

Hello and thank you for reaching out and for your interest in Pulse!

We are very excited for our upcoming clinics and tryouts, and to have you and your child a part of the volleyball journey!

Our club is very much about communication and connections, but I hope you understand that we are getting a high volume of emails and inquiries on a day to day basis, and we do not want to ignore or delay our responses. Therefore, the best way to give out the information being asked is through a blanket response at this time. Please understand that we know this is not very personal but, this is the best way to support you and answer your questions for the time being.

What is the Cost & Season Schedule?

Each team varies depending on age division.

The teams cost and schedules are being finalized this week and they will be ready for the 10/1 clinic/info session. They will also be available at the 10/8 info session.

Our Club Director & Owner will be holding Info. Sessions on 10/1 and 10/8:

11U-12U / 3-3:30pm (check player in prior for clinic & meet in conference room)

13U/14U / 5:30-6pm (check player in prior for clinic & meet in conference room)

- It is highly recommended that player & parent attend the info session.
- If you can not attend, please send someone to get the info & can share with you.

How many times do you practice a week & where?

All of our teams practice 2 times a week.

All of our practices are at our Manteca Courtside Home.

** a few of our teams might have 1 practice a week at Big Valley Christian School in Modesto

How much do you travel/play?

It truly varies for each team. But for our 14 and under teams, the travel distance is typically within a 90 mile radius and often much closer.

Typical sites are: Sacramento, Roseville, Stockton, San Mateo, Santa Clara, Modesto, Turlock, Manteca, etc.

Our younger teams do play in Reno at the end of the season.

Our 13 and 14s teams will more than likely go to one out of state tournament (Example: Las Vegas)

** it does vary by the month as far as how often each team plays. Some months it might be one weekend and some it might be 2-3. It is not always both days, it is often 1 day of the weekend. (this schedule will be handed out on Oct. 1 so you can see if this works for your family)

NCVA website

- This is where we get our league schedule. This is not our full schedule but most of it.

[Power League](#)

[Premier League](#)

Do you need to have experience to make a team?

It really depends on the player, the team, the need of the team, the coachability, etc.

11U & 12U most players are new to the game.

13U & 14U vary and have some experience and some new club players.

Being a beginner to volleyball should not be a deterrent to coming out to tryouts.

How many teams do you have in each division?

We typically have 2 teams at each level.

Last season we had:

14Black, 14Pink both Power

13Black, 13Pink both Power

12Black, Power

12Pink, Premier

This varies from year to year and the teams we make. We won't know for sure till after tryouts.

Do players have to play in their division or is there flexibility?

Yes, they do need to play in their division. Please make sure your player is trying out for the proper division.

USA VOLLEYBALL JUNIOR PLAYER AGE DEFINITION

For use during the 2023-2024 Season

To determine the correct age division, please find the Month of Birth in the left column and then the year of birth in the same row. The heading of the column matching the Year of Birth is the correct age bracket.

	18 & Under ¹	18 & Under ²	17 & Under	16 & Under	15 & Under ³	14 & Under ⁴	13 & Under ⁵	12 & Under	11 & Under	10 & Under	9 & Under	8 & Under
July	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Aug	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Sept	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Oct	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Nov	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Dec	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015
Jan	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Feb	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Mar	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
Apr	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
May	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
June	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016

How do we know if we made a team?

Players that make a team get a phone call the day of or the day after tryouts.

We unfortunately can not call everyone that attends tryouts.

Suggestions for making a team or for travel ball in general?

Play and watch as much volleyball as possible.

Attending as many clinics as possible, ball control at home, watch in person & online matches.

It is very important that players are not only learning by doing but also watching. It is very powerful to learn skills and then watch a team that is seasoned. These are some local examples: Stan State, UOP, MJC, Delta, etc.

Every club, every family, everyone's needs and beliefs are different. It is important that the players and parents are aware of what they are looking for and do research. Suggestions: Attend other clinics, other other info sessions, talk to other families, and pray about it.