

Mora Area Youth Recreation Association and Mora Civic Center
COVID-19 PROCEDURES

Beginning August 1st, 2020, every player registered through MAYRA, including, Mora Youth Hockey will be required to follow these protocols. Parents, guardians, and caregivers: **Please go over this plan with your player.** As guidelines change, adjust, or need to be modified, MAYRA will provide additional communication.

For all MAYRA events, including Mora Youth Hockey, families, coaches, players, and associates of Mora Youth Hockey are required to uphold the following standards:

- Players must stay at home when they are sick or experiencing any COVID-19 symptoms.
- Each parent is required to go through a COVID-19 symptom screening with each athlete before they can step on the ice. **See COVID-19 ATTESTATION below.**
- Coaches and rink staff will not tolerate breakdowns of health etiquette norms and inappropriate behavior at the rink. General horseplay with other players and/or jokingly spitting or coughing towards others, etc. will not be tolerated. Inappropriate behavior and/or breakdowns of health etiquette norms may result in the player being asked to leave the rink.
- Players will not be able to enter the rink until 10 minutes prior to their scheduled practice start time.
- Please make sure your players have gone to the bathroom prior to arriving at the rink.
- Players should arrive to the rink fully dressed, except for skates, helmet, and gloves.
- Face Masks/Face Coverings are **REQUIRED** to be worn by everyone who enters the rink.
 - Players must always wear a face mask/face covering except when they are on the ice surface.
 - Parents, guardians, caregivers, etc. are required to wear a face mask/face covering while in the arena. *Exceptions are made based on guidance from Minnesota Department of Health (MDH), Centers for Disease Control (CDC). Please speak with facility manager if an exception is needed.*
- Players will be allowed to bring in one full water bottle with clear markings for their name
- Players will only be allowed to go to their designated locker room to allow for proper social distancing in locker rooms.
- Players will need to set their water bottles on the bench.
- Players must leave the rink within 10 minutes of the end of their practice fully dressed, except for skates, helmets, and gloves. Parents should ensure that timely drop-off and pick-up times are followed.
- Parents of players over age 10 are asked not to enter the rink unless absolutely necessary. Minor athletes under 10 are allowed one adult chaperon during their session. Chaperon must follow safe physical distancing measures and wear a face covering/mask.
- All participants will be notified if we become aware of someone who has used the facility tests positive for COVID-19.

Remember we can contribute to helping slow the spread of COVID-19 by doing these four things:

- Physical Distance
- Practice Safe Hygiene Habits – Wash Your Hands Frequently
- Clean Surfaces and Equipment Between Uses

- Staying Home When Sick or Experiencing Any Symptoms

COVID-19 ATTESTATION

To keep all MAYRA/Mora Youth Hockey members/players/coaches safe, everyone is asked to confirm that they are asymptomatic when arriving at the arena. **By arriving to any arena (game and/or practice) you are attesting that:**

You are aware of the MAYRA/Mora Youth Hockey COVID-19 procedures which states **if you have any ONE or more of the following NEW symptoms within the last 72 hours, you cannot come to the arena at this time.**

- Fever (Temperature equal to or greater than 100F or 33.80C)
- Cough
- Sore throat
- Shortness of breath/difficulty breathing
- Body/muscle aches
- Unexplained headache
- Diarrhea-greater than 3 loose stools in a 24-hour period
- Loss of smell or taste, or a change in taste
- Have recently been in contact with someone that has tested positive for COVID-19