



ROOKIE TACKLE[®]
PLAYBOOK

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THANK YOU ESPN

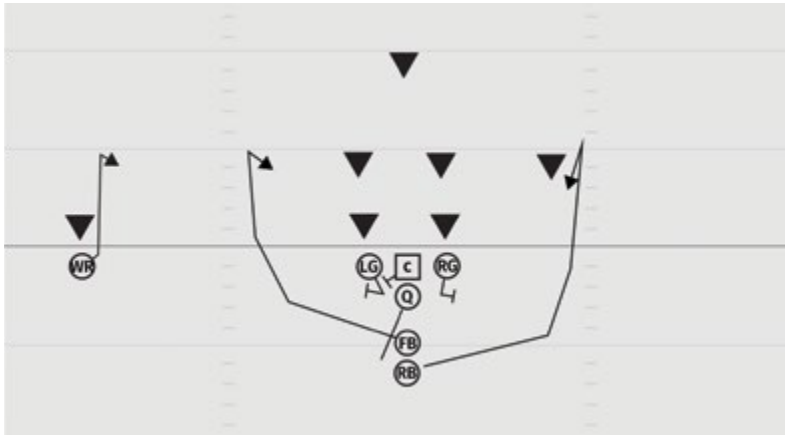
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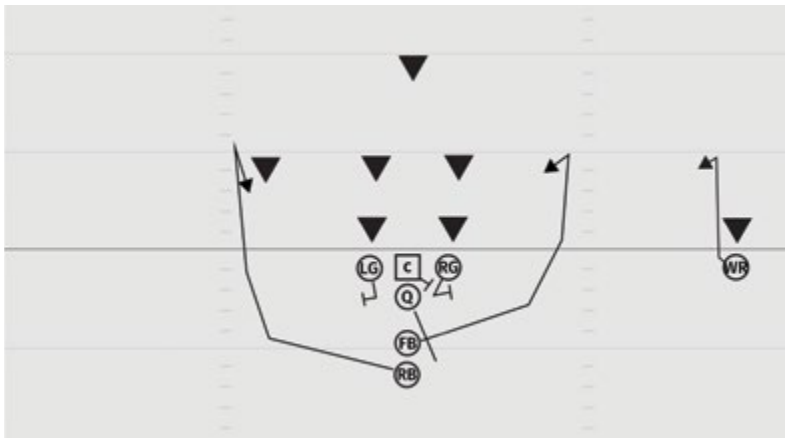
ROOKIE TACKLE® 7-PLAYER PRO

ROOKIE TACKLE 7-PLAYER PRO ALL CURL LEFT



- WR 5 yard Curl
- LG Big on the big pass protection
- C Pass protection, help with any inside rush
- RG Big on big pass protection
- Q 3 step drop
- FB Release playside, 5 yard Curl on the hash
- RB Release opposite playside, 5 yard Curl on the hash

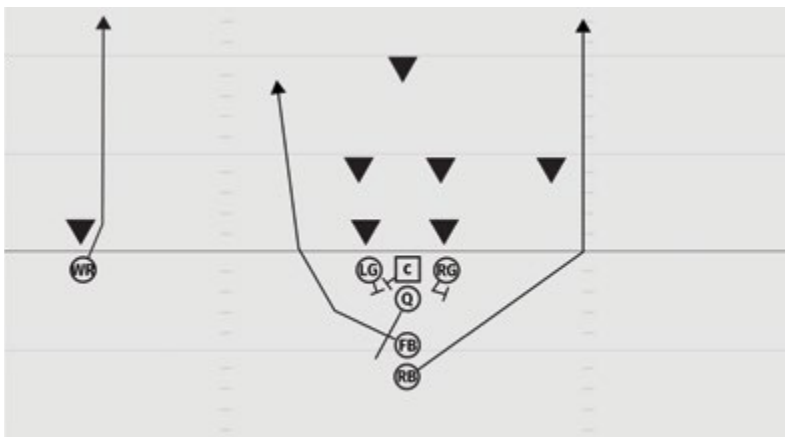
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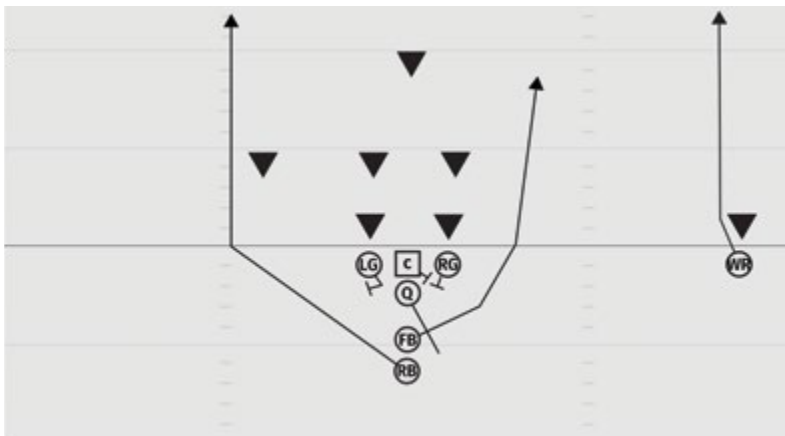
ROOKIE TACKLE® 7-PLAYER PRO
(continued)

ROOKIE TACKLE 7-PLAYER PRO ALL GO LEFT



- WR Inside release, Go route staying between numbers and hash
- LG Big on the big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- Q 5 step drop
- FB Release playside, Seam route staying inside the hash
- RB Release opposite playside, Seam route aiming down the hash

