS FORM CONTAINS A RELEASE OF LIABILITY AND WAIVER OF ALL CLAIMS. I AM/WE ARE SIGNING THIS AGREEMENT VOLUNTARILY, FULLY AWARE OF THE RISKS AND MY RELEASE AND WAIVER OF ANY CLAIM AGAINST THE Lakewood Little league AND THE CITY OF LAKEWOOD, ITS OFFICERS, EMPLOYEES, AND AGENTS, ITS EMPLOYEES, AGENTS, BOARD MEMBERS, OR OTHER RELATED ENTITIES.

Athlete Signature: _____

Athlete Printed Name: _____ **Date:** _____

Parent Signature if the Athlete is a minor: _____

Parent Printed Name: _____ **Date:** _____