



Welcome to Campbell Girls Fastpitch Softball!

The Campbell Girls Fastpitch Board would like to welcome your daughter and your family to our league. CGFS goal is teaching girls ages 5-17 life lessons in competition and teamwork, while learning the fundamentals of softball and developing valuable relationships that last a lifetime.

Our league focuses on empowering girls through teamwork, competition, sportsmanship and confidence. The league is an entirely volunteer managed, 501(C) non-profit.

Our fields are rented from the Campbell Union School District but are 100% maintained by CGFS.

This packet is to help you as a parent understand the expectations we have for the league, our players and our parents.

Team Formation:

During spring seasons, all players from 8U will be evaluated. The league holds these evaluations to make sure that teams are balanced so all girls get the best playing experience. For Fall Ball, evaluations will be held only if necessary.

Evaluations will consist of warm-ups, throwing, catching, hitting, and running. Those players interested in pitching and/or catching will be asked to stay after evaluations to show those skills.

Once all evaluations have been done, coaches will gather and have a draft for each division to select players. Girls will be notified by either email or phone call by their coach about team assignments and practice days.

Friend requests:

Player friend requests are only available to those new to softball or new to our league. Requests should be sent to the 8U player agent: cgfs8uagent@gmail.com. The request must be a two-way request, meaning both girls must request each other. The board will do its best to honor the request, but friend requests are not guaranteed.

Siblings playing in the same age division will automatically be placed on the same team unless the parent/guardian requests that they be placed on separate teams.

Equipment:

CGFS provides a uniform shirt (jersey) and socks for every player. We will no longer be providing visors. Most girls do not wear them. If your daughter wants a visor, there will be an opportunity to purchase one for her. In addition to the uniform shirt, we also provide for games: fields, bases, balls, and catcher's gear. Players are required to provide their own softball glove, cleats, and softball pants. We have a few batting helmets and bats for players to use, but players are highly encouraged to provide their own. Cleats must be softball or soccer cleats with plastic or rubber bottoms. No metal cleats allowed.

If you choose to get additional equipment, please use the following guidelines:

Batting Helmets: We do encourage each player to have their own helmet in order to help prevent lice. Helmets must have a face mask. Chin strap is optional. Helmets should also fit properly and not be loose and fall off while running.

Bats: While CGFS has a few bats to share, many girls benefit by having their own bat. Bats must be fastpitch softball bats with ASA Approved Logo with a 2004 or newer date sticker on the bat AND must be included on a list of approved bat models published by USA Softball. If you are unsure about what type and/or size to get your daughter, please ask your coach for some recommendations.

Fielders Mask: Fielders masks are not required for players but are highly encouraged.

There may be additional fees to pay for extra items, such as a team banner and hair ribbons. Your team parent will let you know more.

Player Expectations:

Players are expected to conduct themselves in a sportsmanlike manner. They are expected to be respectful to their coaches, teammates, and other players. Players are expected to be on time and come to every practice and game. We understand that family and school commitments come first. If your daughter is unable to make a practice or game, please communicate with your Head Coach and let them know when you will be missing days. Be sure to keep your availability updated on your team share site.

Players are expected to arrive at practice ready to play which includes proper attire, (sweats or softball pants - NO SHORTS...for safety), cleats, and a glove. For games, players are expected to be in full uniform.

For the 8U division, here is a basic outline of the number of practices and games per week.

Division	Events per week	Practice Days	Practice length	Games per week	Game Length	Game Days
8U - Spring (Mar-May)	4	2	1 ½ -2 hours	2	1 ½ hours	1 weekday & Saturday
8U - Fall (Sept-Oct)	2-3	1-2	1 ½ -2 hours	1	1 ½ hours	Sunday

Parent Expectations:

CGFS is an entirely volunteer managed, 501 (C) non-profit. Our league success is because of the parent volunteers. All positions from the Board, coaches and snack shack are all non-paid volunteer positions.

Every family who has a player registered to play is EXPECTED to work a league field cleanup day, two (2) snack shack shifts, and help with field preps before and after games and help with the cleanup of the fields.

A signup sheet will go out before the start of the season to sign up for your required snack shack shifts. If you do not want to work the required snack shack shifts, you can opt out with a \$125 fee at registration. For those who plan to work, you will have two weeks to sign up for your desired times and days to work. After two weeks, we will close the signup sheet and automatically assign days and times that you will be required to work. Failure to show up to your assigned shift will cause you to forfeit your \$100 snack shack deposit. More information about signups and opt outs will be provided to you via your Team Parent.

Head Coaches are exempt from working the snack shack since they already do so much for the league. Deposits for those who worked at the snack shack and head coaches will be returned at the end of the season.

Behavior:

A reminder to all softball families: This is just a game. We want every girl to learn, improve, and most of all have fun while playing softball. We ask that parents be encouraging of the girls. Attached is the Code of Conduct for anyone affiliated with CGFS including players, parents, and coaches.

We ask that you refrain from any unsportsmanlike conduct and teach your daughter the same. Any player, parent or coach who violates the Code of Conduct can be suspended for two weeks up to a lifetime ban depending on the seriousness of the offense. All conduct complaints will be held in front of the Disciplinary Committee who

will investigate all complaints, then make recommendations to the Board on punishment.

General Field Rules:

NO DOGS allowed at the CGFS fields.

NO ALCOHOL at CGFS fields. This is a state law that no alcohol is allowed on school grounds at any time.

If it is not a designated parking spot, please do not park there. Please **DO NOT PARK** in the alley between the school and fields. **DO NOT PARK** in Daycare only slots during school days. Violators will be towed. There is also no parking in the parking roundabout, in the planters, or on the tan bark by the Mini Fields. If parking on the street, please be mindful of our neighbors and do not block driveways.

No jewelry. Players must remove earrings, necklaces, bracelets and rings while at practice and for games.

Players must wear proper clothes for practice and games. We ask that **NO SHORTS** be worn at practices for safety.

Problems or Issues:

If you have any issues or questions, we ask that you talk with your coach or team parent first. If you still need help, please contact your division player agent at cgfs8uagent@gmail.com.

We look forward to an exciting season!