



The Adirondack Runners
 On the web at adirondackrunners.org
 Membership Application
January – December 2019

Name _____ Date of Birth ____/____/____
 Address _____ Sex (M/F) _____
 Phone _____ New Member ____ Renewal ____ Address Change ____

Email address where you wish to receive your newsletter _____

For a family membership, List other family members:

Name	Relationship	Sex	date of Birth
_____	_____	_____	____/____/____
_____	_____	_____	____/____/____
_____	_____	_____	____/____/____
_____	_____	_____	____/____/____

Membership runs from January 1st through December 31st.

Individual – Full year \$16.00 \$ _____
 Family - Full year \$25.00 \$ _____

Additional Tax Deductible donation:

Loucks Youth Development Fund \$ _____
Scholarship Fund \$ _____

TOTAL\$ _____

Make Checks payable to: *The Adirondack Runners.*

Mail to: The Adirondack Runners, C/O Membership, PO Box 2245, Glens Falls, NY 12801
 For more information or questions, contact Cathy Biss, Membership Chairperson

The Adirondack Runners is a nonprofit volunteer organization. It is therefore encouraged that members take part in, and volunteer for, club activities. Please indicate below in what capacities you would like to help and support The Adirondack Runners organization. (Check as many as you wish)

Race Volunteer: ____ Polar Cap 4 Mile, ____ Shamrock Shuffle, ____ Prospect Mt. Race
 ____ Betar 5k and 1mile, ____ Adirondack 15K Race to the Lakes, ____ Adi 'run" dack Trail Series ____
 Track Series, ____ Goblin Gallop, ____ Reindeer Run ____ Race the Train
Club committees: , ____ Christmas Party Committee, ____ Grand Prix Committee
 ____ Communications, ____ Scholarship, ____ Membership, ____ Club Officer