

HERITAGE VALLEY
BLAZERS
TRACK & FIELD

March 19, 2022-TRACK MEET

Stadium: Fillmore High School
555 Central Ave. Fillmore 93015
Opponent: *Gold Coast Spartans*
& *Santa Clarita Warriors*



Approximate Times

Track Event - Start Times

Track Event	Start Time
3200	8:30AM
100m Hurdles	9:00AM
80m Hurdles	9:15AM
4x100m Relay	9:30AM
1600m Run	10:30AM
400m Race	11:30AM
100m Race	noon
800m Race	1PM
200m Race	1:30PM
4x400m Relay	2PM

Field Event - Start Times

Field Event	Start Time
Gremlin LJ	8:30AM
Bantam LJ	9:30AM
Midget LJ	10:30AM
Y&I LJ	11:30AM
Bantam HJ	8:30AM
Midget HJ	9:30AM
Y&I HJ	10:30AM
Y&I Shot Put	8:30AM
Midget Shot Put	9:30AM
Bantam Shot Put	10:30AM

Stadium Rules:

- Fillmore Unified School District is now allowing easy-up (canopies) and umbrellas in FHS bleachers. Canopies must be weighted down to prevent them from flying. Please keep canopies on the upper bleachers to prevent blocking other spectators.
- Gates open by 6:30AM with running/field events beginning at 8:30AM.
- Restrooms and food vendors located behind bleachers.
Vendors: L&T Catering and Kona Ice.
- For Boys Long Jump & Shot-Put events, spectators may walk around the stadium walkway.
- Only athletes, coaches and volunteers will be allowed on the infield. With only Gremlin coaches allowed at Staging.
- Athletes from visiting teams may camp out on the infield, but need to stay clear of the infield, sidelines, finish line, staging and track. Athletes may warm up in the center of the infield.
- ONLY water is allowed inside the track/field areas. All food and beverages MUST be kept off the track/field. **Absolutely no gum or candy!**