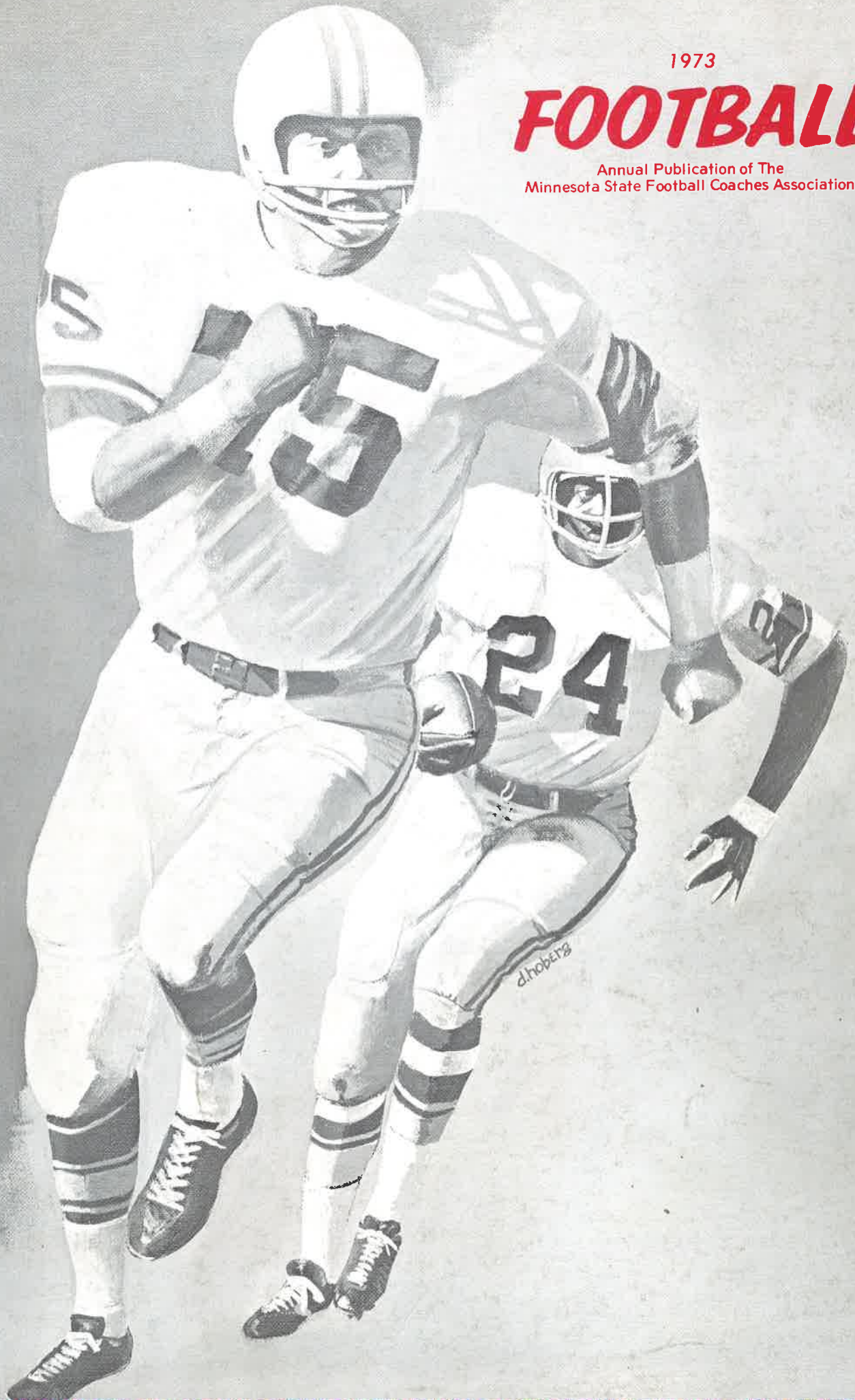


1973

FOOTBALL

Annual Publication of The
Minnesota State Football Coaches Association



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This publication is issued annually by the
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Moorhead State College

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The cover of this 1973 Football Annual of the Minnesota State Football Coaches Association was painted by Don Hoberg, a freshman at Moorhead Ste College and the son of Dwaine Hoberg, the Magazine's Editor.

Don, a graduate of Moorhead High School was selected this past season as the outstanding freshman of the Moorhead State Dragon Yearling Squad, at a fullback position.

An art major, he is interested in Graphic Illustrations with an athletic theme and has been influenced by the work of George Karn, whose paintings have been used on past covers.

Challenges Met - - More To Come

PRESIDENT, MINNESOTA FOOTBALL COACHES ASSOCIATION

If our organization had access to unlimited funds, what a fascinating documentary could have been made of the activities of this Association, its officers and committees. Your Association has had, to put it mildly, a very busy year and I wish all of you had had the opportunity to observe what went on. In our many endeavors over the years, we have seen many talented and dedicated football coaches at work. This past year that talent and dedication was definitely in the forefront. Every committee, your legislative assembly, and individual assignments were handled so skillfully that we all should be tremendously proud to be part of such an active and productive organization.

I would like for each of you to also be aware of the spirit of cooperation and genuine respect accorded our Association by such diverse groups as the administrative staff of the M.S.H.S.L., The University of Minnesota, the news media, the Board of Control and Legislative Assembly of the M.S.H.S.L., potential sponsors of the All-Star Game, and the parent State Coaches Association.

In that so much of what has been done is not publicized, I would like to briefly review what your organization has been doing in the past year. It was just a year ago that Don Varpness received the gratifying news that our playoff plan had been accepted. Working closely with the staff of the League, and particularly Mr. Marv Helling, a continuous series of meetings and phone conversations were held throughout the summer, fall, and early winter. The intent of these contacts was to insure a smoothly run, equitable, and financially successful playoff for 1972, and in the future. The minimal number of complaints regarding the entire playoff, as proposed and in actual practice, point out the thorough pre-planning that went into this project. I can assure you that if adjustments in the play-off are required, our Association will continue to work closely with the M.S.H.S.L. and our input will be a decisive factor in any changes.

Tom Mahoney has been leader of our efforts to re-instate the All-Star Game. His committee has held innumerable meetings and, at this date is nearly ready to announce, the

game is on for "74." Tom, with the help of an attorney is preparing the final application to the N.C.A.A. Knowing the thoroughness with which the entire project was undertaken, we have every reason to hope that the application will be accepted. Every detail: sponsors, training site, equipment, player selection, game rules, coaching staffs, etc., has been worked out. Contact with many organizations and institutions has been a necessary part of the planning and from all indications our football coaches have been met with sincerity, courtesy, respect, and a spirit of cooperation on all fronts.

The Congress of Schools requested that guidelines for summer activities be drawn up. The State Coaches Association working with the basketball, hockey and football associations formulated a plan which has been accepted by the M.S.H.S.L. It was quite an experience to confer with Earl Bruhn and the fine leaders of the other sport groups, namely, Gordie Genz for the hockey coaches and Lowell Ziemann for the basketball coaches. Suffice to say that points of agreement far outnumbered differences. Consequently, a mutually satisfactory proposal was worked out with a minimum of disagreement. I would be remiss if I failed to report that the original draft of a plan for summer activities, as drawn up by our Association's Committee, with very minor revisions, became the final recommendation.

In addition to the Big Three of previous paragraphs, other important projects have been completed. The banquet planned by Chuck Elias, the Coach of the Year Committee efforts under the leadership of Don Swanson, and Bill Herzog's Hall of Fame selection committee have capped the year at our alternately humorous and serious but always rewarding banquet.

I would also like to add one more kudo to this report of the past year. I think we are all aware of the tremendous job that Paul Giel and Cal Stoll and his fine staff have done in revitalizing the University football program. At all times, Cal has been willing to help our Association. It is a distinct pleasure to work with the University Staff which treats us with a cooperative spirit in our every effort to



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improve our football program.

It would be very nice to sit back and rest on our laurels after such a productive year. Unfortunately we cannot, as a whole new crop of problems and projects are springing up. We cannot avoid becoming involved in the budget limitations, staff cutbacks, and programs terminated movement now underway. The lack of teaching positions has created a considerable problem in filling coaching openings. Are you all aware of the movement to open coaching positions to non-certified personnel because of this problem? I think we are all alerted to the growing tendency of the public and the Legislature to involve themselves in our programs. Such involvement can be of either a positive or negative nature and we must use our considerable influence to channel this into constructive efforts. Finally, I suspect that very soon we will be called on to thoroughly re-examine our stance on drinking and drug use by high school athletes. This will come particularly soon if the 18-year age of majority bill passes.

Next year, as always, will be a challenging one for your incoming president, Rol Bromberg. Rol will discover, as I did, that waiting behind the scenes is a group of football coaches dedicated to making his tenure in office so much easier by their untiring efforts. I will always remember you, the football coaches of Minnesota, for your efforts in upgrading Minnesota Football and for helping me through my year as President of what has to be the best Association for high school athletics in the whole country.

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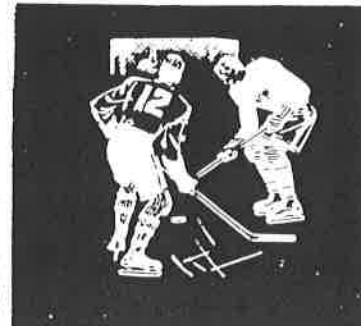


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Gypsies, Tramps, And Thieves . .

AL SIEGEL — HEAD FOOTBALL COACH
PELICAN RAPIDS HIGH SCHOOL

About The Author ...

Al Siegel, a 1957 graduate of Concordia College at Moorhead, MN., has been head coach at Pelican Rapids for the past nine seasons. In three of the past five seasons his teams have been involved

in Heart O'Lakes conference championships. Since taking the reins at Pelican Rapids his teams have compiled a 53-24-5 over-all record. Prior to assuming the head coaching position at Pelican Rapids, he served as head football coach in the Bertha-Hewitt school system.

Locker rooms will always carry a certain stigma: the smell of damp, stained uniforms — long in need of a visit to mother's laundry —, a temperature a little higher than any other room in school, the chatter of boys just finishing practice, and the sound of a warm shower after a cool day on the practice field. An intricate part of the Pelican Rapids High School locker room is a small transistor radio perched strategically atop the lockers transmitting some of today's sounds so tantalizing to the ear of modern youth. The familiar sounds of Mac Davis, Gilbert O. Sullivan, and Three Dog Night display the eagerness with which the 1972 Viking football team moved out to conquer their for to the tune of a successful record of 9-0-1.

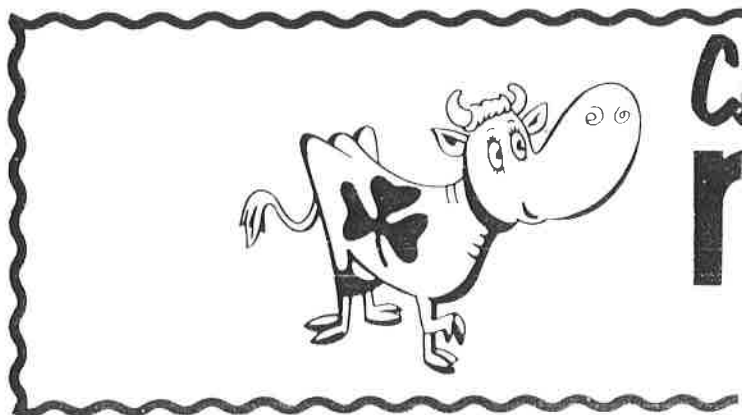
As the head coach loosens the laces to his coaching shoes and just sits back to gather a few reflections of the day's practice, he hears the rhythmical lyrics of "Gypsies, Tramps, and Thieves" and a thought flashes across his mind. This song title must describe our team in a number et's permit the imagination of the title of that song to parallel our team.

The Gypsies would be our offensive unit. As the season started, the coaching staff assembled the names of possible offensive team candidates. Our offensive philosophies look for young men who are willing to put on a show which includes the solid thrust of an off-tackle play with crunching blocking and a hard driving back. Next comes the fake of that bruising play with a pass to an illusive receiver who has picked his way through a secondary, coached to beware of such underhanded techniques as a head and shoulder move and quick-feet to



Pelican Rapids Coaching Staff and Tri-captains: Left to right, Erling Keltling, Assistant coach; Paul Evenson, Capt.; Jeff Robley, Capt.; Al Siegel, head coach; Dan Rollie, Capt.; Keith Randklev, assistant coach.

a deep post route. Once this receiver has "picked his chicken" and proceeds up field, he has the feeling that his



night" glory for these "tramps," they are considered an integral part of the total program. Each player has been made to feel that his contribution has helped strengthen each unit directly. Another bit of self pride and esteem is garnered in knowing that there is a strong possibility to "get in" for a series or that a key situation is imminent.

The Thieves trademark of the Viking football program would perhaps be appropriately attached to the defensive team. All season they have been striking with a stubborn desire to force their opponents into making the mistake that will yield the turn-over or even put points on the scoreboard. This group is not above scoring a saety and then smugly getting the ball in a prized field position for their offensive counterpart. Their method of communication with each other has gotten as secretive and effective as the proverbial hacksaw blade in the cake that has just slipped past the watchful eye of the disciplined prison guard. The defensive tricks that are to be used are not new to modern day football. These "thieves" will use such subtle tactics as the blitz-zone cover, man for man cover, and combinations. However, underneath lies the true challenge — opposition, don't make a mistake!!!

Behind the team stands a coaching staff that has set certain goals for each individual performer. Each Friday in the fall the performers take their spot on the stage — either some opponent's football field or the local football surroundings. The goal for each player is to bring out the best each has to contribute to the cause of building men who will be able to handle each situation as it presents itself with a combined effort and a spirit of unity, many

great lessons are learned. The thought of getting knocked down and having to get up "under your own power" helps to strengthen the legs of the mind and body. Each person who is willing to put in hours to improve his own abilities is given a share in the crown. He is respected as an individual with differing experiences and talents. These all must be honored and revered with the highest esteem.

Another coaching goal is total involvement. Once these players realize that they will all be utilized in some facet of the game, they become most eager to learn and contribute.

Though we as coaches realize we can't "teach the world to sing," we can help each player become an important part of our game through his participation, and perhaps we can continue to write our own version of "Gypsies, Tramps, and Thieves."



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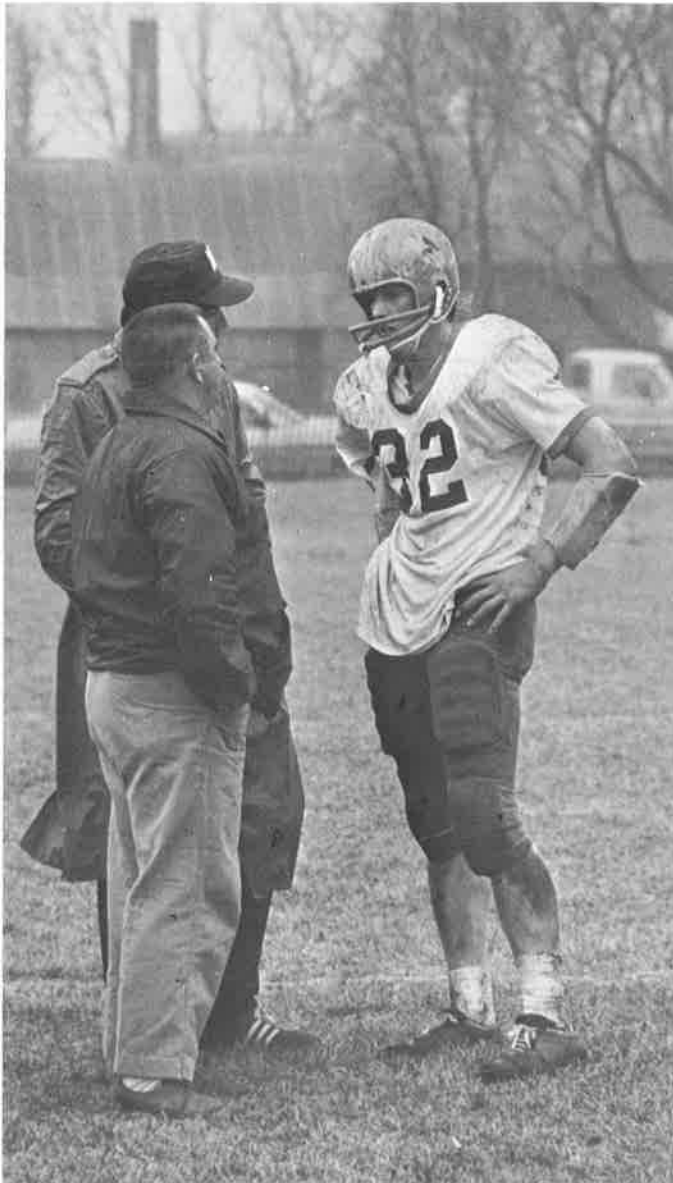
The Dragons Salute
 Minnesota High School Football

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Small Town Football

BILL FINN — HEAD FOOTBALL COACH
MOTLEY HIGH SCHOOL

About The Author . . . went to Motley as head football coach and athletic director. He has been in this position for the past 17 years. He and his wife, Audrey have eight children, four boys and four girls. They reside at 509 7th Street, Staples, Minnesota.



Coach Bill Finn and Coach Bob Torgrimson talking over game situations with All-Stater, Randy Frisk. Photo Courtesy of Lionel Stelck.

Four hundred eighty-one teams playing in the state of Minnesota have proved the appeal of football to young and old alike. To the boys involved, it's a chance to play one of the finest and most developmental sports around. To the fans, it is an opportunity for color, excitement and the sheer exuberance of healthy young males pitted against each other. The differences, both to the fans and boys, between small and large town football are superficial. A look at a case in point, Motley will soon prove this.

For several years our boys struggled along competing in a league with much larger schools with bigger enrollments and much more raw material to choose from. We had barely enough boys to play eleven-man football. Because of their relative youth, smallness, and inexperience, our boys were unable to compete on an equal basis and many were discouraged enough to quit before developing their full potentialities. The decision was made to switch to eight man football, bring about one of those superficial differences. The lack of two or three men on the field does not change any of the basics of the game. Getting into a conference with schools or own size brought an attitude change. Now, the boys like to play football and they showed it. Last year we added one more man because the Longbow Conference wished to be in line with the Minnesota State High School playoffs. We went undefeated in Conference play, were rated second in the state, and made the state semi-finals. The playoffs ended the season with disappointment, Cotton defeated Motley 30-18. Defeat as well as victory is one of the universal factors of football and can be either a positive or a negative thing. I think, as much as the team disliked losing, the loss was an educational one. Victory cannot be appreciated unless there is something to compare it to. Next year our team will still feel the sting of defeat and will work that much harder to defend their conference championship.

