

**DUANESBURG LITTLE LEAGUE  
SAFETY MANUAL**



**DUANESBURG LITTLE LEAGUE**



**Safety Manual  
2023 Season**



## Board Members 2022

BOARD MEMBER	POSITION(S)	PHONE	EMAIL
Chris Parslow	President	518-470-4661	cpars8@yahoo.com
Camille Simon	Treasurer & Concession	518-320-4593	Canoco21@gmail.com
Jeff Rivenburg	Safety Officer	802-750-1012	
Dean Bartholomew	Field Maintenance	518-669-9831	Gabart07@yahoo.com
Nicholas Molik	Equipment Manager	518-836-4471	nicholasmolik@gmail.com
Shawn Palluti	Player Agent/Umpire Liaison	727-692-2434	spalluti@gmail.com
Brian Reese	Vice President - Baseball	518-469-8366	brianja11@hotmail.com
Jim Sanders	Vice President - Softball	518-857-8835	Jsand22@twc.com
James Simon	Field Maintenance, League Coaching Coordinator	518-837-7080	jmsimon2918@gmail.com
Ryan Smith	Information Officer	518-860-2495	ryansmith5882@yahoo.com
Brendan Walsh	Marketing	518-573-7499	brendanwalsh33@gmail.com

Duanesburg Little League  
P.O. Box 184  
Duanesburg New York 12056-0184  
Email: [duanesburgll@gmail.com](mailto:duanesburgll@gmail.com)

Eastern Regional Headquarters  
P.O Box 2926  
Bristol, CT 06011  
(860) 585-4730

Little League Baseball & Softball  
539 Route 15 Highway  
P.O Box 3485  
Williamsport, PA 17701-0485



## **Emergency Phone List for Duanesburg Little League**

**Emergency: 911**

**Schenectady County Sheriff: 518-393-8300**

**Duanesburg Ambulance Service: 518-895-2200**

**American Association of Poison Control Center: 1-800-222-1222**

**Esperance LP Gas: 518-875-9116**

**National Grid: 1-800-867-5222**

**Schenectady County Public Health: (518) 386-2810**

### **PHYSICAL ADDRESS:**

**10179 Western Turnpike, Delanson, NY 12053**

### **Little League Support Numbers**

Eastern Regional Headquarters

P.O. Box 2926

Bristol, CT 06011

(860) 585-4730

Little League International Office

Phone – (570) 326-1921

Fax – (570) 322-2376

PO Box 3485  
Williamsport, PA 17701

or

539 Route 15 Hwy.  
Williamsport, PA 17702



## **Mission**

To promote and provide a safe environment for our children, their families and the spectators. To teach our children the fundamentals of baseball and softball in the proper way. To embed a system of moral value, good sportsmanship and respect for one another and for persons in a position of authority. To institute a code of safety to be followed by all those involved in Little League Baseball and Softball.

### **DLL BOARD AND COACHES RESPONSIBILITIES**

- Responsibility for safety procedures should be that of a board member of the local league.
- Managers/coaches will have player medical forms at all practices and games (see attached Medical Release form)
- Managers/coaches will have access to a phone and a first aid kit at all practices and games.

# **DUANESBURG LITTLE LEAGUE SAFETY MANUAL**



- Managers/coaches will be trained in CPR and basic first aid.
- Managers/coaches will be trained in fundamentals of the game.
- No games or practices should be held when weather or field conditions are not safe—particularly when lightning is present or when is dark outside.
- Fields will be inspected before every practice or game (see attached Pregame Safety Checklist.)

