

LBYSO REC GAME DAY REFERENCE & GENERAL RULES FALL 2023



STORAGE, FIELD SETUP, GENERAL INFO – ALL AGE GROUPS

REVISIONS EFFECTIVE OCTOBER 10, 2023 WITHIN ON EACH AGE GROUP PAGE IN BOLD RED

STORAGE SHED

Heartwell shed storage (unlocked by 8am Saturdays; locked 30 minutes after last game)
Help keep the shed organized. Leave it looking better than you found it.

TEAM TOUCHLINE (SIDELINE)

For all fields: Home team as shown on schedule gets first choice.

GENERAL SET UP & TEAR DOWN RESPONSIBILITIES (SEE YOUR AGE GROUP PAGE FOR SPECIFICS)

- Coaches, do NOT do all the work yourself
- Get parents to help, ensure they handle equipment properly
- Provide them guidance as needed but your focus is the team.
- Allow ample time to prep and clean up.
- After last game, put gear away in the proper place.
- Score your game (all ages except U5/U6, U8 scoring starts Week 4)

TREAT FIELD EQUIPMENT WITH CARE & STORE AS NOTED TEAM AND PARENTS CLEAN UP BEFORE LEAVING

LBYSO COACH INFO AT <https://www.lbyso.org/coachescorner>

LEAGUE CONTACTS

Fields	Michael Johnson	fields@lbyso.org
Uniforms and Equipment	Lindsay Dick	purchasing@lbyso.org
U6-U10 League Coordinator & Scores	Jim Marshall	leaguecoordinator@lbyso.org
Risk Management, Certifications, Safety	Claudia Murray	riskmanagement@lbyso.org
Schedules	Robert Bruce	president@lbyso.org
Uniforms & Equipment	Lindsay Dick	purchasing@lbyso.org
Certifications/Injury reports	Claudia Murray	riskmanagement@lbyso.org
Treasurer/reimbursements	Howell Martinez	treasurer@lbyso.org
General Info/website/social media	Rebecca Lai	info@lbyso.org
Marketing/Fundraising	Daniela Faulk	marketing@lbyso.org
Bylaws/Board inquiries	Josephine Lara	secretary@lbyso.org
Vice President	Katie Neidermire	vicepresident@lbyso.org
President	Robert Bruce	president@lbyso.org

FOR AGE GROUP COMMISSIONERS, SEE YOUR AGE GROUP SHEET

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FIELD MAP

Fields are to be lined each week by field crew volunteers.

Field volunteers should have each field lined the day before or morning of games.

Coaches, please help recruit field volunteers. Contact Michael Johnson if know someone.

Please report any fields not lined on game day to League Coordinator, leaguecoordinator@lbyso.org



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U5 & U6

General Info

Field: U5 primary HW5-C, U6 Boys HW5-A, U6 Girls HW5-B (U5 will use 5-A & 5-B at 9am)
4 v 4, no goalkeeper
No goalkeeping. Players can play defensively but not stand immediately in front of the net
4 x 8 minute periods, water break after period 1 and 3, 5 minute halftime
No paid referees, both coaches or a parent from each team act as "referees"
No keeping score
Both coaches should confer prior to the game to "get on the same page"
Coaches allowed on field to direct play but stand clear as much as possible
Strict officiating not required but teach the game and rules as best you can
Free substitution after any dead ball

Set Up (first game only, each field)

Each team sets up one goal. Unfold and click into place. No corner flags in U5/U6.

Tear Down (last game only, each field)

Each team puts away one goal.
Goals only need to be folded in half. **DO NOT USE EXCESSIVE FORCE TO FOLD**

Goals

Stored in the Heartwell shed at northwest corner of Field 1

Field Lining

No line painting should be required. Fields are pre-lined by Fields crew. If not lined, find a volunteer to help. Ensure they know how to operate the painters. Report unlined fields to Jim Marshall.

U6-SPECIFIC RULES

In general, IFAB/FIFA Laws of the Game apply but very loosely at this age. *Both coaches should confer before the game so they are on the same page and both teams are held to the same standards/rules.*

Throw-ins - Work with players to make legal throw-ins. Give them a second (or third) try to get it right. Then switch throw-in to other team. Kick-ins are optional.

Goal Kicks – For U5/6, all kicks over the goal line are *always* a goal kick. Honor system, but don't encourage defending kids to kick it out intentionally to gain possession.

Out of Bounds - Ball out of play calls do not have to be strict "to the inch" but limit how far and how often you allow the ball to go out of bounds during a game. It's part of the learning process but you also want the game to flow and limit interruptions.

Build Out Line (mid-field line for U5/6) - There is no separate 'Build Out Line' on the field. Prior to goal kicks, the defending team retreats **behind the midfield line**. Defending team does not attack until the ball is kicked into play.

No Heading

Commissioners: TBD

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U8

General Info

Field: Boys HW1-A, Girls HW1-C, shared overflow Boys & Girls HW1-C

NEW! 6 v 6, 5 plus 1 goalkeeper

2 x 20 minute halves, 5 minute half, water break at/near the 10th minute at referee's discretion

One paid referee. **Do NOT pay referees. We are invoiced for U8 refs.**

Coaches remain off the field and on their own touchline.

Free substitution after any dead ball

PREPARE A GAME CARD FOR THE REFEREE: [LBYSO Game Card](#) (print at lbyso.org/coachescorner)

Set Up (first game only, each field)

Each team sets up one 10x5 goal and two corner flags.

Tear Down (last game only, each field)

Each team puts away one goal and net and two flags.

