

Montana Wrestling Officials Study Club

2023-2024

Welcome back to the mats, everyone!

With each passing year, we continue to expand this study club format to continually challenge our officials to improve their skills and abilities as wrestling officials. This year, we have introduced some new topics and have modified the structure slightly to cover more material.

Structure

The first four weeks of material will ensure each official has the penalty chart known and understood in its entirety. Whereas the final four weeks cover more subjective points of officiating that will challenge us all to become better officials leading into the post-season. The goal of all of this is regardless of whether you are an apprentice or a master level official, you have an opportunity to improve.

For each study club, two officials will be assigned to present, each with a specific topic. It will be each official's responsibility to study and present the subject of study thoroughly and accurately. Aim to have your master officials lead the precincts so the younger officials have an opportunity to learn. Options for study club format include having remaining officials in your pool are divided into groups and rotating between the precincts or have the presenters go individually in front of the entire group.

Note: While a minimum of only 6 study clubs is required, offering 8 study clubs could support flexibility for the diverse group of officials we have in our state while also allowing easements for travel requirements. This structure is still only a recommendation, and we encourage each pool to adjust as they see fit.

Intent

Even though we are beginning to use more video meeting formats, a point of emphasis is encouraging mat time for officials. The ability to go through the motions and demonstrate scenarios and situations is crucial in the development of all officials. Whether you choose to incorporate this element or not, we have also found success in reviewing film while in the precinct setting. The presenter of this segment is encouraged to bring in the film of pool members and online sources to view as a group and discuss certain situations. Any film of MOA officials must be approved before showing. Criticism/negativity has no place in this, as the opportunity to replay situations for officials can help them and others down the road.

Time management is critical from start to finish. We time each session, give a two-minute warning before the end of the session, and stop each session at the time allowed. Each study session should be up-tempo, high speed, and low drag to ensure a fun and exciting learning environment for everyone involved. It is recommended that **each precinct station lasts 20-30 minutes**, with 10 minutes of discussion about the prior week's action at the beginning and pool leader administration at the end for a 75 – 90-minute study club session.

Good luck to everyone this year, and we will see you on the mats!

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Resource Library:

The following material is intended to serve as a starting point to dive deeper into various topics for wrestling officials. If you or your club has material that would contribute to one of the following categories, please submit the material so that it can be added to the resource library. I encourage all of you to spend some time and watch the videos that have been populated in the NFHS Learning Library (<https://nfhslearn.com/library/videos>). There are now 41 videos uploaded.

NFHS Illustration Library (Link to Google Drive):

- https://drive.google.com/drive/folders/1uL2CekH-L9koTnYK9GUcYA3AHGxX9wgp?usp=drive_link

New Out of Bounds Situations:

- <https://nfhslearn.com/library/videos/officiating-wrestling-a-variety-of-new-out-of-bounds-situations>

Referee Mechanics:

- <https://nfhslearn.com/library/videos/referee-mechanics>
- <https://cwoa.us/rep/OfficiatingStandards.pdf>
- <https://ohsaaweb.blob.core.windows.net/files/Sports/Wrestling/GreenBook-OfficialsMechanics.pdf> (Page 9-17)
- <https://www.mhsaa.com/portals/0/Documents/officials/wrblue.pdf> (Page 8-10)

Weigh-in Check for a Female Wrestler

- <https://nfhslearn.com/library/videos/officiating-wrestling-weigh-in-check-for-a-female-wrestler>

The Fall and Near Fall:

- <https://nfhslearn.com/library/videos/near-fall-mechanics>
- <https://ohsaaweb.blob.core.windows.net/files/Sports/Wrestling/GreenBook-OfficialsMechanics.pdf> (Page 17-18)

Stalling:

- <https://ohsaaweb.blob.core.windows.net/files/Sports/Wrestling/GreenBook-OfficialsMechanics.pdf> (Page 23-28)
- <https://www.mhsaa.com/portals/0/Documents/officials/wrblue.pdf> (Page 12-14)
- Neutral Stalling
 - <https://nfhslearn.com/library/videos/officiating-wrestling-neutral-stalling>
- Offensive Stalling
 - <https://nfhslearn.com/library/videos/officiating-wrestling-offensive-stalling>
- Defensive Stalling

