



BROCK JR. BADGERS REP

PLAYER ENRICHMENT PROGRAM

POWERED BY SARA BAUER ACADEMY



WHAT IT IS

Designed and run by Sara Bauer, the Player Enrichment Program is an in-season program running throughout the year. Participants will **learn skills and tactics** designed to **heighten confidence and give them an advantage** on the ice. The sessions are **not** conditioning-based, meaning players can easily participate **even on game days**.

WHO IT'S FOR

The program is open to **all Jr. Badgers rep players in Atom, Peewee, Bantam, and Midget**. It is meant to **enhance skill development** for those players looking to advance their level of play.

HOW TO JOIN

Registration will open for each session **two weeks prior** to the session date. Register online and **pay just \$12 per session** to secure your place. Goaltenders pay no fee.

RECOMMENDATIONS

1. Plan ahead

- Although registration for individual sessions does not open until two weeks prior to the session date, **the bulk of the schedule is available**. Take a look at your own schedule and **see which sessions you could attend**. **Please remember to check in for updates and additional sessions.*

2. Set a reminder and don't wait

- Once registration opens, **acceptance is on a first-come, first-served basis**, and a **maximum of 20 skaters and 2 goaltenders** will be accepted per session. Don't miss your opportunity.

3. Arrive eager to learn

- The focus of the sessions is on **skill advancement and helping players acquire tools** that they can use in games. **Be ready to try new things**.

4. Practice what you learn

- The best way to **master your new skills and make them habit** is to **use them in your practices and games**.

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*For each date:

- the **FIRST HOUR** is for **Atom and Peewee** players.
- The **SECOND HOUR** is for **Bantam and Midget** players.

All sessions at **Seymour-Hannah unless otherwise noted.

<i>Date</i>	<i>Time</i>	<i>Registration Opens</i>
<i>Sat.Sept.29</i>	<i>10:00am-12:00pm</i>	<i>Sat.Sept.15</i>
<i>Sat.Oct.6</i>	<i>10:00am-12:00pm</i>	<i>Sat.Sept.22</i>
<i>Sat.Oct.20</i>	<i>10:00am-12:00pm</i>	<i>Sat.Oct.6</i>
<i>Sat.Oct.27</i>	<i>10:00am-12:00pm</i>	<i>Sat.Oct.13</i>
<i>Sat.Nov.24</i>	<i>10:00am-12:00pm</i>	<i>Sat.Nov.10</i>
<i>Sat.Dec.1</i>	<i>10:00am-12:00pm</i>	<i>Sat.Nov.17</i>
<i>Sat.Dec.8</i>	<i>10:00am-12:00pm</i>	<i>Sat.Nov.24</i>
<i>Sat.Dec.15</i>	<i>10:00am-12:00pm</i>	<i>Sat.Dec.1</i>
<i>Sat.Jan.26</i>	<i>10:00am-12:00pm</i>	<i>Sat.Jan.12</i>
<i>Sat.Feb.9</i>	<i>10:00am-12:00pm</i>	<i>Sat.Jan.26</i>
<i>Sat.Feb.16</i>	<i>9:00-11:00am</i>	<i>Sat.Feb.2</i>
<i>Sat.Feb.23</i>	<i>10:00am-12:00pm</i>	<i>Sat.Feb.9</i>
<i>Sat.Mar.2</i>	<i>10:00am-12:00pm</i>	<i>Sat.Feb.16</i>
<i>Sat.Mar.9</i>	<i>10:00am-12:00pm</i>	<i>Sat.Feb.23</i>

REGISTRATION

Reminder: registration opens for each session individually, *two weeks prior* to the session date (see chart above).

1. Email s.bauer@cogeco.ca with the following information in the **subject line**:

DATE OF SESSION, SESSION TIME, PLAYER'S TEAM, PLAYER'S NAME

Example:

Sat.Sept.22, 10:00am, Atom A, Jennifer Smith

Or:

Sat.Sept.22, 11:00am, Midget A, Jennifer Smith

2. Send a **\$12 e-transfer** to the same email address, with **your player's first name as the password**.
Goaltenders are not required to send an e-transfer.
3. You will receive a **confirmation email** back that your player has been accepted to the session.
4. Please check online for a notice that your desired session is full. If the session is full, and you have sent in a registration request, you will receive an email advising that the session is full and your e-transfer will not be processed.