



2023 Provincial Track & Field Championship

Emergency Action Plan

1. **When an injury occurs**, the emergency action plan should be activated immediately if the injured person:
 - a. is not breathing
 - b. does not have a pulse
 - c. is bleeding profusely
 - d. has impaired consciousness
 - e. has injured the back, neck, or head
 - f. has a visible major trauma to a limb
2. Prior to the event starting, designate:
 - a. **In Charge person** – SSSAD Volunteer
 - b. **Call person** – District event volunteer
 - c. **Third volunteer** – District event volunteer
3. **In charge person** - In the event of an emergency, you, the SSSAD volunteer assigned to the event, oversees the situation until emergency medical services arrive.
 - a. **In the event of an emergency:**
 - i. **Activate the call person – ensure they get through**
 - ii. Ask all athletes who are safe to sit on the event bleachers or away from the injured athlete until further notice.
 - iii. **Activate the third volunteer** and instruct them to call or radio for Jud Heilman, Dave Sandomirsky, Jeff Kitts, or Summit Sports and Health immediately:
 - iv. Explain situation to Jud, Dave, Jeff, or Summit Sports upon their arrival.
 - v. Explain situation to EMT upon their arrival
4. **Call person:**
 - a. Call 911 and provide – name, position, location, number you are calling from
 - i. **Facility Address – 1727 Dudley Street (corner of Avenue R and Dudley Street)**
 - ii. **EMT Access – North gate – Athlete Entrance**

Provide detail location of the injured person in the Gordie Howe Sports Complex and the mechanism of injury (if you happened to witness it)
5. **Third volunteer**
 - a. Call or radio for Jud Heilman, Dave Sandomirsky, Jeff Kitts, or Summit Sports and Health immediately:
 1. Jud Heilman – 306-230-6157
 2. Dave Sandomirsky – 306-536-4062
 3. Jeff Kitts - 306-690-5363
6. **AED** is located on the main floor of the K & S Building on the wall near the elevator.