Coaching a small-town team is not different, it's all a matter of spirit. We think football is 90 per cent guts and drive and 10 per cent coaching. The "spirit" thing you get out of a player can be the biggest carry-over for him in his adult life. If he realizes that determination to succeed often is the significant factor in the difference between victory and defeat. Coaching the Motley team this year was made easier by the fact that I had two able assistants. Bob Torgrimson and Mike Sullivan's hard work and dedication were instrumental in our success this year. I give them every credit and they are to be congratulated for a fine job.

Another common factor in football has to do with the administrative and community attitude. Support from the fans and backing from the school can make the difference in any community between a successful and mediocre program. Our community is 100 per cent behind all athletics in the Motley School. Crowds are large and enthusiastic, businessmen sponsor local radio broadcasts for our games as well as publishing a year-round sports calendar, and after the season the local people put on a

banquet for the athletes and coaches. The Lions Club also award a trophy to the outstanding athlete in each sport.

Our laundry is done by the athletic parents. Perhaps in a bigger school this would not be possible, however the parents are interested enough to save us a considerable amount of money to use on other things.

To support the football team in Motley is not always an easy thing for the community to do. One of those superficial differences is the lack of lights on the football field and the fact that most of our games are played in the afternoon. Many of the businessmen and farmers have to make special arrangements to be at the games, yet they come in droves.

In order to have a successful program in any school the team must have the administration and school board behind it. We are again in a lucky position in a small school. These people are close to every move the coach and team make and realize the educational benefits derived from football and all athletics. There certainly isn't a communication gap. The continuous growth and rounding out of the athletic department based on the sound benefits of the program receive wholehearted cooperation in Motley. Where lack of funds is a program. problem, several things can be done. Of course, winning teams that build up gate receipts have made a big difference in the last few years. Many improvements in equipment have come about through mutual efforts. One of the school board members is a draftsman and he designed a five-man blocking sled. The Agriculture Department, the small-town equivalent of a vocational-type shop, welded it together. The finished product is adequate, costs less, and taught a valuable lesson in cooperation.

The boys also got involved in the cooperation lessons. If funds are inadequate and the boys don't want to wait, they will organize a spaghetti supper or put on a pizza feed. Items such as uniforms, a whirlpool bath, tackling dummy and the like have been partially or wholly paid for by the boys' efforts.

Another common factor in any football team is the calibre of the boys participating. Some of the differences in terms of talent are obvious in the small versus large debate. However, in the past years we have developed many all-conference ball players who would have fit well into almost any larger school system. Back when football had its beginnings in Motley we had our first all-

state player, Doug Frisk. This year, his son, Randy, made two Motley all-state football players. Randy rushed for 1,152 yards in 13 games. He was also exceptional as a defensive tackle. Playing in several games, he had 51 solo tackles, 31 assists and sacked the quarterback 17 times. He also recovered six fumbles and covered several others. This boy is an example of the qualities, better calibre players possess, leadership, drive and training. I would gladly recommend him as a linebacker for any college and he has been offered several scholarships all ready.

A large number of the boys out for football in a small school like ours are from farms. They are strong and tough, motivated toward athletics because anyone who is determined to play usually gets some opportunities in a small school. This is one of the differences that should be mentioned, unlike the bigger schools which are forced to cut players whose whole attitude toward school could be changed, Motley and other small schools give any boy who wants to play a chance to be on the team and develop their potentials. Some people think a boy from a small school and one who plays nine-man football doesn't have the training or ability to play on the college level. Such a boy is certainly well prepared for the eleven-man game because, as was said before, the fundamentals are the same. We try to stress fundamentals in all our practices.

One step by the Minnesota State High School League certainly helped generate enthusiasm in Motley. The league took a big upward stride when it implemented the season rating system. The interest level rise in the media was phenomenal. Here at Motley for example our number-one-in-the-state rating earned us coverage on the local radio stations, in the local newspaper, and the local T.V. station even carried an interview. In the final two playoffs at Metropolitan Stadium over forty thousand people were on hand and they represented only the two top classes "AA" and "A". If the attendance at the "B", "C" and "nine-man" playoffs were counted, that figure could probably double. The Minnesota Football Coaches Association and the League deserve to be congratulated for this and many other improvements in the system.

Despite the fact that our football field lacks lights, our team has two less players and their mother's launder their jerseys; we feel that small towns in general, and Motley in particular has all the excitement, color and vigor of that all-American sport, football.



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Defense With A Sense Of Urgency

JAY ANDERSON — HEAD FOOTBALL COACH
BURNSVILLE SENIOR HIGH SCHOOL

About The Author ...

Jay Anderson is a 1965 graduate of St. Louis Park High School, where he played football under coach Bob Roy. He was a tackle on the Park team that was the 1964 Lake Conference Co-Champions.

Anderson then enrolled at Gustavus Adolphus College, where he was a starter for four years, the last three at linebacker. Under the direction of coach Jocko Nelson, Gustavus won the MIAC Championship Jay's last two years. His senior year Anderson captained the Gusties, who were designated the number one small college team in Minnesota by the St. Paul Pioneer Press.

After his graduation in 1969, he went to Burnsville High



School where he had been varsity defensive coach the last two years. During this time, Burnsville has a record of 18-1-2, and last fall was the winner of the Class A Minnesota State High School League Championship.

Being still a relative "neophyte" in the coaching ranks, and writing an article in this magazine, I feel like I am writing to Betty Rocker on how to bake a cake. However, I am very proud of our defensive line and linebackers, and the contribution they made to our Class A State Championship Football Team. By giving you a brief idea of some of the things we do with our defensive line and linebackers, I hope that you might find something that could help you.

SENSE OF URGENCY. I feel compelled to write about a "sense of urgency" first, just as it is the first thing I talk about in our defensive chaltalks at the beginning of the season. I stress the importance a "sense of urgency" has, in each player reaching his potential, and in the team's having a winning season. What is a "sense of urgency"? It is the feeling that whatever you are doing (making a tackle in a game, going through a drill in practice, attending chaltalk, etc.) is of utmost importance now, and should be treated as such. This involves not only giving 100 per cent physically, but also 100 per cent mentally. A large part of the errors a player make can be traced to a lack of concentration.

If an athlete believes what he is doing is the most important thing in the world to him at that moment, he will do his job to the best of his ability, which is all a coach can ask for. Of course, a "sense of urgency" is more observable in a game than in a practice, and of course, not everyone will have a "sense of urgency"; but it is something we are striving for all the time, in all our players.

Since I became defensive coach at Burnsville two years

ago we have used the 5-2 Oklahoma defense. My reasons for playing this defense were: (1) I knew this defense well, having polayed it in college under a very good teacher; Jocko Nelson; (2) we have had personnel that was suited to it, and in particular our middle guard; (3) there are several stunts that can be run from it; and (4) it is a relatively easy defense to learn.

SELECTION OF PERSONNEL. Since each position is unique in its responsibilities, it is important to get the right person at the right position. A key position in our defense is the middle guard, who must be quick and aggressive. Havin to snap the ball, the center has a slight handicap in blockin, which I feel a quick middle guard can take advantage of. The lat two years, we have had a middle guard that has been so effective that many teams have had to double-team him, which helps the ret of the defense.

Since our linebackers are asked to do so many things, they must be good athletes with mobility, good football sense and a desire to hit. It is also very important that they are able to read their "keys". One of our linebackers this year was 160 pounds, and not y gifted, but his ability to read his keys and his football sense made him one of the best high school linebackers I've seen.

We like to have our biggest, strongest kids at the tackles. This year our tackles didn't have excellent size, (175 and 180 pounds) but they did have a sense of urgency, evidenced by the tremendous pass rush they gave us all year.

For our defensive ends we look for tough kids with quick feet. They have to help out on the outside, so they have to be able to protect their legs.

50 NORMAL. Before I get into the stunts off the 5-2, its important that you get a brief idea of the alignment and responsibilities of our basic 50 Normal defense.

The middle guard is in a three point stance, headed by the center. At the snap of the ball, he delivers a forearm, reacts to the center's helmet, fights pressure, and gets to the ball.

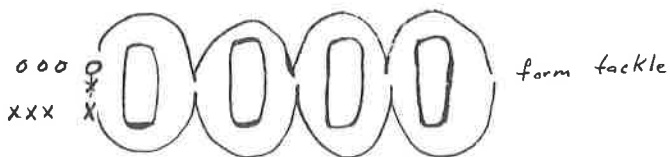
Our linebackers are in a two point stance with their outside foot slightly back. They line up on the outside shoulder of the guard, with their feet behind the feet of the middle guard and tackle. At ths anap of the ball, he takes a jab step with his inside foot. If the guard fires out on him, he meets him with his inside forearm, protecting his outside arm and leg. If the guard blocks either the noseguard or tackle, he steps up into the hole staying low on the line of scrimmage. If the guard pulls, he scrapes, and if the guard shows pass, he drops to his hook zone looking first for the tight end. The most common mistake I have found our linebackers making, is looking into the backfield and not keying the guard. He must be constantly reminded to first key the guard.

The tackles are in a three point stance on the outside shoulder of the offensive end, with their outside foot slightly back. Like the linebackers and tackles, he also must protect his outside arm and leg. He must not be hooked! He delivers a blow with his inside forearm, and reads the helmet of the end. Its important for him to get a

good hit on the end for two reasons: (1) he could be trying to block him; and (2) he could be a pass receiver and should be checked at the line of scrimmage. If there is no tight end, he keys the near back.

As you can see, the technique of stepping with the left foot when delivering a blow with the left arm, (same with the right), is very important if our defense is to be played correctly. Not only does this protect the outside arm and leg (maintaining outside leverage), but it also affords greater leverage in delivering a blow.

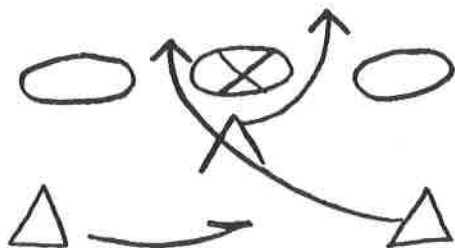
An excellent drill we use for developing this technique is the "two man butt drill." Four dummies are placed parallel on their sides about four feet apart. Our line and linebackers are paired up at one end. Of the first two, one is designated to be an offensive player, and the other a defensive player. They face each other as they would on the line of scrimmage, and on a snap count the offensive player tries to execute a block with his helmet on the outside hip of his partner. Stepping with his inside leg, the defensive player delivers a blow with his inside forearm. After contact is made they scrap around the dummy and do the same thing, not stopping to rest. After they have made four hits, the next two go. They can be done halfspeed at first for form, or "live." A form tackle could also be used after the last hit.



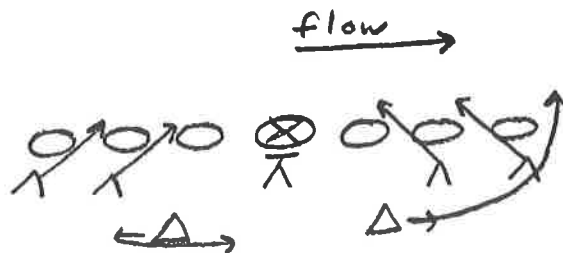
This is especially good for linebackers to practice filling holes at the line of scrimmage.

STUNTS. We like to stick with our 50 Normal defense as much as possible, but we have stunted quite often. Our front five and linebackers averaged only 175 pounds a man but had good quickness. Not only did our stunts give us more opportunity to take advantage of our quickness, but also I felt it was difficult for high school linemen to pick up stunts effectively. Three stunts that have been quite successful for us are the 50 Navy, 50 Double Fire, and the 50 Stack Go.

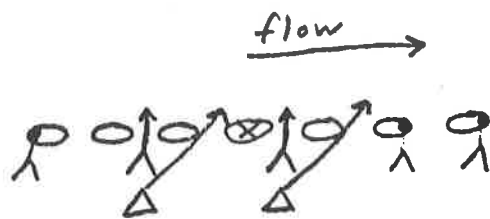
The 50 Navy stunt is an "A" stunt with the middleguard and linebackers. The ends and tackles play 50 Normal. Our middleguard shoots the centerguard gap either to the right or to the left. If he shoots the right gap, he will either wiggle his right ankle, or tell the linebackers in the huddle. The right linebacker fires the center-guard gap to the left, and the left linebacker steps right and reacts to the ball. The linebackers reverse their assignments if the middleguard fires the left gap.



On our 50 Double Fire, the ends and tackles shoot the inside gaps. If they are not able to do this effectively, it may be necessary to cheat to head up in their alignment. The middleguard plays 50 Normal technique, but does not penetrate the line of scrimmage. The linebackers jab step laterally with their outside leg. If flow is to his side, he scrapes around his end, being careful not to leave too big a gap between his end and himself. If flow is not to his side, he reacts to the ball. Sometimes we fire only one side of the line, usually the split end side.



On the 50 Stack Go, it is necessary to give a call for right or left, such as "Ringo" or "Lucky". If a "Ringo" is called, the left tackle and middleguard line up in their right gap, and charge low and hard. The right tackle and the two ends play 50 Normal. The linebackers stack behind the left tackle and middleguard, and read flow or game keys. If flow is to the right, they shoot the right gap, and if flow is to the left they shoot the left gap. With straight drop-back pass action, they either drop to hook zones or rush the quarterback, depending on the scouting report. The success of the defense depends on the linebackers ability to read flow and or keys.



No matter what type of defense a coach uses, its the kids that determine the successfullness of it, and I have been fortunate to have kids, with a sense of urgency, to work with at Burnsville.



Richfield's Angle Defense

DICK WALKER — HEAD FOOTBALL COACH
RICHFIELD HIGH SCHOOL

**About The
Author . . .**

Graduate of Eastern Illinois University 1954. Masters degree University of Illinois 1959. Started coaching career in Robinson, Ill. 1954 in football, basketball, and track. In 1958 joined Glenbrook North High School, Northbrook, Ill. for two years and then transferred to Glenbrook South High School, Glenview, Ill. as Head Football Coach. From 1967-70 coached at Coe College, Cedar Rapids, Iowa, as backfield coach and Head Track Coach. In fall of 1970 obtained the present position as Head Football coach at Richfield High School. Overall Had



coaching record of 57-15-5, and 9-1-1 this past season. Lake Conference Champions and Semi-Finals State Play-Offs.

The angle defense is an aggressive, penetrating, quick pursuing defense. In using the angle defense we are going to pre-determine the direction of angle, and on the snap of the ball attack the man or gap in the direction of the call. Once the defensive man moves in direction of call, he must read the offensive lines charge, the type of play, and react accordingly. The depth of this attack is usually heel deep and by this time a reaction to the offensive thrust should be recognized. Through drills and scrimmage, players learn to react to offensive blocking schemes as they develop. Constant practice is needed so that proper reactions to all offensive attacks become automatic. Again emphasis must be made, that in this defense, the defender is attacking the offensive man or gap first, then reading play.

The theory of this defense is to assign the defensive player a slant, loop or blast technique, which he must execute, and then react to the offensive attack. This is in contrast to the theory of a straight read and slide defense. We will angle about 70 per cent of the time, using stunts and reading the remainder.

The teaching of the defense is rather simple, in that we work on three basic techniques, and apply them to all our defensive calls. The Slant technique is a jab step, angle into the gap or man to the left or right of original position. The Loop technique is a cross-over and step up field into man to outside of position lined up in. The loop technique is preformed by being at least one yard off the line of scrimmage. If player gets too close to line of scrimmage, then a down block by the tight end will cut him off, thus creating a hole between tackle and loop end. Once the tackle or end on a loop technique makes the preliminary

move to make contact, we want him to square his shoulders to the line of scrimmage. In this shoulder square position he is able to make stronger contact with a blocker, or go into pursuit angles faster. The Blast technique is nothing more than the defensive player attacking the offensive blocker with a shoulder block, stalemating him and reacting to the play situation like any reading defense. The blast technique usually is a surprise technique, as the offensive player expects the defensive player to loop or shunt away from him and then all of a sudden the defender attacks him head on.

Some coaching points that will help the players understand the defensive strategy. The first point would be that the player is going to line up nearly head up on his opponent. This alignment brings fear to himself, and his coach, that he will be over blocked by the offensive player. The defensive player must practice and understand that he must avoid being blocked by the player he lines up on, and he must attack the player in the direction of the defensive call. This is a very important concept to get across to the defensive linemen. Examples of this are, that a middle guard can never be blocked by the center, tackles by tackles, and ends by ends or slot-backs. If they are getting blocked, get off the ball more, until they develop the quickness to play closer. We use a four point stance, but do not put much weight on the hands, as we are slanting or looping. Thus a player must disguise his hand weight on a blast charge. The next point would be to deliver a blow, square-up, find the ball, pursue, and tackle. This is a team defense, no one can free lance, this concept must be sold to players. The players must discipline themselves to execute the three techniques first,



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either slant, loop, or blast, and they play situation as it presents itself.

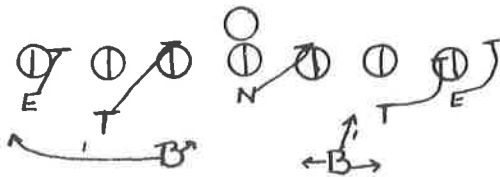
Some other general coaching points and ideas would be that the Nebraska head runner technique can be used very effectively by a quick middle guard. The tackles on a loop technique end up in a wide-tackle 6, tackle position. This loop technique is very effective versus double teams by tackles and tight ends or tackles and slot-backs. The ends on a loop technique are out far enough to help on pitch plays or read play situations coming at them effectively. The end on a slant technique helps stop double teams as he is crashing to the inside shoulder of the tight-end, and this keeps the end off of the tackle on a double team. Note that the linebacker covers outside, on angle calls away from him.

This defense at Richfield has given up on an average of 2.9 yards rushing, and 3.4 yards passing the passed three years. We feel that by supplementing this defense with a goal-line short yardage defense, and a prevent defense that it is an effective defensive package.

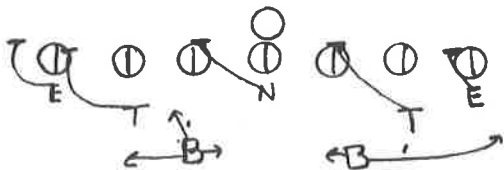
Diagrams and coaching points are in following illustrations:

ANGLE DEFENSE

Right or Roger



Left or Louie



Note: Can use any 3 deep-monster or 4 deep coverages.
End;

1. Stance; Two Point — inside foot up in wide staggered position, knees bent, hands in shiver position.
2. Alignment; Inside foot on inside of heel of third man from center. Line up as close as possible to man.
3. play; Move on man's hand or ball.
 - a. Slant to you — execute jab step, cross over, plant up field,
 1. Action towards you — force.
 2. Action of ball away — Throwback area and flat, drop back pass, flat.
 - b. Slant away — crash through third man, keep him off L.B.
 1. Action towards you — destroy all by penetration, rush all passes.
 2. Action away — chase, contain drop back pass.

