



2024 GIRLS MISSOURI USA WRESTLING GRECO ROMAN/ FREESTYLE STATE TOURNAMENT



DATE: Greco Roman Saturday, May 4th, 2024
Freestyle Sunday, May 5th, 2024

LOCATION: Ozark Empire Fairgrounds
Wilson Logistics Arena
3001 N. Grant Ave
Springfield, MO 65803

REGISTRATION: https://www.usawmembership.com/usaw_events/2400229902?section=registration

Wrestlers must choose which age division they wish to compete in; they may not wrestle both divisions. Kids will not be allowed to wrestle in the 16U division.

ENTRY FEE: Early Online Registration will close Tuesday, April 30th at 11:59 pm (CT) and will be \$30 per style, or \$45 for both styles online (non-refundable)

Late Online Registration will close on Thursday, May 2nd at 11:59 pm (CT). \$35 per style, or \$50 for both styles online (non-refundable)

Onsite Registration Will be available during weigh-ins with an increased fee of \$40 per style, or \$55 for both

Note All wrestlers, who have not registered via trackwrestling.com will be required to present a current USA WRESTLING Competitor's card at weigh ins.

ALL WRESTLERS ARE ENCOURAGED TO REGISTER ONLINE.

TOURNAMENT DIRECTOR: Erik Kivett
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Contact number 417.825.7739

WEIGH-INS:

Friday, May 3rd, 2024 Time: 6:00-8:00pm (Greco)
Saturday May 4th, 2024 Time: 7:00-8:00am (Additional Greco only Weigh in)
Saturday May 4th, 2024 Time: 4:00-6:00pm (Freestyle Only)
Sunday May 5th, 2024 Time: 7:00-8:00am (Freestyle Only)

**(If wrestling both styles you will only be required to weigh-in once)
Friday's weigh-in will only count for Sunday if the athlete competes on Saturday. Any athlete only competing in Freestyle only must weigh in on Saturday afternoon or Sunday morning.**

Wrestlers will be allowed to weigh-in one time only on Friday night. If a wrestler is overweight on Friday, they will be allowed to weigh-in one time only on Saturday morning. Wrestlers who are overweight after their weigh-in on Saturday morning will be bumped up to the weight they weighed in at. Wrestlers who are overweight after their one-time weigh-in on Sunday morning will be bumped up to the weight they weighed in at. Wrestlers must be allowed to use any of the certified scales being used for the competition weigh-ins.

Wrestlers must have a competition singlet on when entering the weigh-in area. All wrestlers will be required to wear their singlet with a sports bra, or other suitable undergarment to weigh-in. **There will be no running, or other weight loss measures, allowed inside the wrestling facility.**

Please Note: No wrestler will be allowed to compete with any skin condition without a doctor's clearance on the standard form. The note must be signed by a doctor and cannot be more than 14 days old.

WRESTLING START TIMES

May 4th Greco Roman **All Girls Greco-** 9:00 a.m. to Completion
May 5th Freestyle **All Girls Freestyle-** 9:00 a.m. to Completion

ADDITIONAL TOURNAMENT INFORMATION

ADMISSION: **ADMISSION:** Admission will be \$10.00 per day, or \$15.00 for both days. Link to be added. Spectators are not allowed on the competition floor. [Online Admission](#)

COACHING: Only coaches presenting a Valid 2024 USA WRESTLING Coaches Coaching Card and that have a Bronze Level Certification will be permitted to coach mat side. All Coaches must wear their credentials around their neck while coaching matside. Any Coach not able to produce proper documentation will not be allowed to coach matside. MOUSAW has the right to restrict floor access.

Coaches/Officials OEP Rules course: Wednesday, May 1st, at 7:30 P.M., via zoom. Course takes approximately an hour and a half. <https://essd40.zoom.us/j/91903420008>. (Password: 404342) to join.

WEIGHT CLASSES

Junior (Born 9/1/2004 & After, plus enrolled in grades 9-12)

95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 145 lbs, 155 lbs, 170 lbs, 190 lbs, 235 lbs

16U (BORN 2008-2009)

88 lbs, 94 lbs, 100 lbs, 106 lbs, 112 lbs, 118 lbs, 124 lbs, 130 lbs, 136 lbs, 142 lbs, 148 lbs, 155 lbs, 170 lbs, 190 lbs, 235 lbs

14U (BORN 2010-2011) – FREESTYLE ONLY

71 lbs, 76 lbs, 81 lbs, 84 lbs, 87 lbs, 90 lbs, 93 lbs, 97 lbs, 102 lbs, 108 lbs, 115 lbs, 121 lbs, 127 lbs, 143 lbs, 163 lbs, 183 lbs

14U (BORN 2010-2011) – GRECO ONLY

There will be no set weight classes in the 14U Greco division; the wrestlers will be grouped into brackets according to their actual weights. Missouri USA Wrestling reserves the rights to combine weight brackets and assign wrestlers into brackets at their discretion

KIDS I (BORN 2012-2015)

There will be no set weight classes in the Kids I division; the wrestlers will be grouped into brackets according to their actual weights. Missouri USA Wrestling reserves the rights to combine weight brackets and assign wrestlers into brackets at their discretion. Wrestler's born after 2015 will not be allowed to register.

