

# Sports Background

## Soccer

I have a deep connection to soccer in Ontario—as a player, coach, and advocate. In the 1970s, I was among the early pioneers of girls' soccer in Scarborough, working with others to help establish the first girls' league and playing in its inaugural season with St. Andrews Soccer Club. My passion for promoting women's soccer continued through high school and university, where I contributed to the development of their programs. I was involved in the formation of North York's first high school girls' soccer league.

At the University of Toronto in 1977/78, my teammate and I joined the men's intramural league because no women's league existed at the time. Our participation sparked widespread discussion and even made front-page news, ultimately leading to changes in the university's recreational sports policy.

Over the years, I continued playing both competitively and recreationally (St. Andrews Soccer Club, Scarborough United, Markham Soccer Club), including on teams that won the Robbie Tournament (x2) and the Ontario Cup. Today, my connection to the game remains strong through my children and grandchildren, who have also embraced the sport.



## Other Sports

I competed at a high level in track and field as a middle distance runner as well as cross country throughout high school and university. I was a member of the Victoria Park Secondary School track and cross-country teams, the Scarborough Optimists Track Club, and the University of Toronto Track Club.

In addition to running, I was also involved in competitive gymnastics during high school, representing Victoria Park Secondary School.

Today I stay active by walking, participating in fitness classes at the YMCA and occasionally still kicking the ball around with my grandkids.