

St. Thomas Express VC (Est. 2017)

June 1, 2025



Welcome to the 2025 Annual General Meeting



We teach two things: Joy and Technique

Agenda

- Call to order
- Receipt of the current agenda
 - Receipt of [previous AGM](#)
- Introduction (Mission, vision, and values)
- Year in Review (Thank you, governance, strat plan)
 - Financials
 - Highlights, Challenges
- New Business - Teams, Goals
 - Questions
 - Adjournment

Who are we?

Our Mission

St. Thomas Express is an athlete-centred club where dedicated volunteers provide leadership in the growth and development of volleyball for all players in Elgin County by focusing on teaching two things: Joy and Technique.

Vision

St. Thomas Express is a leading sport organization in Southwestern Ontario.

Values

ACCOUNTABILITY: by acting in a fiscally responsible and transparent manner with St. Thomas Express funds, governance, and operations promoting practices that contribute to safe sporting environments.

EXCELLENCE: by designing and delivering the best possible programs and services for all St. Thomas Express stakeholders.

COLLABORATION: by respectfully working in partnership with key stakeholders locally, provincially and nationally including government, funding partners, clubs, national organizations, para organizations, volunteers, athletes, families, coaches, administrators, officials, service providers, sponsors through ongoing feedback and input from stakeholders.

INTENTIONALITY: by developing programs that are based on clear strategic objectives in order to achieve high quality meaningful and relevant desired outcomes.

INTEGRITY & RESPECT: by interacting with all our stakeholders, by fostering trust in all our relationships as consistently demonstrated by our actions and promoting inclusivity for all participants in a fair manner.

SUSTAINABILITY: by building organizational capacity, partnerships, innovative funding, sharing and economizing of resources to achieve the strategic objectives and sports mandate.

Thank you!

Players

Parents

Community Sponsors

Grassroots and House League Coaches

Competitive Head Coaches, Assistant Coaches, and

Team Managers

Directors of the Board

Governance

President/Technical Director - Dennis Dlouhy (Term Completed)

VP External - Christi-Anne Dlouhy

Secretary - Darlene Dupuis-Baxter

Treasurer - Christine Newton (Departing)

At large (Facilities) - Marg DeJong

Vote:

**New Members - Lisa Longmuir, Laura Brown, Scott Langley,
Janet Mrozowski**

Associated By-Laws



Strategic Five Year Plan



Operations Excellence - ExpressVC.ca will support athletes through excellent value and by building a brand that stakeholders can be proud of.

Facilities - ExpressVC.ca will provide athletes with the best facilities possible.

Coaches - ExpressVC.ca will support player development by supporting the professional development of their coaches. (E.g., In-house and financially for courses.) Continue to recruit where possible.

Programs - ExpressVC.ca will offer inclusive, curricular driven, programming (GR, HL and Comp) based on a foundation of Joy and Technique for ages 5-18 and the LTAD. Involve parents. Excellent value.

Competition - ExpressVC.ca will inspire athletes by offering all ages with quality opportunities and meaningful, experiential competition.

High Performance - ExpressVC.ca will produce athletes who represent the club at the highest levels possible. E.g., regional, provincial, national.

2024-25 Highlights



On court

- Grassroots (10 sessions and 137 participants total)
- House League (2 sessions and 154 participants total)
- House League Tournaments (5 tournaments and 59 participants)
- Mini House League (2 sessions and 36 participants total)
- GAP Clinics (9 sessions and 180 participants total)
- 15 competitive teams (11 female/4 male, 159 total players)
 - Provincial results - 2 total medals (includes OVA tourneys)
 - National results - 2 x teams participated (16/17U)
- 8 graduating players (Boys) - One loyalty player.

2024-25 Highlights



Off court

- Fundraising \$5,442.82 towards club costs thanks to team efforts
- End-of-year banquet - 340 attendees (up from 250)
- Successfully navigated some challenging HR situations
- Recruitment / Representation / Recognition - 17/16U/Club
- Very few official complaints from clients / families
- Supported families through loss (donations, flowers)
- 43 sponsors-including 16 GOLD & 6 PLATINUM

Challenges

Certified Coaches who run their team as a “program”.

