



2024 MYAS GRADE STATE BASKETBALL CHAMPIONSHIPS

PLAYING RULES & POINTS OF EMPHASIS



Revised 10/3/2023

National Federation of State High School Associations rules will apply to the MYAS Grade Basketball State Championships, with the following modifications.

Eligibility: Teams must meet the eligibility requirements outlined by the MYBA Team Composition Guidelines. Only boys may play on boys' teams and only girls may play on girls' teams.

Each team must provide a scorekeeper. One person is responsible for operating the score clock while the other will fill out the official MYAS score sheet.

Home Team: Home team will be listed on top of the game's bracket or first in a pool play game, will wear light jerseys, and their scorekeeper is responsible for operating the score clock.

Visiting Team: Listed on the bottom of the bracket or second in a pool play game, will wear dark jerseys, and their scorekeeper is responsible for filling out the official MYAS scoresheet.

1. TIMING FACTORS

- 3rd-5th Grades:** Games will consist of two 20-minute, running-time halves with stop-time the last two-minutes of the second half.
6th-8th Grades: Games will consist of two 14-minute, stop-time halves.
- Halftime will be three minutes. **NOTE:** The Tournament Director has the authority to adjust the length of the halftime if necessary.
- Time outs are limited to three 60-second time outs per game.
- Overtime Periods:**
There will be a 60-second intermission between overtime periods.
Each team will be awarded one time out for each overtime period with no carryover of unused timeouts.
Medal Games (Championship, 3rd Place, 5th Place, and Consolation):
Will be a continuous series of complete two-minute, stop-time overtime periods until the tie is broken.
Non-Medal Games:
The 1st overtime period will be two-minutes, stop-time.
The 2nd overtime period will be played until the tie is broken (sudden death).
- Grace Period:** Each team will be given a 10-minute grace period for their first game of the tournament. After a team's first game, game time is start time.
- A game should not begin earlier than the posted game time AND both teams must agree on an earlier start time if opportunity exists.** Be respectful of the fans planning to arrive to games as well as the posted game time. Teams and spectators are encouraged to arrive 15-30 minutes prior to game time.

2. EQUIPMENT

- Free throws and ball size:**
Free throw shooters may not cross the free throw line until the ball hits the rim.

Grades	Free Throws	Ball Size - Boys	Ball Size - Girls
3-4	12 Feet	27.5	27.5
5-6	15 Feet	28.5	28.5
7-8	15 Feet	29.5	28.5

- UNIFORMS:** Jersey tops must be of identical color and it is recommended they be numbered on the front and back. The following numbers are recommended: 0, 1, 2, 3, 4, 5, 00, 10, 11, 12, 13, 14, 15, 20, 21, 22, 23, 24, 25, 30, 31, 32, 33, 34, 35, 40, 41, 42, 43, 44, 45, 50, 51, 52, 53, 54 and 55. A team may not have both numbers 0 and 00. Teams are encouraged to bring two sets of jerseys, if available.
- Teams are responsible for providing their own first-aid and sanitizing supplies.
- All jewelry must be removed prior to stepping onto the court. Players are not allowed to tape over any kind of jewelry (earrings, bracelets, necklaces, etc.).

3. PLAYING RULES

- a. **Free Throws:** Bonus shots will be awarded on the seventh team foul/double bonus on the tenth team foul each half.
- b. **Technical Fouls:** Two points and the ball will be awarded to the opposing team (do **not** shoot free throws on technical fouls).
- c. **Defense/Pressing:**

Grades	Half-Court Defense	Full-Court Defense
3-4	Person-to-Person Only	Not Allowed
5	Person-to-Person Only	Person-to-Person Only
6-8	No Restrictions	No Restrictions

Exception: **NO** teams may use a full-court press if they are ahead of their opponent by 20+ points.

Penalty: After the first warning, the penalty for each violation of this rule will be a technical foul.

d. **Help Defense is encouraged in 3rd and 4th grade**

- On defense, a team can switch on screens and take on the new offensive player as their primary defensive responsibility
- Helping in the lane is allowed – If an offensive player enters the lane, the defensive player may help create a double team but only in the lane.
- Each defensive player must have a primary offensive player responsibility
 - For example, a player cannot just play defense in the lane.
- Defensive teams will not be required to guard offensive players everywhere on the court
 - If the offensive team lines up all players outside the 3 point line, the defense is not required to guard them there.
 - For example, lining 4 offensive players up at half court then setting up an iso with one offensive player driving the lane the defensive team would be able to have all defensive players inside the 3 point line.
- Sagging on defense is allowed.
 - If the ball is on the opposite side of the court, the defending player will be allowed to “sag” off their responsibility within reason. This is also referred to as “2 passes away”

Penalty: After the first warning, the penalty for each violation of this rule will be a technical foul.

Running Time:

3rd-5th Grade: If a team is ahead by 15+ points with two minutes or less remaining in the second half, the remainder of the game will be played under running time. After a time out, the clock will start when the ball is touched by any player inbounds.

6th-8th Grades: If a team is ahead by 20+ points with seven minutes or less remaining in the second half, the remainder of the game will be played under running time. Should the deficit be cut to 10 points or less, the game will resume to stop-time. After a time out, the clock will start when the ball is touched by any player inbounds.