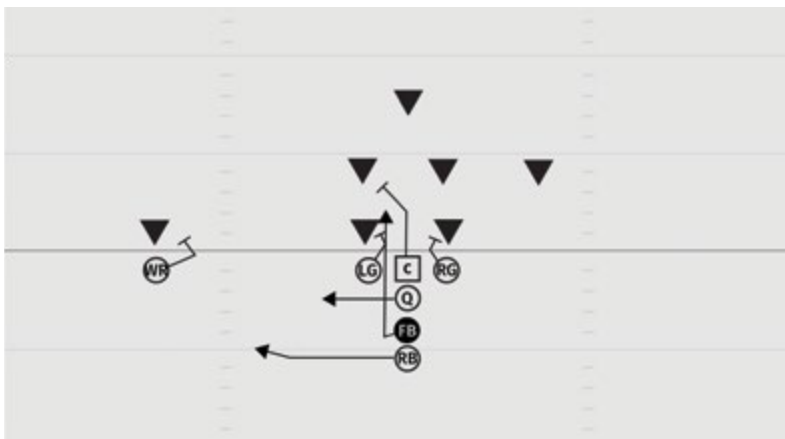
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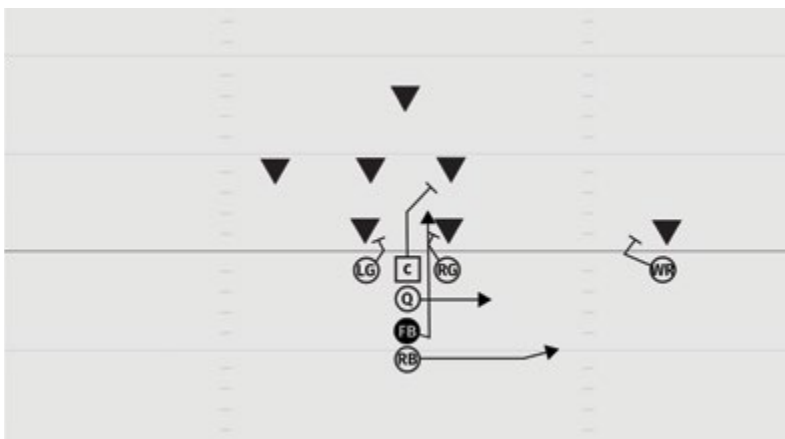
ROOKIE TACKLE® 7-PLAYER PRO
(continued)

ROOKIE TACKLE 7-PLAYER PRO DIVE LEFT



- WR Stalk block cornerback
- LG Drive block inside half of defensive lineman
- C Drive block most dangerous linebacker
- RG Scoop block defensive lineman
- Q Open playside, give dive hand-off, attack down line of scrimmage
- FB One lateral step and attack the A gap
- RB Fake sweep

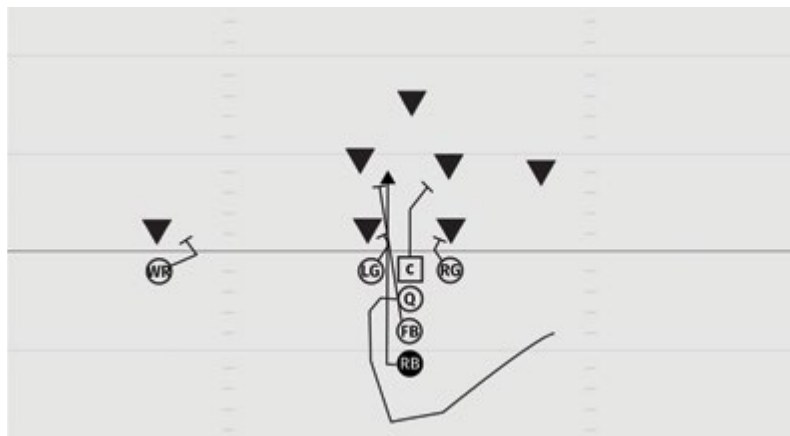
ROOKIE TACKLE 7-PLAYER PRO DIVE RIGHT



- WR Stalk block cornerback
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- FB One lateral step and attack the A gap
- RB Fake sweep

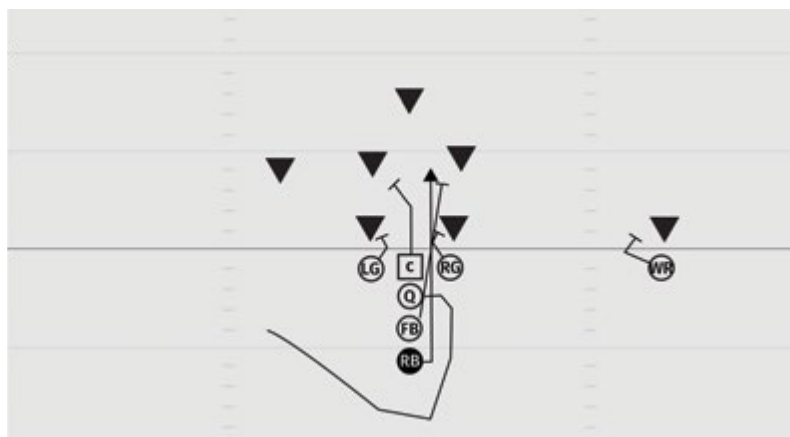
ROOKIE TACKLE® 7-PLAYER PRO
(continued)

ROOKIE TACKLE 7-PLAYER PRO ISO LEFT



- WR Stalk block cornerback
- LG Drive block inside half of defensive lineman
- C Drive block linebacker away from play call
- RG Scoop block defensive lineman
- Q Open playside, hand-off to second player through (RB), continue with bootleg fake
- FB Lead back playside linebacker
- RB One lateral step, attack A gap and read FB's block