## **FIELD GUIDELINES**

- Only players, managers, coaches, and umpires are permitted on the playing field during games and practices.
- Bats and loose equipment should be kept off the playing field at all times to prevent tripping hazards.
- All defensive players should be alert and watching the batter on each pitch.
- When playing catch, players should be spaced properly, alert, and watching their partner.
- Inspect equipment before each practice or game and make sure it fits properly. If equipment is unsafe, contact one of our board members for replacement.
- Pitching machines must be inspected before each use to assure they are in good working order. Machines can only be operated by trained operators.
- Batters must wear protective helmets during practices and games.
- Catchers must wear catcher’s helmet, face mask, throat guard, chest protector, shin guards and protective cup during practices and games.
- Headfirst sliding is prohibited, except when a base runner is returning to a base.
- Procedure for Medical Emergency Injuries will be followed by Managers and Coaches (see attached procedure)
- **“Horse play” is not permitted on the playing field or in the dugout at any time.**
- Players must not wear watches, rings, pins, or jewelry of any kind. Note: (Medical alert jewelry is permitted)
- Procedure for avoiding a “wild pitch” will be taught to the players (see attached procedure.)
- Warm up swings are only permitted in the batter’s box. **No on deck circle allowed.**
- Fingers thru chain link fencing are not permitted.
- Throwing the bat after a hit is not permitted.
- Shorts are not permitted during baseball practices or games.
- Procedure for avoiding fielder collisions will be taught to the players (see “Procedure to Avoid Fielder Collisions.”)
- Climbing or jumping over fences is not permitted.
- Pitchers must wear a protective helmet when warming up on the mound.



## **Remember – Play it Safe!**

An annual Facility Survey will be completed each year.

Prevention is the key to reducing accidents to a minimum.

Report all safety hazards to a board member immediately.

Do not play on a field that is not safe or with unsafe playing equipment.

**Be sure your players are always fully equipped.**

### **FIRST AID KIT**

**Recommended First Aid kit supplies are as follows:**

- Bandages - sheer and flexible
- Non-stick pads - assorted sizes
- Soft-Gauze bandages.
- Oval eye pads
- Triangular bandage
- Hypo-allergenic first aid tape in dispenser
- 2-inch elastic bandage
- Antiseptic wipes
- First aid cream
- Instant cold pack
- Tylenol® extra-strength caplets
- Scissors
- Tweezers
- First aid guide
- Contents card
- Disposable gloves



## PREGAME SAFETY CHECKLIST

The Manager's checklist is to be completed by each team and turned in to the Drop Box at the Clubhouse at the end of the game.

- Medical release forms on hand
- Water or sports drinks available
- Perform pregame field inspections (holes, stones, etc.)
- Are players adequately warmed up?
- Accident forms on hand
- Players wearing proper uniforms and safety equipment
- Jewelry has been removed
- First aid kit on hand & stocked
- Equipment check completed

Manager/Coach: \_\_\_\_\_  
Home

Manager/Coach: \_\_\_\_\_  
Away

Umpires: \_\_\_\_\_

\_\_\_\_\_

Please contact Safety Officer or President with any safety concerns.



## PROCEDURE FOR MEDICAL EMERGENCIES/INJURIES

- Be sure to have your medical release forms with your team always.
- In case of medical emergency:
  - Give first aid and have someone call 911 immediately if an ambulance is necessary (ie, severe injury, neck or head injury, not breathing.)
  - Notify parents immediately if they are not on the scene.
  - Notify Safety Officer after the field accident report (see attached) has been completed.
  - Please drop completed form in the mail slot at the Clubhouse. If the Safety Officer is unavailable, contact a board member.
  - Talk to your team about the accident. Review how it could have been prevented.



**ACCIDENT REPORTING:** Accident claim forms for the 2022 Season may be accessed [here](#) or by clicking on the icon to the left.

Fill out the accident report and submit to insurance company and let the safety officer know or submit to the safety officer to forward to insurance company.

### Procedure for Avoiding a “Wild Pitch”

- Batters should always turn away from the wild pitch, bringing the shoulder closest to the pitcher back toward the catcher to shield their chests.
- The batter should also drop to the ground if they have time. The back has better muscles and bones to protect vulnerable areas.
- Younger players who have slower reaction times and less developed skills would benefit most from a face mask.
- Tennis balls can be used to practice this procedure.



### Procedure to Avoid Fielder Collisions

- Collisions result in more injuries than is the case with most other types of accidents.
- They are usually caused by errors in judgment or lack of teamwork between fielders.
- It is important to establish zones of defense to avoid collisions between players.
- Once the zones are established, play situation drills should be held until these zones and patterns become familiar to the players.
- The responsible player should call out the intentions in a loud voice to warn the others away.
- If no call is made, other teammates not involved should yell out the warning.