Human Resources - Board: Coaches,
Board: OVA (recurring)

Increasing numbers of players and fewer coaches. (207 - ____ = ↑____%)

Facilities - Loss of Grace Hall, Limited access to schools, limited, local, non-school options (e.g., community centre)



Possible Solutions

- Coaches have been “incentivized” by offering coaching positions based on intent to become certified.
- Confidence in our values, curiosity, humility, critical conversations.
- Continue seeking out good people who share the Express Vision and support them.
- Continue to use school gyms, work with community partners to create a gym space (i.e., City)

Financial Report

Statement of Financial Position *(preliminary)*



	<u>as at May 30, 2025*</u>	<u>as at June 30, 2024</u>
Assets		
Current Assets		
Cash	\$ 96,818	\$ 70,499
Prepaid Expenses	\$ 4,267	\$ 4,501
Total Current Assets	<u>\$ 101,085</u>	<u>\$ 75,000</u>
Capital Assets		
	<u>\$ 32,159</u>	<u>\$ 21,160</u>
Total Assets	<u>\$ 133,244</u>	<u>\$ 96,160</u>
Liabilities		
Current Liabilities		
Accounts Payable	\$ 16,733	\$ 3,978
Deferred Revenue		\$ 11,530
Total Current Liabilities	<u>\$ 16,733</u>	<u>\$ 15,508</u>
Net Assets		
Unrestricted Net Assets	<u>\$ 116,511</u>	<u>\$ 80,652</u>
Total Liabilities & Net Assets	<u>\$ 133,244</u>	<u>\$ 96,160</u>

* Preliminary

Financial Report

Statement of Operations *(preliminary)*



	11 months ended May 31 2025*	Year ended June 30 2024
Revenue		
Fundraising	\$ 11,591	\$ 12,215
Registration fees	\$ 249,522	\$ 192,917
Other revenue	\$ 5,887	\$ 3,764
Total Revenue	\$ 267,000	\$ 208,896
Operating		
Awards & recognition	\$ 17,868	\$ 12,052
Bank charges & interest	\$ 529	\$ 452
Coaching honorariums & reimbursemen	\$ 47,774	\$ 33,058
Depreciation		\$ 4,256
Donations & gifts	\$ 98	\$ 655
Facilities rentals	\$ 24,908	\$ 19,737
Insurance	\$ 2,831	\$ 1,267
League fees (OVA)	\$ 71,002	\$ 58,813
Marketing	\$ 2,493	\$ 3,567
Office expense	\$ 3,127	\$ 3,369
Professional fees	\$ 1,497	\$ 1,100
Training	\$ 603	\$ 2,403
Meeting expense		\$ 500
Uniforms & team supplies	\$ 58,410	\$ 53,675
Total Expenses	\$ 231,141	\$ 194,904
Surplus for the Period	\$ 35,859	\$ 13,992

* Preliminary - year end is June 30, 2025

Financial Report

Cash Flow Summary *(preliminary)*



Starting Balance (July 1, 2024)

Bank account (community)	\$	70,894
Bank account (security)	\$	13,613
Profit share account (credit union)	\$	257
Outstanding written cheques	-\$	14,316
Total Starting Balance	\$	70,449

Ending Balance (May 28, 2025)

Bank account (community)	\$	70,813
Bank account (security)	\$	64,044
Profit share account (credit union)	\$	305
Outstanding written cheques	-\$	35,402
Total Ending Balance	\$	99,760

(Preliminary - year end is June 30, 2025)

Financial Report

Results by Program

	IN	OUT	NET	Fees In Δ from FY2023-2024
Summer 2024 House League (grass)	\$ 8,710	\$ 3,248	\$ 5,462	
Summer 2024 Grassroots	\$ 2,060	\$ 985	\$ 1,075	
Competitive Tryouts	\$ 9,008	\$ 1,730	\$ 7,278	53%
Fall Grassroots	\$ 6,771	\$ 4,300	\$ 2,471	101%
Fall House League	\$ 12,032	\$ 5,430	\$ 6,602	71%
Competitive	\$ 171,624	\$ 161,155	\$ 10,469	20%
Winter Grassroots	\$ 7,946	\$ 4,189	\$ 3,757	65%
Winter House League	\$ 14,547	\$ 3,849	\$ 10,698	60%



2025/26 Teams offerings (proposed)

18U Girls - 2 Teams Planned*

17U Girls - 2 Teams Planned*

16U Girls - 2 Teams Planned*

15U Girls - 1 Team Planned*

14U Girls - 1 Team Planned*

13U Girls - 1 Team Planned*

12U Girls - 1 Group (6-24 max)

18U Boys - 1 team planned.*

16U Boys - 1 team planned.*

14U Boys - 1 team planned.*

12U Boys - TBD

*Coaches are confirmed.

We continue to recruit new coaches to ensure that all players who wish to play will have the opportunity with the best coaches available.

Next year's goals (2025/26):

Governance - Continued transparency, increase stakeholder understanding through increased invitations to board meetings. (e.g., Coaches, managers, parents)

Performance - Increase each team performance by 10% in Provincial standings.

Coaching - Goal: Support >80% of Coaches to full certification by year-end. Align future assignments based on compliance.

Relationships - Community partnerships, parents, athletes, coaches

Questions? Solutions?



We teach two things: Joy and Technique

Motion to adjourn?



Good Night: 5 minute break, visitors exeunt, BoD meeting.