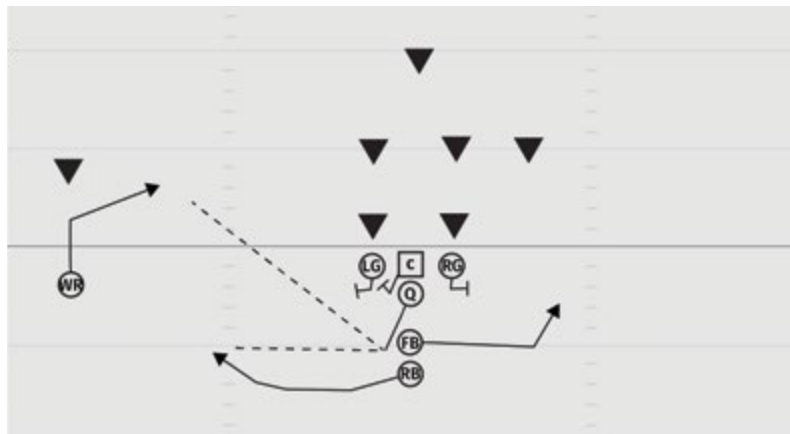
ROOKIE TACKLE 7-PLAYER PRO ISO RIGHT



- WR Stalk block cornerback
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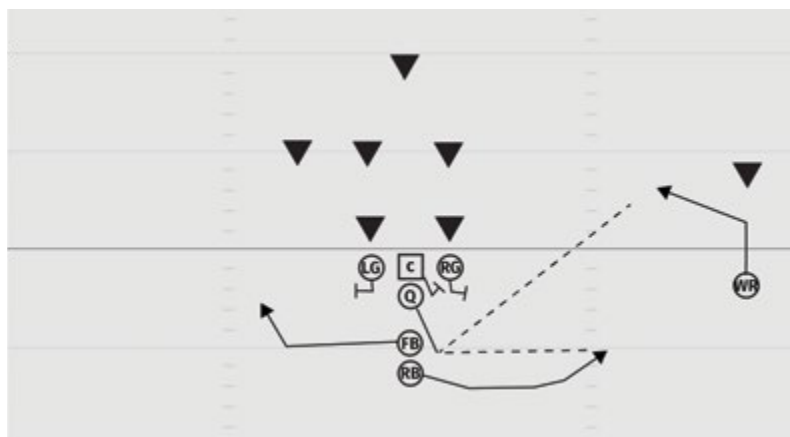
ROOKIE TACKLE® 7-PLAYER PRO
(continued)

ROOKIE TACKLE 7-PLAYER PRO SWING LEFT



- WR 3 yard Slant route
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- Q 3 step drop
- RB Swing route playside
- FB Swing route opposite playside

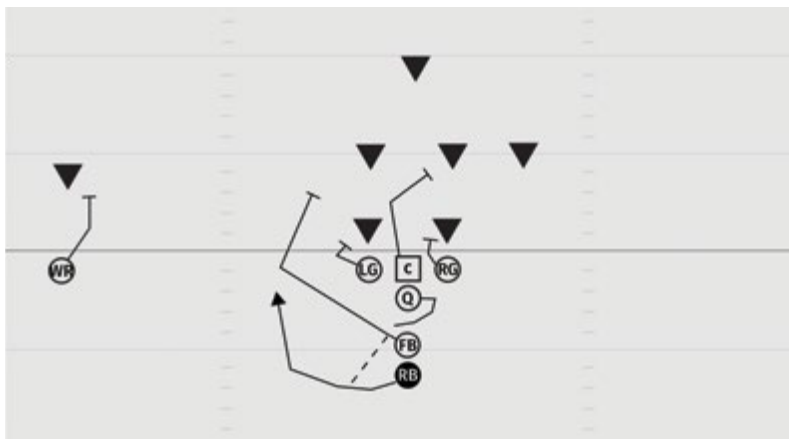
ROOKIE TACKLE 7-PLAYER PRO SWING RIGHT



- WR 3 yard Slant route
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- Q 3 step drop
- RB Swing route playside
- FB Swing route opposite playside

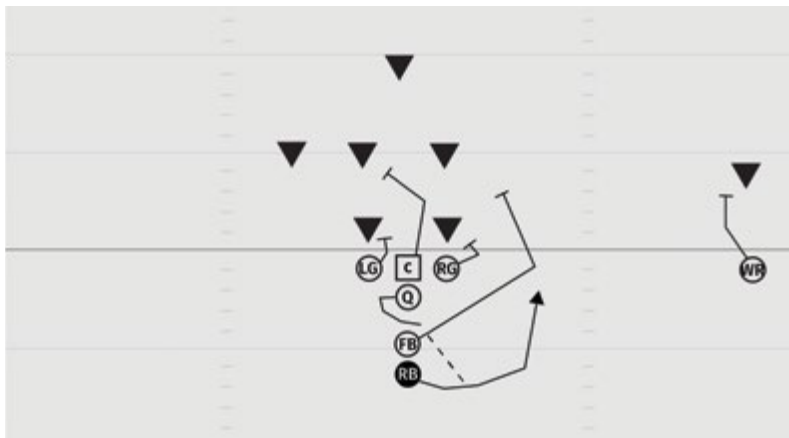
ROOKIE TACKLE® 7-PLAYER PRO
(continued)

ROOKIE TACKLE 7-PLAYER PRO TOSS LEFT



- WR Stalk block cornerback
- RG Reach block defensive lineman
- C Cut-off block backside linebacker
- LG Scoop block defensive lineman
- Q Reverse pivot out and toss to RB
- FB Lead around the edge and block most dangerous
- RB Bucket step, gain width and shoulders square, secure pitch and follow FB

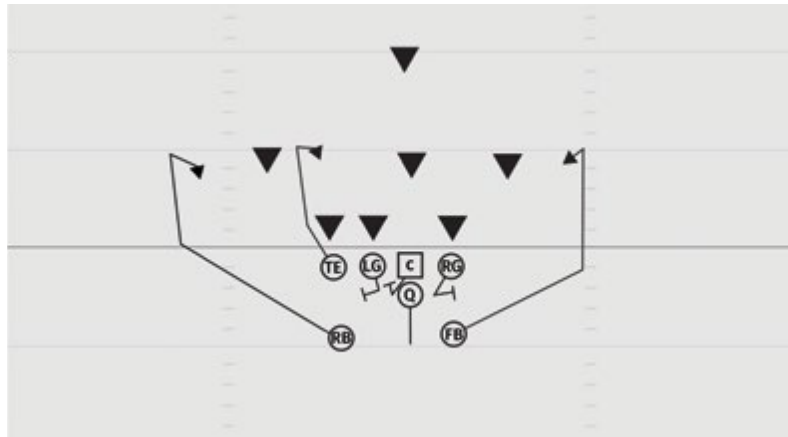
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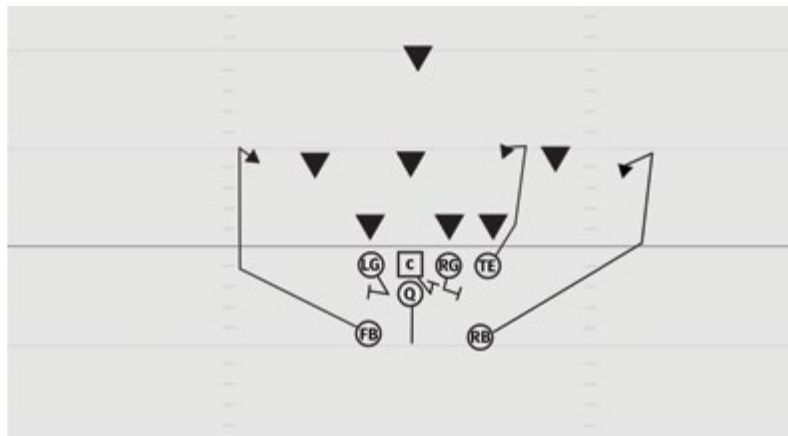
ROOKIE TACKLE[®] 7-PLAYER TIGHT