Tackles;

1. Stance; Four point. Toes parallel.
2. Alignment: Inside foot on inside knee of tackle, one yard off line.

3. Play; Move on man's hand or ball.
 - a. Slant to you — parallel step outside, attack outside blocker. if possible, never be driven in. Contain all drop back passes.

1. Action towards you — force up field.
2. Action of ball away — chase.

- b. Slant away — jab step inside foot, cross over step penetrate across L.O.S. Key FB; he goes away or straight, close and tackle. If FB comes to you run around block of tackle. On drop back pass, inside rusher.

4. Split — Adjustment — Move to G.T. gap — Make all slant or loop moves from there.

Middle Guard;

1. Stance; Four point, weight on feet.
2. Alignment; As close to ball as possible.

3. Play; Key ball, take jab step toward angle, get the football.

Linebackers;

1. Stance; Two point, toe-instep relationship, knees bent over toes, weight on balls of feet, arms in front.

2. Alignment; Even with heels of defensive tackle, outside shoulder of guards.

3. Play; Slant to you — Key nar back, any movement toward angle shoot guard-tackle gap, penetrate. Near back key — away shuffle behind line checking gap opposite anlgng M.G. continue to follow flow.

- a. Drop back pass — make initial movement on key then get to hool area.

6. Roll to you, blow gap — Action away — take opposite hook area.

4. Slant away — Key ball.

- a. Action towards you — shuffle outside, keeping leverage on ball carrier. Attack off butt of defensive end.

- b. Action away — shuffle along L.O.S. always keeping behind ball carrier.

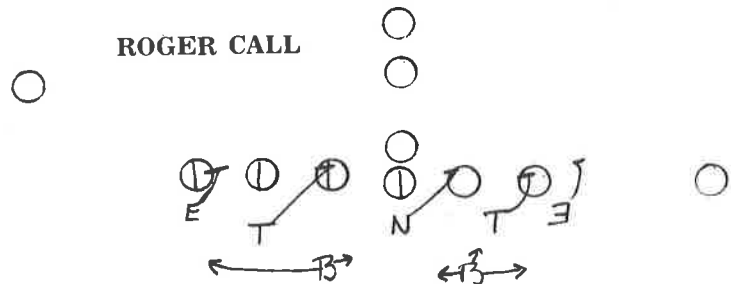
1. Drop back pass — read initial and go to hook area his side.

2. Roll action pass — action to — shuffle-contain. Action way — opposite hook zone; alert for throwback.

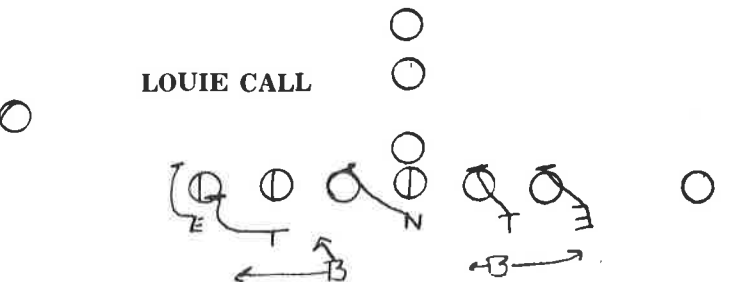
5. Split Adjustments; Scouting reports.

DIAGRAM OF ALIGNMENT VERSES SPLIT FORMATION

ROGER CALL



LOUIE CALL



The Return Of The "Rockets"

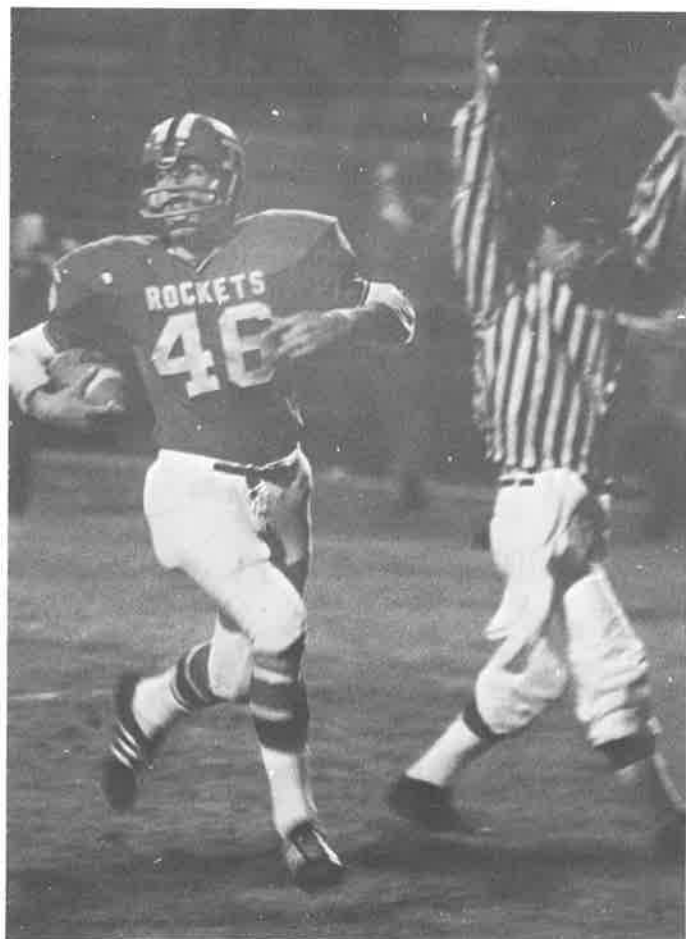
**JOHN DREWS — HEAD FOOTBALL COACH —
JOHN MARSHALL HIGH SCHOOL**

The 1972 John Marshall Rocket season was a very gratifying one. We started slow offensively and relied heavily on our defense to carry us in the opening games. Our defensive standouts included All-State Dave VanDerHeyden, Defensive ends Curt Padilla and Howie Grim, and Junior linebacker Jack Drews.

To get our offensive going, we brought up a Sophomore quarterback, Paul Frye, and a Sophomore halfback, Kent Kitzmann. Kitzmann is 6'3" and weighs 180 lbs. and complemented VanDerHeyden (200 lbs.) and Mike Bailey to give us a versatile backfield. The development of our offensive line — Leif Carlson, Larry Nielson, Steve Cordie, Jeff Hames and Tom Findlay (all Juniors) — was instrumental in reversing a 21-6 defeat by Red Wing and bringing us a BIG NINE Championship by defeating Red Wing 39-13 in the Play-off game. The weather was ideal for a mid-November game and the passing of Frye and the running of Van DerHeyden, Kitzmann and Bailey gave John Marshall it's first BIG NINE Championship since the schools split in 1966. With the return of 14 lettermen, we are looking forward to 1973.



Sophomore quarterback, Paul Frye directs the Rocket attack in John Marshall's 6-0 victory over Winona.



Sophomore Kent Kitzman scoring against Red Wing after a 26-yard run in John Marshall's 39-11 championship victory.

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DAILY SCHEDULE

MORNING
 9:00 — Report to Campsite
 9:15 — Introduction
 9:30 — Stretching
 Flexibility
 9:50 — Individual Offense Football
 10:30 — Break
 10:45 — Group & Team
 Offensive Football
 11:45 — Conditioning
 11:45 — Dismissed

AFTERNOON
 2:00 — Report to Campsite
 2:15 — Stretching
 Flexibility
 2:35 — Individual Defensive Football
 3:15 — Break
 3:30 — Group & Team
 Defensive Football
 4:20 — Conditioning
 4:45 — Dismissed

EVENING
 7:00 — Report to Campsite
 7:10 — Stretching
 Flexibility
 7:30 — All Specialties
 8:15 — Conditioning
 8:30 — Dismissed

GENERAL INFORMATION

1. **TUITION** — \$20.00 for the three sessions which is to be paid in advance.
2. **EQUIPMENT** — Football shoes or gym shoes, t-shirt, shorts and or sweatshirt. A complimentary camp "t"-shirt will be given to each boy.
3. **INSURANCE** — All boys will be covered by an insurance program while participating at the camp.
4. **CAMPsites** — The areas where the campsites will be are listed below. Specific locations and directions of the campsites within these areas will be sent to you at a later date.
5. **Enrollment** — Will be limited so plan to enroll early.

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July 26	St. Cloud	()	Moorhead	()
July 27	Richfield	()	Anoka	()
July 28	Mounds View	()	So. St. Paul	()

The Winning Edge

TYRONE WACKER — HEAD FOOTBALL COACH
GAYLORD

About The Author ...

TYRONE WACKER has had outstanding success during six years as head football coach at Gaylord High School.

His teams have had an overall record of 56-4 and captured five conference championships. The Gaylord team of 1972 captured the Minnesota Class C state championship with successive victories over Henning and Preston to culminate an undefeated season.

A graduate of Mayville State (N.D.) College, Wacker participated in football and baseball at the school and



also coached the Mayville State Junior varsity basketball team.

The first football clinic I attended was in 1967 at Concordia College at Moorhead. One of the main speakers at the clinic was Jack Moellenkopf, at that time head football coach at Purdue. His main topic for the clinic was titled, "The Winning Edge." In his lecture, Moellenkopf discussed several of his philosophies as to why his football teams got their so called "winning edge." I use many of his theories concerning practice sessions and team discipline in my own practice, but the majority of ideas and philosophies by which we develop team discipline has originated here in Gaylord. Many of these ideas were originated by the upper classmen of the squad. Call it what you like, dedication, sacrifice, concentration, or just plain "Paying the Price." Whatever term is used to arrive at team discipline, it certainly has worked here at Gaylord.

In our season, efforts to get a team ready for the season is not much different than anyone elses. We practice three

times a day, twice in pads, and have chalk talks. Despite this, we have trouble getting ready for the first game. One of the different things we do for pre-fall is to ask all boys to get a short haircut before they check out any equipment. The haircut must be short enough so that the hair does not hang over the ears, and also is not too thick in the back. The oft-used phrase "the length of hair does not make the man" can be used to counteract this idea. Physically, this is very true. The length of hair on college football players can attest to that fact. But a mental edge can be defined by having everyone on the team o the same thing. This is the only haircut they will have to get during the season, so most of the boys look forward to their annual shave.

Another "ritual" that we have each year is that all boys must drop their girl friends for two weeks. Now this really raises Cain with some of our "steadies." We enforce this rule by stamping a pair of "hot lips" on the helmet of the offender for the remainder of the year. A few years ago one of the biggest stars got caught talking to his girl. The next day his helmet got stamped with the lips. The panic in the eyes of some of the others was unbelievable. We haven't given any lips out since.

Also in preseason practice, as well as regular school year practice, the principle of not being late, or missing practice is stressed very heavily. There is no possible way that individual or team discipline can be brought about if a coach allows players to freely miss a practice or even be a few minutes late for a practice. Many times the players feel that they can be a few minutes late because the practice starts when the coach steps on the practice field. And many times a coach feels he can be late to practice because he has to have more time having that extra cigarette, or to finish the bull session that was started the other night. The best way I have found to assure that everyone is on time is to insist that the coach and his staff never be late.

The Minnesota State High School League dictates many of the training rules that a player must follow. We also, like most schools, put emphasis on following these rules. Unlike most schools, however, we do not put emphasis on the hours they must keep. There are three basic reasons

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why we do not impose hours on the boys. One of them is that it is phony to ask a young boy to act like a man on the football field, then treat him like a child when he gets home. The second reason is that the boys have parents to tell them what time is the right time to be in at night. The last reason is that we have always found that Gaylord boys have kept each other in line. (As for the few night owls that we have had over the years, we have felt that they would have been "night owls" whether we had curfew rules or not). I feel that team discipline can be developed by the boys keeping themselves in line. If the players can develop a feeling of responsibility toward each other and realize that a "decent" time is a team function, everyone will benefit much more than if I would call houses checking on them.

During the practice session, both pre-season and regular we vary from most schools in a few ways. one of the ways we vary is to practice three times a day when the fall practice starts. In the morning defense is the issue, and in the evening practice, offense is stressed. The third practice is at 1:00 P.M. during which no pads are used. Many times we will require just the backs, ends and linebackers to report to this practice. During this time we put emphasis on difference pass coverages, timing on pass patterns, and new offensive plays. Occasionally we will work with the kickers. Also in this practice we do not stress conditioning or drill work. To us, this third practice is as important as the two with pads. The first reason is that the boys are able to concentrate more fully because they know there will be no physical conditioning involved. The second reason is that with a limited number of backs (backs, ends, and linebackers), the coaching staff is able to concentrate on the more integral part of the game with the younger defensive backs, linebackers, etc. Another way we differ from most schools is that when each practice session starts, talking among the players is held to a minimum. We do this because it cuts down on the idle chatter when football and only football should be considered. Many times players get talking to one another and lose sight of what is to be accomplished. So by restricting most of the talking in practice we feel the boys get a better understanding of the intensity of the practice and also are able to concentrate more on football. One other area we may differ from other schools is in never walking any place once we are on the practice field. At Gaylord we have four coaches on the varsity staff. Each of these coaches has his own special unit. For instance, in the

offensive practice the groups are invited into: quarterbacks and ends, running backs, offensive line one and offensive line two. Anytime that we are drilling in practice, each of these coaches spaces his drill far enough apart in distance so that running is essential to save time. Again it should be pointed out here that the idea of running at all times brings out or stresses team discipline and team intensity.

Our pregame activities also vary somewhat from the so-called standard procedure. We do the usual "early" warm-up with our backs, pass receivers, kickers, etc., going out 50 minutes early, and the rest of the team out 15 minutes later for the remainder of the warm-up time. During the pregame activities our boys again do not talk much. The only chatter there is done by the coaches doing the drills. We believe that all this "screaming and hollering" and hand slapping with the use of such phrases as "let's kill 'em," "eat 'em up," etc., is completely phony. In fact, in many instances, all this pregame chatter by the opposition gives us a higher mental pitch for the game. The only really talking we do before the game is in our huddle just before we take the field for the kickoff. This is when we "come out smoking."

Many times such words as dedication, discipline, sacrifice, team togetherness appear to be phony and often times are misused. But when terms such as these can be taken for their true meaning, then they can be beneficial to your football team. The late Vince Lombardi once said that there was no other game that demanded so much discipline and self control as football. I believe that discipline is one of the more important "keys" to a winning football team. Furthermore, football players need this type of discipline, but more importantly, more "kids" want this discipline than people realize. With high school football improving more and more each year, coaches are constantly striving to improve their own philosophies of football. Every coach should have, in his football program, a way to bring individual and team discipline. It is hard to pin point the reasons for the success we have had at Gaylord. There are many. But when someone asks me to account for it, I answer with two facts: "We have excellent football players and we have always had the discipline that gives us that 'winning edge.'"

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Utilizing Extended Motion To Attack An Eight Man Front

BY BOB BROPHY — HEAD FOOTBALL COACH

SAUK CENTRE

About The Author . . .

BOB BROPHY, whose Sauk Centre High School football team captured the West Central Conference championship last fall and gained the Minnesota State Class A finals before losing to Burnsville, is a graduate of Moorhead State College and

served two years at Wahpeton High School following his graduation from MSC in 1968.

He returned to Moorhead for a year's service as a graduate assistant after leaving Wahpeton and then went to Mayville State College as a physical education instructor and head track coach before moving to Sauk Centre.

The traditional eight man defensive front (consisting of the 5-3-3, 6-2-3, 4-4-3 and split, to name a few) with their numerous variations have been used effectively by high school football coaches for many years. Sending the weak side running back in extended motion toward the strong side not only helps to control strong side stunts, but by combining extended motion with a simple pass option and the outside veer of the triple option it also creates some problems that the eight man front cannot handle without making some very unorthodox adjustments. The play we are about to discuss and of course its execution was responsible for much of the offensive success that the "Mainstreeters" had in the 1972 football season.

The first step in attacking the eight man front with extended motion is to determine how or if the defense is covering motion. This can be accomplished by sending the weak side running back in extended motion toward the strong side and running a simple dive play which many times is an effective play in itself. Usually the defensive player that leaves his home position to cover the motion man be the outside line backer on the play side. However, some of our opponents have covered our motion with a defensive safety, the weak side linebacker, the middle linebacker, or have not covered it at all.

Having determined who is covering the motion man, we center our offensive attack on the area vacated by the defensive player pursuing the motion. Since the area most vacated is that by the outside linebackers on the strong side, this article deals with one play specifically designed to attack that area. The play however, can be effective against any defense.

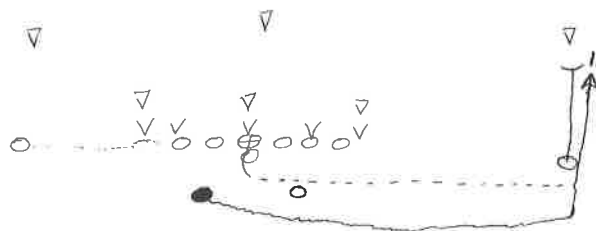
The play can be executed from split or open backs with a slot or flanker set. The Pro Set also lends itself well to this type of offense.

The play has four possible options, each being relatively simple to read.

Option No. 1 — To be utilized only if motion is not being covered.

On the Set command the weak side running back goes in extended motion toward the split receiver on the strong side. Before the ball is snapped, the quarterback determines whether or not a defensive player has left his home position to cover the motion man. If no one covers the motion man, (which is especially common in the split

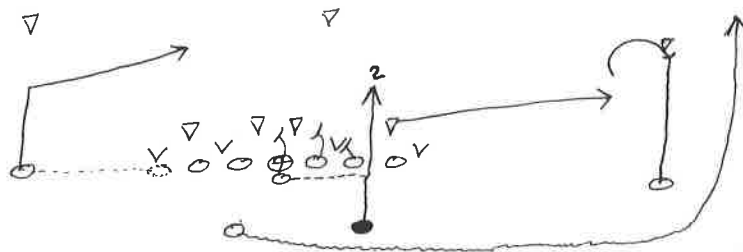
defense) the Q.B. immediately exercises Option No. 1 by pulling up and throwing to the motion man before he crosses the line of scrimmage. This is an elementary read which is most always effective against a team that does not cover motion or covers it inconsistently.



If the motion man is being covered by any one of the defensive players the QB forgets Option 1 and then goes to his 2nd option. Remember this decision is made before the ball is snapped.

