

NORTHVILLE FOOTBALL OFFENSIVE LINEMEN

Title Boxing and Offensive Linemen chalk talks.

Dates: 1/28, 2/4, 2/18, 3/3, 3/24, 4/7, 4/21, 5/5, 5/19, 6/2 (All Sundays)

\$20/session & \$5 one time purchase of wrist wraps (required) for boxing. Payable at Title Boxing-CASH or CC

Please go to: https://www.clubready.com/present/26174NPYLFZ/0/0/ for Waiver (parents must fill out for those younger than 18 years old) prior to first session.





Schedule: (need to arrange your own ride or ask to ride with upper classmen)

1115am Meet at Title Boxing Northville located at 43249 Seven Mile Rd. Northville

1130am Start boxing training session

1230pm Finished with boxing

1245pm Pick a local restaurant for the group to eat at

2pm At Northville HS to go over chalk talk – These sessions build upon the previous session's work.

Reviewing basics: stance, start, gap assignments, even/odd defenses, line calls, plays, film, etc.

330pm Done