ROOKIE TACKLE 7-PLAYER TIGHT ALL CURL LEFT



- TE 5 yard Curl route inside widest defender
- LG Big on big pass protection
- C Pass protection, help on inside rush
- RG Big on big pass protection
- RB 5 yard Curl route aiming between number and hash
- FB 5 yard Curl route aiming between number and hash
- Q 3 step drop

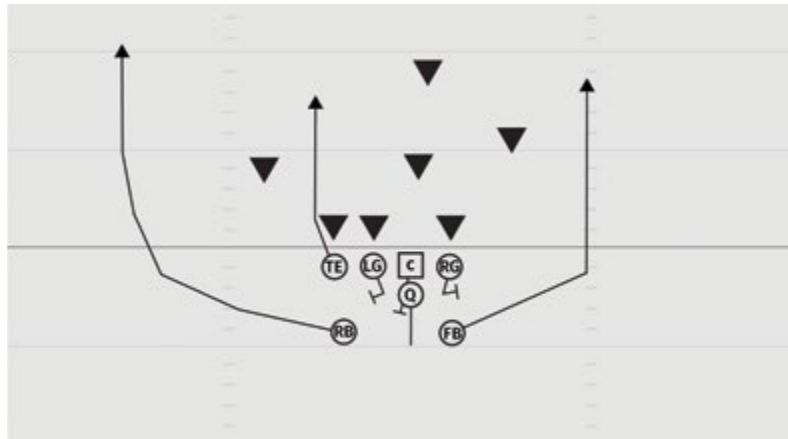
ROOKIE TACKLE 7-PLAYER TIGHT ALL CURL RIGHT



- TE 5 yard Curl route inside widest defender
- LG Big on big pass protection
- C Pass protection, help on inside rush
- RG Big on big pass protection
- RB 5 yard Curl route aiming between number and hash
- FB 5 yard Curl route aiming between number and hash
- Q 3 step drop

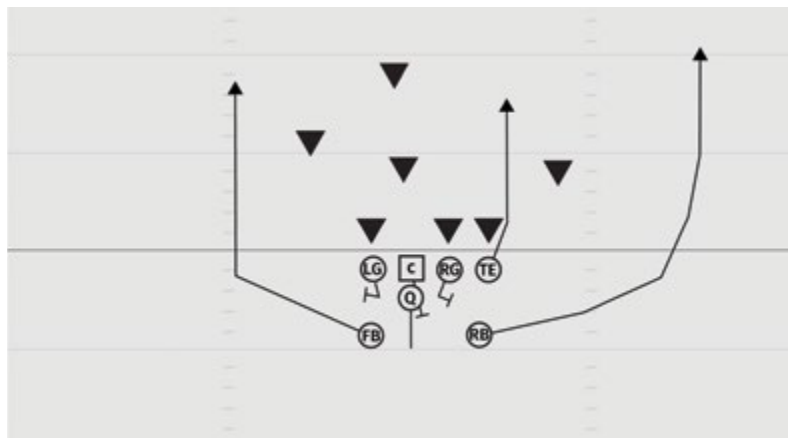
ROOKIE TACKLE® 7-PLAYER TIGHT
(continued)

ROOKIE TACKLE 7-PLAYER TIGHT ALL GO LEFT



- TE Outside release, Seam route
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- RB Go aiming between number and hash
- FB Go route aiming down hash
- Q 5 step drop

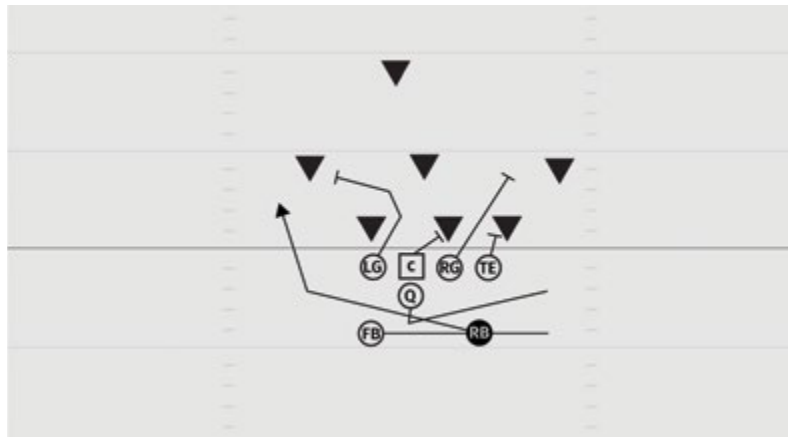
ROOKIE TACKLE 7-PLAYER TIGHT ALL GO RIGHT



- TE Outside release, Seam route
- RG Big on big pass protection
- C Pass protection, help on any inside rush
- LG Big on big pass protection
- RB Go aiming between number and hash
- FB Go route aiming down hash
- Q 5 step drop

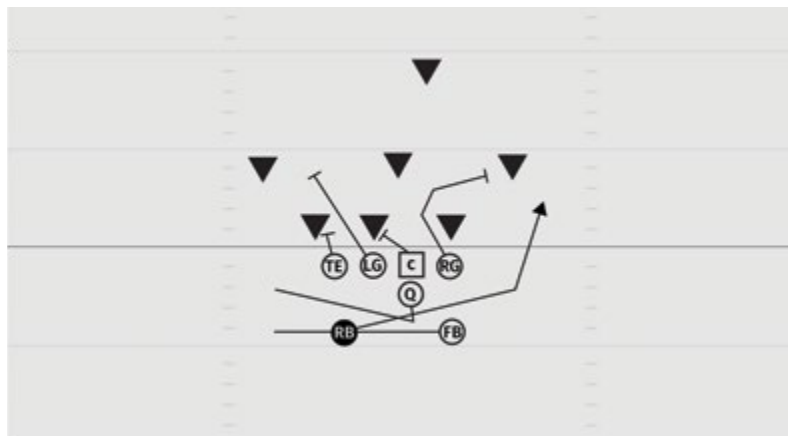
ROOKIE TACKLE® 7-PLAYER TIGHT
(continued)