Option II — (Outside Veer of the Triple option)

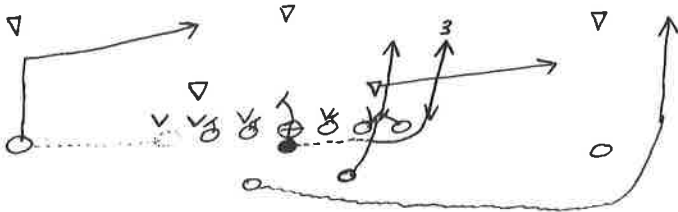
The QB receives the snap from center and sprints down the line where he meets the full back over the off tackle hole. The ball is placed in the full back's belly and the QB reads the defensive end. If the Defensive end comes across to contain, stands still, or drops off, the QB gives the ball to the full back. If the outside linebacker covers the motion man, this creates a large off tackle hole. If not, this option has the same possibilities as the 1st option of the outside veer of the triple option. If the defensive end comes down the line to close the off tackle hole for the fullback, the QB pulls the ball out and goes to Option No. 3. (This read is the same as the 1st read of the outside veer of the triple option).



Option No. 3 —

When the defensive end closes down to fill the off tackle hole, the QB pulls the ball from the full backs belly and then has an option to run or pass. If the defensive back and the defensive man covering motion stay back to cover the flanker and the extended motion man (who continues down field on a fly pattern), the QB will utilize option No. 3 and run with the ball. The QB will always run the ball if he feels he can advance it. If not, he goes to Option No. 4.

(Using Option No. 3 is the same as using option No. 2 in the outside veer of the triple option).



Option No. 4 — To be used when when motion man is covered initially but released during play action or if defensive back releases the flanker during play action.

After the QB pulls the ball out of the full back's belly, he quickly glances at the defensive men who are responsible for pass coverage of the motion man and flanker. If one or both have left the receiver to come up to stop the quarterback from running, the QB throws a pass to the open man.

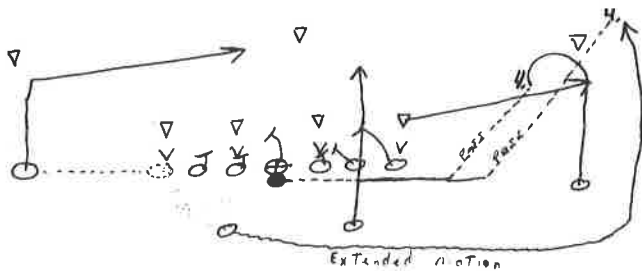
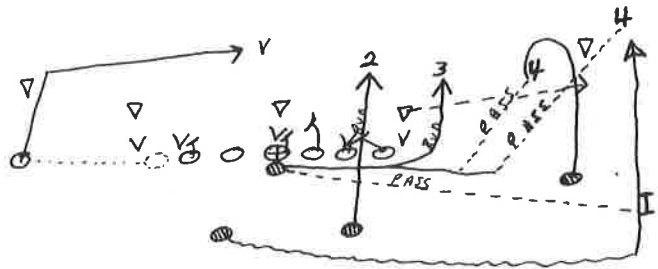


Diagram No. 4

Although this may sound complicated on paper, I am convinced that a properly coached average high school QB can master the skills necessary to effectively execute this play by the first game. It is to be noted that this play is primarily designed to attack the eight man front with the linebacker covering the motion man. We also have various other pre-determined plays designed to attack any other areas vacated by a defensive man. In most of these we use the extended motion man as a decoy-the following

diagram will summarize the four options of the play.

Diagram 5.



PLAYER ASSIGNMENTS FOR PLAY

- LSE — Run 8 yds down and sharp across
- LT — Man on, inside gap, pull inside
- LG — Man on — gap inside — L. Ber C — Man on, Gap toward play, L Ber away
- RG — Man on, Gap outside, L. Ber away
- R.T. — Man on, Gap outside, 1st man inside on or off
- RE — Two yard split — If L. Ber covers motion block 1st man inside on or off L.O.S. If L. Ber doesn't cover motion Block L. Ber. Against 4 deep control block strong safety.
- Flanker — Motion not covered — control block defensive back for Option I. If motion is covered run a 12 yard curl pattern.
- QB Option I throw, Option 2 give to FB off tackle, Option 3 run, Option 4 throw
- RHB — Dive off tackle may get ball may not. If not, block inside
- LHB — Extended motion look at QB at snap — if pass not thrown continue on a fly pattern down field.

+One important coaching point to remember is to instruct the interior offensive linemen not to leave the clip zone. The play may be a pass and the penalty of an ineligible receiver down field may nullify a big gain.

The Use Of Cold Treatment At North Dakota State University

DENIS ISROW — HEAD TRAINER
NORTH DAKOTA STATE UNIVERSITY

About The Author . . .

DENIS FRANCIS JOHN (IZZY) ISROW, head trainer at North Dakota State University, is a native of Detroit, Mich., and became the first full-time trainer in North Dakota State's history in 1965 after serving as a graduate assistant at the school.

Isrow is a noted lecturer in many areas of athletic injuries and prevention and helped organize and co-direct the first annual North Dakota State training clinic in 1967. The clinic has become one of the foremost of its kind in the nation.



TREATMENT OF ANKLE SPRAINS:

EQUIPMENT NEEDED: 1 large container which will allow you to put the foot in water up to the mid-point of the calf muscle. We like to add ice to the water trying to reach a temperature of 50 degrees. If ice is not available you can use tap water which is about 56 degrees.

TREATMENT TIME: We try to put the ankle in water for 30 minutes, and take it out for at least 1 hour. This is done as many times as possible during the time the boy has this injury.

1st day: Take the boy to the training room and place his ankle in ice water for 30 minutes. this will control the swelling and bleeding in the ankle. NO NOT allow the boy to move his ankle around, this will only aggravate the injury. If you feel that the ankle is too serious for you to treat, send the athlete to a DOCTOR. Let the boy hold his ankle in the ice water for 30 minutes and then take it out for one hour. The athlete should keep this up until it is time for him to go to bed. You can place an elastic wrap on the ankle while you are treating the athlete to help keep down the swelling.

BED TIME: This is one of the most important times

it slowly to see if he can bear weight on the injured ankle. It will take a few minutes before he will get use to walking on his sprained ankle.

2nd Day: All during the day the athlete should try to do as many cold soakes as possible. 30 minutes in the water, 1 hour out. He should do this right up to practice. At practice we will tape the athlete and allow him to do what he can on his sprained ankle without cutting or jumping too much. We allow him to practice until the ankle starts to cause him pain. At that time we will send him back to the training room to soak his ankle again. From here on we do the same thing that we did yesterday all the way through the night. REMEMBER BED TIME IS IMPORTANT, KEEP THE ANKLE COOL. During the second day of treatment we have the boy move his ankle while he is soaking it in the ice water. This method is called CRYOKENETICS which means the use of cold treatment along with exercise.

TAPING FOR PRACTICE

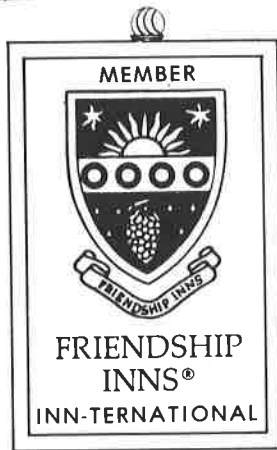
1. Regular or closed basketweave
2. Outside for extra support or inside
3. Treatment to hold the ligaments in place.
4. Heel Lock

3rd day: 4th day, 5th day, etc. Are all the same as the second day until the ankle is completely healed. We here at North Dakota State University feel that this method has given us the best results. We do not use any form of heat on a sprained ankle. We are treating healthy young athletes, this does not apply to anyone but athletes. The taping procedures that are mentioned in this paper can be found in Isrow's Taping Manual which is sold only through N.D.S.U. bookstore. Please write Mr. Dick Kasper, Varsity Mart, N.D.S.U.

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Brooklyn Center Football From Infancy To Maturity

RON STAVE — HEAD FOOTBALL COACH

BROOKLYN CENTER

About The Author ...

RON STAVE is a graduate of the Cannon Falls High School and a 1958 graduate of Augsburg College. Before coaching at Brooklyn Center, Stave coached three years at Olivia. His third team at Olivia went undefeated and All-State player Pat

O'Halloran was a halfback on that team.

While at Brooklyn Center the teams have battled for upper division standings against Oseo, Mahtomedi, Spring Lake Park and Fridley, culminated by the conference championship and an undefeated team in 1972.

Brooklyn Center High School had a very unique beginning as a new school in the fall of 1961. Not that being a new school is unique: Cooper, Armstrong, Mariner, Tartan — to mention a few from this area — and others, have started new programs also. However, these have all begun as the result of the division of an existent school district with an established football program. These schools began with at least some sense of tradition and community. They also started with boys who had some football background and maybe even a number of lettermen.

Prior to 1961, there was only an elementary school in the Earle Brown section of Brooklyn Center. Therefore, all the junior and senior high students were bussed and scattered to whatever schools in the Minneapolis system had room for them. Most of the junior high students were in Jordan, Lincoln, or Marshall, while the senior high students went to North, Vocational, Marshall and Henry. It was this nomadic group that was greeted by my assistants, Warren Olson and Kerm Klefsaas, and myself. Warren had just come from a successful season at Westbrook, Kerm had been coaching skillful freshmen at Mankato State, and I had just had an undefeated team at Olivia. (Little did I realize that it would be eleven years before we would hae one at Brooklyn Center).

All three of us considered the new job a real opportunity and a challenge. None of us really knew what it would be like to build a team and a tradition from infancy...but we surely found out in a hurry. I well remember the first



The happiness of beating Osseo for the first time shows on the face of Coach Ron Stave near the end of the game (score 34-0).

squad meeting in August. I asked how many had played football before and a few raised their hands. Then I asked how many had lettered and ONE boy raised his hand. I then asked how many had even watched football, either locally or on TV, and about half raised their hands. At about this point we knew that we had a real teaching job on our hands.

The boys were very enthusiastic and felt the excitement of starting something new. They just had really never had the opportunity to participate. They may have felt like outsiders at all of the Minneapolis schools they were in,

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plus there may have been a transportation problem for some if they didn't catch the bus back to Brooklyn Center right after school.

Our varsity team that first year consisted of seniors who had never played football on down to freshmen who were so small it was almost like asking them to be "kamikazes" to play against people like the St. Paul Hill team. I'm sure Bob Sullivan remembers my anemic 136-pound freshman tackle trying to block his tackles (the two starters were about 220 pounds and one of the subs was 276 and the other over 200). We considered ourselves lucky that day to just lose the game (0-33) and not to lose our will to play the game of football.

Some typical questions from that first year included:

"What is the line of scrimmage?"

"What do you mean by T formation?"

"Do I really need a jock?"

A sub at Elk River as he goes into the game, "Are we on defense or offense?"

Another boy as he ran down under punts during a drill, "Why do my shins hurt?" (This one we could answer easily because we saw that his thigh pads, which he had placed in his knee pad pockets, were flopping back and forth against his shins).

Or another boy's query, "Did I really have to run and be in shape because I'm only going to be a lineman?"

A sense of humor was a necessity through all the adversity of having no lockerroom, dressing in the basement of the elementary school, four boys to one big cardboard box, clothes hanging on pipes in the ceiling to dry, one showerhead for fifty boys, no football field, not scoring a touchdown until the fifth game of the year, no practice field so practiced either in a weed and sandbur patch or at one of the city parks.

Even our cheerleaders that first year seemed to lack some knowledge of the game of football as they cheered, "Hold that line" when we were on offense and "We want a touchdown" when the other team had the ball.

What the players and cheerleaders lacked in experience they made up in attitude. It was the attitude of the players, cheerleaders and fans that brought us two victories the last two games of that first year, when on paper — and if you used all logic — we shouldn't have won any. The cheerleaders, for example, maybe lacked the knowledge of football but not enthusiasm; you'd think we had won a state championship when we scored our first TD. I credit the players too for keeping a positive attitude through all the adversities of losing those first seven games. They started a tradition that Brooklyn Center football will have to be played by hitters with a positive attitude and perseverance — not by a bunch of quitters with a negative attitude toward football and life. I feel that this tradition has been built upon from year to year; we have not been "world champions" in football but we have been respectable and have held our heads high. We, as coaches, hope that the boys that play for us can also hold their heads high in life and not get down on themselves or the world the first time that things don't go just right.

Enough about the infancy years at Brooklyn Center. All of these years finally led to 1972 and a year of maturity that led to the Skyoine Championship and an undefeated 9-0 record until the playoffs when we lost to the Class "A" Champion, Burnsville. All of the people who helped to establish our football tradition were a part of this 1972 season. I know that former players and our fans felt this

CONT. ON PAGE 53



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Sports Personality Of The Year

GEORGE ROSCOE

George Roscoe, the athletic director for the city of St. Paul, is one of those people who can remember way back when a tin can would double as a puck and a football. He remembers when the vacant lot where the "gang" use to play was taken away so Memorial Stadium would be built. A lot has happened from that time to the present. George Roscoe has added much to the sports scene in the State of Minnesota and worked hard to improve it for others. So it is a real pleasure to name George Roscoe as the years "Sports Personality of the Year."

Roscoe's sports background got it's beginning when he was attending Emerson School where he played both basketball and football. He went on to Minneapolis Central High School where coaches the like of Joe Markley, Weston Mitchell, Bill Weber and Bill Hawker played a great part in developing him as an athlete and as a man. While at Central, George Roscoe was to become one of the innovators of the "one hand" basketball shot. Using this "unacceptable" way of shooting the ball, George was the league scoring leader for two years.

The old "All Nations" tournaments were George's pleasure while participating in athletics after high school with Pillsbury House. He so impressed an opponent on another team during one of these tournaments that this opponent persuaded him to enroll at the University of Minnesota. This opponent happened to be Dave MacMillian, the head basketball coach at the University at that time. Roscoe played basketball at the University for

MacMillian for three years. Just to keep his falls and springs busy he also played varsity football and baseball. He is extremely proud to have played on a national championship football team and being named to the second team All-American football team in his senior year.

Roscoe followed his great career as an athlete by going into the coaching profession which has taken him to stops at Alexandria, Owatonna, and after a stint with the U.S. Navy to St. Paul Central where his great 1955 team beat the highly favored Minneapolis champion by five touchdowns.

His friends know him as a man who could do it all with any kind of a ball. Be it a pool table ball, football, baseball or golf ball, George was it's master. Pat Berg was one of George's golf partners and his long drives and accurate short game were the weapons he used to defeat this great woman golfer.

For the past fifteen years George has been the athletic director of the St. Paul School System. Many problems have confronted this fine man during these years, but he has fielded them all with the same precision and vigor that he use to field the "can" back at old Emerson school.

The mark of a real professional is one who puts more back into his chosen field than he takes out. George Roscoe fits the bill as a real professional and the Minnesota Football Coaches Association is proud to have him as our Sports Personality of the Year.

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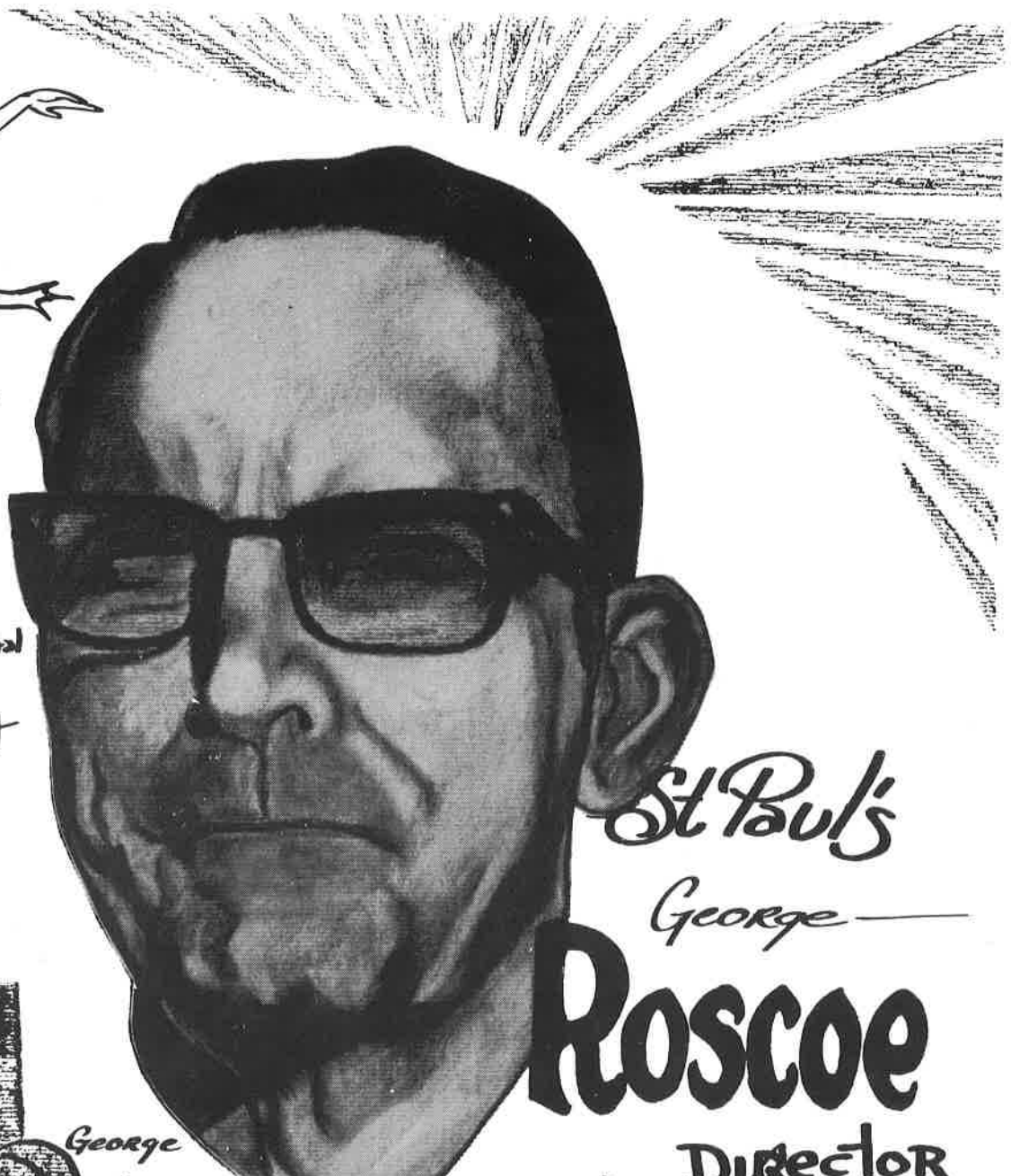
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BRUCE SMITH—College



Previous Winners . . .