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- <https://nfhslearn.com/library/videos/officiating-wrestling-defensive-stalling>
- Fleeing
 - <https://nfhslearn.com/library/videos/officiating-wrestling-fleeing>

Potentially Dangerous:

- <https://nfhslearn.com/library/videos/potentially-dangerous>
- <https://ohsaaweb.blob.core.windows.net/files/Sports/Wrestling/GreenBook-OfficialsMechanics.pdf> (Page 29-30)

Assistant referee:

- <https://nfhslearn.com/library/videos/assistant-referee-communication>
- <https://www.mhsaa.com/portals/0/Documents/officials/wrblue.pdf> (Page 9)

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<u>Study Club #</u>		<u>Precinct 1 (30 Min):</u>	<u>Precinct 2 (30 Min):</u>
1		Rules Clinic/Rule Changes Overview	
2		Penalty Chart	4 P's: Position, Points, Posture, Patience
	<i>Precinct Leaders:</i>		
3		Illegal Holds/Potentially Dangerous	Technical Violations
	<i>Precinct Leaders:</i>		
4		Timeouts (Injury/Recovery/Blood/HNC)	Overtime / Pre-Match Duties
	<i>Precinct Leaders:</i>		
5		Stalling & Fleeing	Evaluations - Primer
	<i>Precinct Leaders:</i>		
6		Control Situations	Out of Bounds/Supporting Points
	<i>Precinct Leaders:</i>		
7		Assistant Official	Coach Interactions
	<i>Precinct Leaders:</i>		
8		Bad Time and Restarts	Evaluations - End of year Recap
	<i>Precinct Leaders:</i>		

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Session # 1

Precinct Theme: Rules Clinic and Changes in the Rule Book

Link to Rules Clinic:

<https://nfhslearn.com/courses/montana-rules-clinic-2023-24>

Rule Changes Overview:

Below are the NFHS documents distributed this year regarding this year's rules:

- **Wrestling Rules Changes – 2023-24**
 - <https://www.nfhs.org/sports-resource-content/wrestling-rules-changes-2023-24/>
- **Wrestling Comments on the Rules – 2023-24**
 - <https://www.nfhs.org/sports-resource-content/wrestling-comments-on-the-rules-2023-24/>
- **Wrestling Points of Emphasis – 2023-24**
 - <https://www.nfhs.org/sports-resource-content/wrestling-points-of-emphasis-2023-24/>
- **Wrestling Referee Signals**
 - <https://www.nfhs.org/sports-resource-content/wrestling-referee-signals-2023-24/>
- **Wrestling Penalty Chart**
 - <https://www.nfhs.org/sports-resource-content/wrestling-penalty-chart-2023-24/>

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Session # 2

Precinct Theme: Penalty Chart Deep Dive – Part 1

	<u>Station 1</u>	<u>Station 2</u>
Topic	Penalty Chart	4 P's: Position, Points, Posture, Patience
Leader(s)		

Station 1:

Scoring & Penalty Progression: Review the penalty chart and discuss the importance of knowing the chart by heart. Demonstrate using a practice match and two members of your group while you officiate them to disqualification. Match scripts from the casebook can be used.

Station 2:

Referee Position Throughout the Match: Discuss various situations occurring through the progression of the match, including specific scenarios (edge takedowns, near fall, etc.) and discuss where an official should aim to be in these situations.

Awarding Points: Cover Official Referee Signals and how to and when to present points in several situations.

Referee Posture and Uniform: Discuss and prepare members of your pool for presenting themselves properly and how to maintain proper appearance while out on the mat.

Patience in Judgement: Discuss reaction time and the importance of having poise and composure in your decision to award points for action in various situations of action.