ROOKIE TACKLE 7-PLAYER TIGHT CROSS LEFT



- LG Inside release, work back out to widest defender
- C Block back on defensive lineman
- RG Inside release to widest linebacker to that side
- TE Base block defensive lineman
- RB Delay one second to let play develop, take path between QB and FB, attack edge around unblocked defensive lineman and read LG block
- FB Fake sweep
- Q Open deep, fake sweep outside hand-off to RB

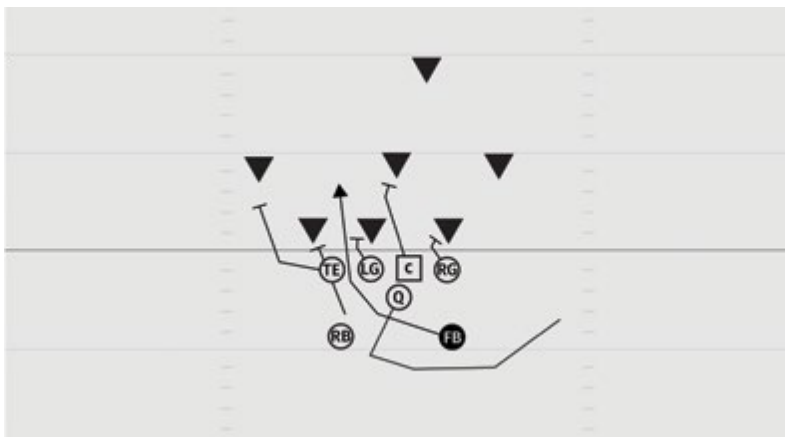
ROOKIE TACKLE 7-PLAYER TIGHT CROSS RIGHT



- RG Inside release, work back out to widest defender
- C Block back on defensive lineman
- LG Inside release to widest linebacker to that side
- TE Base block defensive lineman
- RB Delay one second to let play develop, take path between QB and FB, attack edge around unblocked defensive lineman and read LG block
- FB Fake sweep
- Q Open deep, fake sweep outside hand-off to RB

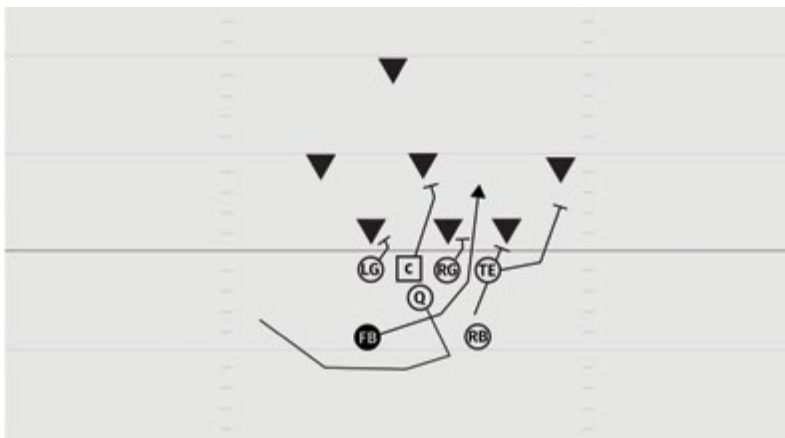
ROOKIE TACKLE® 7-PLAYER TIGHT
(continued)

ROOKIE TACKLE 7-PLAYER TIGHT KICKOUT LEFT



- TE Arc release to widest defender
- LG Reach block defensive lineman
- C Reach block middle linebacker
- RG Scoop block defensive lineman
- FB Attack B gap behind RB's kickout block
- RB Kickout widest defensive lineman
- Q Open playside, continue on bootleg fake

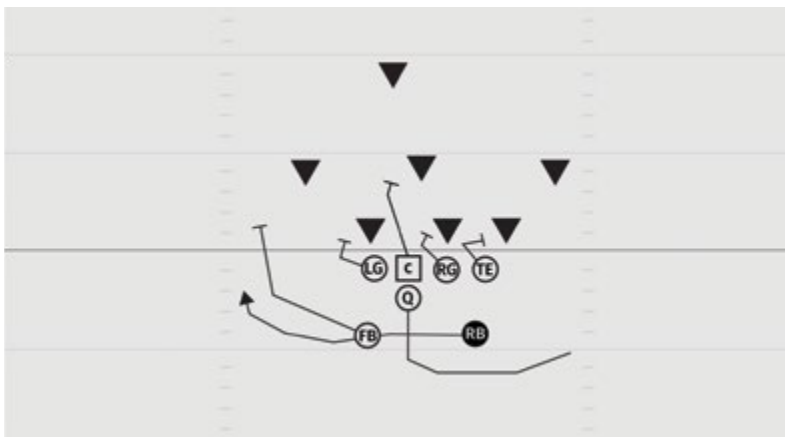
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- RG Reach block defensive lineman
- C Reach block middle linebacker
- LG Scoop block defensive lineman
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- RB Kickout widest defensive lineman
- Q Open playside, continue on bootleg fake

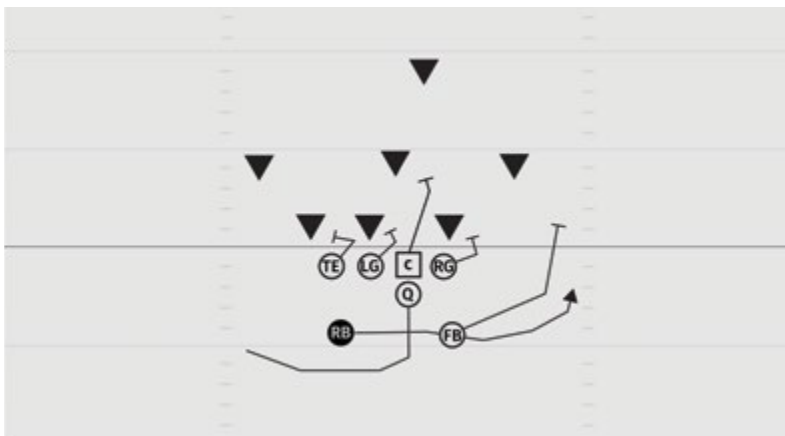
ROOKIE TACKLE® 7-PLAYER TIGHT
(continued)