1967
Francis "Pug" Lund
Louis Todnem
Paul Giel
Cliff Morlan
Joe Markley

1968
Lee Brockmeyer
Sid Hartman
Charles "Bud" Wilkinson
Elmer Wigen

Previous Winners . . .

1965
Bernie Bierman
Frank Cleve
Bernie Cole
Jake Christiansen
Vern Morrison
Bronko Nagurski
Ted Peterson
Lew Swearingen

1966
Bert Baston
Lester S. Barnard
Red Hastings
John Gagliardi
Lefty Ranweiler

MARV HELLING—High School



EARL TEAS—High School



CHUCK ELIAS—High School



Previous Winners...

1969

C. P. Blakeslee
Dick Bradley
Ray Christenson
Jim Byrne
Lloyd Hollingsworth
Pete Guzy

1970

Ed Wiseth
Adrian Christenson
Jake Christiansen
Walter Hertz
Frank O'Rourke
Les Knuti
Bud Grant
Wendell Vlasin

1971

Manny Marget
Butzie Maetzold
George "Butch" Nash
Harol M. "Snooks" Sullivan

1972

Dick Wildung
Jim Lee
Jerry Krueger
William F. Broekmeier
Fred Vant Hull

RALPH ANDERSON—Citation



JERRY DAHLBERG—Citation



Minnesota High School Football Coaches Association "FOOTBALL HALL OF FAME"



**High School Division
EARL TEAS**

Earl Teas, a native of South Dakota and an all-conference football player while attending St. Cloud State College, coached for 17 years at Pipestone High School and directed his teams to four conference championships. Three of his teams finished undefeated and his overall coaching record was 84-60-5. Teas began his high school coaching at Grand Rapids before moving to Pipestone.

**High School Division
MARV HELLING**

During 19 years as a head coach (at Detroit Lakes, Minneapolis Washburn and the University of North Dakota) Marv Helling's teams won nine championships and only five of his 19 teams finished lower than second in a conference race. His lifetime winning record was 71 per cent. He began his coaching career as an assistant under Hall of Famer Lew Swearingen at Jackson High School.



**Citation
JERRY DAHLBERG**

Veteran sportscaster Jerry Dahlberg of KROX in Crookston is in his 25th year of sports broadcasting. His greatest contribution has been his personal interest and his firm conviction of the value of athletics to high school participants. He has stood convincingly behind the creed of the Minnesota State High School League.



**High School Division
CHUCK ELIAS**

Chuck Elias, a graduate of the University of Iowa, began his illustrious coaching career as backfield mentor at Coe College. Elias became head coach at Minneapolis Central in 1952 and held that position until 1968. His teams won three Minneapolis City Conference crowns and three Twin City championship game and in one stretch his Central clubs suffered only three losses in 56 games. Although retired from coaching, he serves as secretary-treasurer of the Minnesota State Football Coaches Association.

**Citation
RALPH ANDERSON**

Sports editor and news editor of the Detroit Lakes Newspapers, Ralph Anderson has been a promoter of high school athletics in northwestern Minnesota for over 20 years. A native of Willmar and a graduate of the University of Minnesota, Anderson serves on an advisory board that picks all-state teams and makes weekly ratings. The firm he is employed by publishes this magazine.



**College Division
BRUCE SMITH**

The only University of Minnesota player to be awarded the Heisman Trophy emblematic of the nation's top collegiate gridder, Bruce Smith led Minnesota to national championships in 1940 and 1941. His college coach — Bernie Bierman — calls Smith "the most complete football player I ever saw." The late Mr. Smith, who died of cancer a few years ago, was posthumously honored in October, 1972, when Gov. Wendell Anderson declared Bruce Smith Day and his memory was honored at Memorial Stadium in Minneapolis.



Regional Coaches Of The Year

REGION ONE—JAMES ROFORTH, Lake City

REGION TWO—RICHARD OLIPHANT, Blue Earth

REGION THREE—TYRONE WACKER, Gaylord

REGION FOUR—DICK HANSON, Burnsville

REGION FIVE—GEORGE WEMEIER, Minneapolis Washburn

REGION SIX—GERHARD O. T. MEIDT, Rothsay

REGION SEVEN—ROBERT SWANSON, Mountain Iron

REGION EIGHT—KEN BAUMANN, Mahnomen



REGION ONE—

JAMES ROFORTH,

Lake City

It's been a story of winning ever since he joined the coaching ranks for James Roforth, head football coach at Lincoln High School in Lake City.

Roforth's 1972 team went undefeated through a nine-game schedule, captured the Hiawatha Valley Conference championship and then toppled LeSueur's Minnesota River Conference champions in a post-season playoff. Lake City's only loss was to Mountain Iron, which went on to win the Minnesota State Class B football title.

Lake City has suffered only two shutouts in its 68 games under Roforth's coaching. Roforth coached at Comfrey High School and Sleepy Eye High School before moving to Lake City and had fine records at both schools. His Sleepy Eye teams were 32-8 in five years, winning three conference titles and finishing second twice.

Roforth has both a bachelor's degree and master's degree from Mankato State and has been in the coaching ranks for 16 years.



REGION TWO—
 RICHARD OLIPHANT,
 Blue Earth

During eight years as a football coach, Richard Oliphant's teams have an overall 47-25-1 record for a 65.3 winning percentage and have taken three conference championships.

An outstanding football player while a prepster at Albert Lea under Jim Gustafson, Oliphant went on to earn three football letters at the University of Northern Iowa and helped that school capture two North Central Conference championships. He was quarterback on the 1964 Northern Iowa team that stopped Lamar Tech 19-17 in the Pecan Bowl at Abilene, Tex.

Oliphant's coaching career began at Beaman-Conrad High School in Conrad, Ia., and his second team at that school in the fall of 1966 won the conference championship.

His Blue Earth teams have captured the South Central Conference championship in each of the past two seasons (1971 and 1972) and Blue Earth finished 9-1 in 1972. Its only loss was 21-15 to Burnsville, which captured the Minnesota State Class A title.



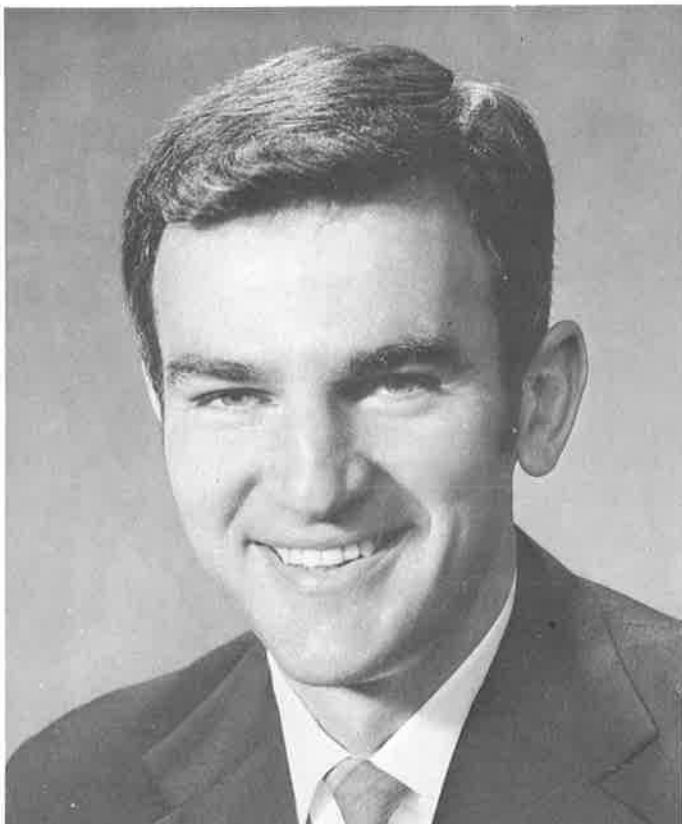
REGION THREE—
 TYRONE WACKER,
 Gaylord

Tyrone Wacker, who has been head football coach since 1967 at Gaylord High School, has directed his school to a 56-4 record during that time and to five straight Tomahawk Conference championships.

Gaylord capped a perfect 1972 season with a 26-6 victory over Preston for the first Class C football championship in the newly-initiated Minnesota State High School League post-season playoffs.

A graduate of Mayville State (N.D.) College, Wacker established a winning tradition as a coach before going to Gaylord, although in a different sport. He was manager-coach of the Mayville baseball team that won the North Dakota-South Dakota state championship in 1966.

Wacker also coached the Mayville State Junior Varsity basketball team during 1965-66.



REGION FOUR—

DICK HANSON,
Burnsville

Dick Hanson, who has a 30-7-2 overall record as head football coach at Burnsville High School, directed his team to a 12-0 record in the fall of 1972 and Burnsville's Braves capped the season with a 46-19 conquest of Sauk Centre for the Minnesota Class A football championship.

En route to the championship game, Burnsville toppled Rosemount 46-0, Brooklyn Center 28-8 and Blue Earth 21-15 and all three of those teams were undefeated for the season until losing to the Braves.

A graduate of Grand Forks (N.D.) Central High School and the University of North Dakota, Hanson coached at Grand Forks St. James High School before moving to Burnsville as an assistant coach in 1961.

Until Burnsville's 12-0 record of last fall, the best previous grid mark in the school's 12-year history was 4-3-1.

REGION FIVE—

GEORGE WEMEIER,
Minneapolis Washburn

Head football coach George Wemeier of Minneapolis Washburn served as assistant grid mentor under Frank Cleve and Don Swanson at Minneapolis Patrick Henry from 1957-65 and then moved on to Washburn where his teams had had a brilliant record of success.

The Millers had a mediocre 3-6 record in Wemeier's first season in 1966, but since then have gone 60 games without a defeat and have reeled off 46 successive victories.

Washburn capped its perfect 1972 season with a 26-8 victory over the Moorhead Spuds at Metropolitan Stadium in Bloomington for the first Class AA championship in the history of the Minnesota State High School League.

A graduate of Macalester College, where he was an all-conference football player for three years, Wemeier coached at Braham High School in 1955 and 1956 and then joined the Patrick Henry staff.

Washburn has won five Minneapolis City Conference and five Twin Cities high school football championships during Wemeier's tenure as head coach.



REGION SIX—

GERHARD O.T. MEIDT,

Rothsay

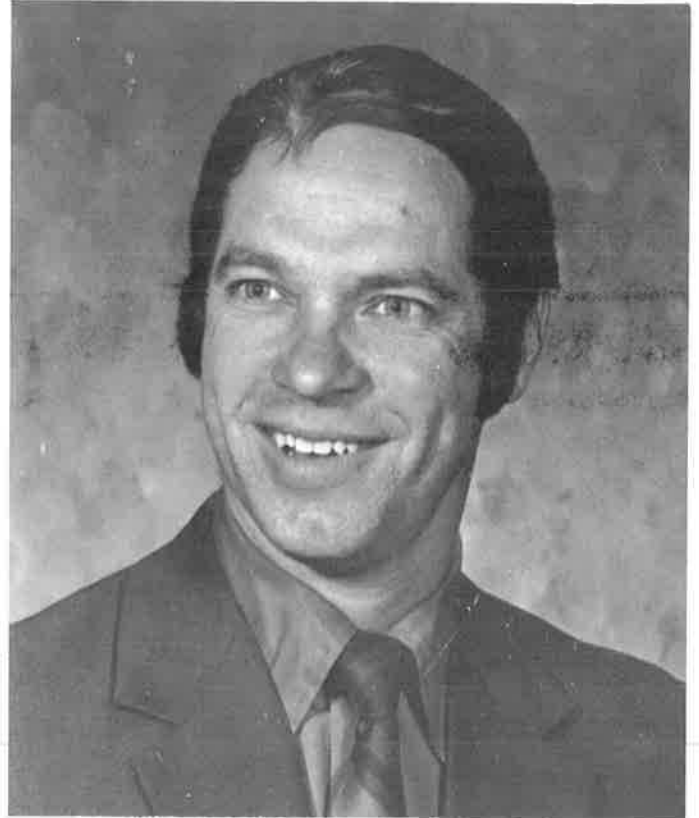
Gerhard O. T. Meidt has been head football coach at Rothsay High School since 1963 and since that time the Tigers have compiled a spectacular 80-7 overall record.

Rothsay's gridders have had undefeated records five times, have captured eight Little Valley Conference championships and last fall finished 10-0 and won the first nine-man championship of the Minnesota State High School League.

During Meidt's 10-year career as head coach, Rothsay has out-scored its opponents 4,134 to 1,282 and nine of his players have earned all-state recognition.

A graduate of Grand Forks (N.D.) Central High School, Meidt played football three years although weighing just 130 pounds. He went on to the University of North Dakota where he also was on the football squad.

Meidt served two years as an officer in the U.S. Army prior to joining the Rothsay school system. His duties at Rothsay also include that of high school principal and director of the school band.



REGION SEVEN—

ROBERT SWANSON,

Mountain Iron

Robert Swanson, head football coach at Mountain Iron High School, has established the tradition of being a winner.

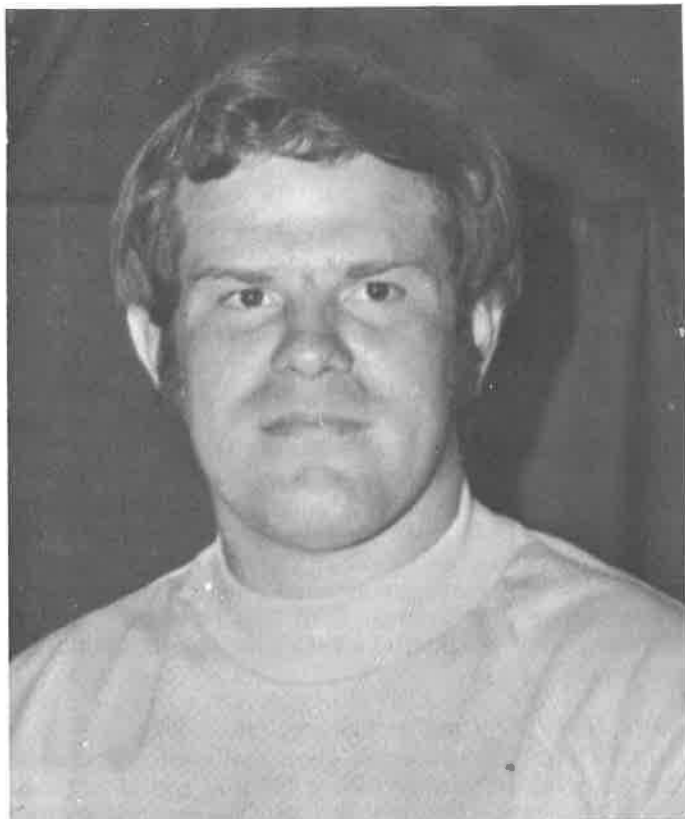
A graduate of Hibbing High School — only about 20 miles away from Mountain Iron — and the University of Minnesota, Duluth, Swanson has been head grid coach at Mountain Iron for 19 years and his teams have been 120-27-4 in that period of time.

The Red Raiders overwhelmed Dassel-Cokato 54-6 last November for the Minnesota State High School League's Class B football championship and finished the season with a perfect 11-0 record.

Mountain Iron has won nine Arrowhead Conference football championships during Swanson's tenure as head coach and toppled the Seaway Conference titlists in playoff games in both 1971 and 1972.

Swanson's Mountain Iron eleven has gone 27 straight games without a loss dating back to the 1970 season.

Following graduation from Hibbing High School and prior to enrollment at UMD, Swanson served with the U.S. Navy during World War II.



REGION EIGHT—

KEN BAUMANN,
Mahnomen

Ken Baumann, the head football coach at Mahnomen High School since 1969, had a disappointing first season, but it's been a case of continued success since that time.

Mahnomen's Indians, who compete in the Pine to Prairie Conference, finished 1-6-1 overall in 1969 as Baumann took over the coaching reigns and haven't lost a game since.

The Indians have been undefeated for 26 games and have a winning string of 21 straight games. During this time, Mahnomen has averaged 37.5 points a game and has given up only an average of 5.0 points per start.

Baumann, who was football captain his senior season at Bemidji State College, has directed Mahnomen to three straight conference championships and has a 25-6-2 overall record.

He is a graduate of Lamberton High School.

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STANDING BY IN SPORTS

By Ralph Anderson

Editor, Detroit Lakes Newspapers

+The first football playoffs of the Minnesota State High School League were held in the fall of 1972 and were greeted enthusiastically by coaches, fans and players.

Winners in the championship games were the following:
CLASS AA — Minneapolis Washburn (Minneapolis City Conference) over Moorhead (independent), 26-8.

CLASS A — Burnsville (Missota Conference) over Sauk Centre (West Central Conference), 46-19.

CLASS B — Mountain Iron (Arrowhead Conference) over Dassel-Cokato (Wright Country Conference), 54-6.

CLASS C — Gaylord (Tomahawk Conference) over Preston (Maple Leaf Conference), 26-6.

CLASS NINE-MAN — (Rothsay (Little Valley Conference) over Cotton (St. Louis County Conference), 64-12.

++++++

+K. R. (Red) Wilson, who directed Bemidji High School football teams to an overall 201-69-7 record during 34 years as head coach, has retired. Wilson had petitioned for another year as head grid mentor at Bemidji after reaching retirement age of 65, but the Bemidji School Board did not act on his request. Wilson's 1952 Bemidji team, which finished 8-0, was named the top high school team that year in Minnesota by the Minneapolis Tribune. Nine of his clubs had undefeated records.

++++++

+Bob Bandemir, athletic director at Gaylord High School and head football coach at the school from 1957-66, died on April 7 at the age of 43. Gaylord enjoyed tremendous athletic success under Mr. Bandemir's direction, capturing the conference football championship in his last season and winning the Minnesota State High School League's Class C gridiron title last fall.

++++++

+Coaches of the Big Nine Conference will be confronted again this fall with stopping last year's leading ground-gainer, Mike Curry of Albert Lea. Curry, who stands 6-3 and weighs 205 pounds, gained 927 yards in 173 carries as a junior last year.

++++++

+Bob and Dick Fortier, the twin sons of C. A. (Bun) Fortier of Bemidji, have recently been named to new football coaching positions. Bob Fortier resigned as head football coach at Bismarck (N.D.) St. Mary's High School to join the North Dakota State grid staff in Fargo, while Dick Fortier left Tracy High School to become head grid mentor at Pipestone High School, where he succeeds Bob Nagle who moved up to the post of athletic director. An older brother of the Fortier twins — Ross — is head football coach at Moorhead State College.