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Session # 3

Precinct Theme: Penalty Chart Deep Dive – Part 2

	<u>Station 1</u>	<u>Station 2</u>
Topic	Illegal Holds/Potentially Dangerous	Technical Violations
Leader(s)		

Station 1:

Illegal Holds: From the book, go over the definition and correct application of each illegal hold mentioned. Demonstrate the move, and discuss the illegal action associated with each. This station should be verbal, visual, and tactile. Be sure to discuss how the official handles each situation to ensure the safety of the wrestlers.

Potentially Dangerous: After discussing illegal maneuvers, discuss actions that are not illegal but will require special attention from the referee. Once again, cover all material listed in the rule book and demonstrate each.

Station 2:

Technical Violations: Go over each technical violation listed. Demonstrate each and discuss the enforcement of each penalty as it applies to wrestling action. Play out situations from the casebook in a practice match with an official on the mat. Going through the motions rather than just discussing them can be beneficial to visual learners. Additionally, discuss the application of the call-in live wrestling and any implications.

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Session # 4

Precinct Theme: Procedures

	<u>Station 1</u>	<u>Station 2</u>
Topic	Timeouts	Overtime / Pre-match Duties
Leader(s)		

Station 1:

Blood/Injury/Recovery Time: The book goes over the definition and correct application of Blood/Injury/Recovery time. ***Be sure to cover head/neck/concussion time information.*** Discuss mechanics to remember the position of wrestlers when wrestling resumes (for example, pull down or fold over wristband of the wrestler on top.)

Station 2:

Overtime: From the book, go over the structure and procedure of the overtime period. Cover how to handle each sudden victory, tiebreaker, and the ultimate tiebreaker. Also, discuss the 2nd injury and position choice when, where and how this should be handled.

Pre-match duties:

1. Visit each team and coach in their locker rooms.
2. Attend weigh-ins, do grooming checks.
3. Introduce yourself to the team Captains, and discuss his/her role regarding team bench conduct, coin toss, end-of-match procedures, etc.
4. Inspect the legality of uniforms and special equipment (tapping, braces, facemasks, etc.)
5. Discuss match administration:
 - Choice of starting positions and proper starting positions
 - Stalling
 - Discuss "Control"
 - Discuss making calls at the edge of the mat.
 - Review recent rules changes.

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- Instruct coaches and wrestlers when checking in at the table they are to check in and proceed to the center of the mat. Before checking in, coaches should verify that their wrestler's gear and special equipment are legal and ready to wrestle.
 - Tell the coaches and wrestlers what your expectations are and follow through.
 - Sportsmanship.
6. Inspect the mat; check 5-foot safety mats, correct marking in the center circle, taping of mats, set up of coaches' corner, scoring tables and team chairs.
 7. Meet with scorekeeper, review official's signal and points, correct score book procedure, circling first points scored, communication with an official.

Expand on more pre-match duties as you see fit and discuss how addressing issues before the event can avoid penalties when wrestlers step on the mat.

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Session # 5

Precinct Theme: In-depth Situations

	<u>Station 1</u>	<u>Station 2</u>
Topic	Stalling/Fleeing	Evaluations - Primer
Leader(s)		

Station 1:

Stalling & Fleeing: Judgment involved in making the call, a position to make the call, and mechanics in making the call while neutral and on the mat for both positions. Also, include rear-standing situations such as the top wrestler not returning or attempting to return. Discuss pushing, pulling, backing, circling, blocking, etc. Cover what constitutes fleeing in all situations. Demonstrate these on the mat, have a member make the call in each situation, followed by discussion.

Station 2:

Official Evaluations: Discussion on evaluations to introduce to the pool after a few weeks of action. Discuss how to use evaluation sheets and improve the system if possible. Mentorship, video recording of officials, and methods of enabling continuous development of all levels of officials. Plan to have a follow up on this session where hopefully each pool member can be evaluated between now and then.