ROOKIE TACKLE 7-PLAYER TIGHT SWEEP LEFT



- LG Reach block defensive lineman
- C Reach block middle linebacker
- RG Scoop block defensive lineman
- TE Scoop block defensive lineman
- RB Lateral path across formation, receive hand-off and follow FB
- FB Lead around the corner and block the most dangerous defender
- Q Open deep and give flat hand-off to RB

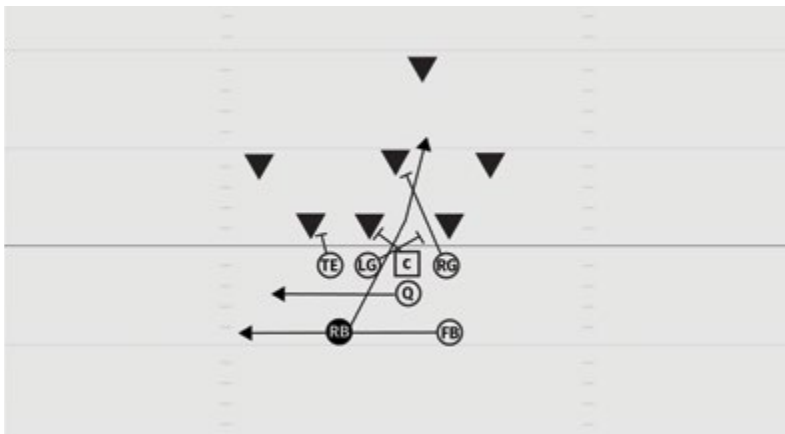
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- RG Scoop block defensive lineman
- TE Scoop block defensive lineman
- RB Lateral path across formation, receive hand-off and follow FB
- FB Lead around the corner and block the most dangerous defender
- Q Open deep and give flat hand-off to RB

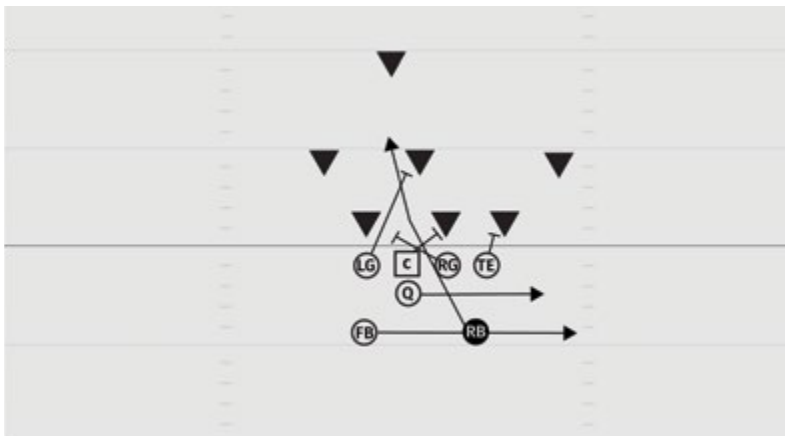
ROOKIE TACKLE® 7-PLAYER TIGHT
(continued)

ROOKIE TACKLE 7-PLAYER TIGHT TRAP LEFT



- RG Inside release, drive block middle linebacker
- C Block back on defensive lineman
- LG Trap block playside defensive lineman
- TE Base block defensive lineman
- RB Pause one second to time up with puller, attack A gap behind trap block
- FB Fake sweep
- Q Fake sweep down the line and give inside hand-off to RB

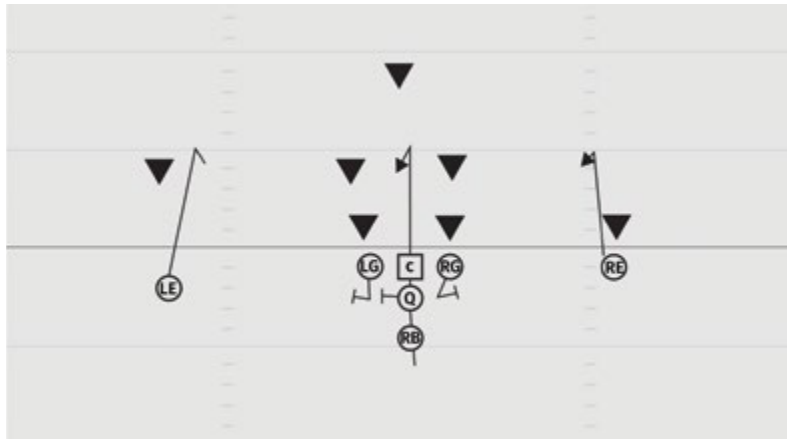
ROOKIE TACKLE 7-PLAYER TIGHT TRAP RIGHT



- LG Inside release, drive block middle linebacker
- C Block back on defensive lineman
- RG Trap block playside defensive lineman
- TE Base block defensive lineman
- RB Pause one second to time up with puller, attack A gap behind trap block
- FB Fake sweep
- Q Fake sweep down the line and give inside hand-off to RB

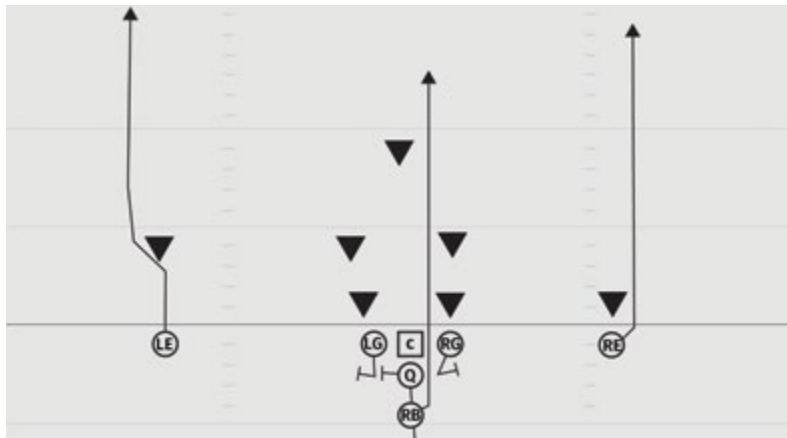
ROOKIE TACKLE® 7-PLAYER SPREAD

ROOKIE TACKLE 7-PLAYER SPREAD ALL CURL



- LE 5 yard Curl route
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- RE 5 yard Curl route
- RB Release through the line, 5 yard Curl route
- Q 3 step drop

