



ONTARIO CHAMPIONSHIPS 2025

TEAM HANDBOOK

FOR THE MOST UP TO DATE INFORMATION, PLEASE CHECK THE OVA WEBSITE:

<https://www.ontariovolleyball.org/ontario-championships>

EVERYTHING YOU NEED TO KNOW AT A GLANCE

BEFORE YOU ARRIVE

Download the OVAchamps App

The OVAchamps app is your official guide to the Ontario Championships. Instantly check scores and schedules, browse every team's roster and photos, get directions to and from RIM Park and EY Centre and discover what to do in Waterloo and Ottawa, all right at your fingertips. Plus, access exclusive OVA content before it gets published elsewhere, like discovering the 2025 Grand Prix All Stars!

Download the app today for iPhone, iPad, and Android by searching "OVAchamps" in the app store.

Save the Hotline Phone Number

Use this phone number in the event of an emergency during the Championships or when it is necessary to contact an Event Staff member immediately.

During event days, the Youth Competitions hotline will be active at **647-467-5514** during the hours of 6:30am to 10:30pm on the first 2 days of competition and 6:30am-6:00pm on playoff days.

WHEN YOU ARRIVE

Coaches Check-In

All coaches, Club or Team representatives must check in to have their team rosters confirmed prior to competing. Coaches' check-in can be found in Room 207 of RIM Park and inside the main entrance at EY Centre.

All teams that are participating in the AM wave must check in the night prior to the competition between 5:00pm-10:00pm. * All PM wave teams can either check in the night prior or on day one of the competition from 10:30am-3:30pm.

****This applies to all competitions except for Event 4, due to back-to-back events at RIM Park. For Event 4, check-in takes place on Saturday, April 19th from 12-5pm.***

Please review section 5.0 for Team Check-In times and Coach Requirements.

The individual completing check-in will be required to perform the following duties at check-in:

- Provide emergency contact information for the team
- Scratch all team personnel and players from the official roster who are not participating in the event.
- Sign off on the roster confirming its accuracy for the duration of the competition
- Provide written acknowledgment that the team understands and must compete at Ontario Championships as per the following:
 - 2025 OVA OC's Team Handbook
 - 2024-2025 Youth Competition Manual
 - 2024-2025 Volleyball Canada rulebook
 - VC/OVA Concussion Protocol
 - OVA Code of Conduct
 - Respect in Sport training requirements

All teams that are participating in the AM wave must check in the night prior to the competition. All PM wave teams can either check in the night prior or on day one of competition.

WHILE YOU'RE HERE

Scores & Schedules

All scores and schedules will be posted online Advanced Event Systems (AES) at <https://www.advancedeventsystems.com/events> . You can also easily access scores and schedules on AES using the OVAchamps app. Scores will be posted shortly after the conclusion of each match.

News, Information & Fun

We strongly recommend following the OVA social media accounts for the most up-to-date event information, including important announcements, live event coverage, contests and more.

Follow **ova_updates** on Instagram, X and Snapchat and be sure to tag us using the hashtag **#OVACHamps**. Event information can also be found online at <https://www.ontariovolleyball.org/ontario-championships>

New for this Year – THEME DAYS!

Show your team spirit on the 2nd day of each event!

RIM PARK THEME DAYS

Saturday April 5th – Hawaiian shirt/Beach Day

Saturday April 12th – Tie Dye Day

Friday April 18th – Retro Day

Monday April 21st – Jersey Day

Saturday April 26th – Country Western Day

EY CENTRE THEME DAYS

Friday April 25th – Tie Dye Day

Monday April 28th – Hawaiian Shirt/Beach Day

Stay tuned to OVA social media and the OVA Champs App closer to the events for more details!

Check out Explore Waterloo Region



From outdoor activities and wide-open spaces waiting to be explored, to locally and nationally renowned museums and galleries, attractions and more – choose your Happy and make your trip to Waterloo Region one to remember while you are off the court! Visit their website for inspiration of things to do and see while in the Region. <https://explorewaterloo.ca/things-to-do/>

Flash Your Badge Program – Ottawa Tourism



While in Ottawa, take advantage of savings at tourist hot spots and restaurants through the Flash Your Badge program presented by Ottawa Tourism. Scan this QR code to download the list of savings by flashing your Ontario Championships accreditation badge at these locations!

Reporting Incidents

There will be Event Security present at all the events. They can be contacted by request via any OVA official, Referee Development Team Member (bright green shirt with black vests), OVA staff or facility

staff member. In the event of an emergency please call 911. The event tournament office is in room 206 at RIM Park in Waterloo and in Show Office 2 at EY Centre in Ottawa.

Event Staff

If you have any questions or concerns that aren't covered within this Handbook, or if a problem arises on site, our Event Staff will be happy to assist you. Event Staff can be contacted using the above hotline phone numbers or can be found onsite in Room 206 at RIM Park in Waterloo and in Show Office 2 at the EY Centre in Ottawa.

Our Ontario Championships Tournament Directors are:

Carrie Campbell – Club Services Manager

Mark Wiersma – Manager of Indoor Programs

Jacob Barker – Indoor Programs Coordinator

Claire Melanson – Indoor Programs Coordinator

Suzanne Fogg – Manager of Beach Programs

Alishia Lidums – Director of Operations

TABLE OF CONTENTS

ELIGIBILITY AND REGISTRATION

1.0	Individual Registration	1
2.0	Team Registration	1
3.0	Player Registration	6
4.0	Coach Eligibility	8

COMPETITION REGULATIONS

5.0	Team Check In	10
6.0	Rules of the Game	12
7.0	Protests	16
8.0	Equipment and Materials	17
9.0	Tournament Format	19
10.0	Draw Principles	22
11.0	Divisional Play and Seeding	22
12.0	Code of Conduct and Discipline	23

TOURNAMENT INFORMATION

13.0	Online Results	26
14.0	OVA Champs App	26
15.0	Awards and Presentations	26

VENUE INFORMATION

16.0	Venues	28
17.0	Parking	29
18.0	Overflow Parking Lots and Bus Services	33
19.0	Food Services	33
20.0	General Facility and OVA Rules	34
21.0	Tournament Vendors	37
22.0	Onsite Medical Services	39
23.0	First Aid Protocol	40
24.0	Safe Sport	41
25.0	Tourism	43

APPENDICES

A	RIM Park Facility Maps	45
B	Conestoga College Facility Map	47
C	EY Centre Maps	48
D	University of Ottawa Map	50

The Team Handbook is a comprehensive guide to the 2025 Ontario Championships. It includes information regarding registration, competition rules and general tournament information. All teams are responsible for reviewing and understanding all information

contained in this Handbook as well as the 2024-2025 OVA Youth Competitions Manual, and the 2024-2025 Volleyball Canada Rule Book

ELIGIBILITY AND REGISTRATION

This section deals with the registration, certification and eligibility requirements for Ontario Championships. These requirements are in place to ensure an equal competitive structure.

1.0 INDIVIDUAL REGISTRATION

1.1 Membership: All players, coaches and team staff must be registered members in good standing with the OVA before they are eligible to participate in any activities associated with the OVA. Membership provides insurance coverage. If a player or team staff member participates in an OVA associated event without having paid an OVA membership fee, a fine will be charged to the associated Club and they will be placed in bad standing until the fine is paid in full. Any results or team finishes where an unregistered player has been listed on the score sheet may be forfeited.

- A player can only register and participate with one (1) Club
- ANY person sitting on the bench at an OVA competition MUST be a registered member of the OVA. This includes coaches, team staff, managers, trainers, etc.
- OVA Memberships are non-refundable.

OVA members must be residents of Ontario. Any exception to this must have the approval of the OVA, Volleyball Canada and the provincial/territorial governing body where the individual resides. Contact the OVA office for further information and details of this membership approval process.

Please visit the OVA website www.ontariovolleyball.org for [MRS](#) registration procedures.

The full [OVA membership policy](#) can be found on the OVA website.

2.0 TEAM REGISTRATION

2.1 Eligibility: All teams must meet the following minimum criteria to be eligible to participate in Ontario Championships:

- Fully registered as a Club team in good standing and may only use registered OVA members in good standing of that Club.
- All participants (including athletes and team personnel) must have completed the registration process through MRS. Only athletes that are properly registered and have a Respect in Sport certification number on their profile are eligible to participate in Ontario Championships.
- Have met the age division eligibility criteria for qualifying number events i.e., 2 events for TLS to 18U.
- Coaches meet the OVA Coach Eligibility Policy requirements.
- Meet any additional registration requirements of the OVA and Volleyball Canada.
- Any foreign team looking to participate must be registered and in good standing with their own National Federation.

An OVA representative in any capacity may request proof of age, OVA membership registration, or Coaches' Police Record Check/Vulnerable Sector Screening at any time prior to or during participation in Ontario Championships.

Fully registered youth teams are eligible for the Ontario Championships provided they meet the following requirements:

Age Category	Number of OVA Events
4v4 Rallyball	No Eligibility Requirements
6v6 Rallyball to 18U	2

Teams from Region 1 are exempt from eligibility requirements; however, they must adhere to the posted deadlines and follow OVA policies regarding Respect in Sport and screening.

It is anticipated that a small number of openings will be available in the 2025 Ontario Championships for teams to play up which will help fill out uneven pools/divisions.

- Teams who are interested in playing up and who have played in at least 2 events at the older age group throughout the regular season will be required to register on a waitlist. This waitlist will require teams to provide a \$200 deposit.
 - ++If your team is selected from the waitlist to participate in the event and your team registers for the event, your deposit will be refunded.
 - ++If your team is selected from the waitlist and your team declines the position, your deposit will be forfeited.
 - ++If your team is not selected from the waitlist, your deposit will be refunded.
- +IF there are open spots in an age group, underage teams will be selected through one of two methods based on the OC age group divisional breakdown they are looking to register for.
 1. Underage team selection process for age groups with only 1 division:
 - A random draw will take place with all underage teams on the waitlist. Teams will be drawn at random until the desired number of open spots have been filled to create even schedules.
 - For example: Five 16UB teams have registered for the 17UB OC waitlist. If there are three spots available, three teams will be drawn at random to fill those three spots. These three teams will be seeded in the tournament draw according to their top 2 average while playing up at 17UB events during the regular season.
 2. Underage team selection process for age groups with 2 or more divisions:
 - A random draw will take place with underage waitlist teams that have a top 2 average that places them in the last division of the age group.
 - If additional spots are still needed, a 2nd random draw will take place with underage waitlist teams that have a top 2 average that places them in the 2nd last division of the age group.
 - This process will continue until all open spots have been filled.
 - Example: The 16UG age group has four divisions and a total of two openings for the entire age group. A random draw will take place between the 15UG underage waitlist teams that have a top 2 average at the 16UG age group that would place them into Division 4. If there are three 15UG waitlist teams for example that meet these criteria, a random draw will take place between those three teams to fill in those two open spots. These two teams will be seeded in Division 4 based on their top 2 average while playing up at 16UG events during the regular season. If there was only one 15UG team that had a top 2 average that placed them into Division 4, that team would automatically be

selected, and the process would then move to underage teams that qualify for Division 3 and a random draw would take place between those 15UG teams to fill in the final remaining spot in Division 3.

Deposits have been implemented to control registration numbers and to ensure deadlines will be met when creating team splits and schedules.

As a reminder, an athlete/team may not play in back-to-back events at a 6-day Ontario Championships. For example, an athlete cannot be listed on the roster of a team on the Thursday to Saturday event and on a team roster in the Sunday to Tuesday event of the same 6-day event.

Out of province teams are permitted to participate in Ontario Championships provided they are members in good standing of the OVA and have met the eligibility requirements.

2.2 Players: A team in the 4v4 division must have a minimum of 4 players listed and a suggested maximum of 8 players registered on their official roster.

A team in any of the 6v6-18U age categories must have a minimum of 8 players and a maximum of 15 players registered on their official roster. A maximum of 15 players can be in uniform, participate in the warm-up, and sit on the bench. However, only 14 players can be on the scoresheet for any given match. These 14 players registered on the scoresheet are the only ones eligible to participate in the match. The 14 players registered on the scoresheet may vary from match to match if no more than 14 take part in any given match. ([See 4.1.1 of the Rulebook](#)).

To be eligible to participate in Ontario Championships, each athlete on the official roster must be registered as a Youth Recreational Player (4v4) or a Youth Competitive player with the OVA for TLS to 18U Divisions. Players can only appear on one roster.

All players must have one parent/guardian complete the Respect in Sport (RIS) module and have the certificate number entered in the athletes' profile in the OVA's Membership Registration System (MRS) prior to participating in Ontario Championships.

2.3 Team Personnel/Person(s) in Authority: These are the individuals responsible for the coaching and management of the team; all personnel must be registered with the appropriate Leader membership with the OVA.

Please note the following guidelines for the official roster for Ontario Championships:

- A maximum of 5 team personnel that can sit on the bench*
- A minimum of one (1) individual who must be the Head Coach
- Only those listed on the official roster are eligible to be on the score sheet and/or bench for any given match.

**Although the MRS allows for a maximum of twelve (12) team personnel, only five (5) of these individuals can be on the scoresheet and/or on the bench for any given match.*

The following is a list of the team personnel roles that are recognized at the Ontario Championships and who may be listed on the official roster.

- **Head Coach:** The person who is primarily responsible for coaching the team. This individual must meet all eligibility requirements in accordance with the OVA's Coach Eligibility Policy. Each team must have one (1) Head Coach listed on their official roster.
- **Assistant Coach:** The person(s) responsible for assisting in the coaching of the team. This individual must meet all eligibility requirements in accordance with the OVA's Coach Eligibility Policy. The assistant coach may only act in the role of Head Coach in extenuating circumstances and with prior approval of the OVA. Each team may have a maximum of three (4) assistant coaches on their official roster. Only assistant coaches with proper certification can replace a head coach on the scoresheet.
- **Team Trainer:** The person(s) responsible for assisting the team with any medical issues.
- **Team Manager:** The person(s) responsible for pre-event and on-site administrative duties for the team and who acts as a liaison between the team and other parties (i.e., OVA, hotels, restaurants, etc.).