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Session # 6

Precinct Theme: Honing our skills

	<u>Station 1</u>	<u>Station 2</u>
Topic	Control Situations	Out of Bounds/Supporting Points
Leader(s)		

Station 1:

Control Situations: Use this opportunity to include more film reviews or create multiple choice questions to send to the pool before study club. Cover various scenarios to evaluate what are the points of control required in numerous situations. Discuss what constitutes control over an opponent, a change of control, and a loss of control. Additionally, discuss what restraining power is and how it relates to control.

Station 2:

Out of Bounds Situations: Use this as another opportunity to include more film reviews or create multiple choice questions to send out to the pool before the study club. Cover numerous scenarios to evaluate the supporting points in takedown, reversal, escape, and near fall situations.

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Session # 7

Precinct Theme: Honing our skills

	<u>Station 1</u>	<u>Station 2</u>
Topic	Assistant Official	Coach Interactions
Leader(s)		

Station 1:

Assistant Official: Discuss positioning, communication, and techniques for working with another official on the mat. From the rules book, demonstrate proper assistant officiating. What is the only call an assistant can show while assisting a match? Discuss how to utilize the assistant to your advantage fully. Anytime an assistant official is used, the official pair shall meet and discuss expectations before stepping on the mat together. Run a practice match at the station one period in length and demonstrate position and mechanics.

Station 2:

Dealing with Coaches: Discuss techniques in communicating and working with coaches at the table. Utilize input from veteran officials. *Cover Misconduct, unsportsmanlike conduct, and flagrant misconduct.* Discuss all the above pertaining to before, during, and after the match.

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Session # 8

Precinct Theme: Honing our skills.

	<u>Station 1</u>	<u>Station 2</u>
Topic	Bad Time/Restarts	Evaluation – End of Year Recap
Leader(s)		

Station 1:

Restarts: From the book, go over situations requiring restarts. Also, discuss all measures that should be observed in regard to restarts. Go over several cases and determine if a restart would be needed.

Bad time and Corrections: From the book, go over the definition of bad time. Changing and fixing calls both at the table and while officiating. Cover what bad time is and how to handle it. Discuss changing an incorrect call at the table and while officiating. Discuss situations that would and would not require re-wrestling.

Station 2:

Official Evaluations: Follow-up discussion on evaluations precinct from last week. Discuss how to use evaluation sheets and improve the system if possible. Mentorship, video recording of officials, and methods of enabling continuous development of all levels of officials.

Season Wrap-up: Use this precinct as an opportunity to come up with rule change recommendations and feedback for next year's precincts. Also, talk about what went right this season and what your pool can work on next year.

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Precinct Theme: NFHS Exam part II



2023-24 NFHS Wrestling Exam Part II

1. Video recording is authorized unless:
 - A. Both coaches do not agree.
 - B. Prohibited by the state high school association.
 - C. Prohibited by the host school.
 - D. Both B and C.
2. The random draw shall take place:
 - A. After all wrestlers have weighed in.
 - B. Only if coaches don't want to start at 106 pounds.
 - C. Immediately preceding weigh-ins.
 - D. None of the above.
3. A series of matches in each of the NFHS weight classes in which each member of the team advances independently in the bracket based on that individual's results would be:
 - A. Combination Tournaments.
 - B. Team Advancement Tournaments.
 - C. Individually Bracketed Tournaments.
4. A series of matches in each of the NFHS weight classes in which individuals initially move from round to round as a team (pools) or advance based on team results culminating in the wrestler's placement on an individual bracket with advancement from that point based on individual results would be:
 - A. Combination Tournaments.
 - B. Individually Bracketed Tournaments.
 - C. Team Advancement Tournaments.
 - D. None of the above.
5. The person responsible for verifying that all wrestlers competing are properly groomed, in proper uniform and properly equipped in a tournament shall be:
 - A. The official scorer.
 - B. The referee.
 - C. The competitor.
 - D. The head coach.

