



*Welcome to the 2021-22*

# *Toronto U22 AA Aeros*

## **Team Mandate**

.....  
*To provide an elite U22 women's hockey program with high standards of commitment and skill development;*

.....  
*To prepare players to play at the University and Senior levels and possibly National Team levels;*

.....  
*To promote the importance of a higher education for our players;*

.....  
*To maintain the Aeros reputation as a "high class" organization with a high code of conduct for players and team staff;*

.....  
*To emphasize continuous improvement of the entire team and all players rather than individual statistics and winning all games.*

*A Tradition of Excellence*





**Emily  
Ancimer**

**Defence**

**Shoots:** Left      **Height:** 5' 11"

**Graduation Year:** 2023

**Birth Year:** 2005

**Hometown:** Toronto ON

**Previous Team:** Toronto Aeros U18 AA

**School:** Bishop Allen Academy,  
Grade 11

**Academic Interest:** Mathematics

**Hobbies:** Ball Hockey, Volleyball,  
Softball, Baking

**Key Achievements:** Honour Roll Student (91% Average, 100% in Mathematics); School Athlete of the Year 2018-19; LLFHL Central Division Bantam AA Champions 2019-20; Scored 70 points in 55 games in 2019-20 Season; KW Cup Gold Medal 2019; LLFHL Pee wee AA Gold Medal & OWHA Provincial Bronze Medal 2017-18; Bell Capital Cup Gold Medal 2017-18; Pee wee AA Team Captain; LLFHL Gold Medal and OWHA Provincial Bronze Medal 2015-16; Volunteers at a Retirement Home and Feeding the Homeless

**Favourite Quotation:**

*If you do not believe in yourself, no one will do it for you.*

– KOBE BRYANT



**Sarah  
Muxlow**

**Forward**

**Shoots:** Left      **Height:** 5' 6"

**Graduation Year:** 2022

**Birth Year:** 2004

**Hometown:** Aurora ON

**Previous Team:** Toronto Aeros U18 AA

**School:** Country Day, Grade 12

**Academic Interest:** Business

**Hobbies:** Fitness, Soccer, Skiing, Golf,  
Swimming

**Key Achievements:** Honour Roll Student (90+ Average), Alpine Ski OFSAA Qualifier 2020; Varsity Girls Hockey OFSAA Qualifier 2020; 3-Time Silver Stick AA Gold Medalist 2018, 2017, 2015; Rush Hockey Selected 2019, 2018, 2017, 2016; National Lifeguard, Swim Instructor and First Aid Qualified; Rep 'A' Soccer 2012-17

**Favourite Quotation:**

*The pain you feel today is the strength you feel tomorrow.*

– UNKNOWN



**Karianne  
Engelbert**

**Forward**

**Shoots:** Left      **Height:** 5' 10"

**Graduation Year:** 2023

**Birth Year:** 2005

**Hometown:** Whitby ON

**Previous Team:** Toronto Aeros U18 AA

**School:** Crestwood Preparatory  
College, Grade 11

**Academic Interest:** Maths, Sciences

**Hobbies:** Baking, Playing Other Sports

**Fun Fact:** My uncle played in the NHL

**Key Achievements:** Grade 10 Honour Roll; Grade 9 Honours with Distinction; (YPI) Youth and Philanthropy Initiative Grade 10 Careers Project Winner: \$5,000 donation to Women's Abuse Council of Toronto; Team Captain, Whitby Wolves Pee wee AA, scoring 65 points in 58 games; LLFHL Championship Weekend Pee wee AA Silver Medalist 2018; OWHA Provincial Silver Medalist 2017; Crestwood Girls Ice Hockey Undeclared Season and Championship Winners 2020

**Favourite Quotation:**

*There may be people that have more talent than you, but there's no excuse for anyone to work harder than you do.*

