



Chiefs Hockey Club COVID-19 Policy V8

The Chiefs Hockey Club is committed to providing a safe and healthy environment for all our players and families. During this pandemic, our primary health and safety concern is to mitigate potential COVID-19 transmission within our club and the greater community. This requires cooperation, flexibility and patience from our family members, players and coaches, as the circumstances surrounding this virus are constantly changing.

Even with the most stringent policies and our best efforts, we cannot completely eliminate the risk COVID-19 presents. If you have an underlying health condition, or a specific health concern regarding participation in hockey this season, the club encourages you and your player not to attend club functions. Club functions are attended voluntarily by all.

Please review the following Chiefs Hockey Club policy regarding COVID-19. Please anticipate that future changes to this policy will be necessary to adequately reflect the continuously evolving environment. We will notify all families of policy updates by sending an email to the address listed in your Sports Engine account. Please ensure your account and contact information is up to date by logging into your account and making necessary changes, if needed.

By following CDC guidelines and this policy you can help protect yourself and those around you. Be mindful that your own illness could impact those around you. If the hockey community desires to continue to play, we must be diligent.

Chiefs Hockey Club Health and Safety Committee

The club has formed a Health and Safety Committee with the sole purpose of informing and guiding the club's Board of Directors on health and safety matters, policies, and procedures. The committee is comprised of Chiefs parents with diverse professional skills to best guide the Board on important health and safety issues.

Sick Children Stay Home Policy

The Chiefs Hockey Club maintains a Sick Children Stay Home policy. The club requests that all parents use common sense and show respect to other families when you believe your player (or participating family member) may be sick. Please allow potentially sick club participants to stay home, or in their hotel room if travelling for a tournament. Parents of sick family members who disregard this policy may be subject to disciplinary action by the Chiefs Rules and Conduct Committee.

When Should Your Child Stay Home?

- Any illness which is accompanied by decreased energy and an inability to sustain usual daily activity level.
- Bad coughs/cold symptoms (continual coughing, persistent runny nose, headache) which cause interference with your child's ability to focus on school and hockey activities.
- Diarrhea or Vomiting: your child should be recovered from vomiting or diarrhea for at least 24 hours – without use of medicine - before returning to hockey.
- Fever of 100.4°F or greater, by mouth (or 99 degrees or greater under the arm). Your child should be fever-free for 24 hours – without use of medicine - before returning to hockey.
- Red eye(s) or Skin Rash: Your child may return to hockey when accompanied by a doctor's note which states your child is cleared to return. If eye drop medication is prescribed, your child will need to complete 24 hours of medication at home before returning to hockey.
- If antibiotics are prescribed for any communicable diseases, the medication must be given for 24 hours at home before returning to hockey.
- Your player or family member exhibits COVID-19 symptoms - People with COVID-19 can have a wide range of symptoms –from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with one, some or all of these symptoms may have COVID-19:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea

COVID-19 Unmasked Close Contact Policy

Unmasked close contact is defined as:

1. You were within 6 feet of the positive individual for 15 minutes or more over a 24 hour period.
2. You had direct physical contact with the positive individual, and/or
3. The positive individual sneezed, coughed or got respiratory droplets on you

In the event that you or your player comes into **unmasked close contact** with someone who tests positive for COVID-19:

- You must **Immediately** notify the club of the unmasked close contact with a Covid-19 positive individual by immediately contacting club Board Members, Craig Nicks nicks.craig@yahoo.com and Meredith Vogel chiefshockeyvp@gmail.com
- All emails sent to these two accounts will remain confidential.
- For individuals who come into **unmasked close contact** with someone known to be positive for SARS-CoV2, aka COVID-19, the CDC recommends 10 days of quarantine. Contact your medical professional for more information.

- In situations of unmasked close contact, the Chiefs Hockey Club will require the player to avoid club activities and quarantine for 10 days starting from the day of close contact.

OR

avoid club activities and quarantine for 7 days starting from the day of close contact, remain asymptomatic and produce documentation of a negative PCR COVID-19 test from day 5 or later.

Exceptions to Unmasked Close Contact Policy:

- Person is fully vaccinated (two weeks past their second dose) and symptom free.
- Person has recovered from a lab-confirmed case of COVID within the last 90 days and remains symptom free.
- Of note: the CDC does recommend fully vaccinated and 90 day fully recovered individuals consider getting COVID-19 tested 3-5 days following and unmasked close contact.

COVID-19 Fully Masked Close Contact Policy:

Fully Masked Close Contact is defined as:

1. You or your player were wearing a nose and mouth covering throughout the entirety of the exposure to a Covid-19 positive individual and came in no known direct contact with respiratory droplets from sneezing or coughing.

In the event that you or your player comes into **Full Masked close contact** with someone who tests positive for COVID-19:

- You need not notify the club of the contact nor quarantine from club activities but are encouraged to monitor for symptoms for 7 days and are encouraged to wear a mask during club activities.

COVID-19 Positive Test Policy

- In the event that you, your player, or someone you live with tests positive for COVID-19, please be advised of the following.
- You must **Immediately** notify the club of the positive test result by immediately contacting club Board Members, Craig Nicks nicks.craig@yahoo.com and Meredith Vogel chiefshockeyvp@gmail.com
- All emails sent to these two accounts will remain confidential.
- For individuals who test positive for SARS-CoV2, aka COVID-19, the CDC recommends 14 days of isolation from symptom onset or the date of positive test results. Contact your medical professional for more information.
- In situations of a positive test, the Chiefs Hockey Club:
 - Will require avoidance of club activities during the 10 days of isolation from symptom onset or until negative test results, or as directed by his/her doctor.
 - Will allow the individual back to club activities after:
 - At least 10 days since symptoms first appeared **and**
 - At least 24 hours with no fever – without use of medicine - **and**
 - Other symptoms of COVID-19 are improving
 - Loss of taste and smell may persist after recovery and need not delay the end of isolation.

COVID-19 Positive Test Club Communication Policy

- When news of a positive test case or close contact is received, the club will inform families of the impacted teams. Family names will be kept confidential.
- If the positive test case or unmasked close contact player or coach's team recently shared ice with another team, that team will be made aware as well.
- All teams/levels who shared ice, for up to 7 days prior, with the positive test case or unmasked close contact individual, will be notified.
- As always, parents will be advised in an effort to remain proactive and transparent so that each family may decide to attend voluntary club activities.

Edge Ice Arena Rules:

- The Chiefs Hockey Club requires all club members to abide by the rules provided by the Edge Ice Arena.
- Players or family members not following these rules may be referred to the club Rules and Conduct Committee.
- Chiefs rules and policies, as well as the Edge Ice Arena rules, are in place with your family's safety in mind. We expect all participants to follow them. Please feel free to report any violations to any club board member.
- It is each family's responsibility to be familiar with these rules.
- Chiefs rules and policies are available at chiefshockeyclub.org in the Documents section / General Club Documents folder.

Chiefs Hockey Club Board of Directors