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6. In regular and postseason competition, what is the maximum number of matches that a wrestler can compete in on a single day:
- A. 5.
 - B. 6.
 - C. 7.
 - D. 10.
7. Wrestlers must have a minimum of _____ rest between matches.
- A. 30 minutes
 - B. 45 minutes
 - C. 15 minutes
 - D. 25 minutes
8. A contestant shall not accept a forfeit in one weight class and compete in:
- A. A tournament the next day.
 - B. A dual the next day.
 - C. Any event.
9. Team A's wrestler weighs in at 105 pounds and qualifies for the 106-pound and 113-pound weight classes. Team B doesn't have a 113-pound wrestler and Team A doesn't have a 120-pound wrestler. Both wrestlers receive forfeits and then the coaches want them to wrestle in an exhibition match at 120 pounds. Is this permissible:
- A. Yes, if both coaches agree.
 - B. No, unless both parents agree.
 - C. Yes, if the athletic trainer feels it is safe.
 - D. No, a wrestler cannot compete in more than one weight class above the actual weight.
10. On Friday, Wrestler A wrestled five matches at a two-day, multi-dual meet. The following day, what is the maximum number of matches Wrestler A is allowed to wrestle:
- A. 6
 - B. 5
 - C. 4
 - D. None of the above
11. The state high school association's weight-control program shall require each wrestler to establish:
- A. A certified maximum weight.
 - B. A certified concussion test.
 - C. A certified minimum weight.
 - D. None of the above.

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12. A mat must have the shock-absorbing qualities of at least:
- A. 2 inches per PVC.
 - B. 1 inch per PVC.
 - C. 3 inches per PVC.
 - D. 4 inches per PVC.
13. At the center of the mat there shall be a _____ circle, indicated by a 2-inch line.
- A. 6-foot
 - B. 8-foot
 - C. 10-foot
 - D. 12-foot
14. Starting lines in the middle of the wrestling mat shall be ___ inch/inches wide.
- A. 4
 - B. 3
 - C. 2
 - D. 1
15. In a tournament the restricted zone shall be no closer than 5 feet from the edge of the:
- A. mat.
 - B. scorer's table.
 - C. team benches.
 - D. circle.
16. During a tournament, the coach of Team B requests to have two coaches and a stat person in the corner. Is this allowable:
- A. Yes, provided the stat person doesn't coach.
 - B. Yes, provided the opposing team agrees.
 - C. No, only two team personnel are allowed in the corner.
 - D. No, unless approved by the tournament manager.
17. The referee's jurisdiction begins:
- A. 30 minutes before the meet starts.
 - B. 45 minutes before the meet starts.
 - C. Upon arrival at the site.
 - D. 60 minutes before the meet starts.

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18. The referee's jurisdiction in a tournament ends _____.
A. 30 minutes after the last match.
B. Upon signing the bout sheet after the last match.
C. 45 minutes after the last match.
D. 60 minutes after the last match.
19. The referee's jurisdiction in a dual meet ends _____.
A. 30 minutes after the last match.
B. 45 minutes after the last match.
C. 60 minutes after the last match.
D. with the approval of the scorebook.
20. The referee arrives five minutes before the start of the dual meet. The visiting team informs the referee that skin checks were not performed. The wrestlers have warmed up and the dual meet is ready to begin. The referee addresses this issue in this manner:
A. The referee will ask the coaches to verify if anyone has any skin issues. If the answer is no, then the referee will start the dual meet.
B. The referee will ask each contestant if he or she has any skin issues. If the answer is no, then the referee will start the dual meet.
C. The referee will have each team return to the locker room. The referee or appropriate health-care professional will perform the skin check. The dual meet will start after conclusion of the skin check.
D. The referee will start the dual meet without skin checks because the dual meet must start at the scheduled time.
21. Before a tournament begins each day, who will review the signals and procedures with the scorers and timekeeper:
A. The referee.
B. The tournament manager.
C. The head coach.
D. The assistant coach.
22. If legal equipment becomes illegal or inoperative through use during a match, the referee shall:
A. Declare a referee's time-out to correct the equipment.
B. Penalize the offending wrestler for a technical violation.
C. Forfeit the match.
D. All of the above.