– DEREK JETER



**Beats  
Tura**

**Defence**

**Shoots:** Right      **Height:** 5' 9"

**Graduation Year:** 2023

**Birth Year:** 2005

**Hometown:** Toronto ON

**Previous Team:** Toronto Aeros U18 AA

**School:** Havergal College, Grade 11

**Academic Interest:** Computer Science, Chemistry, Engineering

**Hobbies:** Business (Founder of Mobile Bike Repair Service), my Lizards, Illustration

**Key Achievements:** 4.0 GPA at Havergal College (First Class Honours with Distinction); CISAA U20 Field Hockey Champion 2019; U14 Track & Field MVP 2019, 2018; Top 2 Finish in 100m and 200m CISAA U14 Track & Field Finals 2019, 2018; Top 5 Finish in 100m and 200m TDSB Track & Field City Finals 2014-16; Top 10 Finish in TDSB Cross-Country City Finals 2014-16; Studies Piano at Royal Conservatory of Music and Plays the Tuba

**Favourite Quotation:**

*You miss 100% of the shots you don't take.*  
– WAYNE GRETZKY



**Neely  
Van Volsen**

**Forward**

**Shoots:** Left      **Height:** 5' 9"

**Graduation Year:** 2023

**Birth Year:** 2005

**Hometown:** Brooklin ON

**Previous Team:** Toronto Aeros U18 AA

**School:** Crestwood Preparatory College, Grade 11

**Academic Interest:** English, Science

**Hobbies:** Beach Volleyball, Art

**Key Achievements:** Honour Roll Student; Varsity Hockey Champions 2020; Beach Volleyball Summer League Champions; Scored 65 points in 58 Games in Bantam AA 2019-20

**Favourite Quotation:**

*All our dreams can come true, if we have the courage to pursue them.*  
– WALT DISNEY



**Caitlin  
Watson**

**Forward**

**Shoots:** Left      **Height:** 5' 4"

**Graduation Year:** 2020

**Birth Year:** 2002

**Hometown:** Calgary AB

**Previous Team:** Cochrane Chaos Jr. A

**School:** York University

**Academic Interest:** Biomed, Biology

**Hobbies:** Snowboarding

**Key Achievements:** Graduating high school and getting into my desired program in university

**Favourite Quotation:**





**Jamie  
Shulman**

**Defence**

**Shoots:** Left      **Height:** 5' 4"

**Graduation Year:** 2022

**Birth Year:** 2004

**Hometown:** Thornhill ON

**Previous Team:** Toronto Aeros U18 AA

**School:** Westmount CI, Grade 12

**Academic Interest:** Biology,  
Kinesiology

**Hobbies:** Soccer, Listening to Music,  
Travel

**Key Achievements:** Honour Roll  
Student 2018-21 (90+ Average);  
Grade 9 Soccer MVP 2019; Grade 8  
Athlete of the Year 2018; Represented  
Toronto in Soccer at the Maccabi  
Games in California 2018; Silver  
Stick Bantam AA Gold Medalist 2018;  
Ponytail Challenge Champion 2016-18

**Favourite Quotation:**

*Sometimes we're tested not to show our  
weaknesses, but to discover our strengths.*  
– UNKNOWN



**Abby  
Cook**

**Forward**

**Shoots:** Left      **Height:** 5' 5"

**Graduation Year:** 2022

**Birth Year:** 2004

**Hometown:** Oshawa ON

**Previous Team:** Whitby U18 AA

**School:** Maxwell Heights SS, Grade 12

**Academic Interest:** Kinesiology,  
Health Sciences

**Hobbies:** Going to the Gym, Outdoors,  
Water Skiing, Boating, Varsity Sports

**Key Achievements:** Honour Roll  
Student 2019-2021; Varsity Lacrosse  
LOSSA and OFSAA Champions 2019;  
Field Lacrosse U15 Elite Ontario  
Champions 2019; Varsity Hockey  
LOSSA Runner-Up 2019; Character  
Education Award 2018; Citizenship  
Award 2018; Active Living Award 2018