- e. **FORFEIT POLICY:** Please make every effort to get to your games. Forfeiting a game in any MYAS basketball event will place your team on probation and there will be a \$200 fine assessed. This fine **MUST** be submitted to the on-site coordinator or the MYAS office prior to your next scheduled game. Forfeiting a second game will automatically **SUSPEND** your team (including all coaches and rostered players) for the remainder of the league and from any subsequent MYAS events for a period of one calendar year. There will be an additional \$200 fine for EACH forfeit. **GET TO YOUR GAMES!**
- f. **Ejection Policy:** Any player, coach or spectator who has been ejected from a contest is declared to be ineligible for the remainder of that contest **AND** the next scheduled contest. Any player, coach or spectator ejected for **flagrant unsportsmanlike conduct** will be ejected for the remainder of the entire competition and may be subject to additional disciplinary action(s). Some examples of “flagrant unsportsmanlike conduct” include, but are not limited to fighting, repeated verbal abuse, intentional actions that inflict or intend to inflict bodily harm, cheating (such as use of a declared ineligible player or coach), repeated use of profane language, etc.

MYAS/Youth 1st Conduct Policy: *Any player, coach, or spectator who violates the posted Youth 1st Environment before, during or after a contest, **WILL forfeit their team’s opportunity to continue participation in the tournament AND the actions may result in a temporary or permanent banishment from any MYAS sponsored events. The on-site Protest Committee reserves the right to uphold this policy.** All disciplinary action will be sent to the Youth 1st Alliance - Conduct Review Committee, an independent group for review and recommendations at the completion of the tournament. Notification of any disciplinary action may also be shared with other Minnesota basketball event operators .*

NFHS MISUNDERSTOOD RULES

RULE 3. PLAYERS, SUBSTITUTES, AND EQUIPMENT

SECTION 5 TEAM MEMBER'S EQUIPMENT, APPAREL (NFHS Basketball Rules Book page 25-26)

ART. 1...The referee shall not permit any team member to wear equipment or apparel which, in his/her judgment, is dangerous or confusing to other players or is not appropriate.

Note: Each state association may, in keeping with applicable laws, authorize exceptions to NFHS playing rules to provide reasonable accommodations to individual participants with disabilities and/or special needs, as well as those individuals with unique and extending circumstances. The accommodations should not fundamentally alter the sport, heighten risk to the athlete/others, or place opponents at a disadvantage.

ART. 2...Guards, casts and braces must meet the following guidelines:

- a. A guard cast or brace of a hard and unyielding substance, such as, but not limited to, leather, plaster, plastic, or metal shall not be worn on the elbow, hand, finger/thumb, wrist, or forearm, even though covered with soft padding.
- b. Hard and unyielding items (guards, casts, braces, etc.) on the upper arm or shoulder must be padded with a closed-cell, slow-recovery foam padding no less than ½" thick.
- c. Knee and ankle braces which are unaltered from manufacturer's original design/production are permitted and do not require any additional padding/covering nor do braces need to meet the color restrictions.

NOTE: A brace is defined as anything worn for a medical purpose to increase stability. In general, it is made of neoprene or elastic knit with an insert embedded to support the joint. It may or may not have a hinge and/or straps or an opening over the kneecap.

- d. A protective face mask may be worn and made of hard material but must be worn molded to the face with no protrusions.
- e. Must be worn for medical reasons.

ART. 7... Jewelry is prohibited. Religious and medical-alert medals are not considered jewelry. A religious medal must be taped and worn under the uniform. A medical-alert medal must be taped and may be visible (NFHS Basketball Rules Book page 27).

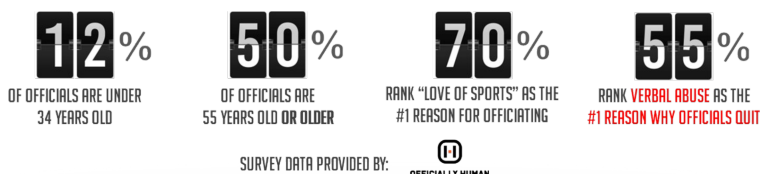
SECTION 5 BASKET, CHOICE (NFHS Basketball Rules Book page 28-29)

ART. 4...If by mistake the officials permit a team to go the wrong direction, when discovered all points scored, fouls committed, and time consumed shall count as if each team had gone the proper direction. Play shall resume with each team going the proper direction based on bench location.

The MSHSL Restricted Arc Rule will not be used in any MYAS Grade State Tournaments. Not all courts have the arc installed and we will not be using the rule at any age group.



WE ARE EXPERIENCING A MASS EXODUS OF YOUTH SPORT OFFICIALS WHICH IS RESULTING IN CANCELLED GAMES AND REDUCED OPPORTUNITIES.



REMEMBER... IT'S ABOUT THE KIDS.

I WILL... KEEP MY COMPETITIVE ENERGY IN CHECK.

I WILL ALWAYS... TREAT OFFICIALS AND OPPONENTS WITH RESPECT.



HELP PROMOTE A CONDUCT **1st** ENVIRONMENT

NO OFFICIALS = NO GAMES

THANK A REF!