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23. The assistant referee will be granted the same mobility as the referee and will assist the referee in:
- A. Talking with coaches during matches.
 - B. Making calls.
 - C. Explaining calls to scorers and timekeepers.
 - D. All of the above.
24. The assistant referee can help the referee with all situations except when _____.
- A. calling a fall.
 - B. at the end of the match to observe both wrestlers and coaches.
 - C. on an out-of-bounds call.
 - D. observing and calling technical violation.
25. The assistant referee may use which signal during a match:
- A. Locking hands or grasping of clothing.
 - B. Out-of bounds.
 - C. Illegal hold.
 - D. Potentially dangerous.
26. Which of the following is part of a legal uniform:
- A. Full-length leg sleeves.
 - B. Compression shorts/singlet with full-length, tight-fitting tights with or without a stirrup.
 - C. Mid-calf length tight-fitting tights.
 - D. B and C.
27. Which uniform requires a sports bra that completely covers the breasts?
- A. A one-piece singlet.
 - B. A form-fitted shirt.
 - C. Neither uniform.
 - D. Both A and B.
28. During skin check, Wrestler A appears with a full beard. Which of the following conditions would allow Wrestler A to compete:
- A. The beard must be trimmed short enough for the skin to be visible.
 - B. Wrestler A must be clean-shaven.
 - C. Wrestler A is allowed to compete as facial hair is allowed with no restrictions.
 - D. None of the above.

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29. At any time the use of _____ or other methods for quick weight reduction purposes is prohibited and shall disqualify an individual from competition.
- A. sweat boxes
 - B. hot showers
 - C. whirlpools
 - D. All of the above.
30. Wrestlers shall weigh-in wearing:
- A. A legal uniform (singlet or two-piece) with optional socks.
 - B. Suitable undergarments that cover the buttocks, groin area and sports bra that completely covers their breasts (if female) with optional socks.
 - C. Suitable undergarments with tube socks.
 - D. All of the above.
31. Bad time is when:
- A. A wrestler is in a wrong position.
 - B. The wrong wrestler is given his or her choice to start the third period.
 - C. A choice is not given after the second injury time-out or after two-point stalling.
 - D. All of the above.
32. The following cannot be voided if occurred during bad time:
- A. Head/Neck/Cervical Column time-out.
 - B. Injury time.
 - C. Technical violations.
 - D. Stalling.
33. When awarding an escape at the edge of the mat, the referee shall stop the match if:
- A. There is no action after a five-second count.
 - B. There is no action.
 - C. There is no action after a three-second count.
 - D. None of the above.
34. When awarding an escape how many supporting points are required to be in-bounds?
- A. One total.
 - B. Two supporting points of either wrestler.
 - C. One supporting point of each wrestler for a total of two.
 - D. Both B & C.

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- 35 . The official is holding three points for a near fall when wrestling is stopped because the defensive wrestler committed unnecessary roughness. What points will the official award:
- A. Two points for unnecessary roughness and three points for the near fall.
 - B. One point for unnecessary roughness and three points for the near fall.
 - C. One point for unsportsmanlike conduct and three points for the near fall.
 - D. One point for unnecessary roughness and four points for the near fall.
- 36 . The referee has reached a five-second near-fall count and the defensive wrestler applies an illegal hold/maneuver. The referee will be awarding _____ near-fall plus penalty point(s) to the offensive wrestler when the match is stopped.
- A. 5 point
 - B. 4 point
 - C. 3 point
 - D. 2 point
- 37 . Wrestler B has Wrestler A in a near-fall situation for five seconds. Wrestler A grabs the ear guards of Wrestler B in an attempt to avoid being pinned. The referee notices the violation but does not stop the match. How many points will Wrestler B receive when the situations ends:
- A. Point(s) for technical violation and four points for near fall.
 - B. Point(s) for technical violation and three points for near fall.
 - C. Point(s) for illegal hold and three points for near fall.
 - D. Point(s) for illegal hold and four points for near fall.
- 38 . In a dual meet, the referee stops the match when the wrestler on top cries out in pain. The top wrestler indicates he was bitten and shows the referee his arm with both upper and lower teeth marks visible. What is the proper procedure and ruling?
- A. Assess an unsportsmanlike penalty against the bottom wrestler and award the top wrestler a match point.
 - B. Charge the bottom wrestler with unnecessary roughness and penalize that wrestler one team point.
 - C. Charge the bottom wrestler with flagrant misconduct and award the match to the top wrestler with no other penalty assessed.
 - D. Charge the bottom wrestler with flagrant misconduct, award the match by disqualification to the top wrestler and deduct three team points from the team of the penalized wrestler.
- 39 . Wrestler A has control of Wrestler B who is completely out of bounds. In which of these scenarios would wrestling be continued inbounds:
- A. Wrestler A has two feet inbounds.
 - B. Wrestler A has one knee and one foot inbounds.
 - C. Wrestler A has one foot inbounds.
 - D. Both A and B.