## **CONCESSION STAND SAFETY RULES AND PROCEDURES**

### **Preparation**

- **Concession volunteers must wash hands** before start of shift, after using the restroom, before and after handling money, and whenever soiled.
- Only concession stand volunteers, announcers, official scorekeepers, and umpires are allowed behind the counter in the concession stand.
- Spills should be wiped or mopped up immediately and the wet floor sign should be placed out when appropriate. Care must be exercised to remove oily spills and a caution sign should also be placed out to prevent slips and falls.
- Concession volunteers will be instructed to wear appropriate footwear. Flip Flops and any other open-toed shoes will not be allowed behind the counter.
- Fire extinguisher procedures will be taught to the concession stand leaders and the procedure will be posted for all volunteers to see.
- Concession stand leaders will also be trained by the in the Heimlich maneuver and the procedure will be posted.

### **Food Safety**

- Clean- Wash Hands and Surfaces Often!
- Wash hands with hot soapy water before handling food.
- Wash cutting boards, dishes, utensils and counters with hot soapy water after preparing each food item.
- All wiping cloths must be stored in a sanitizing solution made up of bleach and water at approximately 1 capful bleach per 1 gallon of water.
- A supply of disposable towels and hand soap must be available.

### **Separate- Don't Contaminate**

- Use a clean plate for cooked foods. Never place cooked food on a plate that previously held raw food.
- All food items should be covered whenever possible.
- Store food at least six inches (6") off the floor to minimize the contamination of the food and allow proper floor cleaning.

### **Cook- Food to Proper Temperatures**

- When cooking in a microwave oven, cover food, stir and rotate for even cooking.
- Keep hot foods hot and cold foods cold! Hot foods must be kept at 140F or above, and cold foods must be kept at 41F or below.
- Use clean metal stemmed thermometer to measure the internal temperature of cooked food to make sure it is thoroughly done.

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## **Chill- Refrigerate Promptly**

- Refrigerate foods quickly. Cold temperatures keep harmful bacteria from growing and multiplying.
- Refrigerate temperature must be set at 40F or lower, and freezer and 0F or lower. Check these temperatures often.
- Thaw food in the refrigerator.
- Divide large amounts of food into small, shallow containers for quick cooling.
- Do not over-pack the refrigerator or freezer.
- Keep freezer and refrigerator closed when not in use. This keeps the cold air inside.

## **Communicable Disease Procedures**

While risk of one athlete infecting another with HIV/AIDS during competition is close to non-existent, there is a remote risk other blood borne infectious disease can be transmitted. For example, Hepatitis B can be present in blood as well as in other body fluids. Procedures for reducing the potential for transmission of infectious agents should include, but not be limited to the following:

- The use of gloves and other precautions to prevent skin and mucous membrane exposure when in contact with blood or other body fluids.
- Bleeding must be stopped, the open wound covered, and if there is any excessive amount of blood on the uniform, it must be changed before the athlete may participate.
- Immediately wash hands and other skin surfaces if contaminated (in contact) with blood or other body fluids. Wash hands immediately after removing gloves.
- Clean all blood contaminated surfaces with a solution made from a proper dilution of household bleach (CDC recommends 1-100 ratio) or other disinfectant before competition resumes.
- Practice proper disposal procedures to prevent injuries caused by needles, scalpels, and other sharp instruments or devices.
- Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth to mouth resuscitation, mouthpieces should be available for use.
- Athletic trainer/coaches with bleeding or oozing skin should refrain from all direct athletic care until condition resolves.
- Contaminated towels should be disposed of or disinfected properly.
- Follow acceptable guidelines in the immediate control of bleeding and when handling bloody dressings, mouth guards, and other articles containing body fluids.