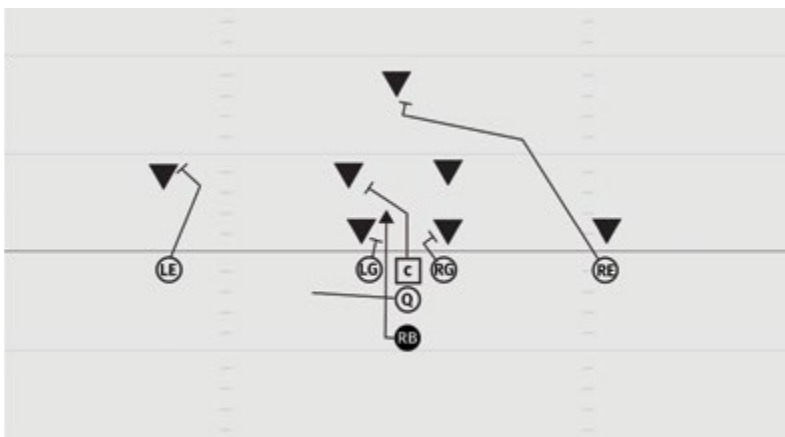
ROOKIE TACKLE 7-PLAYER SPREAD ALL GO



- LE Outside release, Go route
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- RE Outside release, Go route
- Q 5 step drop
- RB Release through the line, middle of the field Go route

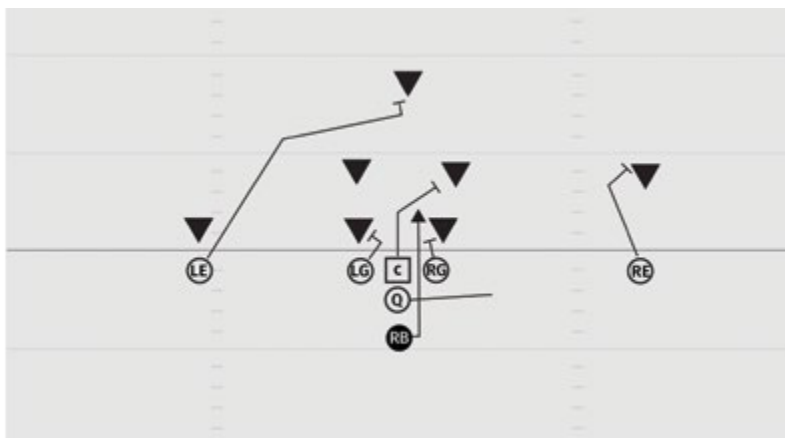
ROOKIE TACKLE® 7-PLAYER SPREAD
(continued)

ROOKIE TACKLE 7-PLAYER SPREAD DIVE LEFT



- LE Stalk block cornerback
- LG Drive block most dangerous lineman
- C Drive block most dangerous linebacker
- RG Scoop block defensive lineman
- RE Inside release work to block deep safety
- Q Open playside, dive hand-off, continue fake down the line
- RB One lateral step, attack A gap, follow C's block

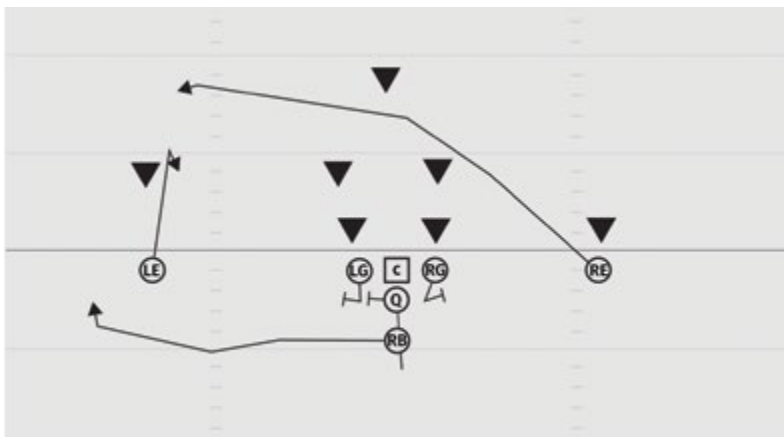
ROOKIE TACKLE 7-PLAYER SPREAD DIVE RIGHT



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- RG Drive block inside half of defensive lineman
- C Drive block most dangerous linebacker
- LG Scoop block defensive lineman
- LE Inside release work to block deep safety
- Q Open playside, dive hand-off, continue fake down the line
- RB One lateral step, attack A gap, follow C's block

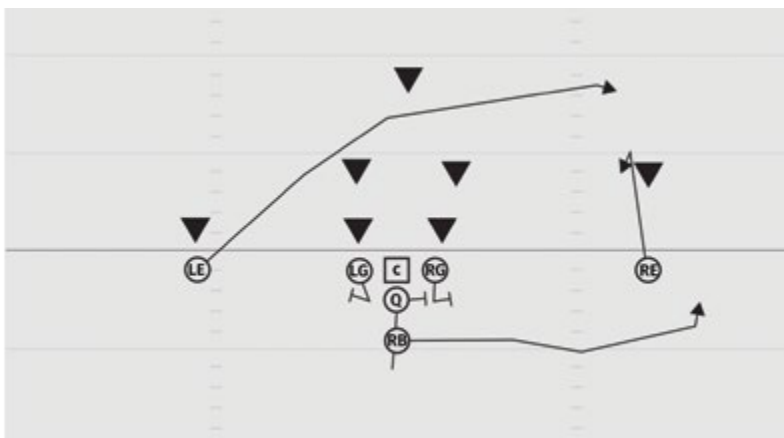
ROOKIE TACKLE® 7-PLAYER SPREAD
(continued)