2.4 Team Contact: Each team must list a team contact during the coach check in process. This person will be responsible for ensuring communication between the team, the club and the OVA. The Team Contact will not be listed on the official event roster, nor will they be provided with an accreditation unless they have a dual role as a member of the team personnel, and they are listed on the official roster.

2.5 Official Membership: All participations (athletes and team personnel) must complete their membership registration process in MRS. Only individuals that are properly registered and in good standing are eligible to take part in Ontario Championships.

All Person-In-Authority (PIA) must be fully compliant with Safe Sport requirements before their membership status is approved. PIAs may not participate in volleyball activities until they have met Safe Sport requirements and are an approved member of the OVA.

2.6 Club Team: A 4v4 Club team must consist of at least 4 athletes and are not recommend having more than 8 athletes. A 6v6 to 18U Club team must consist of a minimum 8 registered OVA athletes and a maximum of 15 registered OVA athletes. Only 14 athletes are permitted to be listed on a scoresheet.

The MRS Rosters can consist of any of the following members, which makes up their 5-team staff:

- One (1) head coach (REQUIRED)
- Assistant coaches
- Team trainers
- Club contact
- Team contact
- Secondary team contact

Note: Only a total of 5 team staff can be listed on the scoresheet and sit on the bench. Please ensure your approved roster for Ontario Championships has your confirmed team staff that will be sitting on the bench and listed on the roster.

2.7 National Championship Rosters - Volleyball Canada uses the official team rosters from Ontario Championships for National Championships team check in and participation. Please ensure your roster in MRS matches who will be in attendance from OCs to National Championships. I.e., if a player is sick and you remove them from your roster for OCs at coach check in and/or MRS, they will not be eligible to play at National Championships. Please keep them listed on your roster and just scratch them on the scoresheet at Ontario Championships.

2.8 Official Roster: The roster lock date in MRS is February 1, 2025.

2.9 Roster Exemption Request – Changes made to the official roster following the February 1st roster lock date will only be considered under exceptional circumstances. All changes must be made in writing to the appropriate age division OVA Program Coordinator for approval. There will be a \$50+HST change fee per player on a change request.

- A Club will be fined \$150 per occurrence if found to have unregistered/ineligible players, coaches and/or team staff on their bench and results may be forfeited for any match the ineligible players or coach or team staff members are listed.
- For this reason, it is recommended that teams register more than the minimum number of participants on their official roster since only those on this roster can participate in a VC Championship.

2.10 OVA Champs App Team Roster

All teams must upload their team photo and fill in their event roster at the team level in MRS to enter jersey numbers, positions (if applications), and height and upload their team photo by March 1, 2025, to have their team uploaded in the OVA Champs App in the “team” section.

Steps for Editing and Uploading your Team Roster and Photo

1. Login to MRS <https://mrs.ontariovolleyball.org/Account/Login>
2. On your homepage, click on your team’s name under the “Teams” section
3. Ensure that your roster is correct (all coaching staff and athletes that will be participating in Ontario Championships are listed)
4. Click “edit roster”.
5. On the Edit roster page, all the athletes' names are pre-populated – all you need to do is enter all required roster information.
6. Click “Upload Team Photo”. Select your photo and click “Open”.
7. Once all information has been entered and you’ve uploaded your .jpeg file, hit save.
8. That’s it, you are done!

Please note: If an athlete or coach is missing from your team, they will not show up on the “Edit Roster” page. Prior to editing your roster, click “Add member” and enter the first and last name and select the member you want to add to your team. Once the roster is correct, then click “Edit Roster” and enter all required information and upload your team photo.

Only Team Contacts can edit the rosters in MRS. If the Club wishes to have coaches edit their own rosters, the Club Contact must give the coach their team contract role on the team to edit the roster.

If you need assistance, please reach out to the OVA’s Membership Services Coordinator at info@ontariovolleyball.org or 416-426-7132.

2.11 Refund Policy: The OVA will deduct a 10% administrative fee from all refund/cancellation requests for any OVA Indoor Ontario Championship event, cancelled prior to the registration deadline.

There will be no refund or credit issued for any cancellation requested after the registration deadline up until 21 days prior to the first day of the Championships.

There will be no refund or credit issued, and the team will be fined \$200.00 for any cancellation requested within 20 days up to 8 days prior to the first day of the Championships.

Any cancellation within 7 days of the Championship will result in loss of the Championship entry fee and the team is fined \$300.

Failure to pay the fine within five (5) business days will result in the Club becoming members in bad standing and the Club teams will not be allowed to participate in any OVA event until the fine is paid in full.

All cancellation or refund requests must be made in writing to the OVA Program Coordinator responsible for the tournament age division.

Note: Any cancellations initiated by the OVA will be 100% refunded.

For the full policy, [click here](#)

3.0 PLAYER REGISTRATION

Player: An athlete playing volleyball who is registered with an OVA Club team.

3.1 Multiple Teams: A player can register and play with more than one team within the same Club. However, the player must declare which roster(s) they wish to be on for Ontario Championships prior to the OVA roster lock date of February 1, 2025. An athlete cannot play for more than one team at an Ontario Championships event that is taking place at the same event or in a back-to-back event. I.e. A 6-day tournament is considered one event.

3.2 Multiple Ontario Championships: Athletes are eligible to participate in more than one Ontario Championship, under the condition that the events are not taking place the same weekend (to avoid athlete burnout) or in back-to-back events. I.e., a player cannot play the first three days of a six-day tournament, take one day off, and play for the final two. To compete at multiple Ontario Championships, the player must be listed in MRS on both Ontario Championship Official Rosters and be playing on separate weekend events.

3.3 Eligible Birth Years for Early Contact Initiative (ECI)

DATE OF BIRTH	4V4 RALLYBALL	6V6 RALLYBALL	TLS
2010 = 15yo (September 1 st , 2010, to December 31 st , 2010)	No	No	Yes
2011 = 14yo	No	Yes	Yes
2012 = 13yo	Yes	Yes	Yes
2013 = 12yo	Yes	Yes	Yes
2014 = 11yo	Yes	Yes	Yes*
2015 = 10yo	Yes	Yes*	Yes*

*Please note: 2015 and 2014 DOBs are permitted to participate in 6v6 Rallyball if developmentally appropriate, however, it is strongly encouraged that these athletes experience the full development spectrum as identified in the ECI.

*TLS athletes who fall in the 17–24-month window (January 1st–August 31st) will be required to fill out an application to verify their suitability for the division and to ensure that each coach, parent and athlete are aware of their status for Volleyball Canada's Nationals. This application process is for OVA competitions only and ANY ATHLETE THAT FALLS IN THE 17–24-MONTH AGE CATEGORY FOR THE TLS DIVISION WILL NOT BE ELIGIBLE FOR VOLLEYBALL CANADA'S NATIONAL CHAMPIONSHIPS.

3.4 Age Categories 15U – 18U

Age Category	Chronological Age Class
15 & Under	Born 2010 or later
16 & Under	Born 2009 or later
17 & Under	Born 2008 or later
18 & Under	Born 2007 or later

Age Category	Extended Age Class
15 & Under	Born between September 1st, 2009, and December 31st, 2009
16 & Under	Born between September 1st, 2008, and December 31st, 2008
17 & Under	Born between September 1st, 2007, and December 31st, 2007
18 & Under	Born between January 1st, 2006, and December 31st, 2006

3.5 Playing Restrictions for Athletes Included in the Extended Age Categories in the 15U-18U Divisions

Athletes who are registered in an age category based on the Extended Age Class can only be registered and listed on a team roster for that single age category. They are not permitted to move up or down an age category as an individual. They are permitted to move laterally within the age category that they are registered in or they can play up an age category if their entire team is playing up.

Example: Linda was born September 5, 2009. She plays for the 15U Girls Division Blue Spikers team. Linda is permitted to move laterally within the age category and play for the 15UG Division Red Spikers team. She is not permitted to play on the 16U Division Spikers or TLS Division Spikers.

Example: Steve was born November 10, 2008. He plays for the 16U Division Boys Hitters. The 16U Division Boys Hitters register for the 17U McGregor Cup. Steve is permitted to play in the 17U event as part of the 16U Hitters team. Steve is not permitted to play in the 17U event as part of a 17U Hitters.

Athletes with birthdates in the Extended Age Class but who are registered with a team based on the Chronological Age Class are not permitted to move down an age category.

Example: John was born November 25, 2008. He plays for the 17U Boys Vikings. John is permitted to move laterally within the age category and play for the 17UB Red Vikings and play up on the 18U Vikings. He is not permitted to play on the 16U Vikings.

3.6 19U Eligibility

Athletes born in 2006 are eligible to compete in 18U OVA tournaments including the Ontario Championships provided they are not a part of any OCAA, OUA, USports, CCAA, NCAA or NAIA Volleyball team for the 2024-2025 season. Redshirt athletes are permitted to play in the OVA if they have not been on a post-secondary school volleyball roster at any point during the season. Please note – Athletes born in 2005 are not eligible for OVA competition.

Any athlete who has been listed on a post-secondary volleyball roster at any time (i.e., exhibition or standard match), this includes athletes who have ceased attending the post-secondary school for any reason during the current season are NOT eligible to participate in OVA competitions.

Each 19U athlete will be responsible for signing and submitting a declaration form confirming their status as an eligible player:

<https://www.cognitofrms.com/OntarioVolleyballAssociation/OVA19UDeclarationForm>

An 18U team can have an unlimited number of 19U Athletes for OVA competition.

**ONLY two (2) 19U athletes are permitted on a 18U roster for Volleyball Canada's National Championships. Please visit Volleyball Canada's website for information on their 19U rule for National Championships:*

https://volleyball.ca/uploads/Competitions/Nationals/2025/Indoor/2025_VC_Indoor_Competition_Guide_-_FINAL.pdf

4.0 COACH ELIGIBILITY

4.1 COACH ELIGIBILITY

All athletes have the right to a safe, inclusive and responsible volleyball experience. As people in positions of authority, coaches have an important role to play in providing this type of environment. Coaches have the responsibility to:

- Complete the necessary training in order to provide an environment that is physically, mentally, emotionally and socially safe for all athletes and participants
- Complete the necessary training in order to provide a responsible learning environment that incorporates Volleyball Canada's teaching methodologies, technical guidelines and long-term athlete development principles
- Ensure that all of their coach training is current so as to be able to provide a safe and responsible volleyball experience for all

MANDATORY ELIGIBILITY REQUIREMENTS FOR ALL OVA COACHES

All individuals who sit on the bench at an OVA sanctioned event or who are involved with youth athletes in an OVA club training environment must complete the following requirements prior to their registration as an OVA member.

- Abide by the OVA Screening Policy
 - Submit a Level 2 Criminal Record & Judicial Matters Check (CRJMC) or [Enhanced Police Information Check \(E-PIC\)](#) completed within 3 years.
 - Complete the [OVA](#) Screening Disclosure Form via MRS registration
- Complete the following training

- [Making Head Way](#) (Free)
- Coaches Association of Canada [Safe Sports Training](#) (Free)

All individuals in a Head Coach or Assistant Coach role and all individuals acting as a Head Coach or Assistant Coach during an OVA event must also complete the following training prior to their registration as a member of the OVA:

- [Foundations of Volleyball](#) (\$89)
- [Making Ethical Decisions Online Evaluation](#) (\$85 or free if course was completed)

It is highly recommended that all coaches complete the NCCP Anti-Racism in Coaching e-learning module in The Locker. All coaches will be required to complete this module to be eligible in 2024-25.

It is the responsibility of OVA Clubs to verify the eligibility of their coaches prior to having them register as members and listing them on their Club Information Form at the start of the season.

Individuals who have not completed the above requirements are not eligible to be listed on an OVA event scoresheet. Ineligible individuals will be fined \$150 per occurrence and match results may be forfeited.

***Coaches attending Nationals should check [Volleyball Canada's Coach Certification Policy](#) to verify compliance**

REMINDER: As per the OVA Youth Competition Manual, if any ineligible person is found to be on the bench or participating in a match, those matches will be forfeited.

COMPETITION REGULATIONS

This section deals with the rules and regulations to help govern the events hosted by the Ontario Volleyball Association. PLEASE NOTE: all regulations in the 2024–2025 Youth Competitions Manual and VC 2024–25 rulebook are still in effect.

5.0 TEAM CHECK IN

5.1 TEAM CHECK IN PROCESS

The OVA will be running a mandatory coach check in the evening prior to day 1 of each competition for all AM wave teams. The morning check in on day one of competition is for PM wave teams only.

Team Check in and team package pickups will take place in Room 207 at RIM Park and at the main entrance of EY Centre, Ottawa.

