### **DEFENSIVE ALIGNMENT**

# 5th/6th GRADE

### 4-3 Defense

#### NOTE:

Goal Line Defense is allowed when the offense is inside the opponents 5 yard line.



NOTE:

AT LEAST 4 YARDS

The Offensive Alignment is not accurate and is being used as an example in this document.



AT LEAST 1 YARD

AT LEAST 1 YARD

- Must be at least 1 yard off LOS and 4 vards outside of DE
- NO BLITZING
- Must be in "down" stance 3-point or 4-point

AT LEAST 4 YARDS

- Head up or outside shade on the TE
- No TE? Can "reduce down" to outside shoulder of OT



Must be head up on the GUARD and in a "Down" stance -3-point or 4-point



Must be in "down" stance 3-point or 4-point

- Head up or outside shade on the TE
- No TE? Can "reduce down" to outside shoulder of OT



- Must be at least 1 yard off LOS and 4 yards outside of DE
- NO BLITZING

- Line Up Anywhere
- Must be 4 yards off LOS
- NO BLITZING







- Must be at least 3 yards off the LOS
- Must be head up with the Center
- NO BLITZING



- Will be aligned over the C Gap and cannot stack over DE's
- If DE's reduce down to the outside shoulder of the OT because there is no TE, then OLB's can either stay in the box (but outside the DE) or walk out to cover a second WR.
- Can NEVER be tighter than the C Gap.
- NO BLITZING



- Line Up Anywhere
- Must be 4 yards off LOS
- NO BLITZING





### **DEFENSIVE ALIGNMENT**

# 5th/6th GRADE

### NOTE:

Goal Line Defense is allowed when the offense is inside the opponents 5 yard line.



LB k

## **5-2 Defense**

#### NOTE:

The Offensive Alignment is not accurate and is being used as an example in this document.



# СВ

- Must be at least 1 yard off LOS and 4 yards outside of DE
- NO BLITZING

DE

Can line up head up on the TE, outside shoulder of the TE or as wide as 1 stride outside the TE or where the TE would be if not lined up next to the OT.



 Must be head up or outside shoulder of the OT and down in a 3 or 4 point stance



 Must be head up on the CENTER and in a "Down" stance -3-point or 4-point



 Must be head up or outside shoulder of the OT and down in a 3 or 4 point stance

SS



 Can line up head up on the TE, outside shoulder of the TE or as wide as 1 stride outside the TE or where the TE would be if not lined up next to the OT.



- Must be at least 1 yard off LOS and 4 yards outside of DE
- NO BLITZING

• Must be at least 3 yards off the LOS

- Must be head up with the Guards
- NO BLITZING



- Line Up Anywhere
- Must be 4 yards off LOS
- NO BLITZING