## **Concessions Stand Inspection:**

- Cooking Appliances and Equipment:** Most concession stands house a variety of appliances and equipment for cooking. Make sure that whatever cooking appliances your concessions stand features are in good working order.
- Electrical Outlets and Sinks:** Take the time to go around to every electrical outlet in the concession stand and test them to make sure they're working properly. This also is a good time to check your sinks and faucets to ensure that you'll have the clean water you'll need.
- Countertops, Tables, and Floors:** Food and debris left over from the previous game can be the source of serious health concerns if it's attracted insects and rodents. Scan these areas carefully to make sure this hasn't happened. Speaking of pest control, keep an eye out to make sure any pesticides are stored away from any food.
- Train Your Staff:** One of the best ways to avoid injuries and safety issues in the concessions stand is by properly training the workers who will staff it. This includes giving clear guidelines on operating equipment and creating a safe working environment.



## **COVID-19 SPREAD PREVENTION**

- Wash your hands often with soap and water for at least 20 seconds, or about the time it takes to recite the Little League Pledge twice, especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry. Leagues are encouraged to provide handwashing stations and/or hand sanitizer, if possible.
- Avoid touching your eyes, nose, and mouth.
- Players are encouraged to bring their own hand sanitizer for personal use.

- Hand sanitizer should be placed in all common areas off-field for easy use.

### **CDC Resources**

[How to Protect Yourself & Others \(PDF Download\)](#)

[Use of Cloth Face Coverings to Help Slow the Spread of COVID-19 \(PDF Download\)](#)

### **Cover Your Mouth and Nose with a Cloth Face Covering When Around Others:**

- You could spread COVID-19 to others even if you do not feel sick.
- Everyone should wear a cloth face covering when they have to go out in public, for example, in public areas around your Little League fields and parks.
- Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.



- The cloth face covering is meant to protect other people in case you are infected.
- Do NOT use a facemask meant for a healthcare worker, as it is important for these facemasks are available for those professionals needing that personal protective equipment.
- Continue to keep six feet between yourself and others. The cloth face covering is not a substitute for social distancing.

### **Cover Coughs and Sneezes:**

- If you are in a private setting and do not have on your cloth face covering, remember to always cover your mouth and nose with a tissue when you cough or sneeze, or use the inside of your elbow.
- Throw used tissues in the trash immediately.
- Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

### **Social Distancing:**

- All players, coaches, volunteers, independent contractors, and spectators should practice social distancing of six feet wherever possible from individuals not residing within their household, especially in common areas. For situations when players are engaging in the sports activity, see On-Field Guidance below for more information.
- Avoid close contact with people who are sick.
- Stay home as much as possible.

### **Self-monitoring and Quarantine:**



## DUANESBURG LITTLE LEAGUE SAFETY MANUAL

### LIGHTNING KILLS Play It Safe !

Each year in the United States, more than four hundred people are struck by lightning. On average, about 70 people are killed and many others suffer permanent neurological disabilities. Most of these tragedies can be avoided if proper precautions are taken. When thunderstorms threaten, coaches and sports officials must not let the desire to start or complete an athletic activity hinder their judgment when the safety of participants and spectators is in jeopardy.

*It is important for coaches and officials to know some basic facts about lightning and its dangers*

- U All thunderstorms produce lightning and are dangerous.** In an average year, lightning kills more people in the U.S. than either tornadoes or hurricanes.
- U Lightning often strikes outside the area of heavy rain and may strike as far as 10 miles from any rainfall.** Many deaths from lightning occur ahead of storms because people wait too long before seeking shelter, or after storms because people return outside too soon.
- U If you hear thunder, you are in danger.** Anytime thunder is heard, the thunderstorm is close enough to pose an immediate lightning threat to your location.
- U Lightning leaves many victims with permanent disabilities.** While only a small percentage of lightning strike victims die, many survivors must learn to live with very serious, life-long disabilities.

