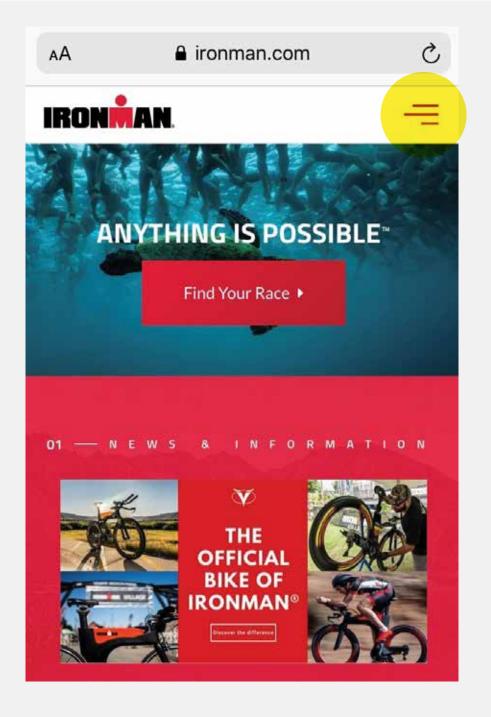




GO TO IRONMAN.COM AND CLICK THE NAVIGATION BAR IN THE UPPER RIGHT HAND CORNER





2 CLICK ON LOGIN

IRON <mark>M</mark> AN.	\times
Main Menu	
номе	
RACES	>
TRAINING	>
PROGRAMS	>
RESOURCES	>
CONNECT	>
SHOP	
LIVE	>
LOGIN	

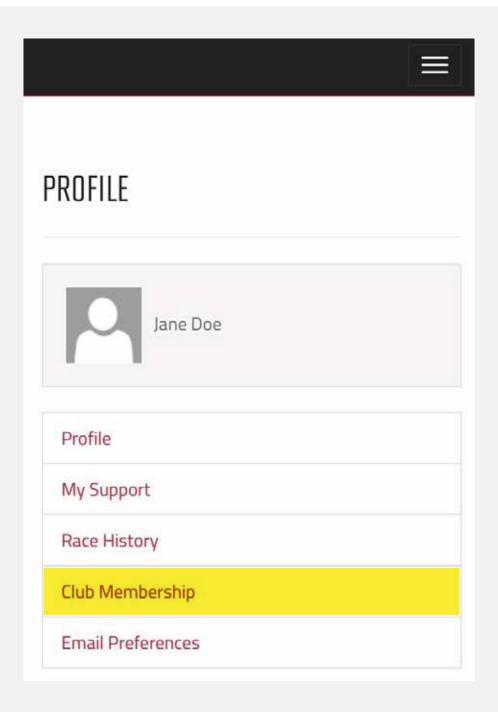


INPUT YOUR INFORMATION TO SIGN INTO YOUR IRONMAN PROFILE OR CLICK SIGN UP TO CREATE A NEW ACCOUNT

IRONIAN. GROUP Login				
f Login with Facebook				
or -				
Email Address				
Password				
show				
Forgot Passwon				
Login				
Don't have an account? Sign Up				



ONCE LOGGED IN, CLICK CLUB MEMBERSHIP





5 CLICK ADD CLUB

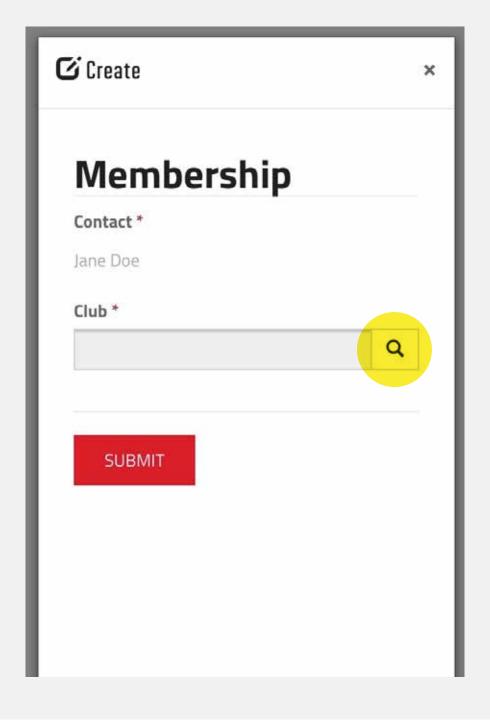
	Jane Doe		
Profile			
My Su	port		
Race H	istory		
Club N	embership		
Email I	references		
view y	our club roster, o	lick on the	d Clul
	ire no records to		







CLICK THE SEARCH FIELD BUTTON



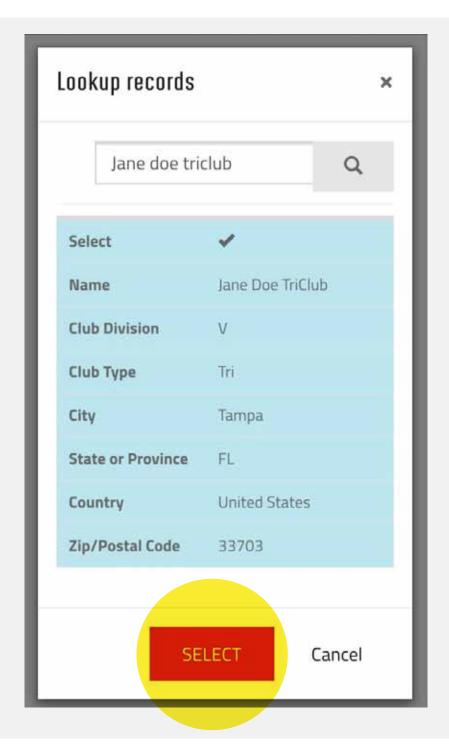


TYPE YOUR CLUB NAME IN THE SEARCH BAR *TEXT IS CASE SENSITIVE

Lookup records ×		
Search	Q	
Select	*	
Name	PO/YPO TRIATHLETES	
Club Division	V	
Club Type	Tri	
City	Osaka	
State or Province	Osaka	
Country	Japan	
Zip/Postal Code	545-0053	
5 X Y		
< 1	2 3 4	



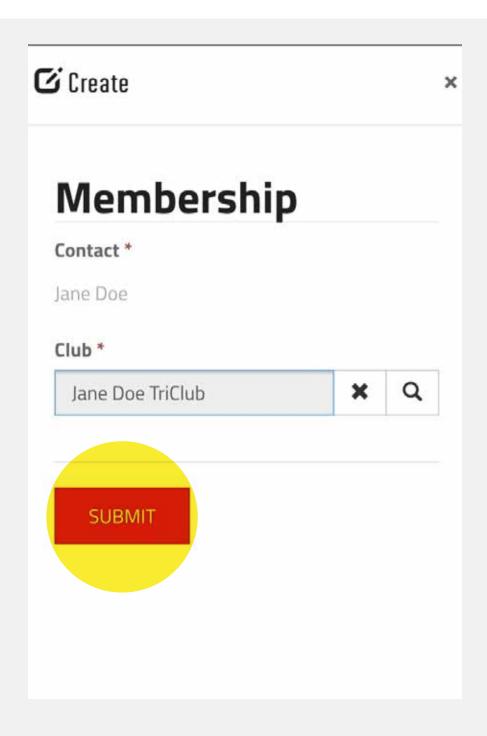
8 CLICK SELECT







CLICK SUBMIT





10

YOU ARE NOW AFFILIATED WITH YOUR TRICLUB