Team Check In will take place on the following dates/times:

Ontario Championships 2025 Coach Check-In Schedule

RIM Park (2001 University Avenue E, Waterloo, ON)	AM TEAMS	PM TEAMS
EVENT #1: April 4 -6, 2025 16U Girls & 4v4 Boys/Co-ed	Check in April 3: 5PM - 9PM 4v4 Boys/Co-ed Only Check in April 4 5PM - 9PM @ RIM Park Rm. 206	Check in April 4: 11AM - 3PM*
EVENT #2: April 11- 13, 2025 TLS Girls	Check in April 10: 5PM - 9PM	Check in April 11: 11AM - 3PM*
EVENT #3: April 17 - 19, 2025 17U Girls & TLS Boys	Check in April 16: 5PM - 9PM	Check in April 17: 11AM - 3PM
EVENT #4: April 20 - 22, 2025 15U Boys, 16U Boys & 17U Boys	Check in April 19: 12PM - 5PM	Check in April 20: 11AM - 3PM
EVENT #5: April 25 - 27, 2025 4v4G, 18UG & 18UB	Check in April 24: 5PM - 9PM 4v4G E2 only Check In April 25 5PM - 9PM @ RIM Park Rm. 206	Check in April 25: 11AM - 3PM

EY Centre (4899 Uplands Dr, Ottawa, ON)	AM TEAMS	PM TEAMS
EVENT #6: April 24 - 26, 2025 15U Girls	Check in April 23: 5PM - 9PM	Check in April 24: 11AM - 3PM
EVENT #7: April 27 - 29, 2025 6v6 Girls & 6v6 Boys	Check in April 26: 12PM - 5PM	Check in April 27: 11AM - 3PM

- 5.2 All teams must check in during their published check in time. If Necessary, AM teams can request late check in for the morning of their tournament. The deadline to request late check in is April 1, 2025, and a fee of \$50 + HST is to be paid. Teams that request late check in must do so before their first match to pick up their official roster in room 206. Please contact Kelvin Cheng kcheng@ontariovolleyball.org for more information.

All teams must check in during the published check-in times. Any matches completed prior to checking in will be recorded as forfeited.

- 5.3 Only team personnel on the official team roster can check in their team and pick up their team package. Players are not required at check in. If a member of the team staff is not able to attend team check in, another team representative may do so in their place. I.e. a team manager or parent team contact. However, they must provide a written consent from a member of the team personnel. I.e. an email.

5.4 COACH CHECK-IN DUTIES

The Head Coach/Team designate completing coach check-in will be required to perform the following duties at check-in:

- Scratch all team personnel and players from the official roster who are not participating at the event.
- Sign off on the roster confirming its accuracy for the duration of the competition
- Provide a local contact information and hotel details (if applicable)
- Pick up Award of Excellence medal
- Provide the teams concussion designate
- Provide written acknowledgment that the team understands and must compete at Ontario Championships as per the following:
 - 2025 OVA OC's Team Handbook
 - 2024-25 Youth Competition Manual
 - 2024-25 Volleyball Canada rulebook
 - OVA Code of Conduct
 - OVA/VC Concussion Protocol
 - Respect in Sport training requirements

The official approved OVA roster **must be** presented to the scorekeeper on every single match. If you lose your official roster, please visit the OVA Headquarters at your venue.

Athlete proof of age checks will not be completed during the coach check in process. However, the OVA reserves the right to verify the age of any athlete on the official roster at any time during the Championships. Therefore, coaches must carry proof of age of all players throughout the entirety of the event.

- 5.5 The Head Coach/Team representative will receive an approved roster upon completion of check in. The Head coach must always keep the approved roster on hand for verification by tournament officials at the start of each match.

6.0 RULES OF THE GAME

The Volleyball Canada Rule Book and Youth Competition Manual for 2024-25 will be in effect unless otherwise noted. Triple ball will be played in the 4v4 and 6v6 boys and girls divisions.

Participants, coaches, and team representatives are subject to and must obey all rules, policies, and procedures of the Ontario Volleyball Association.

6.1 THE LIBERO

	Libero Permitted	
Age Category	Girls	Boys
4v4 RB	NO	No
6v6 RB	NO	NO
TLS	NO	NO
15U	NO	NO
16U	YES	YES
17U	YES	YES
18U	YES	YES

Note: single libero for OVA age divisions that have liberos permitted.

6.2 NET HEIGHT

Age Category	Girls	Boys
4v4 RB*	2.15m	2.20m
6v6 RB*	2.15m	2.20m
TLS	2.15m	2.20m
15U	2.20m	2.35m
16U	2.24m	2.35m
17U	2.24m	2.43m
18U	2.24m	2.43m

*RB= Rallyball

6.3 SUBSTITUTION RULES

	# of Substitutions	
Age Category	Girls	Boys
4v4	Rotational	Rotational
6v6	Fairplay	Fairplay
TLS	Fairplay	Fairplay
15U	12 Limited	12 Limited
16U	6 Limited	6 Limited
17U	6 Limited	6 Limited
18U	6 Limited	6 Limited

"Rotational" means players on the bench are part of the player rotations. Players will come off the court upon the completion of the Rallyball sequence following their serve. See 4v4 playing regulations (Section 6.8) for detailed information about rotations in the 4v4 Rallyball division.

- 12 sub limited (one entry & one exit per player) in age categories with NO Libero
- 6 sub limited (one entry & one exit per player) in age categories WITH a Libero

6.4 FAIR PLAY RULE

- Any player on the starting scoresheet who does not start the first set must start the second set.
- In the case of a team with less than 12 players on the game roster, players who played the first set and who are starting the second set can be substituted at any time during the second set (**Ontario only**).
- In the case of an injury, an Exceptional Substitution may be made. The injured/ill player may not return to the same set but may return to play in subsequent sets. Emotional distress can be considered an Exceptional Substitution.
- Fair Play Clarification due to addition of 14 player roster:
 - Only 14 players can be on the scoresheet for any given match. These 14 players registered on the scoresheet are the only ones eligible to participate in the match. The 14 players registered on the scoresheet may vary from match to match.
 - 12 different players must start either the first or second set there are no restrictions on who can play in the third set. The remaining 2 players **MUST** start the third set or start the first set of the next match (round robin or playoff). This rule does not change if it is a possible elimination playoff game.
- A player who did not play the first set cannot be substituted in the second set.
- Substitutions follow the normal substitution rules. Twelve (12) sub limited (one entry and one exit per player) rule will be in effect for the third set for 6v6 Rallyball-15U and 6 sub limited for 16U.
- Fair play rules will be in effect for the following age divisions:
 - 6v6 Rallyball Boys and Girls.
 - TLS Boys and Girls.
 - 15U Boys and Girls for pool play matches only (including Day 1 & 2 of Ontario Championships) (**Ontario only**).
 - 16U Boys and Girls for pool play matches only in the Trillium Divisions at regular season events (does NOT include Ontario Championships) (**Ontario only**).
 - Note: The libero is considered as a starting position within the fair play rule.
- Note: Coaches that do not roster athletes on the score sheet or misrepresent an athlete's playing status to avoid compliance with the fair play rule, will be subject to a sanction of \$100 per occurrence.
- Coaches are responsible for tracking fair play rules throughout the day to ensure they are in compliance with fair play rules. Coaches that are found to be in non-compliance of the fair play rules during an event will be subject to forfeiture of matches in the event.

Note: Please check Volleyball Canada's National Championship Competition Manual for Fair Play rules as they may differ from the above.

Compliance Procedure: The head coach must submit a standard roster form at the first match of the day. This roster will be used for the duration of the day. The same roster sheet must be used for ALL matches. The verification by the scorekeeper and 1st official will be conducted for all matches. If a player is unable to play it must be noted on the score sheet.

Please check Volleyball Canada's National Championship Competition Manual for Fair Play rules as they may differ from the above.

6.6 PLAYING ON SPORT COURT

The playing area includes the playing court and the free zone. Each team must play within its designated playing area.

Sport Court: The area beyond the edge of the sport court is designated as a non-playing zone. Therefore, the last point of contact prior to contact with the ball must be on the sport court and the player must always play the ball on the sport court tile.

Examples:

1. One foot on the sport court, one foot on the cement while playing the ball = play is whistled dead
2. Jump in the air, play the ball, and land off the sport court = play is whistled dead
3. Leave the playing area and step on a chair and play the ball = play is whistled dead
4. Play the ball on the sport court, the momentum of the athletes carries them off the court = play continues.

Any service action must be initiated with at least one foot in contact with the Sport Court.

These rules are in place to minimize the risk to the athletes and spectators.

6.7 GAME DAY SCHEDULING: The Tournament Director has the authority (in consultation with coaches and the Head Official) to move matches ahead and/or move matches to a different court than scheduled, to avoid delays and shorten the length of the tournament day.

6.8 ASSIGNMENT OF OFFICIALS

Age Category	Cup Tournaments	Ontario Championships
4v4 – 15U	First Officials will be provided for pool play and playoff matches at all OVA tournaments.	First Officials will be provided for pool play and playoff matches
16U – 17U	Premier: First and Second officials will be provided for pool play and playoff matches. Select, Championship & Trillium: First Officials will be provided for pool play and playoff matches.	Division 1 Tier 1 Single official will be provided for all pool play matches on Day 1 and 2, double officials for playoffs on Day 3. Lines people will be provided for D1/T1 medal matches on Day 3* All other divisions/tiers: Single official for all matches.
18U	Premier: First and Second officials will be provided for pool play and playoff matches. Championship & Trillium: First Officials will be provided for pool play and playoff matches.	Division 1 Tier 1 Single official will be provided for all pool play matches on Day 1. Double officials will be provided for playoff matches on Day 2 and 3. Lines people will be provided for D1/T1 OCs medal matches on Day 3* All other divisions/tiers: Single official for all matches.

** Dependent on number of referees available on event day*

6.9 LINING AND SCORING:

All teams will be responsible for providing minor officials to line/score their own matches as per the regular season protocols.

- 4v4 – 6v6
 - Each team will be required to provide two (2) parent/team volunteers (one (1) for score and one (1) for lines)
- TLS – 18U
 - Each team will be required to provide one (1) athlete per game to act in the role of line judge.
 - Each team will be required to provide one (1) volunteer per match to act in the role of Scorer or Assistant Scorer.
- Full Lining/Scoring protocol can be found in Section 6.19 of the Youth Competitions Manual located [HERE](#)

6.11 HITTING WARM UP PROTOCOL

The hitting warm up is an important part of the game preparation; however, it does come with some inherent risks for both athletes and spectators. To reduce these risks, teams must follow these warmup guidelines during Ontario Championships.

- Designate one side of the court as the attacking side and ask spectators to avoid sitting in this area.
- Hitting should be directed away from courts with active games and from spectator seating areas.
- Any ball from the receiving side of the court, entered to the attacking side, must be entered from outside of the court. **Coaches are not permitted on the court on the receiving side.**
- Retrieved balls must be returned along the sidelines of the court and not through the receiving court.
- If the team is using both sides of the court, i.e., full court game type activity – only one ball can be in play at any given time.
- If a libero is receiving serves, then only one ball must be in play at any given time.
- Opposing teams are not permitted to use volleyballs in the free zone during the other team's allocated court time. It is recommended for the opposing team to support the retrieval of volleyballs for the team on the court.
- Athletes should not be crossing under the net during hitting warmups into the direct path of the balls.
- RECOMMENDATION: The team that is not participating in the hitting warm up retrieves the balls for the on-court team.

Teams who do not follow the protocol will be notified by the referee that they must follow the above stated regulation. Teams must adjust their warmup accordingly or may choose not to continue their hitting warmup. Time for the hitting warm up will not stop during the notification and adjustment period.

6.12 BALL FREE WARM UP ZONES

RIM Park Events: A ball free warmup zone is behind the pipe and drape that runs the width of Optimist and Pillars arenas.

EY Centre –there is one ball free warm up zone in hall 4.

Running is permitted within these areas. No ball handling is permitted in this area. Please be respectful of the teams playing matches on courts next to these warmup areas. No screaming, team cheers, or major distractions should be taking place in this area. It is strictly for running warmups. This is an unsupervised area. Enter at your own risk.

- 6.13** There is no running in main hallways, vendor areas, etc. No volleyballs are allowed anywhere except on the playing courts. If a volleyball hits an overhead sprinkler, the alarm will sound, and the entire facility will need to be evacuated, and play will be suspended until the fire department gives OVA staff and venue staff the approval to re-enter the building. Please use the designated warm up zones indicated above. Participants risk losing their volleyballs to security staff or venue staff if they do not abide by this rule.

6.14 DEFAULT PROCEDURE

If a team is not in attendance for their scheduled match time, and it has been confirmed by the area supervisor/host that they are not currently playing another match at the facility, the referee will wait 10 minutes from the start time and then call a default for the 1st set. The referee will wait another 10 minutes, and if the team does not show up, they forfeit the match. The onsite team will win the match 25-0, 25-0 for 2/3 matches and 25-0, 25-0, 25-0 for 3/5 matches.

7.0 PROTESTS

To officially protest or appeal a decision, the captain must launch the protest immediately to the first referee who will then indicate to the scorekeeper that a protest has been lodged. In case of an incident during a match, the protest must be requested at the moment the incident occurs, before play resumes.

- 7.1 PROTESTS** - Any protest or appeal at Ontario Championships will be overseen by a Competition Jury, composed of any three of the following:

- A member of the Referee Development Team (RDT) member
- The Head Official or approved designate
- An OVA representative
- A non-partisan OVA member appointed by the head official

The Competition Jury has the highest level of authority at the event and its decisions take precedence and cannot be appealed. They are in place to evaluate complaints and render decisions regarding issues that rise about the event organization and all technical matters. The Head Official or approved designate will assume the role of Jury Chairperson.

The Competition Jury may be called upon to make decisions on, but not limited to any of the following matters:

- Competition protests
- Player eligibility
- Uniforms
- Spectators

- Playing surface/areas

7.2 The following types of issues can be protested or appealed:

- An improper decision by the referee who did not apply the rules or regulations.
- An improper decision of the scorer who made a mistake on the rotational order or on the score.
- Please note that **judgement calls cannot be protested**. A referee's decision regarding a playing action (i.e., ball handling or misconduct) cannot be protested.
- As per Volleyball Canada's Guidelines for Referees and the rulebook, coaches yelling across the court at referees at any time is an immediate sanctionable offense. This is not appealable.
- The protest will be accepted or rejected prior to the resumption of play by the tournament jury.

