

Weekly Training Schedule 2025-2026

Locations:

- Church – Every day (7601 Jackson Spring Road)
- Alexander Park – Only Tuesdays & Thursdays (5620 N Lois Ave)

Monday – Church

Time	Group	Coach
5:10 PM	Little Phenomenal	Jose M
6:00 PM	2016 – Blue & Black	Sergio
6:00 PM	2014 & 2015– Black	Harvey
6:00 PM	2013 – White	José M
6:00 PM	Development I (2012, 2011, 2010, 2009 & 2008)	Mark
6:00 PM	Goalkeeper Classes	Pedro

Tuesday – Church

Time	Group	Coach
6:00 PM	Girls Team	Jose M
6:00 PM	2017 & 2018	Britney
6:00 PM	New Development III (2018, 2017 & 2016)	Sergio

Tuesday – Alexander Park

Time	Group	Coach
6:00 PM	2013 – Black	Mark
6:00 PM	2014 – White	Harvey
6:00 PM	Goalkeeper Classes	Pedro
7:30 PM	2012/2011	Jose S
7:30 PM	2010/2009	Mark

Wednesday – Church

Time	Group	Coach
5:30 PM	Development II (2018, 2017, 2016, 2015, 2014 & 2013)	Jose M, Sergio, Mark, Harvey
6:30 PM	2016 Blue & Black	Sergio
6:30 PM	2014 & 2015 Black	Harvey
6:30 PM	2013 White	Jose M

Thursday – Church

Time	Group	Coach
5:10 PM	Little	Jose M
6:00 PM	2017 & 2018	Britney
6:00 PM	New Development IV (2015, 2014, 2013)	Sérgio
6:00 PM	Girls Team	Jose M

Thursday – Alexander Park

Time	Group	Coach
6:00 PM	2013 – Black	Mark
6:00 PM	2014 – White	Harvey
7:30 PM	2012/2011	Jose S
7:30 PM	2010/2009	Mark

Friday – Church

Time	Group	Coach
6:00 PM	Development II (2018, 2017, 2016, 2015, 2014 & 2013)	Jose M, Sergio, Mark, Harvey
7:30 PM	Development I (2012, 2011, 2010, 2009 & 2008)	Jose M



Last Saturday of the Month – Church

Time	Group	Coach
The time available	Development Games	The coach available