

November 2020 NEWSLETTER



Hello WGBA Families,

We were off to a great start to the season that included 7 championship travel teams in the Osseo/Maple Grove Tournament alone as well as some great competitive battles that we witnessed on the rec side. All of the off-season hard work and preparation with trainings, open gyms, challenges, and practices appeared to pay off. However, as you all know, we had to shift gears with the “pause” that is taking place within all youth sports. This doesn’t mean we have to stop getting better and improving as we wait to be cleared to compete again. As an association we are finding creative and safe ways to keep all the players and teams engaged, motivated, staying active, improving skills and as always, providing an environment that nurtures and hopefully inspires a love for the game and all the lessons that go with it. As the circumstances are constantly changing, we are asking you to continue to **monitor TeamSnap, the WGBA website, Emails from the WGBA and communication from your coaches** as we will try to provide various virtual programs as an association and within your individual teams. We are seeing great numbers in the virtual trainings provided on Tue/Thur nights, let’s keep that up. - Nate Millerbernd, Asst Travel Director

TEAM of the MONTH



Team 5-2 girls basketball team is a motivated, hard working, and competitive group of players. They are eager to learn and willing to apply the concepts being taught within practice. They recently had the opportunity to participate in their first tournament of the season, and are off to a great start!

SUMMER SHOT CLUB

Congratulations to the girls who worked this summer on their Shot and Dribble Goals! Results are now posted on the [WGBA](#) website. Top performers by grade below:

- **Kindergarten:** Katie Gustafson
- **1st Grade:** Lilly Rose Tran
- **3rd Grade:** Jennifer Gustafson
- **4rd Grade:** Beckett Greenway, Sawyer Backer, Brielle Denkmann, Faith Sundet, Nikki Gustafson
- **5th Grade:** Maddie Wood, Iris Mann, Shea Kuehnel, Amelia Majerus
- **6th Grade:** Evie Backer, Maren Day, Annika Kieser, Isabella Margulis, Sailor Friedly, Sydney Friedly
- **7th Grade:** Heather Sheehy, Jady Breen, Srelikhn Srinivasa, Eydie Daniels
- **8th Grade:** Sophia Hawkinson, Sophia Emma Tran, Haley Woodrum, Riley Heinz



FREE ZOOM TRAINING

WGBA is partnering with MBT to offer FREE Ball Handling/Footwork Skills sessions. Our sessions will run from 5:30pm - 6:45pm.

- Intermediate Session: 5:30 - 6:05pm
- Advanced Session: 6:05pm - 6:45pm

Each session will begin with a message of the day, followed by a 30 minute ball handling/footwork progression. Sessions will conclude with a 5 min full body workout.

*Players are welcome to stay for both sessions

UPCOMING DATES:

- December 3, 2020 5:30pm
- December 8, 2020 5:30pm
- December 10, 2020 5:30pm
- December 15, 2020 5:30pm
- December 17, 2020 5:30pm

Please see WGBA email for registration and Zoom details or click [here](#).