7.3 To officially protest or appeal a decision, the captain must launch the protest **immediately** to the first referee who will then indicate to the scorekeeper that a protest has been initiated. The scorekeeper will be responsible for notifying the area supervisor, who will contact the Head Official

7.4 In the case of an incident during a match, the protest must be requested at the moment the incident occurs and before play resumes. Please remember that NO match will be replayed, as protests must be placed the moment of the incident.

- In the event of a protest, the following will occur: Teams must log into MRS and register for the "\$100 Protest Fee" Clinic. The fee of \$100 must be paid through MRS immediately in order to assemble the jury. The \$100 fee will be returned in 1-2 business days if the protest is upheld.
- Head Official will notify both teams that there is a protest and will ask both teams to stay in the gym on court, until the final decision is rendered.
- The chairperson of jury convenes the jury.
- The jury interviews the coach of the protesting team and all involved parties, as they see fit (e.g.: opposing coach, officials, captains, athletes, etc.).
- The protest is then reviewed for acceptance or refusal.
- Refusal means that the point, game or match result stands as played.
- Acceptance involves replaying of the event in whole or in part depending on the judgement of the Jury.
- The jury deliberates and renders a decision. The chairperson of jury informs all parties involved of the decision made.
- Once the match has ended, the captain must describe the incident on the scoresheet or on a paper to be attached to the scoresheet before he signs off the scoresheet.

Notes:

- Judgement calls are not permitted to be protested (i.e., ball handling).
- Protests cannot be made once the play continues after the incident occurs.

8.0 EQUIPMENT AND MATERIALS

8.1 Official Game Ball

Mikasa is the official supplier of all game balls for OVA Competition. The following models will be used for each age division:

- VUL500 - 4v4 Rallyball
- Mikasa VQ200W-OVA - 6v6 Rallyball, Traditional Non-Specialized and 15U
- Mikasa V200W - 16U-18U

8.2 ATHLETE UNIFORMS

Each registered team shall be appropriately dressed for competition as follows:

For OVA competition, the interpretation is: Jerseys must be uniform, clean and of the same colour, style and trim at first glance by the head official or designate. The colour for the shorts/pants must be uniform the length or fit of the shorts/pants are irrelevant and of no consequence. It is not mandatory for team members to wear matching/identical socks.

Players' jerseys must be numbered from 1 to 99 inclusive, at least 15 cm high on the chest and 20 cm high on the back. The width of the stripe forming the number shall be 2 cm minimum. The numbers must be placed in the centre of the front and back of the jersey. The colour and brightness of the numbers must contrast with the colour and brightness of the jerseys.

Note: To avoid any potential uniform violation problems, it is strongly recommended to Clubs that the jersey numerals not be included in any artwork or logo. The numerals are to be clearly visible and should stand alone, separated from any artwork or logo.

8.3 LIBERO UNIFORM REQUIREMENTS - The Libero must wear a uniform whose jersey at least must contrast in colour with that of the other members of the team. The Libero uniform may have a different design, but it must be numbered like the rest of the team members.

- The Libero must wear a uniform which has a different dominant colour from any colour of the team jersey.
- The libero jersey must clearly contrast with the rest of the team (i.e., jerseys that have all the same colours but in different places are not permitted).
- The libero must have a different number (from 1-99) from all other players on the roster.
- Teams who do not comply with the uniform guidelines may be asked to have the Libero wear a shirt/bib if the referee cannot clearly identify them at first glance.
- Please see [VC's uniform guidelines](#) to view acceptable jersey combinations.

Repercussions

- Teams who do not comply with the uniform guidelines may not be permitted on the court until an acceptable libero jersey is presented.

8.4 STAFF AND MINOR OFFICIALS ATTIRE - All coaches and team staff must follow the dress guidelines below during all OVA events.

- Must be dressed in coaching attire as to represent their team and club in a professional manner (e.g. no baseball caps).
- Must wear appropriate footwear. Only closed toe shoes allowed (prohibited footwear include but not limited to sandals, flip flops, crocs, etc.).

Volunteer Minor Officials: Head wear is permitted for team staff/volunteers/guardians while performing scorekeeping or lining duties at all OVA events.

8.5 REPERCUSSIONS OF UNIFORM VIOLATIONS - When a uniform violation occurs at a Youth or Adult competition, players with non-matching uniforms shall not be permitted onto the court unless the team has less than 6 players with matching/identical uniforms. In such a case, the team will be fined \$25.00 per player, per tournament, to a maximum of \$100.00 per tournament.

The official in charge of the match is to note the violation on the score sheet and inform the Tournament Director after the match. The Tournament Director is to report all violations to the appropriate Youth Competitions staff member, along with their results.

9.0 TOURNAMENT FORMAT

9.1 TOURNAMENT FORMAT

The tournament format for 6v6-18U divisions is a 3-day event. Pool play will occur on days 1 & 2 with playoffs taking place on day 3. The 4v4 divisions are a 2-day tournament with pool play on day 1 and playoffs on day 2. The 18U division will have a modified high-performance format with 3/5 matches and limited matches per day.

For 2025, the OVA will be running a high performance 18U Division 1 tournament format to:

- Continue to expose teams to a higher level of competition
- Emphasize like competition with heavily weighted must win situations
- Allow for match preparation, including rest and recovery periods and scouting opportunities for game planning
- Create spotlight matches with an increased level of media exposure as well as exposure to a dynamic playing environment
- Provide 18U players with the match type they will experience at the next level (OUA, OCAA)

9.2 WAVE SCHEDULE

EVENT 1: 16U Girls & 4v4 Boys (RIM PARK)
*4v4 Boys – Division 1 (27 Teams) – Saturday AM & Sunday AM (into the afternoon)
Friday April 4 and Saturday April 5, 2025
MORNING WAVE - 7:30AM START
16U Girls Division 1 (32 Teams)
16U Girls Division 2 (32 Teams)

16U Girls Division 3 (32 Teams) *Seeds 1-16 on Friday AM ONLY*
AFTERNOON WAVE - 3:00PM START
16U Girls Division 3 (32 Teams) *Seeds 17-32 on Friday PM and all 32 teams Saturday PM)*
16U Girls Division 4 (32 Teams)
16U Girls Division 5 (24 Teams)
Sunday April 6, 2025
8:00am – Single Elimination Playoffs begin
6:00pm – Scheduled end time for the last match of the day
EVENT 2: TLS Girls (RIM PARK)
Friday April 11 and Saturday April 12, 2025
MORNING WAVE - 7:30AM START
TLS Girls Division 1 (32 Teams)
TLS Girls Division 2 (32 Teams)
TLS Girls Division 6 (28 Teams)
AFTERNOON WAVE - 3:00PM START
TLS Girls Division 3 (32 Teams)
TLS Girls Division 4 (32 Teams)
TLS Girls Division 5 (28 Teams)
Sunday April 13, 2024
8:00am – Single Elimination Playoffs begin
6:00pm – Scheduled end time for the last match of the day
EVENT 3: 17U Girls & TLS Boys (RIM PARK)
Thursday April 17 and Friday April 18, 2025
MORNING WAVE - 7:30AM START
17U Girls Division 1 (32 Teams)
17U Girls Division 4 (16 Teams)
TLS Boys Division 1 (32 Teams)
AFTERNOON WAVE - 3:00PM START
17U Girls Division 2 (32 Teams)
17U Girls Division 3 (32 Teams)
TLS Boys Division 2 (20 Teams)
Saturday April 19, 2025
8:00am – Single Elimination Playoffs begin
6:00pm – Scheduled end time for the last match of the day

EVENT 4: 15U – 17U Boys (RIM PARK)
Sunday April 20 and Monday April 21, 2025
MORNING WAVE - 7:30AM START
15U Boys Division 2 (18 Teams)
16U Boys Division 1 (32 Teams)
17U Boys Division 1 (32 Teams)
AFTERNOON WAVE - 3:00PM START
15U Boys Division 1 (32 Teams)
16U Boys Division 2 (28 Teams)
17U Boys Division 2 (17 Teams)
Tuesday April 22, 2025
8:00am – Single Elimination Playoffs begin
6:00pm – Scheduled end time for the last match of the day
EVENT 5: 4v4G, 18UG & 18UB – (RIM PARK)
*4v4G Event #1 – Division 1 (25 Teams) – Friday AM and Saturday AM
*4v4G Event #2 – Division 1 (25 Teams) – Saturday AM and Sunday AM (into the afternoon)
Friday April 25 and Saturday April 26, 2025
MORNING WAVE - 7:30AM START
18U Girls Division 1 (16 Teams)
18U Girls Division 2 (32 Teams)
18U Boys Division 1 (16 Teams)
AFTERNOON WAVE - 3:00PM START
18U Girls Division 3 (24 Teams)
18U Girls Division 4 (16 Teams)
18U Boys Division 2 (28 Teams)
Sunday April 27, 2025
7:30am – Single Elimination Playoffs begin
5:30pm – Scheduled end time for the last match of the day
EVENT 6: 15U Girls (EY CENTRE)
Thursday April 24 and Friday April 25, 2025
MORNING WAVE - 7:30AM START
15U Girls Division 1 (32 Teams)
15U Girls Division 2 (32 Teams)
15U Girls Division 6 (28 Teams)

AFTERNOON WAVE - 3:00PM START
15U Girls Division 3 (32 Teams)
15U Girls Division 4 (32 Teams)
15U Girls Division 5 (28 Teams)
Saturday April 26, 2025
8:00am – Single Elimination Playoffs begin
6:00pm – Scheduled end time for the last match of the day

EVENT 7: 6v6 Girls & 6v6 Boys (EY CENTRE)
Sunday April 27 and Monday April 28, 2025
MORNING WAVE - 7:30AM START
6v6 Girls Division 1 (32 Teams)
6v6 Girls Division 2 (32 Teams)
6v6 Boys Division 1 (36 Teams)
AFTERNOON WAVE - 3:00PM START
6v6 Girls Division 3 (32 Teams)
6v6 Girls Division 4 (32 Teams)
6v6 Girls Division 5 (36 Teams)
Tuesday April 29, 2025
7:30am – Single Elimination Playoffs begin
5:30pm – Scheduled end time for the last match of the day

Overall Wave Notes:

1. *We will do our best to run on schedule, however unforeseen events may cause the tournament to run later than expected.*
2. *If a court is running behind, the Event Staff reserve the right to move matches to another court to make up time.*

10.0 DRAW PRINCIPLES

Each Ontario Championships schedule varies from age category due to number of teams and number of courts. Many variables may affect how the tournament should be organized. Ontario Volleyball uses the below set of guidelines to determine how the draws will be structured.

- All 6v6-18U teams are guaranteed a minimum of 7 matches at any Ontario Championship 3-day event (6 for 18U Division 1 or a pool of 3 teams).
- 4v4 teams will be guaranteed 5 matches for their 2-day event.
- Matches are best of three (three straight if in a pool of 3 teams) for all divisions. Exception: matches will be 3/5 for the 18U Division 1 Championships on day 2 and 3.
- Maximum of 4 matches per day.

- Maximum of 2 back-to-back matches.

11.0 DIVISIONAL PLAY AND SEEDING

11.1 DIVISION SIZE

- The preferred size for a division is 32 teams.
- The minimum size for a division is 6 teams.
- The maximum size for a division is 48 teams.

11.2 SEEDING

Ontario Championship seeding is based on a team's top two average in the age group they are competing in (except for 4v4 Rallyball). The final regular season rankings (Bugarski Cup Rankings) will be used to break any ties in seeding.

- Region 1 teams who did not compete in a regular season event will be treated on a case-by-case scenario when it comes to their division/seed at the Ontario Championships.
- 4v4 Rallyball Ontario Championship seeding is based on a team's set ratio from the Bugarski Cup only.

11.3 TOURNAMENT TIE BREAKING PROCEDURES FOR POOL PLAY RANKING

If two or more teams within a pool, are tied at the end of the preliminary round, the following criteria will be applied in order until all ties are broken, and all tied teams ranked. For example, that if there is a tie among teams X, Y & Z and criteria b) is able to determine X as first, Y as second and Z as third, then no further criteria is needed. However, if criteria b) determines X as first (or third) and there is still a tie between Y & Z, then the ranking of the remaining teams will be determined by proceeding to criteria c) and so on, if necessary. Continue through the sequence of criteria and **DO NOT** start at a) again.

- It is important to note that in the above example, in a 3-way tie, moving to step c or further, does not mean looking at the head-to-head result between just the two remaining tied teams. In a 3-way tie, all three (3) originally tied teams' data is considered in each step of the tiebreaker until ALL three (3) placings are confirmed. An originally tied team's data is always included in the remaining steps to determine the placings of all originally tied teams even if one of the teams placing was solved in an earlier step.

Pools that play two straight sets will start at point "b" of the tiebreaking procedure as there are no matches won/lost when playing two straight sets.

- The team having the best ratio of won/lost matches, considering matches played between the original tied teams, will be ranked higher*
- The team having the best ratio of won/lost games, considering matches played between the original tied teams, will be ranked higher*
- The team having the best ratio of won/lost games, considering all matches of the round, will be ranked higher
- The team having the best ratio of points for/against, considering games played between the tied teams, will be ranked higher *
- The team having the best ratio of points for/against, considering ALL games played during the round robin, will be ranked higher

- f. A coin toss by the tournament director and head official in the presence of team representatives

**Note: Step a, b and d only take the original tied teams results into account during the tie breaking process. Do not include the results from the teams not included in the original tie.*

12.0 CODE OF CONDUCT AND DISCIPLINE

12.1 CODE OF CONDUCT

The [2024-25 Volleyball Canada Indoor Rulebook](#) details Code of Ethics for Referees, the Code of Conduct for all participants, Anti-Doping Policy and Disciplinary Action (page 75-85); any breach of these policies is subject to fines and/or sanctions.