**Favourite Quotation:**

*You Never Lose. You Either Win or Learn.*  
– NELSON MANDELA



**Rylee  
Patfield**

**Forward**

**Shoots:** Right      **Height:** 5' 9"

**Graduation Year:** 2022

**Birth Year:** 2004

**Hometown:** Courtice ON

**Previous Team:** Whitby U22 AA

**School:** Holy Trinity CSS, Grade 12

**Academic Interest:** Psychology,  
Health Sciences

**Hobbies:** Movies, Cooking, Varsity  
Lacrosse, Badminton & Hockey

**Key Achievements:** Honour Roll  
Student; Elected to Student Council  
and Athletic Council; Previous Team  
Captain; Scored 23 points in 31 games  
with Clarington Midget AA 2019-20

**Favourite Quotation:**

*Winners never quit and quitters never  
win.*

– VINCE LOMBARDI



**Paige  
Hoogendam**

**Goalie**

**Catches:** Left      **Height:** 5' 8"

**Graduation Year:** 2023

**Birth Year:** 2005

**Hometown:** Ajax ON

**Previous Team:** Toronto Aeros U18 AA

**School:** Pickering HS, Grade 11

**Academic Interest:** Digital Media, Sports Management, Business

**Hobbies:** Reading, Baking, Field Hockey, Rugby

**Key Achievements:** Honour Roll Student (4.0 GPA); Grade 9 Female Athlete of the Year; Varsity Hockey LOSSA Gold Medalist and MVP 2020; OFSAA Field Hockey Gold Medalist 2019; LLFHL Bantam AA Championship Gold Medalist 2019, 2018; LLFHL East Division Champion 2020, 2019, 2018; Toronto Aeros Holiday Tournament Gold Medalist & Tournament MVP 2019; OWSA Provincial Bronze Medalist 2018; Bell Capital Cup Shootout Goalie Competition Champion 2018

**Favourite Quotation:**

*There may be people that have more talent than you, but there's no excuse for someone to work harder than you do.*

– DEREK JETER



**Payton  
Gilmour**

**Defence**

**Shoots:** Left      **Height:** 5' 7"

**Graduation Year:** 2023

**Birth Year:** 2005

**Hometown:** Pickering ON

**Previous Team:** Clarington U18 AA

**School:** Dunbarton HS, Grade 11

**Academic Interest:** Science, Teaching

**Hobbies:** Field Hockey, Golf, Kayaking

**Key Achievements:** Honour Roll Student 2019-21; Grade 9 Physical Education Award; Grade 8 Athlete of the Year; Selected to Team Ontario Field Hockey 2020; LLFHL Championship Gold Medalist 2018-19; OWSA Provincial Gold Medalist 2017-18

**Favourite Quotation:**

*Don't believe you have to be better than everybody else. Believe you have to be better than you ever thought you could be.*

– KEN VENTURI



**Peyton  
Wise**

**Forward**

**Shoots:** Right      **Height:** 5' 6"

**Graduation Year:** 2023

**Birth Year:** 2005

**Hometown:** Ajax ON

**Previous Team:** Toronto Aeros U18 AA

**School:** Ajax HS, Grade 11

**Academic Interest:** History, Science, Physical Education

**Hobbies:** Rugby, Listening to Music

**Key Achievements:** Honour Roll Student 2019-21; Girls Varsity Hockey MVP 2019-20; LLFHL Central Division Bantam AA Champion 2019-20; Aeros Holiday Classic and Oakville Best of The Nest Silver Medalists and KW Cup Gold Medalist 2019-20; LLFHL Championship Weekend Participant 2018-19; OWSA Provincial Peewee AA Bronze Medalist 2018; LLFHL Peewee AA Gold Medalist 2018; Bell Capital Cup, Pink the Rink and NYS Showcase tournament Gold Medalist 2017-18; Silver Stick Peewee AA Champions 2016-17; LLFHL Championship Weekend Participant 2016-17; LLFHL Atom AA Bronze Medalist