++++++

+The new head football coach at O'Gorman High School in Sioux Falls, S.D., is Gary Sandbo, formerly head grid mentor at Walnut Grove High School. A graduate of Tracy High School and Augustana College, Sandbo was an all-conference player in football and baseball while at Augustana and was South Dakota's college athlete of the year in 1968.

++++++

+For the first time in history, the 1972 Big Nine football champion lost more than one game. Rochester John Marshall blitzed Red Wing 39-13 in the playoff and finished with a 7-2-1 mark. It was only the second time in 14 years that the conference champion had lost one game, according to head football coach Jerry Peterson of Owatonna.

++++++

+Among newly-named high school football coaches for 1973 are Gramer (Skip) Davis at New Ulm, where he succeeds Don Varpness, and Gene Cherney at South St. Paul, who moves up from a post as assistant coach to succeed Steve Silianoff.

++++++

+Olivia High School's football team promises to have the most exotic trip of the 1975 Minnesota season. Olivia will travel to play a Hawaiian school that year and the Hawaii team will play at Olivia in 1976.

++++++

+The Northwest Conference, which operated with four schools in 1972, wound up in a three-way tie for first between Bemidji, Crookston and Thief River Falls, all with 2-1 conference records. East Grand Forks was the other school and had an 0-3 record. Fergus Falls and



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Breckenridge will move into Northwest Conference football play in 1973.

++++++

+Another veteran football coach stepping down after the 1972 season was Irv Nerdahl at Robbinsdale. Nerdahl's teams had a 174-64 won-lost record in 31 years and captured 11 Lake Conference championships. Robbinsdale also won the Minneapolis Tribune's mythical state titles in 1958 and 1960.

++++++

+The West Central Conference, one of the most stable as far as membership goes in Minnesota for many years, will have only six schools in 1973 — Alexandria, Willmar, Morris, Litchfield, Montevideo and Benson. Two West Central schools — Glenwood and Sauk Centre — will move into the Central Gopher Conference. Paynesville also will be a new Central Gopher Conference member, leaving the West Lake circuit to join the league.

++++++

+A new conference playoff in Minnesota during 1973 will find champions of the Heart O'Lakes and Wright County Conference clashing. The Heart O'Lakes Conference previously was involved in a football playoff with the Northwest Conference champion.

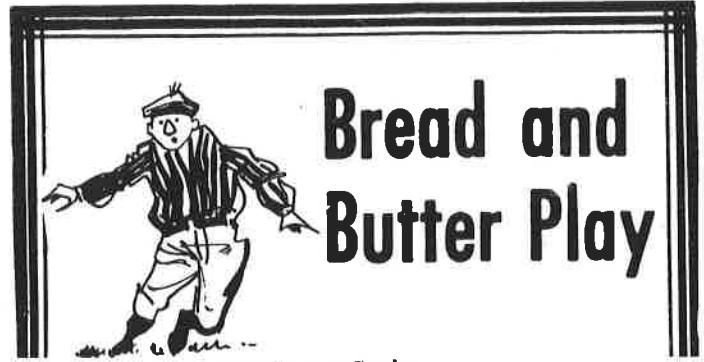
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+When Crookston Central High School's football team defeated Roseau 54-0 last fall, it marked the 100th career coaching triumph for head coach Les Dreschsel of the Pirates. Drechsel coached at Parkers Prairie and Ada before moving to Crookston and his 1972 team shared the Northwest Conference title.

++++++

+En route to the West Central Conference grid championship last fall, Sauk Centre defeated Willmar 20-13 and it was only the fourth time in the 34 years the schools have played that the Mainstreeters have tumbled the Cardinal gridders. Other Sauk Centre football wins over Willmar came in 1950, 1952 and 1972.

++++++



The Statute Series

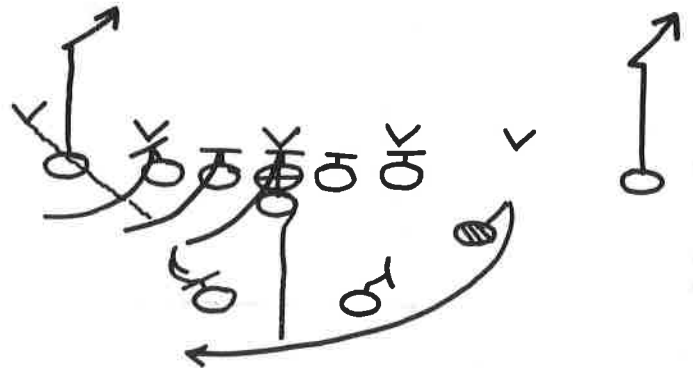
Chuck Voss West High School, Minneapolis

At West Hih School we use a variety of offensive sets and formations as do most of the other teams in our conference. That is, we run the Belly Seires, a Power Sweep and Slant, as well as basic Dives and Traps from either the Wing-T or Slot-T, with or without split ends and/or flankers.

We supplement our attack with a Statute Series, which has been responsible for several touchdowns or "long gainers" each year, in spite of the fact that everyone on our schedule knows we use it. This series can easily be adapted to a Pr-set, Wishbone, or any other offensive formation.

Before I go any further in this article, let me give credit for this series to Coach Jim Baxter. Coach Baxter had used this particular series with success at Minnehaha Academy, than when he joined the West staff in 1962, he convinced me that it would work very well into our attack.

We will run these plays both to the right and to the left, but to save time and space, we will diagram only the basic plays from a "right formation."



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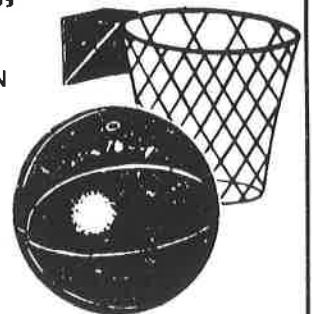
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Halfback Paul Evenson (with ball) of Pelican Rapids was brought down from behind by an unidentified Glyndon-Felton tackler in his team's 16-12 Heart O'Lakes Conference victory. Waiting for Evenson is Marty Jones (42) of Glyndon-Felton, the Most Valuable Player in the HOL Conference during 1972. Other Pelican Rapids players shown include Merle Rask (66), Paul Restad (42), Pat Martin (71) and Jon Thompson (76).



Hutchinson halfback Jim Hammond (31) is being led around left end by Tim Pulkrabek (65) and Scott Powers (23) in Hutchinson's grid victory over Glencoe. Coming up in the white uniform is Glencoe's Mike Barnum (70). Hammond gained 1,082 yards by rushing for a Hutchinson school record during 1972.



Making this spectacular one-handed catch is halfback David Decker of Brooklyn Park in his team's 34-8 victory over Spring Lake Park. Quarterback Roger Smith of Brooklyn Center threw 25 touchdown passes during a two-year career as singal-caller for the Centers.

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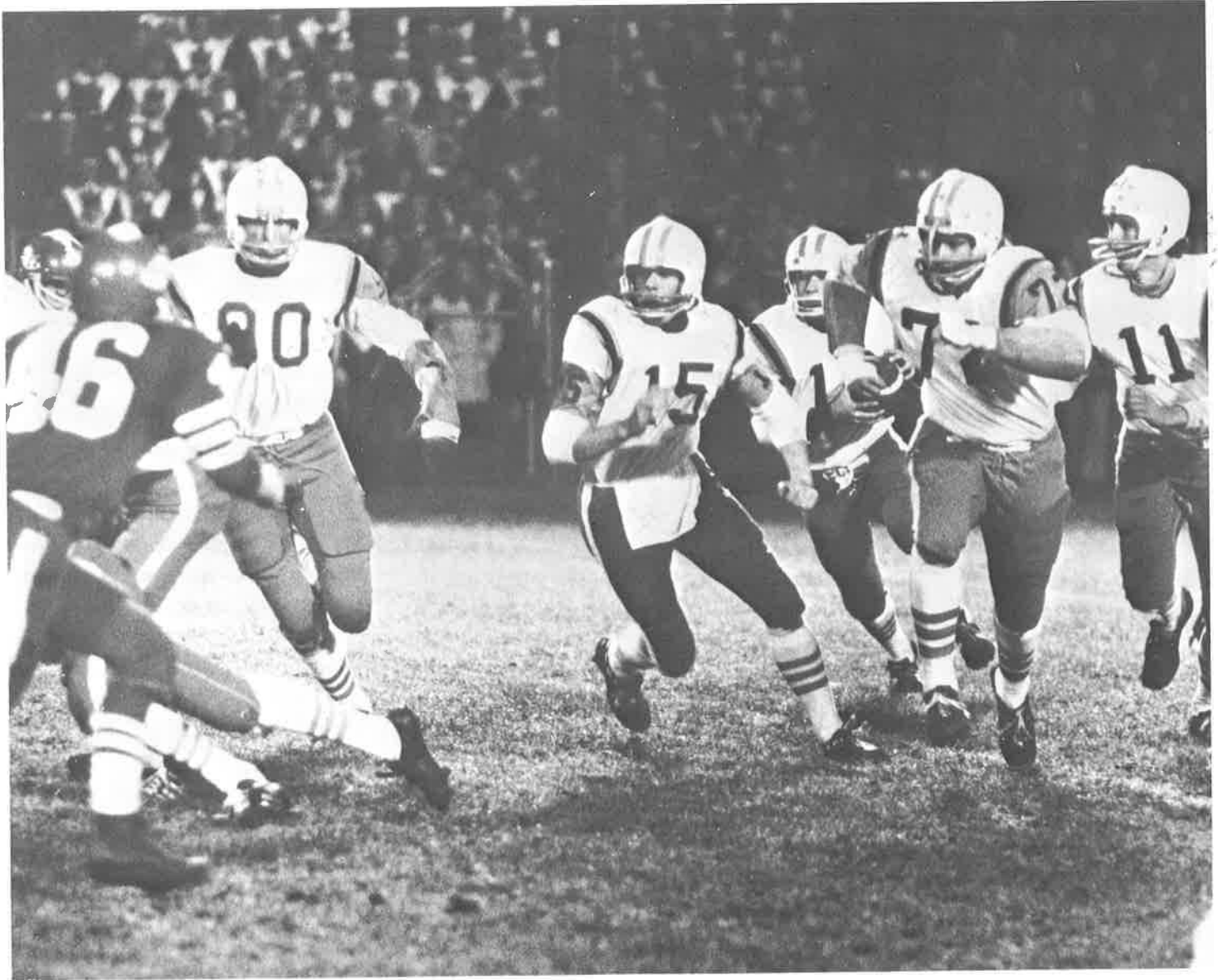
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Dale Lelintchhammer (20) follows the blocking of fullback Jon Huntz (31) in Owatonna's 28-14 loss to defending Big Nine champion Albert Lea.



Mountain Iron handed Hermantown a conference playoff defeat at Griggs Field in Duluth and this photo shows Mountain Iron quarterback Steve Sutich rolling for a gain as halfback Jeff Anderson clears out a Hermantown defender. Hermantown players in back are Dean Fichtner (74) and Treg Nygaard (77).



A host of Lake City players (in white uniforms) come around end in Lake City's 30-7 loss to Mountain Iron in the Minnesota State High School League semi-final playoff game last November. Carrying the ball is halfback Paul Webster and leading interference are quarterback Tom Haase (15), all-state tackle Mark Sontag and Jim Tackmann (11). Moving in for Mountain Iron is Peter Achman (46). Achman was the leading rusher in the Hiawatha Valley Conference with 1,388 yards during 1972.

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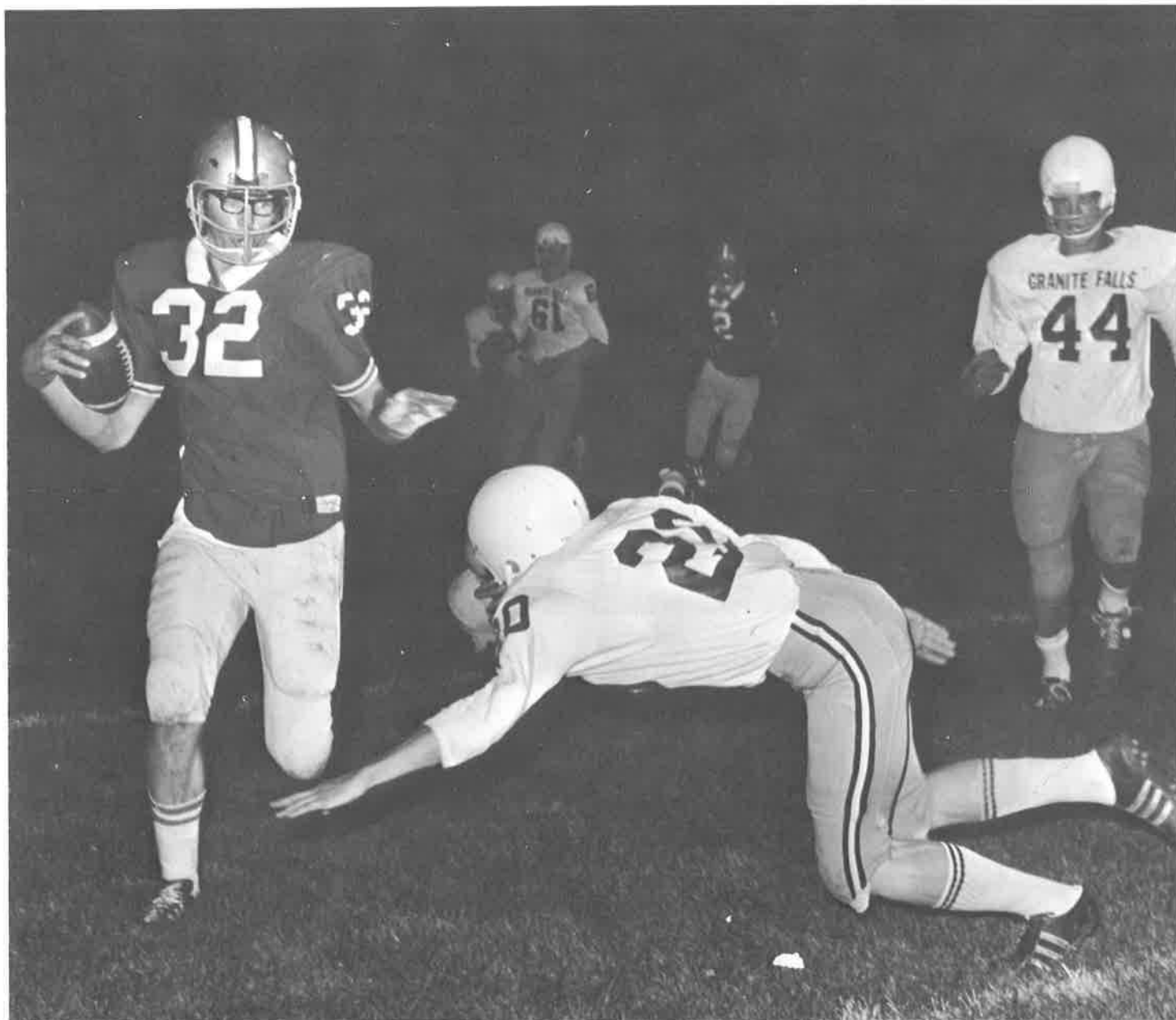
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Halfback Jeff Holm of Brooklyn Center follows a block of teammate Bill Hempel for a good gain in his school's 34-0 victory over Osseo.

Halfback Scott Edstrom (17) of Mountain Iron broke through for a good gainer in his school's conference playoff win over Hermantown as this photo was taken. Moving in to make the tackle are Hermantown players Steve Schilling (32) and Jerry Olson (40). Behind the play is Mountain Iron end Tony Stile (88).





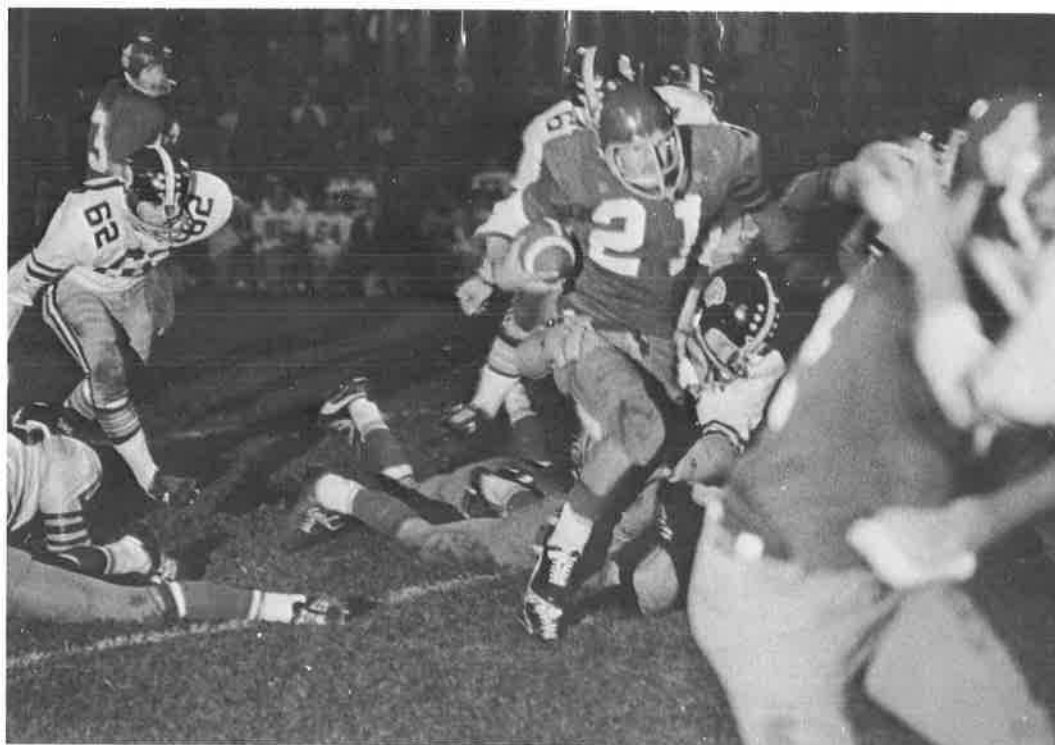
Clarkfield's Tim Wisdorf, (32), who rushed for 1,057 yards on 260 carries during the 1972 football season, is shown here making a gain in his team's 18-12 victory over Granite Falls. Wisdorf, an all-stater, scored all three of his team's touchdowns in the Granite Falls victory and tallied 54 points during the season.