In addition, the [Ontario Volleyball Code of Conduct](#) must be followed by all participants, including parents and spectators. Anyone found in violation of the OVA Code of Conduct may be asked to leave the tournament and may face additional sanctions. All Coaches and Club Contacts must also abide by the and [OVA SafeSport Person In Authority Code of Conduct](#).

12.2 TAILGATING

Any tailgating by parents and/or spectators in the parking lot which involve consuming alcohol will be reported to Security and/or the local police.

12.3 SANCTIONS

This is meant to serve as a reminder of the Code of Ethics for Referees, the Code of Conduct for Participants, as well as guide to the referees in the appropriate measures for applying sanctions.

Participants should recognize that individual officials have a varying perspective on what degree of conduct may or may not be considered within a normal emotional reaction. The following scenarios are examples of actions that **must** be addressed appropriately by the first referee through sanctioning:

- Verbal comments or gestures by participants directed at any member of the referee corps regarding a decision
- The use of profane or foul language that is loud enough to be heard by participants, regardless of where the language is directed
- A team member either sitting on the bench or staying in the warm-up area, protesting or contesting the referee's decision
- When a ball (or object) is thrown, kicked or deflected in anger by any participant

The match referee does have the ability to determine the extent of the offence. If considered minor misconduct, the 1st referee may limit the sanctioning to a stage 1 (verbal) or stage 2 warning (yellow card). A stage 2 warning, while issued to a specific member of a team, serves notice that the entire team (by extension) has reached the sanctioning phase and any additional forms of misconduct will be addressed with a minimum, a penalty (red card).

Repetition of minor offences by the same team/individual in the same match must be sanctioned progressively.

Incorrect conduct by a team member towards referees, opponents, teammates or spectators is classified in three categories according to the seriousness of the offence. Sanctions are applied based on the following:

- **Rude Conduct:** actions contrary to good manners or moral principles
- **Offensive Conduct:** defamatory or insulting words or gestures or any action expressing contempt
- **Aggression:** actual physical attack or aggressive or threatening behavior

Note: There does not have to be a stage 1 or 2 warning issued to an individual or team before the referee applies an appropriate sanction.

Note: In the instance of an expulsion or disqualification, the first referee must submit a separate report to his/her ROC and the Ontario Volleyball staff member responsible for referees. An expulsion or disqualification may result in further sanctions rendered per the OVA Discipline & Complaints Policy.

12.4 MINOR MISCONDUCT SCALE

Stage 1 Warning: Verbal warning issued through the game captain

Stage 2 Warning: By use of a yellow card to the team member(s) concerned

This formal warning is not in itself a sanction but a symbol that the team member (and by extension the team) has reached the sanctioning level for the match. It is recorded on the score sheet but has no immediate consequences.

12.5 SANCTIONS SCALE

Penalty (Rude Conduct): By use of a red card to the team member(s) concerned. The application of a penalty results in a point and service to the opponent.

Expulsion (Offensive Conduct): By use of a red and yellow card (jointly) to the team member(s) concerned.

A team member who is sanctioned by expulsion shall not play for the rest of the set, must be substituted legally and immediately if on court and must remain seated in the penalty area and additional sanctions may be applied per Discipline & Complaints Policy.

An expelled coach loses his/her right to intervene in the set and must remain seated in the penalty area. Additional penalties may be applied as per the OVA Discipline and Complaints policy.

Disqualification (Aggression): By use of a red and yellow card (separately) to the team member(s) concerned.

A team member who is sanctioned by disqualification must be substituted legally and immediately if on court and must leave the Competition Control Area for the rest of the match and additional sanctions may be applied per Discipline & Complaints Policy. Additional penalties may be applied as per the OVA Discipline and Complaints policy.

Please note, the Sanction Chart included as Appendix V in the [OVA Youth Competition Manual](#) will apply at Ontario Championships.

Note: The OVA reserves the right to sanction and fine teams and Clubs for items above and beyond the infractions listed above.

12.6 A Club or Team that is sanctioned in any way will be placed in bad standing with the OVA and Volleyball Canada. The Club or Team will remain in bad standing until any fines have been paid

in full to the OVA and/or completion of required activities. While a Club or Team is in bad standing, they will not be able to play in any further OVA or VC competitions or register for any events sanctioned by the OVA or VC.

12.7 PURPLE CARD SANCTION POLICY

The purpose and intent of the Purple Card Sanction Policy is to effectively address and sanction any inappropriate or prohibited behavior exhibited by any NON-PARTICIPANT such as parents, spectators, members of participating clubs from other teams, etc., attending and observing any OVA sanctioned volleyball match. This policy is further intended to preserve order and help to maintain the safety and protection of all OVA members and/or spectators.

Note: For Ontario Championships, Referee Development Team Members are permitted to issue purple cards during any match.

Please visit the OVA website for the [full policy](#).

TOURNAMENT INFORMATION

13.0 ONLINE RESULTS

- 13.1 ADVANCED EVENT SYSTEMS (AES)** - The OVA will be using Advanced Event Systems (AES) for live scoring. Hard copies of schedules will not be printed and distributed at coach check.

You can track your team, sign up for live updates and see how ties are broken for all age classes or even print out your playing schedule via the AES system. Be sure to stay up to date with <https://www.advancedeventsystems.com/events> and search for “Ontario” in the search bar. Select the event you’d like and view schedules, results, etc., while online.

14.0 OVACHAMPS APP

- 14.1** Be sure to download the OVACHAMPS app, available for iPhone, iPad and Android! The OVACHAMPS app offers everything you need to know for Ontario Championships right at your fingertips.

Check results and schedules instantly, browse team rosters and photos, check out profiles of all our All-Stars and award winners! What are you waiting for? You gotta get the app! Search “OVACHAMPS” in the [App Store](#) or [Google Play](#) today!

15.0 AWARDS AND PRESENTATIONS

- 15.1 AWARDS OF EXCELLENCE – 4V4-18U**

All coaches will receive the Award of Excellence medal upon check in. Please note, Awards of Excellence presentations will be the responsibility of each individual team (there are no time slots or presentations scheduled for these awards on site). Please make arrangements within your team to present this award.

Please ensure that the OVA office receives the name of your Award of Excellence winner as the OVA will be posting the names of all Award of Excellence winners on the Ontario Championships website after each tournament. Winner names can be submitted through the [Award of Excellence](#) page.

- 15.2 2025 GRAND PRIX (GP) ALL STARS**

Will be given to select athletes from the 16U-18U age groups.

The 18U All Star presentation will be taking place on Friday April 25th at 3:00pm in the gymnasium on the stage in conjunction with the Ken Davies and Evelyn Holick Award presentation.

There will not be any GP All Star presentations for the 16U and 17U athletes. These athletes will be highlighted leading up to Ontario Championships via social media and the OVA Champs app. The 16U and 17U All Stars must pick up their All-Star package from headquarters in room 206 at RIM Park during their event.

15.3 KEN DAVIES MEMORIAL AND EVELYN HOLICK AWARD PRESENTATIONS

These presentations will take place on **Friday April 25th at 3:00pm on the stage in the gymnasium**. More Information will be made available closer to the event. Winners will be announced prior to Ontario Championships and featured prominently on the OC's website, OVS Champs App and social media channels.

15.4 TEAM PRIZING

- Division 1, Tier 1 Champions
 - Championship banner
 - "Division 1 Champion" T-shirt
 - Championship hat
 - Gold, silver and bronze medals
- Division 2-6, Tier 1 Champions
 - Divisional pennants
 - T-shirt
 - Gold, silver and bronze medals
- Divisions 1-6, Tiers 2 – Tier 4:
 - Gold, silver and bronze medals

VENUE INFORMATION

16.0 VENUES

This year, four (4) locations are in use for Ontario Championship's event delivery:

- RIM Park Manulife Financial Sportsplex, Waterloo
- Conestoga College, Kitchener
- EY Centre, Ottawa
- University of Ottawa, Ottawa

16.1 RIM PARK - 2001 UNIVERSITY AVENUE, WATERLOO

The OVA is returning to RIM Park for 5 events in 2025. The 4v4 Girls, TLS Girls, 16U Girls, 17U Girls, 18U Girls and the 4v4 Boys/Co-Ed, TLS Boys, 15U Boys, 16U Boys, 17U Boys, 18U Boys will be playing at RIM Park this year.

Court Numbers: 1-24

Website: <http://www.waterloo.ca/en/gettingactive/rimpark.asp>



16.2 CONESTOGA COLLEGE - 299 DOON VALLEY DR, KITCHENER

Conestoga College will be utilized for Events 1 and 2 as an overflow location. Teams may be scheduled to play here on one of their event days.

Court Numbers: 25-28

Website: <https://www.conestogac.on.ca/about/campuses-and-locations/kitchener/kitchener-doon>



16.3 EY CENTRE - 4899 UPLANDS DR, OTTAWA

This OVA is returning to EY Centre for 2 events in 2025. This venue will be hosting 15U Girls, 6v6 Girls and 6v6 Boys.

Court Numbers: 1-24

Website: <https://eycentre.ca/>



16.4 UNIVERSITY OF OTTAWA - 125 UNIVERSITY PRIVATE, OTTAWA

New to the OC's lineup, the University of Ottawa **Montpetit gymnasium** will be running 4 courts for event 7 for the 6v6 Girls and Boys divisions.

Court Number: 25-28

Website: [Montpetit Hall \(MNT\) | About us](#)



17.0 PARKING

17.1 RIM PARK PARKING

There is parking available on the RIM Park grounds. There are an additional three parking lots off University Avenue East, by the ball diamonds; please look for the OVA's "Overflow" parking signs. **A free shuttle service** will be provided for all event days of events 1-5.

When planning your trip, please be advised of the following:

- Quick drop-off/pick-up is permitted at the front of Manulife Sportsplex
- Park in designated parking areas only
- Additional parking is available in three (3) gravel parking lots – free shuttle service is available from these lots
- Accessible parking spaces are available in the front and back of the facility

Several bylaw and security staff will be onsite to guide drivers to the appropriate parking areas. By-law officers will be onsite tagging and towing any cars that are blocking fire zones, or that are parked illegally in disabled parking spots or in bike lanes on Millennium Drive. The OVA and the Corporation of the City Waterloo are not responsible for any parking tickets or towing costs incurred by participants and spectators.

Please follow these rules to avoid getting a ticket:

- Do not park in fire routes
- Do not park on any grassy areas or on marked no-parking lines
- Do not park in an accessible parking space if you do not have a permit
- Do not park in the quick drop-off/pick-up area

As you know, this is a huge tournament with thousands of people scheduled to be onsite. We strongly encourage you to plan ahead, use the free shuttle service and follow the parking rules to make your stay as enjoyable as possible.

Please refer to the map for all parking locations around RIM Park.

Please review the parking dos and don'ts from the City of Waterloo below.

ONTARIO VOLLEYBALL CHAMPIONSHIP PARKING

RIM PARK MANULIFE SPORTSPLEX, 2001 UNIVERSITY AVE E, WATERLOO



PARKING DOs



DESIGNATED PARKING



FREE SHUTTLE BUS PICKUP AND DROP-OFF LOCATIONS

For shuttle bus schedule visit the OVA Champs App and view "Events" or go to:
ontariovolleyball.org/ocs-parking



ACCESSIBLE PARKING SPACES

Available at RIM Park Manulife Financial Sportsplex

PARKING DON'Ts



NO PARKING

Quickly load or unload passengers only. Parking is prohibited.

FINE: \$52



ACCESSIBLE PARKING ONLY

Accessible parking spaces are for designated valid permit holders.

FINE: \$412



NO PARKING IN FIRE ROUTES

Don't park or stop in fire routes. Emergency access must be clear.

FINE: \$82



NO PARKING ON LINES OR GRASS

Parking in clearly designated parking spaces, not on grass or yellow lines.

FINE: \$41

Event access at Millennium Blvd.

Local traffic only on Park Rd. and Oak Park Dr.



17.2 CONESTOGA COLLEGE PARKING

There are 1800 spots on site. Paid parking is in effect Monday to Friday, 7 a.m. to 4 p.m. as all campuses. There is a flat fee of \$7.50 daily rate with unlimited in and out privileges. Parking is free on evenings and weekends. Overnight parking is not permitted.

There is nowhere on site to pay for parking. It is all done through Honk Mobile. Please look for the signs in the parking lot to ensure you are entering the correct parking location.

Use the [HonkMobile website](#), or visit [Find Parking | HONK](#) and have location settings on and the campus will appear automatically, or scan the visitor QR code located at the main entrances and in the parking lots.

Please download the Honk Mobile Parking app on the [App Store](#) or [Google Play](#) prior to arrival at Conestoga College to pay for your parking during weekdays.

Campus details and map can be found on the [Conestoga website](#)

17.3 EY CENTRE PARKING

The EY Centre offers over 1800 ground level parking spaces on-site, plus ample space for buses and oversize vehicles.

The EY Centre is committed to providing priority locations for people who require easy accessibility. We have a quick pick-up / drop-off area located at the North/West corner of the parking lot accessible through the [dropoff only entrance](#).

There is a Flat Daily Fee of \$10 to park at EY Centre, payable at the gate of the [Parking entrance](#).

They accept Visa or MasterCard for express parking, as well as Interac or cash options.

17.4 UNIVERSITY OF OTTAWA PARKING

The Brooks Garage ([100 Thomas More Private](#)) is located directly across from Montpetit Hall at the University of Ottawa and uses Hotspot Parking or pay and display on the machines.