**Favourite Quotation:**

*If you do not believe in yourself, nobody else will do it for you.*

– KOBE BRYANT





**Sydney Staley**

**Forward**

**Shoots:** Right      **Height:** 5' 2"

**Graduation Year:** 2022

**Birth Year:** 2004

**Hometown:** Stouffville ON

**Previous Team:** Leaside U22 AA

**School:** Aurora HS, Grade 12

**Academic Interest:** Veterinary Studies

**Hobbies:** Swimming, Cooking

**Key Achievements:** Honour Roll Student; Bronze Cross; Bronze Medallion; Minnesota Cup Soccer

**Favourite Quotation:**

*Be better.*

– UNKNOWN



**Dayton O'Donaghue**

**Forward**

**Shoots:** Left      **Height:** 5' 3"

**Graduation Year:** 2023

**Birth Year:** 2005

**Hometown:** Toronto ON

**Previous Team:** Toronto Aeros U18 AA

**School:** Bishop Strachan School, Grade 11

**Academic Interest:** Math, Science, Engineering, Computer Science

**Hobbies:** Volunteering, Running, Soccer, Reading, Robotics

**Key Achievements:** Head's List Honours 2016-21 (90+% Avg.); Bobcat Trophy Citizenship Award 2020-21; BSS Intermediate Athlete of the Year 2019-20; BSS Community Service Award 2018-19; Track & Field Captain: CISAA 400m Champion, 4x100 2nd Place (anchor), 100m 5<sup>th</sup> Place, 2018-19; Cambridge Classic Mile Champion 2018, 2017; CISAA Cross-Country Champion 2017; Grade 8 Class Valedictorian 2016; LLFHL Bantam AA Division Champions 2019-20

**Favourite Quotation:**

*In the end, it's the extra effort that separates a winner from second place. It takes desire, determination, discipline, and self-sacrifice. Put all these together, and even if you don't win, how could you lose?*

– JESSE OWENS



**Mackenzie Lothian**

**Defence**

**Shoots:** Left      **Height:** 5' 7"

**Graduation Year:** 2023

**Birth Year:** 2005

**Hometown:** Alliston ON

**Previous Team:** Toronto Aeros U18 AA

**School:** Banting Memorial HS, Grade 11

**Academic Interest:** Entrepreneur

**Hobbies:** Watersports, Ball Hockey, Travel

**Key Achievements:** LLFHL Bantam AA Central Division Champions 2019-20; Stoney Creek Showcase Bronze Finalist 2019, 2018; Oakville Best of the Nest Tournament Silver Medalist 2019; KW Cup Tournament Gold Medalist 2019; Aeros Hockey Classic Silver Medalist 2020; Top Tier Hockey Champions 2019; OBHF Championship MVP 2019-20; Mike Worrod Memorial Award; OBHF Division Champion 2019, 2018

**Favourite Quotation:**

*It's not how good you are, it's how good you want to be.*

– CONNOR McDAVID





## Lyla McKinnon

### Goalie

Catches: Left      Height: 5' 6"

Graduation Year: 2023

Birth Year: 2005

Hometown: Toronto ON

Previous Team: Etobicoke U18 AA

School: Toronto Prep School, Grade 11

Academic Interest: Business

Hobbies: Working Out, Hiking,  
Reading, Soccer, Fishing

**Key Achievements:** Honour Roll Student (4.0 GPA); ISSAA Basketball Championship Gold Medalist; Grade 8 Athlete of the Year Award 2018-19; Stoney Creek Tournament Silver Medalist, 2019

### Favourite Quotation:

*What lies behind us and what lies before us are tiny matters compared to what lies within us. And when we bring what is within us into the world, miracles happen.*

– RALPH WALDO EMERSON

