



United Style of Play and Formations

Tri-City United Soccer Club

How We Play

The name "United" symbolizes the style of play we seek from our teams. When attacking we look to progressively possess the ball in a United way with every player involved; playing out of the back, moving through the lines and creating scoring opportunities. When not in possession, we look to win the ball up as high on the field as able and defend in an organized, United way. Transition between the phases occurs quickly and together to take advantage of the lack of shape of the opponent.

To accomplish this, our competitive teams go through a seasonal curriculum to bring each of these components out. This is done by cutting the field up into three areas and focusing on play within those areas.

Formations

7v7 – Typically plays 1-3-1-2 or 1-3-2-1

9v9 – Typically plays 1-3-2-3, 1-4-2-2 or 1-4-1-3

11v11 – Typically plays a subset of 1-4-3-3, 1-4-4-2 (diamond or diamond) or 1-3-5-2

Each of these formations pushes the attack high up the field with numbers coming from outside backs giving attacking numbers to help push the ball forward when able, but also able to defend with numbers behind the ball. If outside backs are used (every formation outside of 1-3-5-2) they are given space in front to also join the attack. Each formation also allows us to press high with organization.