- Pay & Display available (credit card only).
- Monday to Friday \$5.50/hour with \$17.50 Daily Max
- Monday to Friday, after 3:00PM and Weekends - \$5.50/hour with \$9.00 Max
- If you are using HotSpot, it's **#4001**.

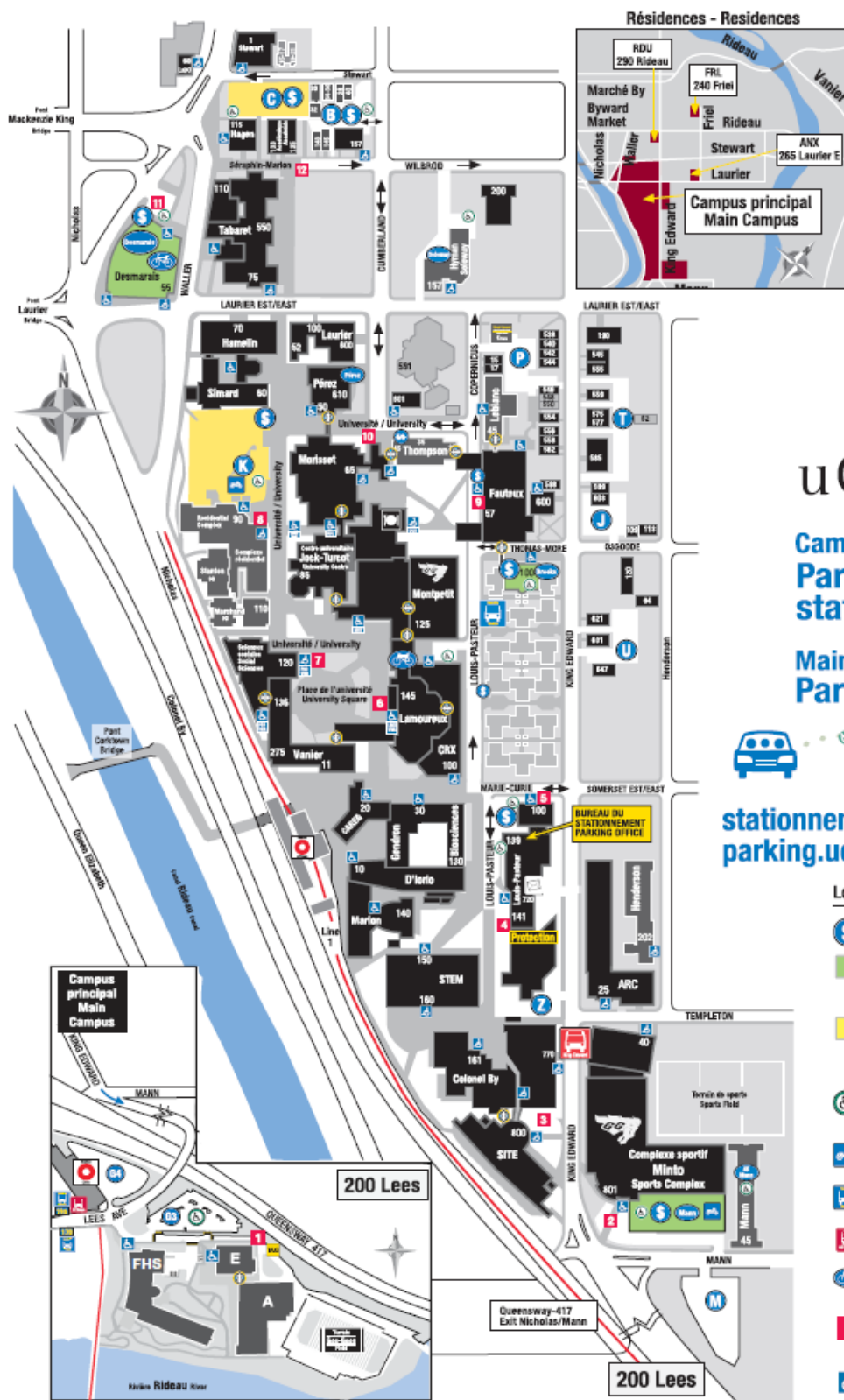
HotSpot Parking

All parking at University of Ottawa is through the Hotspot app.

Get reminders when time is running out and top up the meter from your mobile device. You can even save money by keeping any unused time on the meter to use on your next trip to campus. And new users get their first half-hour of parking free!

Download HotSpot now from the [App Store](#) or [Google Play](#), or you can [register from your browser](#).

Using the HotSpot app, you can pay for parking with any major credit cards or Visa Debit.



uOttawa

Campus principal
Parcs de
stationnement

Main Campus
Parking Lots



stationnement.uottawa.ca
parking.uottawa.ca

Légende / Legend

- Distributrice de permis Pay & Display Parking
- Visiteurs / Visitors - 24/7
- Visiteurs / Visitors 15h - 23h et fins de semaine and weekends
- Stationnement accessible Accessible Parking
- Motocyclettes Motorcycles
- Navette Shuttle
- OC Transpo
- Enclos à vélo sécurisé Secure Bike Parking
- Para Transpo Point d'embarquement Pick-up Point
- Accès Access
- Line 1

18.0 RIM PARK OVERFLOW PARKING LOTS & BUS SERVICES

18.1 RIM PARK SHUTTLE BUS EVENTS 1 – 5

THIS IS A FREE SERVICE DURING RIM PARK EVENTS 1-5!

The shuttle will be operating on the following schedule for all four events. We strongly encourage spectators and participants to utilize this service.

RIM Park Drop off and Pick-up location will be at West entrance by the roundabout at RIM Park and in the overflow parking lots. Please follow the OVA parking signs to find the overflow lots and look for the A frame signs for the pickup location.

RIM PARK SHUTTLE BUS HOURS 2025	
DATE	TIME
EVENT 1	
Friday April 4, 2025	7:30AM-10:30PM
Saturday April 5, 2025	7:30AM-10:30PM
Sunday April 6, 2025	7:30AM-6:30PM
EVENT 2	
Friday April 11, 2025	7:30AM-10:30PM
Saturday April 12, 2025	7:30AM-10:30PM
Sunday April 13, 2025	7:30AM-6:30PM
EVENT 3	
Thursday April 17, 2025	7:30AM-10:30PM
Friday April 18, 2025	7:30AM-10:30PM
Saturday April 19, 2025	7:30AM-6:30PM
EVENT 4	
Sunday April 20, 2025	7:30AM-10:30PM
Monday April 21, 2025	7:30AM-10:30PM
Tuesday April 22, 2025	7:30AM-6:30PM
EVENT 5	
Friday April 25, 2025	7:30AM-10:30PM
Saturday April 26, 2025	7:30AM-10:30PM
Sunday April 27, 2025	7:30AM-6:30PM

19.0 FOOD SERVICES

For the most up to date information on food services at all venues, please visit:

<https://www.ontariovolleyball.org/ocs-foodservices>

19.1 RIM PARK

There is one restaurant (Benchwarmers), and various concession stands at RIM Park that will be selling beverages, pizza, sandwiches, healthy food options, veggie trays, fruit trays and a variety of snack foods. The two concessions are located at the East Entrance and West Entrance.

The *On-the-Go Coffee Shop* is also located at the West Entrance to serve warm beverages starting at 7am daily.

Food trucks will be on site to assist with feeding participants.

For those leaving RIM Park for food, there are many restaurants and fast-food chains within a short driving distance.

Outside food is not permitted. The exception is athletes can bring in brown bag lunches/snacks. Buffet style team setups are not permitted.

19.2 CONESTOGA COLLEGE, KITCHENER

Pita Pit is located on the 2nd floor of the Student Recreation Centre. They are also accepting pre-orders for teams. Please refer to the OVA website for the most up to date information.

19.3 EY CENTRE, OTTAWA

There are two concession stands near Halls 1 and 4. In addition, there are satellite concession stand is also on the main Galleria of EY Centre will be serving hot and cold beverages.

Hours of Operation on Day 1 and 2 of each competition:

North Concession: 6:30AM to 9:00PM

South Concession: 6:30AM to 9:00PM

Mobile Concession (Meeting Room B): 10:30AM to 6:30PM

Food Truck: 10AM to 7PM

Hours of Operation on Day 3 of each competition:

6:30AM to 6:00PM

19.4 UNIVERSITY OF OTTAWA

For a listing of restaurants at the University of Ottawa, please visit:

<https://www.uottawa.ca/campus-life/eat-campus/where-eat/restaurants-cafes-more>

19.5 NO OUTSIDE COOLERS

Athlete brown bag/soft small cooler type bags permitted. No large or hard sided coolers are permitted in the venues.

Additionally, coolers, appliances (crockpots, blenders and mini fridges) and tables are not permitted to be brought into any of venue. **If any of these items are found, security will ask patrons to remove them immediately. If they are not removed, security will confiscate the items.**

20.0 GENERAL FACILITY AND OVA RULES

- 20.1 Crock pots, hot plates, coolers and “buffet tables” are not allowed to be set up and used in any of the facilities.** Teams are allowed to bring “brown bag” lunches into all facilities. Participants are encouraged to use the public spaces outside of the playing areas and

designated “cafeteria” to feed their teams. If they are bringing coolers – please do not bring them into the competition venues. Remember to **always clean up after yourselves.**

- 20.2** **Tables designated team seating area are not reserved table space.** After your team has finished eating, please remove your belongings. Unattended bags that are left on tables without team’s present will be moved off to create space for other teams. Please be considerate of the space on the venues, as well as other teams.
- 20.3** **The OVA, the Corporation of the City Waterloo, Conestoga College, the EY Centre and University of Ottawa are not responsible for lost or stolen personal items.** Remember to always take your personal belongings with you and do not leave anything unattended. Any found items will be placed in the lost and found at Customer Service at all locations.
- 20.4** All venues being used for the 2025 Ontario Championships are still open to the public and therefore, we ask teams to be respectful of the space and **not to meet in the hallways** in order to keep them clear for other people. Please ensure your **teams are not blocking any walking spaces or emergency exits by leaving their bags or team equipment in these spaces.**

20.5 WARM UP AREAS:

RIM Park: The ball free warm up areas have been designated in Pillers Ice Haus and Optimist Arena. These are in the pipe and drape areas in the arenas and signage will be posted to direct athletes to these areas. Running is permitted within this pipe and draped off areas. **No ball handling is permitted in these areas.**

Please be respectful of the teams playing matches on the courts next to the curtained off warm up areas. No screaming, team cheers, or major distractions should be taking place in these areas. It’s strictly for running warmups. This is an unsupervised area enter at your own risk.

On specific weekends, the gymnasium is also available as warm up areas and will be sign posted accordingly.

EY Centre: One ball free warm up area has been designated on the field of play for both events, which is in hall 4. Signage will be posted to direct athletes to these areas. Running is permitted within these areas. **No ball handling is permitted in these areas.**

Please be respectful of the teams playing matches on the courts next to the ball free warm up areas. No screaming, team cheers, or major distractions should be taking place in these areas. It’s strictly for running warmups. This is an unsupervised area enter at your own risk.

- 20.6** There is no **warming up in the hallways** at any of the facilities. No volleyballs are allowed anywhere except on the playing courts. If a volleyball hits an overhead sprinkler, the alarm will sound, and the **entire facility will need to be evacuated,** and play will be suspended until the fire department gives OVA staff the approval to re-enter the building. Please use the designated warm up areas indicated above (20.5).
- 20.7** As coaches and chaperones, we ask that you please supervise your athletes on and off the court to make it the most enjoyable experience for everyone.

- 20.8** As with most sporting events, spectators should enter at their own risk as volleyballs may leave the playing area at any time and may hit spectators. The Ontario Volleyball Association is not responsible for spectator injury incurred while watching volleyball matches.
- 20.9** The use of any type of noise makers (cowbells, air horns, drums, whistles, etc) is prohibited. Spectators will be asked to refrain from using these devices. If they continue to use them, they will be confiscated.
- 20.10** Only authorized photographers employed by the OVA for Ontario Championships are allowed on the playing area, sport court or to stand between courts due to liability reasons. Parents and/or spectators are not allowed to be on the playing area, on the sport court or standing between the courts to take photographs. If they are found to be in violation of this rule, they will be asked to leave immediately. If parents/spectators disregard this rule multiple times, they will be asked to leave the venue by OVA Staff, Facility staff, the Head Official, Area Supervisors, or the working referees.
- 20.11** **CHANGE ROOMS (IF APPLICABLE) ARE NOT TO BE USED FOR TEAM MEETINGS, TEAM BUFFETS OR TEAM STORAGE. THE ONLY PERMITTED USE IS FOR CHANGING.** If a team is found using these rooms for purposes other than changing all items found will be confiscated.
- 20.12** **ONTARIO CHAMPIONSHIPS TRAVEL POLICY**

Team's who travelled 1,300+km (one-way) throughout the regular season and the Ontario Championships will be added into the yearly travel subsidy payout pool. The total travel subsidy amounts available each year will be divided by all teams in the 1,300+km payout pool based on a team's travel. Please do not submit this form if your team falls under the 1,300km total as your team will not qualify for a reimbursement.

For example, let's say there is \$100,000 in travel subsidy available and 85 teams travelled 1,300km+ one way totalling 127,500km. If the Blue Jays travelled 1,600km, their payout would look like this, $(1,600 / 127,500) \times \$100,000$ for a total team payout of \$1,254.90. This means 100% of the travel subsidy pot each year will be split amongst all teams in the pot.

A team may only include their km travelled from of age events and their of age Ontario Championships for a maximum of 4 regular season events plus the Ontario Championships for a total of 5 events. 18U teams can utilize their highest 4 of 5 regular season of age events in addition to their of age Ontario Championships for a maximum of 5 events as well.