ROOKIE TACKLE 7-PLAYER SPREAD FLOOD LEFT



- LE 5 yard Curl route
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- RE Crossing route working to 8 yards deep
- Q 5 step drop
- RB Swing route playside

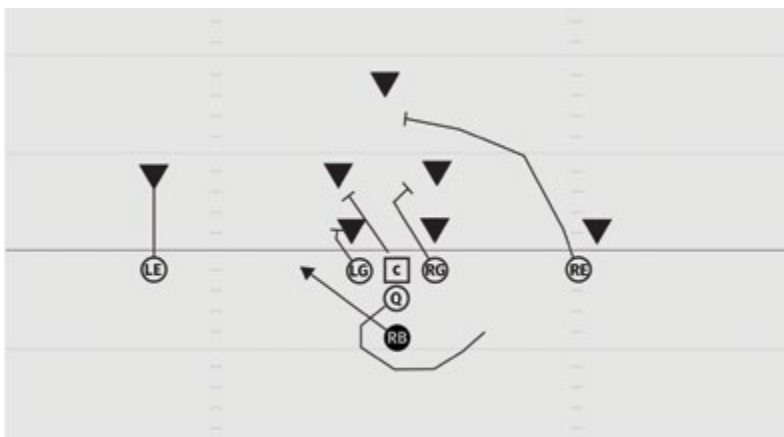
ROOKIE TACKLE 7-PLAYER SPREAD FLOOD RIGHT



- RE 5 yard Curl route
- LG Big on big pass protection
- C Pass protection, help on any inside rush
- RG Big on big pass protection
- LE Crossing route working to 8 yards deep
- Q 5 step drop
- RB Swing route playside

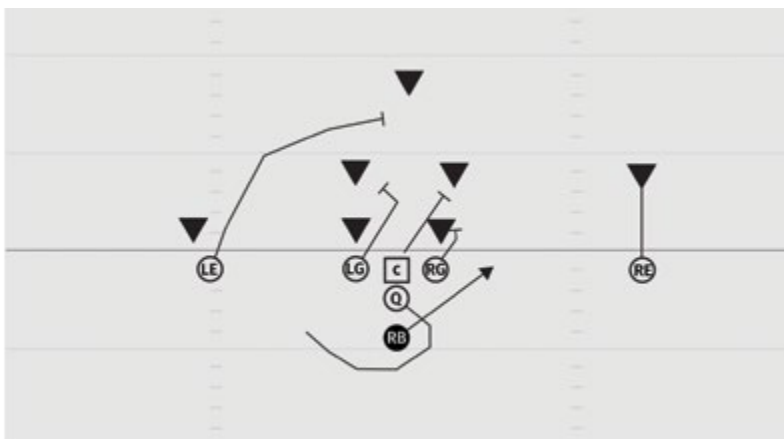
ROOKIE TACKLE® 7-PLAYER SPREAD
(continued)

ROOKIE TACKLE 7-PLAYER SPREAD STRETCH LEFT



- LE Stalk block cornerback
- LG Reach block defensive lineman
- C Reach block playside linebacker
- RG Inside release, cut-off block backside linebacker
- RE Inside release, work to block deep safety
- Q Open deep playside, continue bootleg fake after hand-off
- RB Attack outside edge of LG, read block

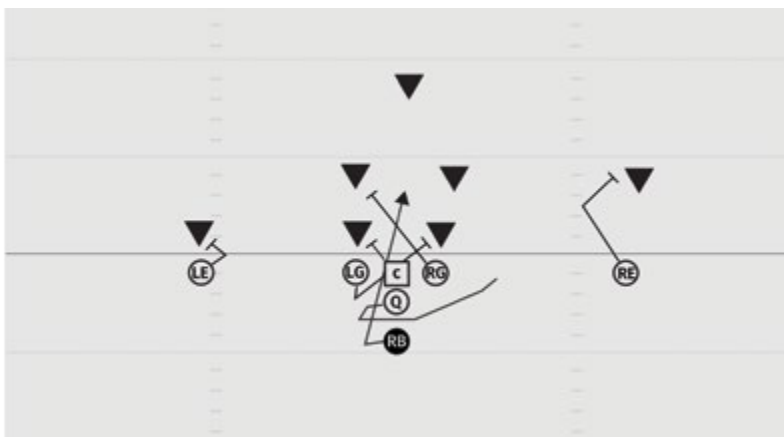
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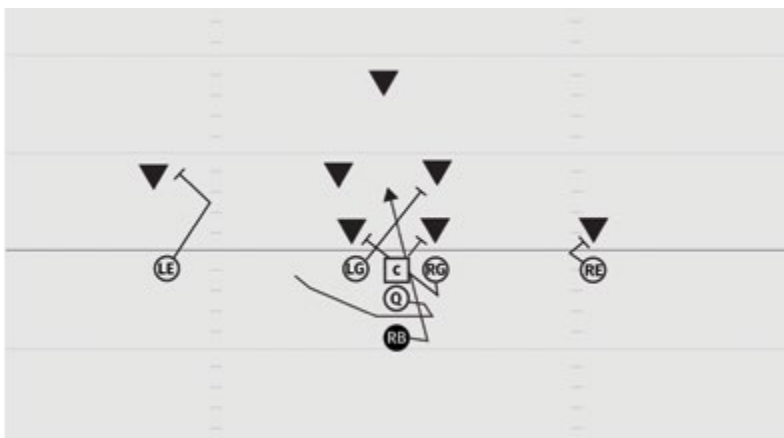
ROOKIE TACKLE® 7-PLAYER SPREAD
(continued)

ROOKIE TACKLE 7-PLAYER SPREAD TRAP LEFT



- LE Stalk block cornerback
- LG Trap block fat defensive lineman
- C Block back on defensive lineman
- RG Inside release for most dangerous linebacker
- RE Stalk block cornerback
- Q Open playside, bootleg fake after hand-off
- RB Lateral step to time up with puller, follow Guard into the hole

ROOKIE TACKLE 7-PLAYER SPREAD TRAP RIGHT



- RE Stalk block cornerback
- RG Trap block fat defensive lineman
- C Block block on defensive lineman
- LG Inside release for most dangerous linebacker
- LE Stalk block cornerback
- Q Open playside, bootleg fake after hand-off
- RB Lateral step to time up with puller, follow Guard into the hole