UNIFORM:

Singlets: The singlet must be colored predominantly a clearly distinguishable shade of red or blue or one that mimics the UWW color scheme with red or blue bands.

- The dominant color of blue singlets shall be comprised of one of the following: black, blue, green, gray, purple or silver.
- The dominant color of red singlets shall be comprised of one of the following: white, orange, pink, red, yellow, brown or gold.

No two-piece uniforms are allowed.

The tournament will be governed by the Missouri USA Wrestling tournament committee and the tournament guidebook.

Qualifying for the Girls National Teams

Girls Junior National Freestyle Dual Team

National Dual Teams will be selected the week following freestyle state by the National Team Coaching Staff. State champions will be guaranteed a spot but will be used as one of multiple criteria in selecting teams. Their spot will be guaranteed if they (register immediately after the state tournament) say they are going and submit a \$100 deposit by May 13th 2024 and complete the necessary paperwork. The total cost of Junior Duals is \$400.00; the remaining balance for Junior Duals is due on May 27th 2024. MISSOURI USA WRESTLING will be taking **TWO** freestyle and **ONE** Greco Team to the JR Duals.

Girls Junior National GRECO Dual Team

The Junior GRECO State Champion will automatically qualify for the MISSOURI USA WRESTLING National team for Junior Greco National Duals in Tulsa, OK. Their spot will be guaranteed if they say they are going and submit a \$100 deposit due by May 13th, 2024, and complete the necessary paper work. The total cost of Junior Greco Duals is \$400, the remaining balance for Junior Greco Duals are due on May 27th, 2024. MISSOURI USA WRESTLING will be taking **ONE** Greco team to the Junior Greco Duals.

Girls 16U National Dual Team

The 16U State Champion from each style will automatically qualify for the MISSOURI USA WRESTLING National team for 16U Duals in Westfield, IN. Their spot will be guaranteed if they say they are going and submit a \$100 deposit due by May 13th, 2024, and complete the necessary paper work. The total cost of 16U Duals is \$400.00, the remaining balance for 16U Duals are due on May 27th, 2024. MISSOURI USA WRESTLING will be taking **ONE** Freestyle and **ONE** Greco team to the 16U Duals.

Girls 14U National Dual Team

The 14U State Champion from FREESTYLE/GRECO will automatically qualify for the MISSOURI USA WRESTLING National team for 14U Duals in Westfield, IN. Their spot will be guaranteed if they say they are going and submit a \$100 deposit due by May 13th, 2024, and complete the necessary paper work. The total cost of 14U Duals is \$400.00, the remaining balance for 14U Duals are due on May 27th, 2024. MISSOURI USA WRESTLING will be taking **ONE** Freestyle and **ONE** Greco team to the 14U Duals.

Girls Fargo Team

Top 3 in each weight class will automatically qualify for Fargo **in the weight division they competed in at Freestyle State**. They must submit a \$250 deposit and fill out the necessary paper work after the completion of the state tournament. They are only guaranteed the spot in the weight class they qualified in, if they wish to change weight classes, they must attend the Fargo Challenge Tournament. The Challenge Tournament will be held on June 19th at a site to be determined. If the top 3 do not submit their deposit, their position will be forfeited. All Fargo registration needs to be complete by June 5th, 2024. If an athlete does not place in the top 3, they can still attend Fargo if they attend a Regional Event. Southern Plains is June 1-2 in Mulvane, KS.

State teams shall be limited to four (4) wrestlers per age per style per weight class. Wrestlers who earn automatic qualifier status shall not count against any limit.

Automatic Qualifiers – 16U & Junior Nationals

The following shall serve as automatic qualifiers at Junior & 16U Nationals and shall not count against any roster limit:

Current year 1st-6th Place at USA Wrestling Regionals (placement must be in the same age and style)

Current year 1st-8th Place at U15 Nationals (placement must be in the same style)

Current year 1st-8th Place at U17 Nationals (placement must be in the same style)

Current year 1st-8th Place at U20 Nationals (placement must be in the same style)

Previous year 1st-8th Place at Junior Nationals (placement must be in the same style)

Previous year 1st-8th Place at 16U Nationals (placement must be in the same style)

Previous year age-level World Team member (must be in the same style)