For this subsidy payout, KM travelled is calculated One-Way from city centre of club to city centre of venue which is different then the stay to play KM calculations.

It is estimated that roughly 11% of OVA teams will qualify for this subsidy based on the 1,300km+ benchmark.

*Example: If a team competed in only 3 of age regular season events plus their of age Ontario Championships, their total km travelled one way will be based on 3 regular season events and 1 Ontario Championship event for a total of 4 events.

*Example: If a team competed in 2 of age regular season events, 2 playing up regular season events, 1 of age Ontario Championships and 1 playing up Ontario Championships, they would

be able to use only their 2 of age regular season events and their 1 of age Ontario Championship event when calculating total one-way km travel.

TREAVEL REBATES FORMS ARE DUE MAY 25, 2025. Click here to [access the form](#).

20.13 Tripod and cell phone use: The recreational use of cell phones or tripods on the bench is not permitted. The use of cell phones and other devices is permitted when collecting data.

20.14 Video recording devices are only allowed along the baseline of the courts. All tripod mounted devices must remain a minimum of one (1) metre away from the sport court and must be accompanied by an operator at all times.

21.0 VENDORS

21.1 VENDOR LOCATION

RIM PARK EVENTS 1-5

Vendors are located in Forbes Hall on the 2nd floor and are open from 8:30am to 9:00pm on the first two days of competition and from 8:30am to 5:00pm on playoff days.

Come up and pickup the latest swag from CanuckStuff and Mizuno or book your team action shots through the event photographer!

CONESTOGA COLLEGE – No vendors on site.

EY CENTRE

CanuckStuff, SixPack Recruiting, Mikasa, Mizuno, Pride Capital and the event photographer will be on site for all 6 competition days. Check out the venue map for their locations.

UNIVERSITY OF OTTAWA – No vendors on site.

Please note: Any team playing at the satellite venue will only be assigned to play there 1 day out of the 3 days of competition and will have access to the vendor hall when on site at RIM Park and the EY Centre.

21.2 RIM PARK VENDOR HALL HOURS OF OPERATION - EVENTS 1-5

DATE	OPENING TIME	CLOSING TIME
Friday April 4, 2025	8:30am	9:00pm
Saturday April 5, 2025	8:30am	9:00pm
Sunda April 6, 2025	8:30am	5:00pm
Friday April 11, 2025	8:30am	9:00pm
Saturday April 12, 2025	8:30am	9:00pm
Sunday April 13, 2025	8:30am	5:00pm
Thursday April 17, 2025	8:30am	9:00pm

Friday April 18, 2025	8:30am	9:00pm
Saturday April 19, 2025	8:30am	5:00pm
Sunday April 20, 2025	8:30am	9:00pm
Monday April 20, 2025	8:30am	9:00pm
Tuesday April 21, 2025	8:30am	5:00pm
Friday April 25, 2025	8:30am	9:00pm
Saturday April 26, 2025	8:30am	9:00pm
Sunday April 27, 2025	8:30am	5:00pm

Please note: the vendor hall doors will be locked nightly at 9:00pm or 5:00pm as per the schedule above. All unattended bags will be moved out of the vendor hall and placed in front of the doors. The OVA and RIM Park staff are not responsible for any lost or stolen items. Any items not picked up by the end of the night will be moved into the Lost and Found at Customer Service.

21.3 EY CENTRE VENDORS

There is no dedicated vendor hall for this event. Please refer to the facility map for the location of CanuckStuff, SixPack Recruiting, Mizuno, Mikasa, HUDL, Pride Capital, Tim Hortons Smile Cookies and the event photographer.

21.4 ATHELTE FUN ZONE

While not on the court playing, come check out the Athlete Fun Zone to play supersized Jenga, chess or checkers games or challenge your teammates to an epic pop-a-shot basketball battle! While here, make sure you check out the selfie zone!

RIM Park Events 1 - 5 - The Fun Zone is located on Lions arena court 1.

EY Centre – Events 6 & 7 - The Fun Zone is located at the bottom of Hall 4 on court 4.

Please view the venue maps in the appendix or on the OVA website for exact locations!

21.5 TEAM ONTARIO ID PROCESS

The Athlete Identification Process is used to select athletes for the provincial Team Ontario indoor and beach programs. As part of the Athlete Identification application, athletes will also have to complete physical testing at Ontario Championships. All testing dates and times are listed below and for more information about the process, **deadlines and application** please visit the [Team Ontario Athlete ID](#) page. *NOTE: athletes are encouraged to complete their testing during one of their competition days*

RIM PARK

- Friday, April 4th – 10:00am-5:00pm
- Saturday, April 5th- 1:00pm-5:00pm
- Friday, April 11th- 10:00am-5:00pm
- Saturday, April 12th- 1:00pm-5:00pm
- Thursday, April 17th- 10:00am-5:00pm
- Friday, April 18th- 1:00pm-5:00pm
- Sunday, April 20th- 10:00am-5:00pm
- Monday, April 21st- 1:00pm-5:00pm
- Friday, April 25th- 10:00am-5:00pm

EY CENTRE

- Thursday, April 24th- 10:00am-5:00pm
- Friday, April 25th- 1:00pm-5:00pm

22.0 ONSITE MEDICAL SERVICES

Medical services will be provided to all participating teams free of charge via certified athletic therapists. Services for athletes include first aid response, concussion management, as well as athletic taping (athlete must provide their own tape).

22.1 RIM PARK EMERGENCY MEDICAL RESPONDERS & ATHLETIC THERAPY

Wishbone Athletics Inc. will be on site to deal with all medical emergencies and injuries at both RIM Park and Conestoga College venues.

Hours:

- 7:00am-10:30pm on the first two days of competition
- 7:00am-7:00pm on playoff days
- *Note: First aid will be on site until all matches are completely daily.*

22.2 RIM PARK FIRST AID LOCATIONS

Medical staff will be in the east and west first aid rooms at RIM Park. Please refer to the venue map in the appendix for exact locations.

22.3 CONESTOGA COLLEGE FIRST AID LOCATION

First aid will be stationed on the field of play between courts 25 and 26. Please look for the First Aid signage by the courts.

22.4 EY CENTRE EMERGENCY MEDICAL RESPONDERS & ATHLETIC THERAPY

Carleton University certified Athletic Therapists will be on site to deal with all medical emergencies and injuries at the EY Centre.

Hours:

- 7:00am-10:30pm on the first two days of competition
- 7:00am-7:00pm on playoff days
- *Note: First aid will be on site until all matches are completely daily.*

22.5 EY CENTRE FIRST AID LOCATION

Medical staff will be in the First Aid tents on the field of play by courts 13 and 20. Please look out for the 10x10 First Aid tents in these locations.

Hours:

- 7:00am-10:30pm on the first two days of competition
- 7:00am-7:00pm on playoff days
- *Note: First aid will be on site until all matches are completely daily.*

22.6 UNIVERSITY OF OTTAWA FIRST AID LOCATION

Look for the OVA Medical tent between the bleachers in the gym 2.

23.0 FIRST AID PROTOCOL

23.1 First Aid Protocol - The procedures that are to be followed when an individual requires any first aid treatment are:

1. If an injury occurs on court, please proceed to one of the Area Supervisors and have them radio OVA staff to call for medical assistance on court. Be sure to tell the Area Supervisor which court # medical is required on. Area supervisors are easily identified by their bright lime green shirt and black vest that states "Referee Development Team".
2. Tournament Staff will then contact the First Aid to direct them to the injury location.
3. For all other medical needs, please proceed to one of the two first aid rooms at RIM Park, (East and West End locations of the building), or to the medical posts at Conestoga College, EY Centre or University of Ottawa.

If you are unable to walk to the first aid room and require immediate assistance, please call the event hotline at: 647-467-5514.

Please note: Athletic Therapists will be on site to provide taping services, diagnose concussions and other athletic injuries. All athletes must bring their own supplies to be taped on site.

23.2 Concussion Protocol

All teams at Ontario Championships are required to follow the OVA/VC Concussion Policy and Protocol. Please refer to the OVA website to review these policies:

[OVA Concussion Policy](#)

[Volleyball Canada Concussion Protocol](#)

Any athlete who has a suspected concussion is strongly encouraged to visit the onsite medical team to complete a concussion assessment. All concussion designates are responsible for ensuring their athletes are removed from the field of play if they are exhibiting signs of a concussion.

For any tournament related emergencies regarding scheduling, teams dropping out last minute, etc, during the weekend of play, please contact the Tournament Office for any of the events at:

647-467-5514

24.0 SAFE SPORT

The OVA is committed to practicing safe sport and ensuring our athletes are provided with a safe and healthy environment in which to learn and develop. Safe sport practices are the responsibility of all members, including coaches, parents/guardians, athletes, referees, club administrators and volunteers.

24.1 Person in Authority Code of Conduct

The OVA values the safety, rights and wellbeing of our athletes and their families. It is the responsibility of every OVA club, coach, volunteer and staff member to participate in the effort to create a safe environment for all OVA participants.

Coaches play a vital role in shaping the youth of tomorrow through sport. The OVA relies on them and other persons in authority to be role models and to put young athletes on a path to success. The dynamic between coach and athlete gives rise to a power imbalance and a culture of unquestioned trust that can result in abuse. As such, it is imperative that all persons in positions of authority (PIA) be held to a high standard of conduct. A PIA is any person who holds a position of authority over a Vulnerable individual pursuant to the role assigned to them. Persons in Authority include, but are not limited to, Club Directors and Club staff, Coaches, Managers, Trainers, Referees, Chaperones and persons who manage finances.

Abuse in sport, particularly sexual abuse and the grooming behaviour that precedes it, destroys the positive impact of sport and causes untold harm to victims and those around them. Consequently, the OVA has a strong obligation to establish and maintain systems that prevent abuse and respond to conduct that poses risk to OVA athletes.

24.2 Person In Authority Code of Conduct – Purpose

This Person in Authority Code of Conduct is intended to protect OVA participants from abuse. It provides guidelines for conduct that are consistent with the development of healthy relationships between adult persons in authority and youth sport participants. The Code provides behaviour guideposts that identify inappropriate or concerning behaviour at an early stage to help better protect athletes and coaches.

OVA Safe Sport Person In Authority Code of Conduct – [Click here](#)

Rule of Two Clarification: [Click here](#)

24.3 Policies

Ontario Volleyball has adopted several policies aimed at addressing the maltreatment of individuals in sport. These policies include:

- Person in Authority (PIA) Code of Conduct
- Discipline and Complaints Policy
- Code of Conduct
- Screening Policy

A full list of Ontario Volleyball policies can be found [here](#).

24.4 Reporting a Complaint

Ontario Volleyball Association has zero tolerance for any type of abuse. Individuals are required to report abuse or suspected abuse. If you are the victim of abuse, harassment, or discrimination, please don't hesitate to report it.

Any Individual (as defined in the OVA Discipline & Complaints Policy) may report a Complaint to Ontario Volleyball Association (OVA) or the Discipline Chair. Sport Dispute Management Inc. (SDM) has been appointed by the OVA Ethics Committee as the independent third-party Discipline Chair to administer complaints. To file a complaint, please use the secure and confidential [SDM Intake Form](#).

If OVA receives a complaint directly it will be forwarded to Sport Dispute Management Inc, the appointed Discipline Chair.

All complaints will be processed in accordance with the [OVA Discipline & Complaints Policy](#).

24.5 Mental Health

Volleyball Canada believes the mental health and safety of athletes is vital to strong performances on the court. We are encouraging everyone to make mental health a priority by providing a mental health checklist, as well as sharing useful links. For you to perform your best on court you must take care of yourself off court.

The Canadian Centre for Mental Health and Sport (CMHS) is a registered charity supporting the mental health and performance of competitive and high-performance athletes, coaches, and performing artists. The CCMHS is the first Centre in Canada to offer collaborative sport/performance-focused mental health care services designed to help athletes, coaches, and performing artists achieve their performance goals while preserving their mental health and well-being. The CCMHS provides mental health services to competitive and high-performance athletes and coaches, as well as competitive performing artists. Here are the eligibility criteria:

- Must be 16 years of age or older
- Must be a Canadian citizen or permanent resident
- Must participate in a sport or performance domain at a competitive or high-performance level
- Must be experiencing mental health challenges

[Click here](#) to learn more.

Disclaimer: The Canadian Centre for Mental Health is not a partner of Volleyball Canada, they are a resource for mental health, we do not control who is approved for treatment.

Kids Help Line

If you are feeling depressed or anxious, please tell someone you trust or contact the Kids Help Line 1-800-668-6868 or text 686868.

24.6 Concussion Policy and Safety Protocols

Concussions are very common in volleyball and should be taken seriously. Ontario Volleyball has developed the OVA's Concussion Policy and protocols to help guide the management of athletes who may have a suspected concussion as a result of participation in OVA. You can find the concussion policy [here](#).

Each year, all OVA members must review the OVA Concussion Code of Conduct related to their role. They must also review the applicable Concussion Awareness Resources at

Ontario.ca/concussions. During member registration individuals must acknowledge that they have completed these reviews in order to complete the registration process.

To further support a safe sporting environment, the OVA modified the warmup protocol (point 6.5) for 2022-23 and beyond. This new protocol will be mandatory at all OVA events to help minimize the potential for concussions during warmups.

All coaches are required to take the free E-learning module '[Making Head Way](#)' from the [CAC](#). The CAC has many other helpful concussion resources found [here](#).

Parachute is Canada's national charity dedicated to injury prevention, and they have a great concussion protocol resource <https://parachute.ca/en/professional-resource/concussion-collection/canadian-guideline-on-concussion-in-sport/>

Please see the OVA website for more information on concussion prevention, identification, management, and treatment.

