

North Hills Hockey Club

Team Rules and Code of Conduct



In order to promote the highest level of sportsmanship, character development in our student athletes, safety, and athletic success, all players, coaches, and spectators agree to the following:

I. **Players**

1. Players are to...

- ...speak respectfully to coaches, teammates, referees, or minor officials.
- ...listen when coaches are speaking.
- ...give their best effort at games and practices.
- ...do their best to follow coach's instructions and play according to the team system.
- ...attend every team activity (practices, games, 'chalk talks,' conditioning sessions) unless excused. Players will forfeit playing time if they fail to provide the coach **in advance** with an acceptable reason for missing practice.
- ...report to the locker room a minimum of 30 minutes prior to any game or practice.
- ...be in control of their emotions during games and practices.
- ... wear all equipment, including mouth guards and neck guards, for all practices and games. All equipment must be USA Hockey/HECC certified equipment.

2. Players are **not** to...

- ...speak with disrespect or criticize their coaches, teammates, officials, or spectators.
- ...talk to or distract others when coaches are speaking.
- ...interact with or gesture to spectators.
- ...use profanity at any time during any North Hill Hockey event or use derogatory or abusive language towards opponents.
- ...be involved in 'horseplay' before, during, or after any North Hills Hockey activity, especially games and practices.
- ...take unnecessary or selfish penalties, as interpreted by the coaches.
- ...throw their hockey stick on the bench or in the penalty box. This is always poor sportsmanship and can draw additional penalty time. Also, the RMU Island Sports Center complex with charge North Hills Hockey for any damages; the player will be responsible for payment.
- ...use drugs, alcohol, or tobacco products. Any player caught with any of these substances will be disciplined and may be suspended or removed from the team.

Players must be aware that their actions, both on and off the ice, are a reflection on the entire North Hills Hockey Club; as is the case, players will be held to the highest ethical and moral standards. These standards apply whether players are attending North Hills Hockey Club events (home or away games), or non-Club events.

3. Accountability and discipline

Players shall be accountable to the head coach, assistant coaches, and the Executive Committee depending upon any violations of the code of conduct. Disciplinary action may range from a warning, suspension, or removal from the team.

II. Coaches

1. Coaches are to...

- ...be respectful to players, coaches, referees, minor officials, opponents, and spectators.
- ...maintain order and sportsmanship to the best of their ability.
- ...enforce team rules and code of conduct by 'sitting out' a violating player.

- *Coaches have the authority to decide the duration of the disciplinary action. A 'warning' may be sufficient for a first violation.*
- *It is suggested that the duration be increased for successive violations, up to suspension for one or more games or removal from the team.*
- *Coaches should apply the same standards to every player.*

2. Accountability and discipline

Coaches are accountable to the North Hills Hockey Executive Committee. Repeated and/or gross violations may result in suspension or termination of the coach. Complaints by players or parents must be directed to the Executive Committee in writing through the team vice president or coach liaison.

III. Spectators/Parents

The role of the spectator is to watch the game and cheer for the team.

1. Spectators/Parents are to...

- ...bring the players on time to games and practices or arrange for transportation if necessary.
- ...be supportive of the team, which includes all players and coaches.
- ...be available to help when needed.

2. Spectators/Parents are **not** to...

- ...speak or gesture to any player during games or practices. Instruction and direction is the responsibility of the coaches; please don't undermine their efforts. Questions, comments, suggestions, etc. should be directed through the team vice presidents unless the coach has indicated he is willing to receive these directly.
- ...be abusive to referees. A referee may assess a minor penalty for fan abuse and/or remove spectator from the stands.
- ...initiate, instigate, promote, or engage in verbal or physical exchanges with opposing players or spectators.

A coach may request the removal of any spectator who is disruptive or continues to disregard the code of conduct. If the spectator refuses to comply, the coach may 'sit out' the player of the offending parent.

The Executive Committee shall be informed by the team vice president of any disciplinary action involving a player, coach, or spectator. This shall include, but not be limited to misconduct penalties, game misconduct penalties, 'fan abuse,' and ejection by a referee.

IV. Other:

1. Players must maintain a passing grade level to be eligible to play.
2. If a player does not attend school on the day of a game, he is ineligible to play in that game.
3. No one other than players, coaches, and the team vice president are permitted in the locker room.
NO EXCEPTIONS!!

You will not be permitted to practice or play until this document is signed and returned to the club.

I have read the Team Rules and Code of Conduct and understand the terms and conditions of participation in the North Hills Hockey Club.

Signed (Player): _____ Date: _____

Signed (Parent/Guardian): _____ Date: _____

Team: _____

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(revised April, 2018)