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40. Regular matches in dual meets or tournament championship competition shall be _____ in length.
- A. Five minutes
 - B. Four minutes
 - C. Six minutes
 - D. Two minutes
41. The first period of a consolation match may be _____.
- A. One or three minutes in length.
 - B. One or two minutes in length.
 - C. One or four minutes in length.
 - D. One or five minutes in length.
42. A team intentionally delaying its appearance to the mat area beyond five minutes of the established dual meet starting time, shall be penalized _____.
- A. one team point.
 - B. two team points.
 - C. three team points.
 - D. five team points.
43. In matches involving wrestlers with visual impairments, the _____ method shall be used in the neutral position and initial contact shall be made from the front.
- A. head-touching
 - B. one-hand
 - C. closed-fist
 - D. finger-touch
44. Head/Neck/Cervical Column time-out is not an extension of:
- A. Injury time.
 - B. Recovery time.
 - C. Blood time.
 - D. All of the above.
45. If the required protective ear guard is misplaced, the referee is authorized to stop the match as follows:
- A. In the neutral position, when no takedown is in progress, the match may be stopped as soon as the ear guard is displaced.
 - B. If the wrestler is being placed at a disadvantage because the misplaced ear guard is covering the eyes, nose, mouth or is causing choking, the match shall be stopped so that the proper adjustment may be made.
 - C. The referee shall stop the match in all other situations, only when there is no significant action taking place.
 - D. All of the above.

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- 46 . Wrestler B executes a straight back suplay against Westler A. The referee awards points:
- A. Two-point takedown for Wrestler B.
 - B. One-point illegal hold for Wrestler A.
 - C. Two-point takedown for Wrestler B; one-point illegal hold for Wrestler A.
 - D. Two-point takedown for Wrestler B; three-point illegal hold for Wrestler A.
- 47 . The coach of Wrestler A approaches the scorer's table to talk to the referee. The coach informs the referee that Wrestler B should be penalized for grasping only one finger of Wrestler A's hand. How should this be scored:
- A. One-point illegal hold - grasping of one finger for Wrestler A.
 - B. Two points total - one point for match stoppage and one point for illegal hold.
 - C. Zero points - grasping of thumb; one, two or three digits is not illegal. It is illegal if the fingers are pulled back against the joint.
 - D. Zero points - grasping of finger is not illegal unless wrestler is hurt.
- 48 . Wrestler A has applied the Nelson Cradle to Wrestler B. The referee should score the move the following way:
- A. The referee will stop the match for potentially dangerous hold.
 - B. The referee will award one point to Wrestler B for technical violation.
 - C. The referee will award Wrestler A three points for near-fall.
 - D. Wrestler B will be awarded one point for illegal hold.
- 49 . A contestant reporting to the scorer's table, not properly equipped, or not ready to wrestle or any equipment that is detected as being illegal after the match has started is:
- A. Disqualification.
 - B. Misconduct.
 - C. Technical violation.
 - D. Flagrant misconduct.
- 50 . It is stalling when either wrestler's shoelaces:
- A. Become unsecured during the match.
 - B. Become undone/untied during the match.
 - C. Become untied during the match.
 - D. Become a hindrance to the wrestler.