

USA WRESTLING
JUNIOR OLYMPIC WRESTLING COMMITTEE BOARD REPORT
2019 – USA Wrestling Board of Director’s Report

During the 2019 National Convention, the National Kids/Cadet Council, National Junior Council, Women’s Age Group Council and the National Coaches Council passed recommendations that were submitted to the USA Wrestling National Council of State Chairpersons for approval. Also throughout the year, the JOWC met to provide additional recommendations. In addition, the National Council of State Chairpersons also proposed recommendations for consideration for the USA Wrestling Board of Directors.

The report below is comprised of the recommendations **APPROVED and ADOPTED** to the USA Wrestling Board of Directors related to USA Wrestling’s grassroots programming. These policies are intended to have an effective date of September 1, 2019 unless otherwise noted.

A. Girls Developmental Age Groups

Current: 9U, 12U, 14U, 16U, Junior
Proposed: 8U, 10U, 12U, 14U, 16U, Junior

B. 14U Weight Classes (Boys)

Current: 71, 77, 83, 87, 90, 97, 102, 106, 110, 114, 119, 125, 130, 136, 149, 165, 197, 250
Proposed: 71, 77, 83, 87, **92**, 97, 102, 106, 110, 114, 119, 125, 130, 136, 149, 165, 197, 250

C. Regional & National Championship Weigh-Ins

Any weigh-in shall only be valid for the day of weigh-ins plus 2 additional days.

D. National Dual Championships

When teams from the same state match up against one another, the teams will have an option to either wrestle OR not wrestle and declare the winner. In the instance when the teams decide to not wrestle but instead declare a winner, the final team score shall be 1-0.

E. National Dual Championships

At the National Dual Championships, out-of-state wrestlers shall be allowed to compete on a specified team, but the match takes place and is scored as a forfeit (5-0 team score). In this instance, a release is not required for the out-of-state wrestler to compete on a different state’s team. If a state sends a team, no wrestler from that state can be on another state’s team as noted above.

F. Removal of Rule Modifications for Kids Divisions

For all age divisions 14U and below, remove the prohibition of the straight back suplay or salto.

G. Video Review

For all matches at USA Wrestling National Championships, video review shall be utilized.

H. Separation Criteria – 16U Nationals (Boys)

Current Level 6: 16U/UWW Cadet & above National 2nd-4th out of style (Olympic styles only)

Current Level 8: 14U National 2nd-4th in style or 16U/Junior Folkstyle National Champion

Proposed Level 6: 16U/UWW Cadet & above National 2nd-4th out of style (Olympic styles only) **OR U15 National Champion in style**

Proposed Level 8: 14U National 2nd-4th in style, 16U/Junior Folkstyle National Champion **OR U15 Nationals 2nd-8th place in style**

I. Separation Criteria – 16U Nationals (Girls)

Current:

Level 1 – UWW Cadet World Champion

Level 2 – UWW Cadet World Place Winner

Level 3 – UWW Cadet Women's Nationals Champion

Level 4 – UWW Cadet Women's Nationals Runner UP

Level 5 – USAW 16U National Champion In Style

Level 6 – USAW 16U National Champion Out Of Style

Level 7 – USAW 16U Women's Nationals 3-8 place

Level 8 – USAW 16U National In Style 2nd-4th

Level 9 – USAW 16U National Out Of Style 2nd-4th

Level 10 – USAW 16U National In Style 5th-8th

Level 11 – USAW 16U National Out Of Style 5th-8th

Proposed:

1. UWW Cadet **or above** World Champion

2. UWW Cadet **or above** World Place Winner

3. UWW Cadet **or above** Women's Nationals Champion

4. UWW Cadet **or above** Women's Nationals Runner UP

5. USAW 16U National Champion In Style

6. USAW 16U National Champion Out Of Style

7. USAW 16U National In Style 2nd-4th **or U15 UWW World Champ**

8. USAW 16U National Out Of Style 2nd-4th **or U15 UWW World Medalist**

9. USAW 16U National In Style 5th-8th **or U15 UWW World Team Trials Champ**

10. USAW 16U National Out Of Style 5th-8th **or U15 UWW World Team Trials Placer**

J. Separation Criteria – Junior Nationals (Girls)

Current:

Level 1 – UWW Junior World Champ

Level 2 – UWW Junior World Place Winner OR UWW Cadet World Champ

Level 3 – UWW Junior Women's Nationals Champion OR UWW Cadet World Place Winner

Level 4 – UWW Junior Women's Nationals Runner Up OR UWW Cadet National Champ

Level 5 – USAW Junior National Champion In Style OR UWW Cadet National Runner Up

Level 6 – USAW Junior National Champion Out Of Style OR 16U/Cadet National Champ

Level 7 – UWW Junior Women's Nationals 3rd-8th Place OR 16U/Cadet National Champ Out Of Style

Level 8 – Junior National In Style 2nd-4th Place OR UWW Cadet National Placer 3-8

Level 9 – Junior National Out Of Style 2nd-4th OR 16U/Cadet National placer 2-4

Level 10 – Junior National In Style 5th-8th Place OR 16U/Cadet National placer 2-4 Out Of Style

Level 11 – Junior National Out Of Style 5th-8th OR 16U/Cadet National placer 5-8 Out Of Style

Proposed:

Level 1 – UWW Junior **or above** World Champ

Level 2 – UWW Junior **or above** World Place Winner OR UWW Cadet World Champ

Level 3 – UWW Junior **or above** Women's Nationals Champion OR UWW Cadet World Place Winner

Level 4 – UWW Junior **or above** Women's Nationals Runner Up OR UWW Cadet National Champ

Level 5 – USAW Junior National Champion In Style OR UWW Cadet National Runner Up

Level 6 – USAW Junior National Champion Out Of Style OR 16U/Cadet National Champ

Level 7 – UWW Junior **or above** Women's Nationals 3rd-8th Place OR 16U/Cadet National Champ Out Of Style

Level 8 – Junior National In Style 2nd-4th Place OR UWW Cadet National Placer 3-8

Level 9 – Junior National Out Of Style 2nd-4th OR 16U/Cadet National placer 2-4

Level 10 – Junior National In Style 5th-8th Place OR 16U/Cadet National placer 2-4 Out Of Style

Level 11 – Junior National Out Of Style 5th-8th OR 16U/Cadet National placer 5-8 Out Of Style