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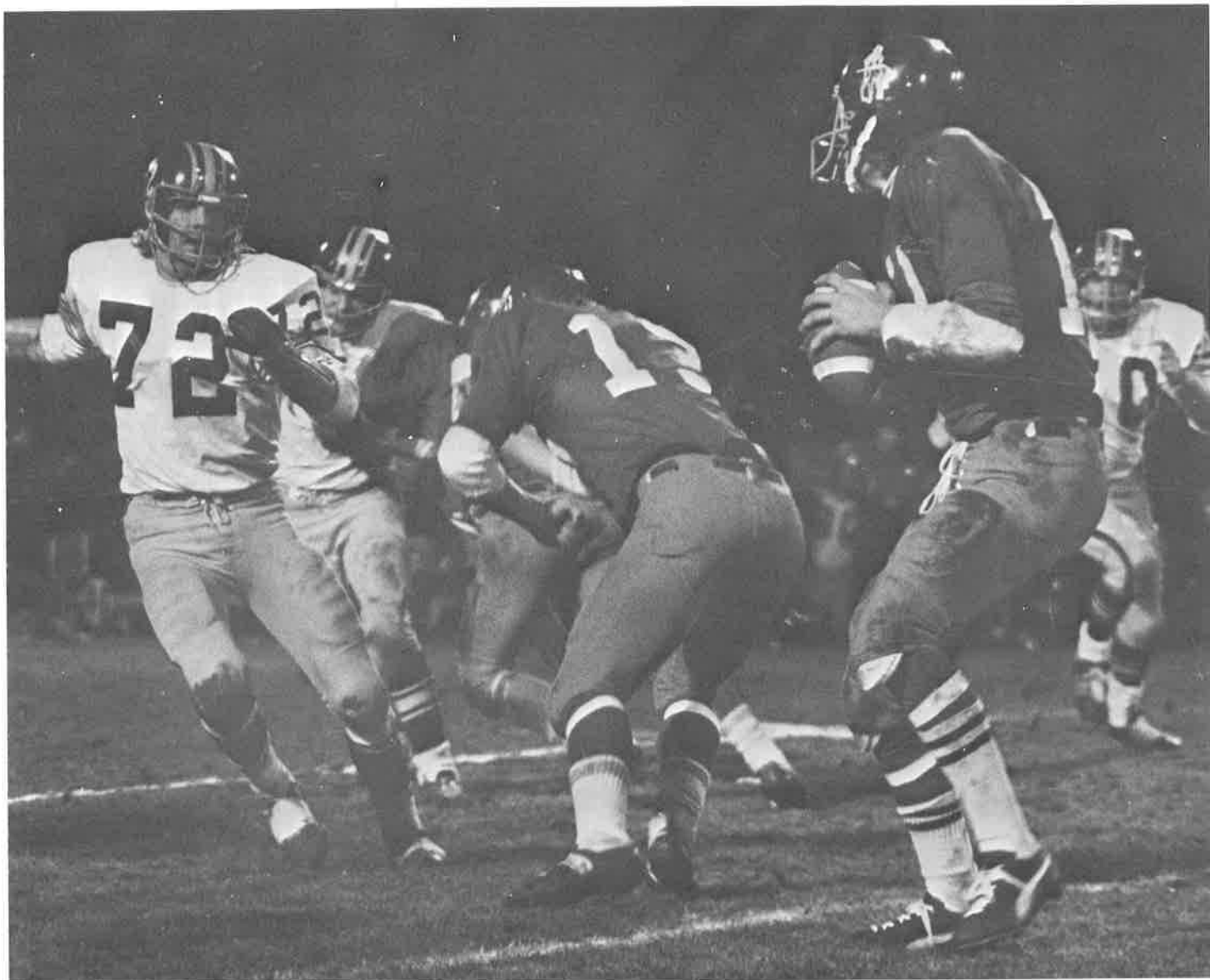
BLUE EARTH, MINNESOTA



Brooklyn Center's offensive line cleared holes like this one all year long. In this photo, halfback Jeff Holm scored a touchdown against Fridley as Brooklyn Center posted a 16-0 win.

Halfback Collin Goepferd (34) of Fergus Falls sprints through the line for a good gain in his school's 22-20 grid victory over the Crookston Pirates. Other Fergus Falls players pictured are Mike Neuman (25) and Tom Johnson (72).





Behind the blocking of quarterback Roger Smith, Brooklyn Center's David Decker sets up to throw a pass against Burnsville in the playoff game between Burnsville's Missota Conference champions and Brooklyn Center's Skyline Conference kings. The hard-fought game was won by Burnsville 29-8 and the Braves went on to take the Minnesota Class A championship.

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John Dinsmore (65-white) of Fergus Falls dives in to make a tackle in his school's 46-20 football victory over Alexandria last fall. Alexandria players shown are Al Kvitek (34), Barry Bigman (65-dark) and Doug Licht (33).



Mountain Iron halfback Jeff Anderson (22) breaks into the open behind the blocking of all-state tackle Dan Pratt (76) and Glenn Novak (kneeling) in Mountain Iron's playoff victory over Hermantown at Griggs Field in Duluth. Hermantown players show (in dark uniforms) include Dean Bjorlin (10) and Dean Fichtner (74).



Fullback Jim Wittwer of Redwood Falls High School is shown here crashing into the end zone with two seconds remaining in his school's 14-10 Southwest Conference victory over Marshall.

PPI And AUSTIN

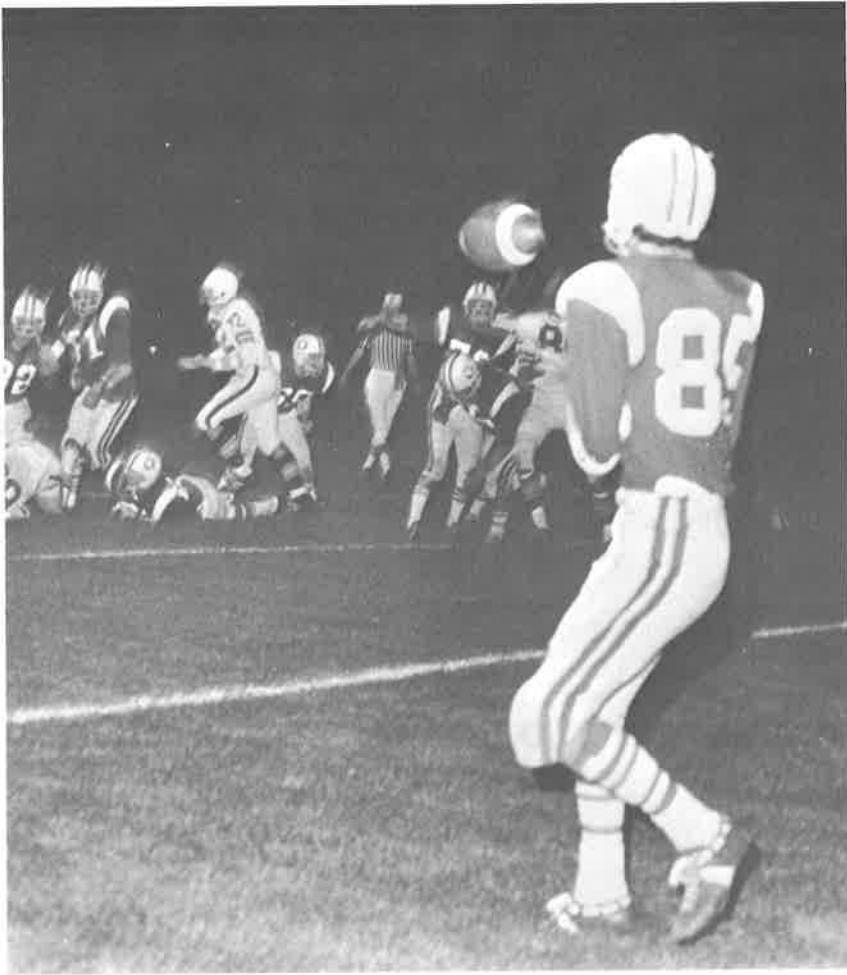
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Steve Bartels (24) of Fergus Falls broke past Richard Dean (33) and David Caspers (51) of Breckenridge for a big gain in the Otters' 27-0 victory over the Cowboys. Don Schultz (73) of Fergus Falls provides a block for his teammate.



Audubon High School's Keith Mulcahy (with ball) put his head down and lunged forward into Lake Park's Mark Nelson (84) during Audubon's 29-0 Little Valley Conference victory over the Parkers as this photo was taken. Other Lake Park players in the background include Jim Kaiser (73), Tim Peterson (50) and Ron Berland (85).

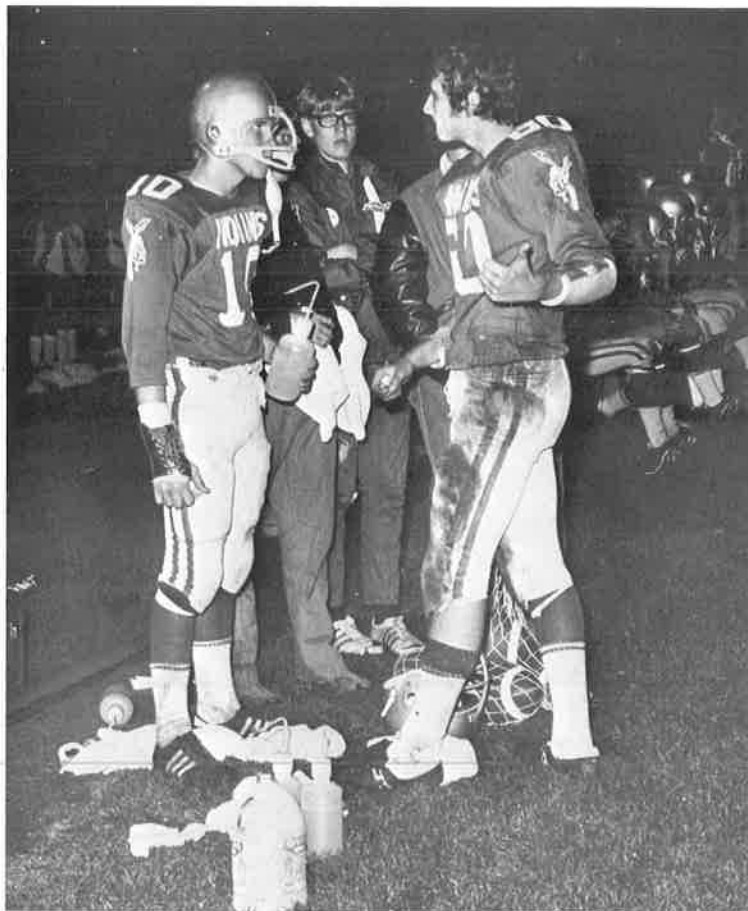


Detroit Lakes split end Tom Evans (foreground) takes a pass from quarterback Kevin Shipley in his team's 29-0 Mid-State Conference football victory over Crosby-Ironton last fall as the Lakers ended a 16-game C-I Mid-State winning skein. Evans, named to the St. Paul Pioneer Press all-state team, caught 46 passes for 875 yards and six touchdowns during the 1972 campaign.



All-state tackle Dan Pratt (76) led the blocking for fullback Steve LaPatka (20) in Mountain Iron's victory over Nashwauk-Keewatin in this photo. Quarterback Steve Sutich (18) of Mountain Iron is at the right, while the Nashwauk-Keewatin player reaching for LaPatka is Pat Coughlin (35).

Quarterback John Herrmann (10) of Owatonna and Randy Christey (80) talk things over on the sidelines in their team's 30-14 victory over Rochester Mayo. Herrmann led the Big Nine Conference in touchdown passes with eight and Christey led in receptions with 19. Both were juniors during the 1972 season.



Rolling out on a pass option play is Russell High School's Doug Goodmund (11) as Alan Habben throws a block at the right to clear out two defensive men. The photo was taken in Russell's game against Belview and found Russell scoring two touchdowns and a pair of two-point conversions in the final period for a 16-12 MINI Conference victory. Russell captured its first outright conference title in history in the fall of 1972.

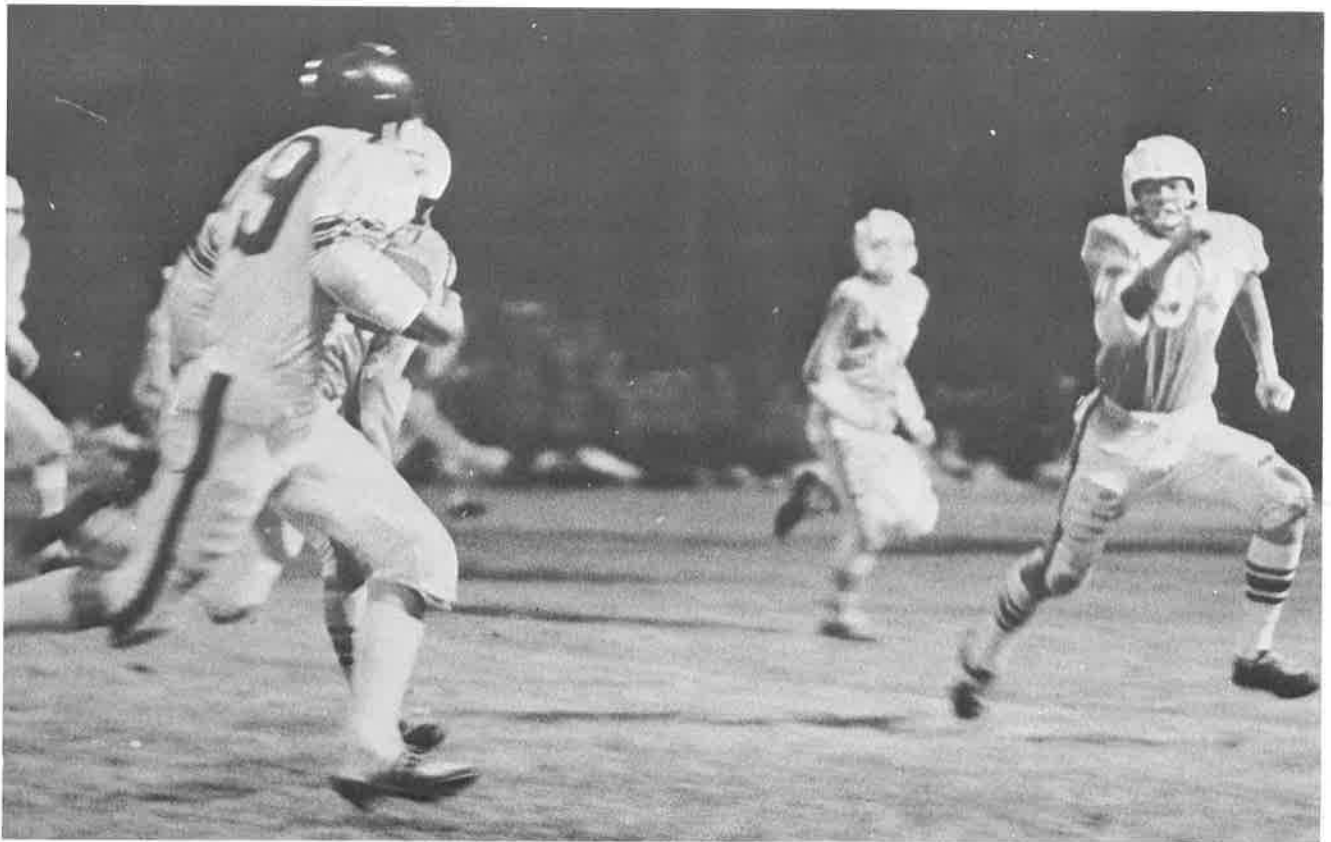


Fullback Mike Davis (32) of Detroit Lakes, who completed his prep career with 1,104 total yards by rushing, was cornered by a Wadena tackler here as he helped the Lakers to a 49-0 victory that clinched the Mid-State Conference championship for Detroit Lakes.



Quarterback Gene Sather (10) of Ulen-Hitterdal stretched four additional yardage as he was tackled by Rothsay's Greg Nord (22) during Rothsay's 42-26 victory over Ulen-Hitterdal in the game that decided the 1972 Little Valley Conference football title. Rothsay players coming up at the left are Roger Sundby (74) and Larry Morris (33).

Moorhead's Spuds, finalists in the Minnesota Class AA playoffs last fall, were given one of their toughest games of the season in a 28-13 victory over Fergus Falls. In this photo, Steve Bartels of Fergus Falls rambles for a big gain as Moorhead's Larry Seljevold (27) gives chase. Other Fergus Falls players shown are Tom Johnson (75) and Randy Waneke (86). The Moorhead player in the background is Steve Crook (45).



Bemidji halfback Charlie Myers (with ball) sweeps around end and defensive halfback Paul Evensen (83) of Pelican Rapids comes up to head him off in this concluding football game of 1972 for both schools. Pelican Rapids, which won the Heart O'Lakes Conference title, posted a 12-8 victory over Bemidji, which finished in a three-way tie for the Northwest Conference crown.