25.0 TOURISM

25.1 Explore Waterloo Region

Whatever your interests, there's plenty to discover, see and do in Waterloo. Check out <https://explorewaterloo.ca/> for more information, recommendations, and things to do during your visit! For the "tried and true" see the suggested [Things to Do in Waterloo](#) page! For updated information visit the [blog](#) page that's updated frequently.

25.2 Ottawa Tourism

Ottawa is Canada's capital, a dynamic city of more than one million people located in Ontario at the border of Quebec. An urban centre on the edge of nature, Ottawa offers a bustling city life right beside vast outdoor beauty.

During your trip to Ottawa, explore the distinctive local neighbourhoods such as the historic ByWard Market, lively Glebe, or trendy Westboro Village. Bring your appetite and discover a deliciously diverse culinary community, with restaurants and food festivals inspired by a beautiful variety of cultures. Find your favourite stores and local treasures in this busy, yet relaxed, capital city. Travel by foot, bike, bus or car (and even paddle boats in the summer on the Rideau Canal) to get around.

Whatever your interests, there's plenty to discover, see and do in Ottawa. Check out ottawatourism.ca for more information, recommendations and things to do during your visit! For the "tried and true" see the suggested [Top 10 Things to Do in Ottawa](#). For updated information visit the [Ottawa Insider](#) blog or [What's Happening in the Ottawa Area](#) page that's updated weekly.

25.3 Flash Your Badge Program – Ottawa



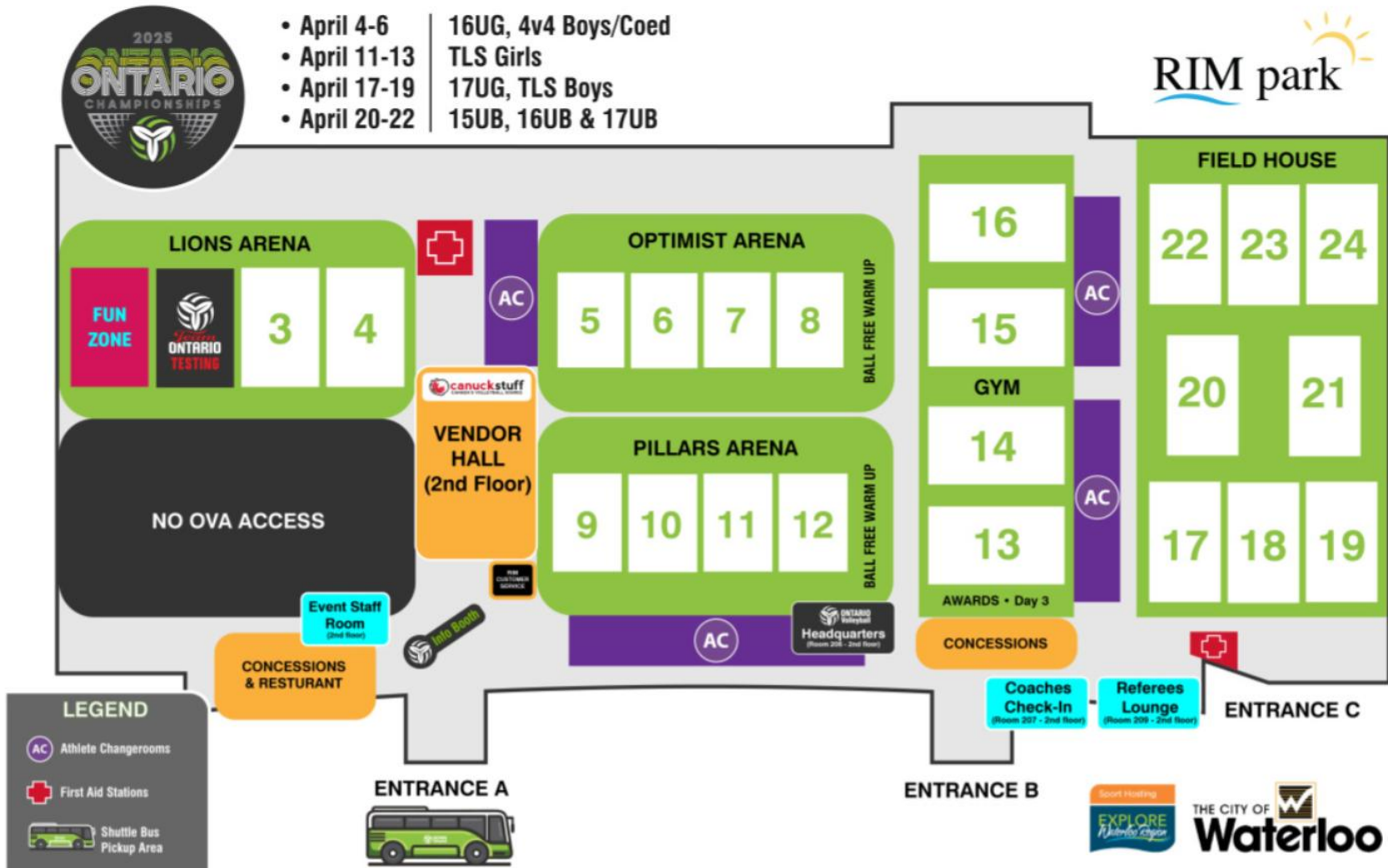
While in Ottawa, take advantage of savings at tourist hot spots and restaurants through the Flash Your Badge program presented by Ottawa Tourism.

Scan this QR code to download the list of savings by flashing your Ontario Championships accreditation badge at these locations!

This Delegate Insider Badge grants you and a guest the opportunity to experience the most of Ottawa for less with these incredible discounts.

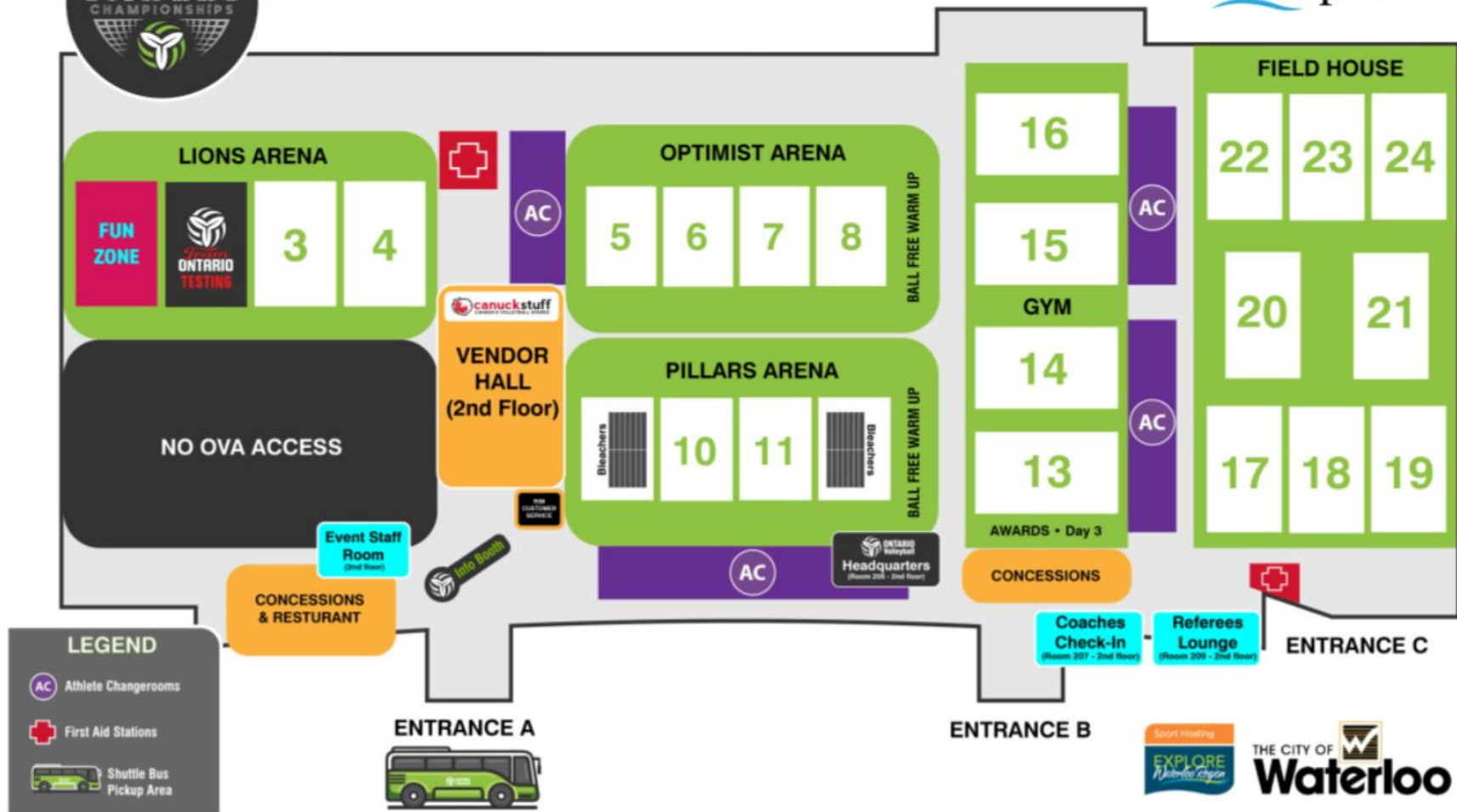
No need to print this passport, simply present your valid event badge at participating businesses to enjoy. Please contact in advance to make a reservation or confirm availability.

APPENDIX A - RIM PARK COURT MAPS





April 25-27 | 4v4 Girls, 18UG, 18UB



APPENDIX B: CONESTOGA COLLEGE COURT MAP



NOTES APRIL 5TH-27TH

COURTS USED

- April 5th & 6th - Courts 25-28 in use
- April 11th - Courts 25-26
- April 12 & 13 - Courts 25-28 in use
- April 25 & 27th - Courts 25-28 in use

KEY ITEMS

- Pita Pit is located on the 2nd Floor
- Washrooms/changerooms are available on both floors
- 2nd floor fitness area and track are off limits
- 2nd floor multipurpose rooms are no longer available to the public
- Court 27 & 28 - Only team staff, coaches and athletes are allowed on court level. All spectators must watch from the balcony seating which can be accessed from the 2nd floor.

APPENDIX C: EY CENTRE COURT MAPS



15U GIRLS

APRIL 24TH-26TH, 2025



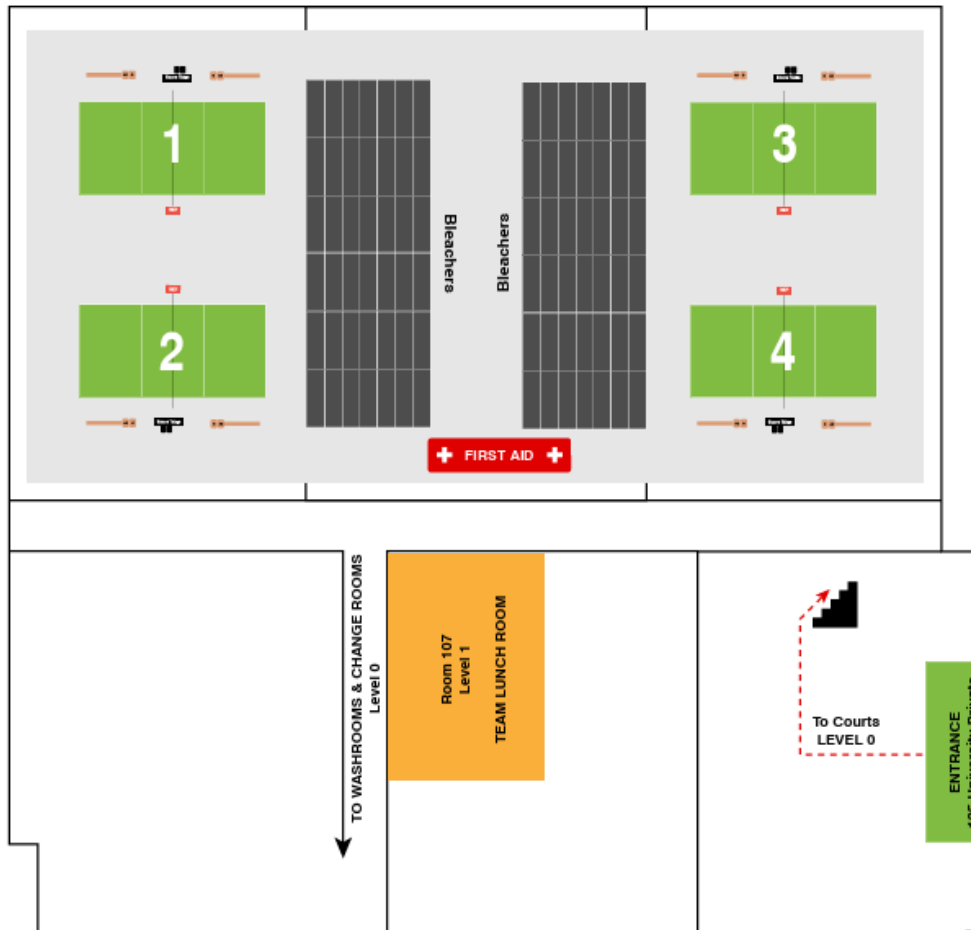


6V6 GIRLS & BOYS

APRIL 27TH-29TH, 2025



APPENDIX D: UNIVERSITY OF OTTAWA COURT MAP



6V6 GIRLS & BOYS
APRIL 27TH-29TH, 2025





THANK YOU TO OUR HOST CITY PARTNERS AND
SPONSORS FOR HELPING BRING ONTARIO
CHAMPIONSHIPS TO THE CITY OF WATERLOO AND CITY
OF OTTAWA FOR 2025!