*To avoid exposing athletes and spectators to the risk of lightning take the following precautions*

- U Postpone activities if thunderstorms are imminent.** Prior to an event, check the latest forecast and, when necessary, postpone activities early to avoid being caught in a dangerous situation. Stormy weather can endanger the lives of participants, staff, and spectators.
- U Plan ahead.** Have a lightning safety plan. Know where people will go for safety, and know how much time it will take for them to get there. Have specific guidelines for suspending the event or activity so that everyone has time to reach safety before the threat becomes significant. Follow the plan without exception.
- U Keep an eye on the sky.** Pay attention to weather clues that may warn of imminent danger. Look for darkening skies, flashes of lightning, or increasing wind, which may be signs of an approaching thunderstorm.
- U Listen for thunder.** If you hear thunder, immediately suspend your event and instruct everyone to get to a safe place. Substantial buildings provide the best protection. Once inside, stay off corded phones, and stay away from any wiring or plumbing. Avoid sheds, small or open shelters, dugouts, bleachers, or grandstands. If a sturdy building is not nearby, a hard-topped metal vehicle with the windows closed will offer good protection, but avoid touching any metal.

- U Avoid open areas.** Stay away from trees, towers, and utility poles. Lightning tends to strike the taller objects.
- U Stay away from metal bleachers, backstops and fences.** Lightning can travel long distances through metal.
- U Do not resume activities until 30 minutes after the last thunder was heard.**
- U As a further safety measure, officials at outdoor events may want to have a tone-alert NOAA Weather Radio.** The radio will allow you to monitor any short-term forecasts for changing weather conditions, and the tone-alert feature can automatically alert you in case a severe thunderstorm watch or warning is issued. To find your nearest NOAA weather radio transmitter, go to <http://www.nws.noaa.gov/nwr/> and click on "Station Listing and Coverage."

*If you feel your hair stand on end (indicating lightning is about to strike)*

- U Crouch down on the balls of your feet, put your hands over your ears, and bend your head down.** Make yourself as small a target as possible and minimize your contact with the ground.
- U Do not lie flat on the ground.**



NOAA



*What to do if someone is struck by lightning*

- U** **Lightning victims do not carry an electrical charge, are safe to handle, and need immediate medical attention.**
- U** **Call for help.** Have someone call 9-1-1 or your local ambulance service. Medical attention is needed as quickly as possible.
- U** **Give first aid.** Cardiac arrest is the immediate cause of death in lightning fatalities. However, some deaths can be prevented if the victim receives the proper first aid immediately. Check the victim to see that they are breathing and have a pulse and continue to monitor the victim until help arrives. Begin CPR if necessary.
- U** **If possible, move the victim to a safer place.** An active thunderstorm is still dangerous. Don't let the rescuers become victims. Lightning CAN strike the same place twice.



NOAA

**STAY INFORMED**

Listen to NOAA Weather Radio for the latest forecast and for any severe thunderstorm WATCHES or WARNINGS. Severe thunderstorms produce winds of 58 mph or greater, or hail 3/4 of an inch or larger in diameter.

**A severe thunderstorm WATCH is issued** when conditions are favorable for severe weather to develop.

**A severe thunderstorm WARNING is issued** when severe weather is imminent. National Weather Service personnel use information from weather radar, satellite, lightning detection, spotters, and other sources to issue these warnings.



**NOAA WEATHER RADIO IS THE BEST WAY TO RECEIVE FORECASTS AND WARNINGS FROM THE NATIONAL WEATHER SERVICE.**

**Remember that all thunderstorms produce lightning and all lightning can be deadly to those outside.**

**Lightning Safety Awareness Week** is the last full week of June. For additional information on lightning or lightning safety, visit NOAA's lightning safety web site:

<http://www.lightningsafety.noaa.gov>

or contact us at

**National Weather Service  
4899 South Complex Drive SE  
Grand Rapids, MI 49512-4034**

This brochure originally authored by WFO Gray ME

*Coach's and Sports  
Official's Guide to  
Lightning Safety...*



NOAA

**LIGHTNING...  
the underrated killer!**

**A SAFETY GUIDE**

**U.S. DEPARTMENT OF COMMERCE  
NATIONAL OCEANIC AND  
ATMOSPHERIC ADMINISTRATION**

**NATIONAL WEATHER  
SERVICE**



This safety guide has been prepared to help coaches and sports officials recognize the dangers of lightning and take appropriate safety precautions.



## GROUND RULES

The following ground rules apply to all leagues and games except where noted.