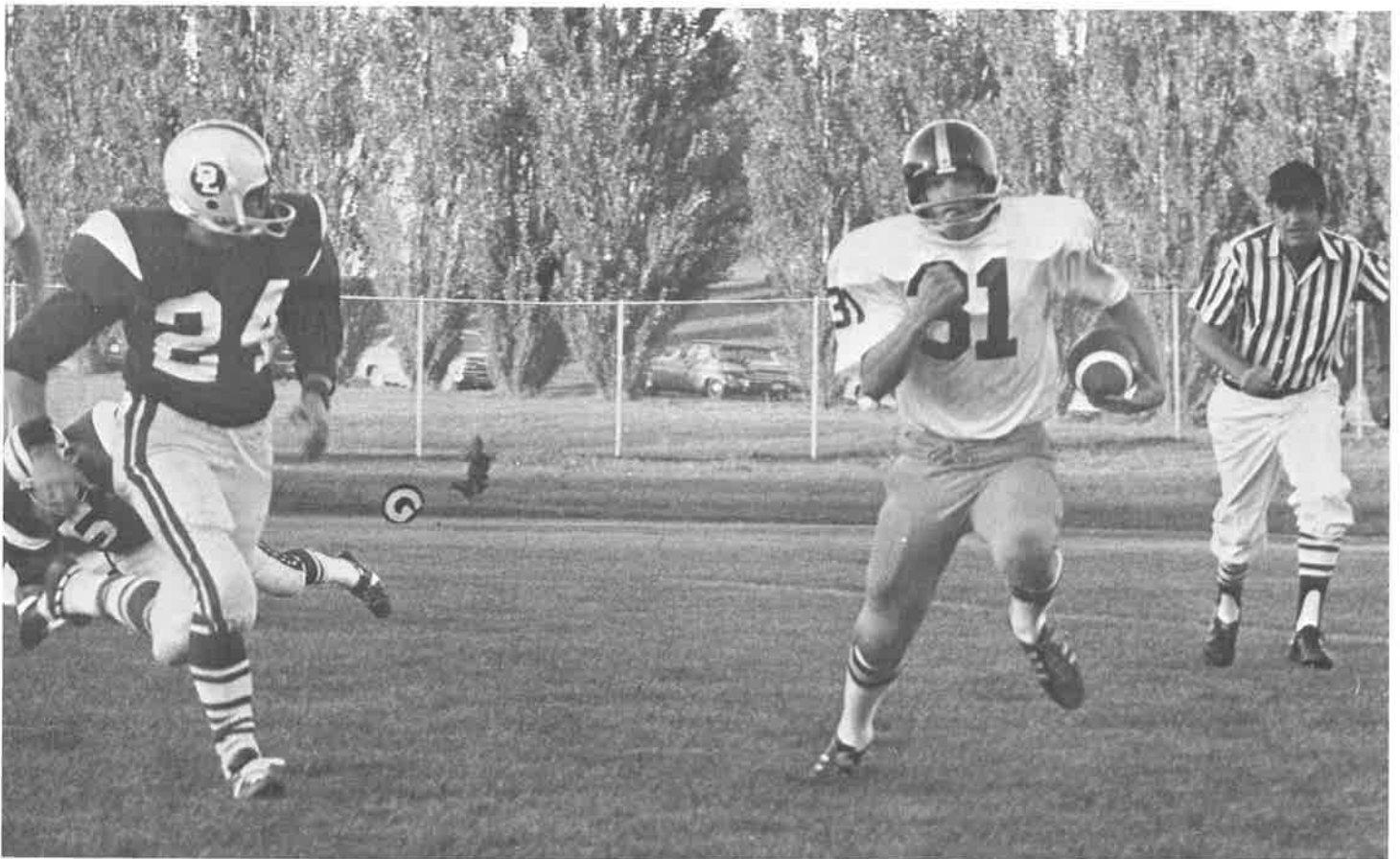
Co-captain Kevin Carlsrud (12) of Rothsay is pictured as he accepted the Minnesota State High School League's Class Nine-Man championship trophy after Rothsay had hammered Cotton 64-12 for the title last November. Other Rothsay players shown include Tad Rose (55), Larrs Morris (33) and Jack Boyer (75).



Rothsay end Joel Aaberg (white uniform) was all by himself as he took this 33-yard scoring pass from quarterback Kevin Carlsrud in Rothsay's 34-0 victory over Hendrum in the Minnesota State High School League's semi-final Class Nine-Man playoffs last fall at Moorhead State College's Alex Nemzek Field.



Mountain Iron's Jeff Anderson (22) swings around end and past Dassel-Cokato's Dennis Danielson (44) and Kim Nelson (55) in Mountain Iron's 54-6 victory in the Minnesota State High School League's Class B championship game. In the background for Mountain Iron are Ray Kivi (61) and David Langawski (72).



Speedy halfback Randy Bruhn (31) of Perham is being chased by defensive back Brad Paskey (24) of Detroit Lakes in this photo taken as the Lakers blanked Perham 9-0 in the season's opener for both teams last fall. Referee Don McDowell of Park Rapids watches the action at the far right.

Frazee's Marty Aho (22) grabbed a pass from quarterback Arlen Kangas in his team's 22-6 loss to Pelican Rapids as two Pelican Rapids tacklers converge on the Frazee back. Coach Al Siegle's Pelican Rapids team finished undefeated in the Heart O'Lakes Conference race and defeated Bemidji in a post-season playoff for an overall 9-0-1 season's mark.

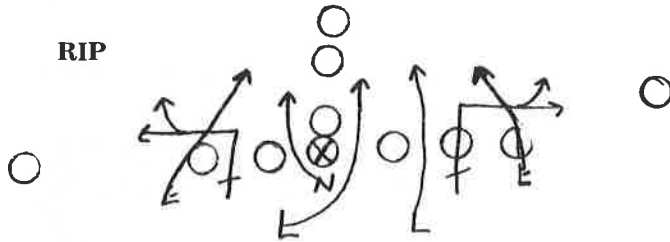


End Randy Wanek (86) of Fergus Falls took this 17-yard pass from quarterback Ben Underwood and outraced Detroit Lakes defender Brad Paskey (24) into the end zone for his team's first touchdown in a 21-16 victory over the Lakers. The win left Fergus Falls with an 8-1 record for the season and also gave the Otters revenge for a 20-14 loss suffered at the hands of Detroit Lakes in 1971.

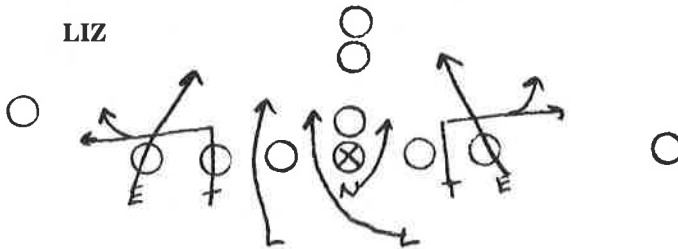
ANGLE DEFENSE CONT. FROM PAGE 11

BLITZ STUNTS

RIP



LIZ

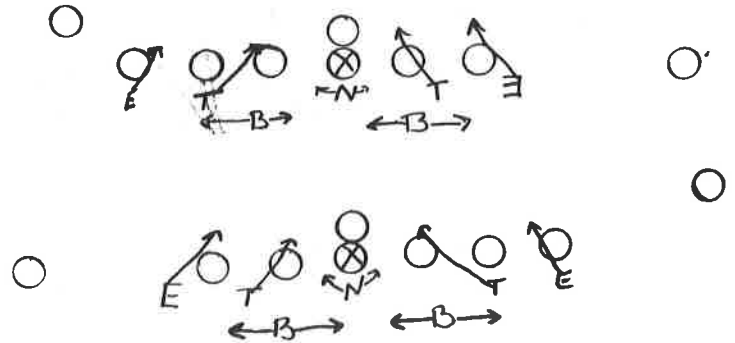


SPLIT END



2 Yards — go to head up — go through move
 3 Yards plus — turn face inside — take alignment off tackle — go through move.

PINCH STUNT



Basic Rules:

- 1. Blitz will be called with Blitz coverage. (Single).
 - 2. Blitz to strength or wide field.
- Ends; Tight loop nove and up field.
 Responsibility is contain with force.
 Tackles; Take tough outside charge on tackle and play screen to your side. If action comes, attack.
 M.G. Slant opposite call made.
 LLB: Fire the Guard-Tackle Gap, attack ball.
 RLB Fire Center-Guard Gap, attack ball.
 Coverage: Blitz
 Split End Adjustment — as coached.

- Ends; Slant move
- Tack; es; Slant move
- M.G. Vary alignment; 1. Shiver center, 2. Get to ball.
- L.B.; Key flow — contain
- Coverage; Single, 3 deep and Monster, 4 deep.

RIGHT AND LEFT END ADJUSTMENTS

WING SET



Slant End — Regular alignment and Slant move.
 Loop End — You will line up one man spacing off your man and from there go through your move.

SLOT SET



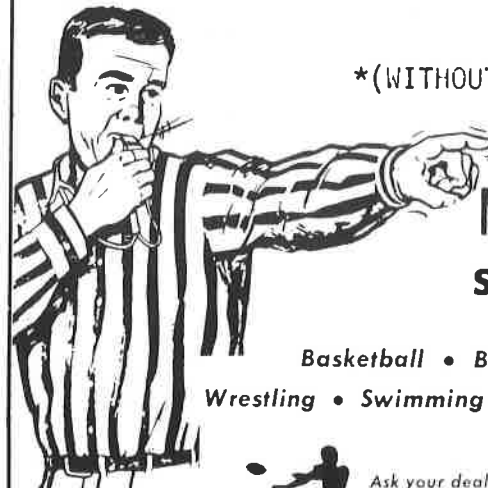
Slant End — Line up faced in outside shoulder of slot and go through your move.
 Loop End — Line up faced in outside shoulder of slot and go through your move.

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INFANCY TO MATURITY

CONTINUED FROM PAGE 21

way because many came up to me during the season as we continued to win and they would shake my hand and say, "We did it!" Not, "Good game, you finally did it." I really felt at the end of the season that our alumni, community, and student body had a great deal to do with our success. We know that in order for a small school district (2.8 square miles with about 550 students in grades 10 thru 12) to compete against schools twice — and in a couple of instances three times as big, we have to work twice as hard and get twice as much support from our community and fans.

We feel that the way we utilize our talents and our time as a coaching staff has also helped us to overcome, in some small way, the disadvantages of being a small school.

One of the advantages of being small is that we have only one junior high and it is in the same building at the senior high. Communication with the junior high coaches and coordination of the total football program is much easier than if you have coaches and junior highs scattered. We also get to see and talk to most of the junior high players during the year and to observe them in the classroom as well as on the field. The players have a sense of a more personal relationship with the coaches in a smaller school and a certain 'esprit' de corps' is built up. Besides personal observation, I have a cumulative card on each player from the 7th grade on and each coach that has this boy will make some notes about his strengths and weaknesses, and this is passed on to the next coach.

We also cooperate as much as is possible with the peewee football team in the community. Two of the coaches of the team are former players on the first team (1961) at Brooklyn Center. One is the 136-pound freshman tackle mentioned earlier; the other coach was a tackle on that first team. I try to get to as many games of theirs as I can on Thursday nights, and I am able to get a general feel for the type of group that will be in our junior high program in a year or two. In fact, the present group of seniors and juniors that went undefeated were also winners at the peewee level. At that time, I know we speculated and had the feeling that they would be a good group in high school too. We also try to put on an action clinic every other year for the peewees, where our varsity players demonstrate different football fundamentals and help each one of the peewees as he tries to duplicate what

they have demonstrated. We feel this helps both the varsity and the little buys. It makes the varsity players feel rather big and important as these "big" eyes are staring up at them, and it make the little guys feel good to know that the varsity players and coaches are taking a personal interest in them.

We utilize our game films a great deal more than we did those first couple of years. The film is picked up around midnight the same night we have played. We usually take it up to school and start to analyze it while everything is fresh in our minds. Saturday mornings from 9 until noon the film is set up and the players and coaches watch it casually many times in groups of three to ten at a time. The players can run the machine, so they reverse it and watch some play or technique many times, and they learn themselves where they made a good play or a mistake. We are also taking care of all injuries during this three-hour period on Saturday. All of our statistics are posted on our many offensive and defensive charts in the locker room on Saturday morning also. This is a good chance to just chat with players about the game and our offensive and defensive goals. Besides our faculty statistician, who is one of our junior high coaches and a math teacher, we utilize four sophomore players to keep very specific offensive and defensive statistics. We feel this is a good way for the upcoming quarterback and the defensive captain to learn more football.

After this Saturday morning session with the film, we use it again Monday after practice for the whole team. This is where we go over the many good points and the mistakes and use it as a teaching device.

Then on Monday night I show the film to any of the interested parent and athletic booster club members. This is also a chance to get to know some of the parents a little better and to get them more involved.

Starting around January 1st we start to look at the films again and we grade all of the opponents' returning starters and all of our returning starters.

At the beginning of the summer we make a highlight and training film by cutting out some of the best offensive and defensive plays and slicing them together. A number of our football alumni have enjoyed coming back and looking at some of these highlight films. We use these films as training films for our junior high players so they can see how the offense and defense should look when it is done properly.

All of our scouting is done with tape recorders. This

CONT. ON PAGE 54

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 KMHL - FM - Marshall 3000W - 100.1 MC
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CONT. FROM PAGE 53

allows us plenty of time to get everything on paper that we feel is necessary to properly prepare the players for the next game. Doug Darnell (9th grade coach) and Bernie Wesloh (B team coach) did most of our scouting this season. They would get together with the varsity coaches on Friday night as soon as they got back from the game. Usually by midnight or 1 a.m. we had a pretty good idea of what our opponent for the next Friday was like. Much of this information would be posted on the bulletin boards on Saturday morning and more of it goes out to the players before practice on Monday so they can get an idea of our offensive and defensive plans for the coming game.

I also feel that our total football program has matured because of the continuity provided by my dedicated staff of coaches. There have been few personnel changes over the years. I am very fortunate to have two very capable, responsible and enthusiastic assistants. They have both been head coaches in small town schools so they have an understanding and appreciation for the hard work that it takes to build a stable program. The longer I coach the more I realize that a football program is too big and complex to be a one-man job. Warren Olson has been with me since the beginning of our school and does a fantastic job of molding our offense into a smooth running machine.

Lee Olson has been with me since 1965 and he is in charge of our specialty teams and the kicking game. Lee's enthusiasm and confidence rub off on the players and many times this season our punt return and kickoff return teams got us in excellent field position.

This organization allows me to oversee the total

program plus concentrating mainly on the defense. We feel that this organization has more advantages than assigning by linemen and backs. By specializing this way we are able to study more about one phase of the game and understand that phase of our own program better.

In conclusion, it has been an interesting challenge to build a football program, in our unique situation at Brooklyn Center, from the infancy years to maturity. It has been a real privilege to have been involved with so many fine young men and such a loyal and hard working coaching staff. We try to make football at Brooklyn Center something that the boys can be proud of. More important, we try to make these young men into responsible citizens that their communities will be proud of. My philosophy has been that football has to be placed in the proper perspective. These boys will not be playing football all of their lives, so it is important to teach them just enough football skills to make it fun and rewarding for them to play the game. But, they are going to be involved in the "game of life" for many more years, so we hope as coaches we set an example of high moral, ethical, and spiritual values that these young men will want to try to emulate in their adult lives.



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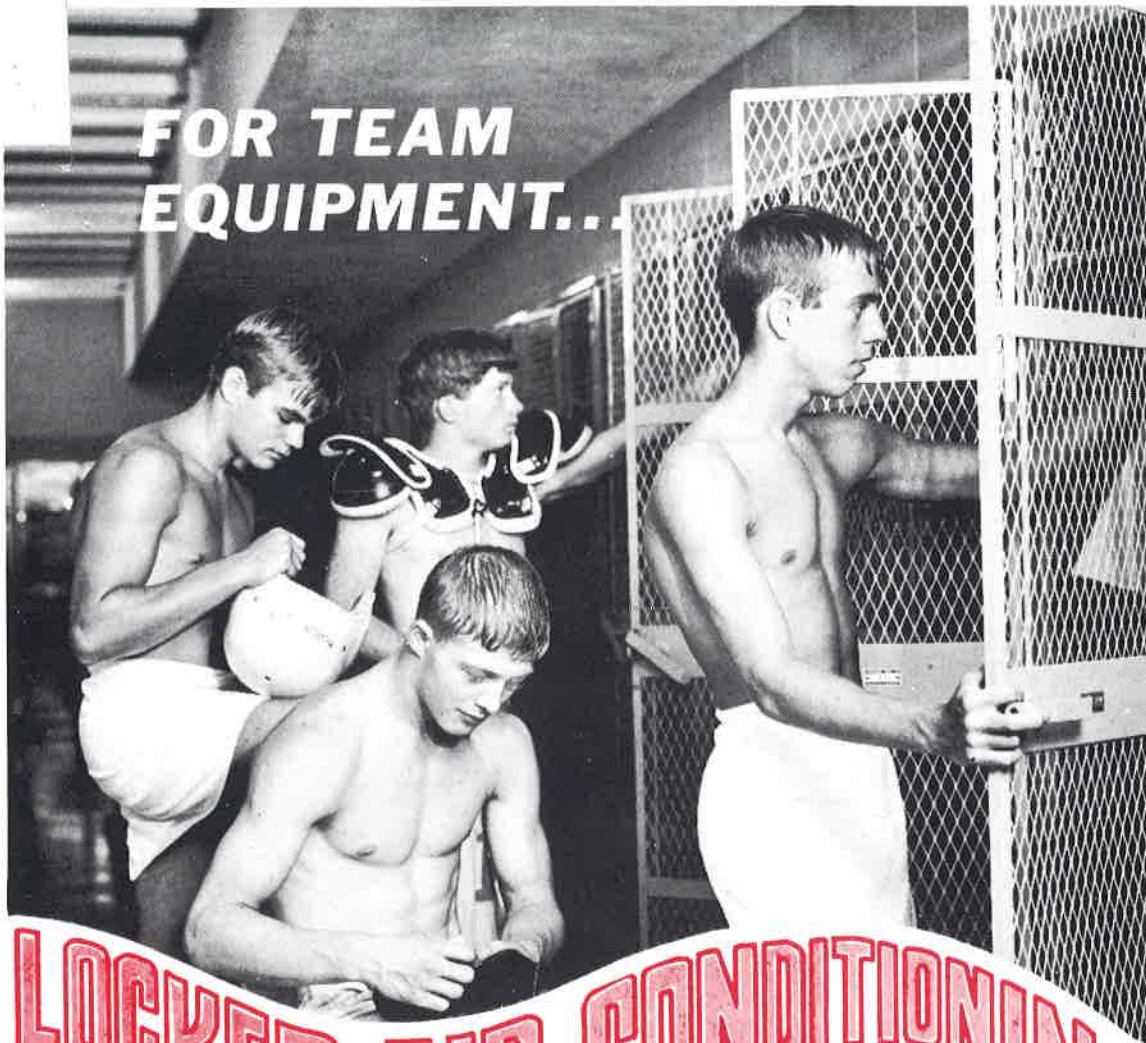
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20th ANNUAL CONCORDIA COACHING CLINIC AUGUST 8-9-10 MOORHEAD, MINNESOTA

★ FOOTBALL ★



**BRIAN
BURKE**
North
Carolina
State



**GEORGE
LARSON**
Cambridge
High
School



**DICK
HANSON**
Brunesville
High
School



**HUGIE
TAMMARIELLO**
Colorado
University



**EDDIE
CROWDER**
Colorado
University



**LOU
HOLTZ**
North
Carolina
State

★ BASKETBALL ★



Bucky Waters
Duke University



Dick Motta
Chicago Bulls



Jack Hartman
Kansas State



Bill Wana Maker
Anoka High School

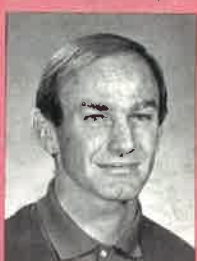


Bob McDonald
Chisholm High School

★ WRESTLING ★



**STAN
DZIEDZIC**
Michigan
State
University



**JOE
FRANK**
Fridley
High
School

★ MEDICINE SEMINAR ★



**DR. JOHN
RAMLO**
Otolaryn-
gology



**DR. JAMES
P. LANTZ**
Anesthe-
siology

**Friday, Aug. 10: 6:00 P.M.—All Star Football Game;
8:30 P.M.—All Star Basketball Game**