- All garbage should be disposed of properly in the provided containers around the property.
- All weekday games will start promptly at 6:00 pm. All pregame activities will be accomplished according to the following schedule:
  - Visiting team warm up
  - Home team warm up
  - Field preparation
  - Roster & line up to umpire; weather decision
- The first game on Saturday will start at 10:00 am. Length of Saturday games will be consistent with agreed upon duration rules for all divisions. All pregame activities will be accomplished according to the following schedule:
  - Visiting team warm up
  - Home team warm up
  - Field preparation
  - Roster & line up to umpire; weather decision
- Once a game has started only one person, manager or coach will be allowed to the foul line in the case of a dispute or visit the field.
- Managers and coaches in the Majors and Minor Leagues are only allowed to cross the foul line to visit the mound or attend to an injured player once the game has started.
- **Both teams** are responsible for the field before a game and grooming the field after each game.
- **Both teams** are responsible for cleaning up the grounds and emptying the trash cans after each game.
- Consistent with Division rules, NO inning shall be started after 8 p.m. The umpire must call the game.
- The home team shall be responsible for providing the official score keeper, putting away game and other miscellaneous equipment after all games. Home team will also be responsible for taking down the flag after a night game.
- Weather decision will be made by 5:00 for evening games and 9:00 for Saturday morning games. Managers and players for both teams must show up at the field.
- Managers must give a complete line up to the umpire or league official by 5:50 (9:50 for Saturday games). All players on the lineup must be present. Teams unable to field a full team by game time or other time agreed upon by both managers may be required to forfeit the game.
- All postponed games are to be rescheduled by the league with consideration given to both managers.
- If a player is absent from school due to illness or injury, that player is not eligible to play a game that day.



## CODE OF CONDUCT

**Speed Limit 5 mph** in roadways and parking lots while attending any Duanesburg Little League function. Watch for small children around parked cars.

**No Alcohol** allowed in any parking lot, field, or common areas within the Duanesburg Little League complex.

**No SMOKING or Tobacco products** of any kind (including spit tobacco) allowed in any common areas within the Duanesburg Little League complex.

**No Playing in parking lots** at any time.

No Playing on and around lawn/maintenance equipment.

**No Profanity allowed** in any parking lot, field, or common areas within the Duanesburg Little League complex.

No Swinging Bats or throwing baseballs at any time within the walkways and common areas of the Little League complex.

No throwing balls against dugouts or against backstop.

**No throwing rocks** and no climbing fences.

Only a player on the field and at bat, may swing a bat (Ages 5 - 12).

**Observe all posted signs.** Players and spectators should be alert at all times for Foul Balls and Errant Throws.

During game, players must remain in the dugout area in an orderly fashion at all times.

After each game, each team must clean up trash in dugout and around stands.

All gates to the field must remain closed at all times. After players have entered or left the playing field, gates should be closed and secured.

**No children under age of 16** are to be permitted in the Snack Bars.

Failure to comply with the above may result in expulsion from the Duanesburg Little League field or complex.



## Hey Coach! Have you...

- Walked the field for debris/foreign objects?
- Inspected helmets, bats, catcher gear...?
- Made sure a First Aid kit is available?
- Checked conditions of fences, backstops, bases, and warning track?
- Made sure a working telephone is available?
- Held a warmup drill?
- Completed the Pre-Game Check List?



### HOME TEAM RULES

1. The home team will be responsible for providing official score keeper and game announcer.
2. The home team will be responsible for lining the playing field.
3. The home team will be responsible for putting up and taking down the flag, as well as putting away game and other miscellaneous equipment.
4. The home team must rake the field after the game.
5. **Both home and visiting teams** are responsible for cleaning and sweeping out the dugouts after each game.
6. **Both home and visiting teams** are responsible for garbage removal from the trash cans near their spectator's seating.
7. Manager or coach of home team must stay with concession workers until closing is complete.
8. As a courtesy to the umpires, if the game will undoubtedly be called due to weather, please notify umpires at least one hour (or more) prior to the game.
9. An ideal situation would be created, if the visiting team would participate in the above noted home team responsibilities, the numerous requirements of the home team would then be shared.



## EQUIPMENT CHECKLIST

### KEEP YOUR PLAYERS SAFER

Do you know what equipment is required for player safety on the field? Do you know which optional items can help keep players safer? Check out the following list for ideas and reminders.

#### REQUIRED PLAYER EQUIPMENT

##### Defense

- Athletic supporter – all male players
- Metal, fiber, or plastic type cup – all male catchers
- Catcher's helmet and mask, with "dangling" throat guard; NO skull caps – all catchers; must be worn during pitcher warm-up, infield practice, while batter is in box
- Catcher's mitt – all baseball catchers
- Chest protector and leg protectors – all catchers; must be worn while batter is in box; long model chest protector required for Little League (Majors) and younger catchers

##### Offense

- Helmet meeting NOCSAE standards – all batters, base runners, and players in coaches' boxes
- Helmet chinstrap – all helmets made to have chinstrap (with snap buttons, etc.)
- Regulation-sized ball for the game and division being played; marked RS for regular season or RS-T for regular season and tournament in baseball
- Regulation-sized bat – all batters; Little League (Majors) and younger baseball divisions must have bat marked with BPF 1.15 beginning in 2009
- Non-wood bats must have a grip of cork, tape, or composite material, and must extend a minimum of 10 inches from the small end. Slippery tape is prohibited.

#### REQUIRED FIELD EQUIPMENT

- 1st, 2nd and 3rd bases that disengage from their anchors
- Pitcher's plate and home plate
- Players' benches behind protective fences
- Protective backstop and sideline fences

#### OPTIONAL PLAYER EQUIPMENT

##### Defense

- Metal, fiber, or plastic type cup – any player, esp. infielders
- Pelvic protector – any female, esp. catchers
- Heart Guard/XO Heart Shield/Female Rib Guard – any defensive player, esp. pitchers, infielders
- Game-Face Safety Mask – any player, esp. infielders
- Goggles/shatterproof glasses – any player, esp. infielders or those with vision limitations

##### Offense

- Helmet – adults in coaches boxes
- Helmet with Face Guards or C-Flap meeting NOCSAE standards – all batters, esp. in younger divisions
- Mouth guard – batters, defensive players
- Goggles/Shatterproof glasses – any player, esp. those with vision limitations
- Batters' vest/Heart Guard/Heart Shield/Female Rib Guard – any batter
- Regulation-sized reduced impact ball

#### OPTIONAL FIELD EQUIPMENT

- Double 1st base that disengages from its anchor
- Baseball mound for pitcher's plate
- Portable pitchers baseball mound with pitcher's plate
- Protective/padded cover for fence tops
- Foul ball return in backstop fencing



## **BACKGROUND CHECKS**

Procedure for Background checks is as follows:

1. At the Annual team managers meeting the initial forms and driver licenses are turned in for any managers and known coaches.
2. Coaches and new volunteers are entered into the JDP Background check system first to prioritize new unknown individuals.
3. Manager background checks are run before the start of the first practice.
4. Assistant coaches who are recruited by coaches are collected asap and turned to the safety officer to background check in order to utilize new volunteers for the start of practices.
5. A list of eligible volunteers is shared with the Duanesburg Little League President as they become available.
6. Any indications of risk in background check are immediately reported from the Safety Officer to the President of the Duanesburg Little League.
7. The President and/or Safety Officer will notify the coach of any team of any person who is not able to pass clean through the background check.

# **DUANESBURG LITTLE LEAGUE SAFETY MANUAL**



## **BAT CHARTS**

Minors & Majors	USA Baseball marking 2 5/8" barrel maximum *Approved Tee Ball bats may be used in coach pitch/machine pitch divisions only with the use of approved tee balls.
Intermediate (50/70) & Junior	USA Baseball marking or BBCOR marking 2 5/8" barrel maximum
Senior	ALL bats must be BBCOR

## **Tee Ball Bats**

Starting on January 1, 2018, all Tee Ball bats in the Little League Baseball® Tee Ball program must feature the USA Baseball mark and accompanying text. Tee Ball bats for Little League Softball® Tee Ball programs must follow the Little League Softball Official Regulations, Playing Rules, and Policies.