Goals disassemble as two triangles, two corner braces, crossbar

Goals and flags

Stored in the Heartwell shed at northwest corner of Field 1

Field Lining

No line painting should be required. Fields are pre-lined by Fields crew. If not lined, find a volunteer to help. Ensure they know how to operate the painters. Report unlined fields to Jim Marshall.

U8-SPECIFIC RULES

In general, IFAB/FIFA Laws of the Game apply. Modifications provide for transition from U6 and to U10.

Confer with the referee and other coach to confirm the game will be called as described here.

Throw-ins – All balls that go over the touch line will be a throw in. At the referee's discretion, players may be allowed a second try. Then switch throw-in to other team.

Goal Kicks/Corner Kicks – **NEW!** Standard rules apply. Goal kicks do NOT have to leave the "12 yard box" before a teammate can play the ball.

Build Out Line - There is a blue 'Build Out Line'. On goal kicks OR goalkeeper possession, defending team retreats to the Build Out Line. Defending team does not attack until the ball is put in play.

- When the goalkeeper has the ball in their hands during play from the opponent (or before a goal kick), the opposing team moves behind the build out line until the ball is in play.
- The goalkeeper can kick, throw or roll the ball into play (punts/drop kicks are not allowed in U8)
- After the ball is put into play, the opposing team can attack
- The goalkeeper can put the ball into play immediately upon possession but does so accepting the positioning of the opponents.

No Heading

Commissioners: Bryan Gammel, bryangammel@gmail.com

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U10

General Info

Field: Boys on HW3-A, Girls on HW3-B

7 v 7, includes goalkeeper

2 x 25 minute halves, water break at or near the 12th minute if necessary at referee's discretion

5-10 minute halftime

Coaches remain off the field and between the Build Out Lines. No goalkeeping coach.

One paid referee. **Do NOT pay referees. We are invoiced for U10 refs.**

Free substitution after any dead ball

PREPARE A GAME CARD FOR THE REFEREE: [LBYSO Game Card](#) at lbyso.org/coachescorner

Set up

Home team retrieves 4 flags and one U10 duffel bag (goal nets, spikes, hammer) **from the storage box located between the community center and basketball court**

Each team sets up one goal and 2 flags

Tear Down (last game only, each field)

Remove nets. Each team puts away one goal. Two goals stacked and locked to the fence together. Home teams takes flags and nets to storage.

Goals

18 foot goals locked to NORTH side fence at the hard courts near the community center.

Unlock the wheels and roll goals (PULL the goals by the posts). Attach nets.

Field Lining

No line painting should be required. Fields should be pre-lined Fridays by Fields crew.

If it was not done, please find a volunteer. Ensure they know how to operate the painters.

U10-SPECIFIC RULES

In general, IFAB/FIFA Laws of the Game apply.

Goal kicks do NOT have to leave the "12 yard box" before a teammate can play the ball.

Build Out Line - There is a blue 'Build Out Line'. For goal kicks OR goalkeeper possession, defending team retreats behind the Build Out Line. Defending team does not attack until the ball is put in play.

- When the goalkeeper has the ball in their hands during play from the opponent (or before a goal kick), the opposing team moves behind the build out line until the ball is in play.
- The goalkeeper can kick, throw or roll the ball into play (punts/drop kicks are not allowed)
- After the ball is put into play by the goalkeeper, the opposing team can attack and play resumes as normal ("put into play" = kicked, thrown or rolled)
- The goalkeeper can put the ball into play immediately upon possession but does so accepting the positioning of the opponents.

No Heading allowed

ENTER SCORE IN SPORTSENGINE APP AFTER THE GAME [Score entry instructions](#)

Commissioners: TBD

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U12 (in-house ONLY)

NOTE: The below U12 info applies only to in-house LBYSO Rec teams. Cal South Intercity U12 teams, reference the next page.

General Info

Boys at Molina Park, Girls at HW4

9 v 9 including goalkeeper

2 x 30 minute halves, water break at or near the 15th minute if necessary at referee's discretion

5-10 minute halftime

No goalkeeping coach

One paid referee. **Do NOT pay referees. We are invoiced for U12 refs.**

Free substitution after any dead ball

Game Card

PREPARE A GAME CARD FOR THE REFEREE: [LBYSO Game Card](#) at lbyso.org/coachescorner

Player Cards

Cards for players will be provided and must in the coach's possession at every game. These will be provided by the league by week 2 of the season. JUSA will usually require them by Week 2.

Set up

Molina requires no setup other than positioning goals

Contact Fields Director Michael Johnson for field access instructions.

Field Lining

Molina requires no field lining

For HW4 no line painting should be required. Fields should be pre-lined Fridays by Fields crew.

If it was not done, please find a volunteer. Ensure they know how to operate the painters.

U12-specific Rules

Standard IFAB/FIFA Laws of the Game apply with modifications for 9v9 play.

No Heading

Commissioners: TBD

LBYSO REC GAME DAY REFERENCE & GENERAL RULES FALL 2023



U12 (Cal South ONLY)

NOTE: The below U12 info applies only to Cal South Intercity U12 teams.

General Info

Home games at Molina Park and HW4. Away game locations will vary.

9 v 9 including goalkeeper

2 x 30 minute halves, water break at or near the 12th minute if necessary at referee's discretion

5-10 minute halftime

No goalkeeping coach

1-3 person officiating crew scheduled for each home game.

TBD - 3 person officiating crew scheduled for each home game.

TBD - Coaches should have a copy of the fee schedule with them at all times

TBD - REFEREE FEE SCHEDULE is posted at calsouth.com/intercity-league/

Free substitution after any dead ball

Game Card

Print a game card for EVERY game through your Cal South account. [Roster Printing Instructions](#)

Player Cards

Cards for players and coaches will be provided and MUST be in the coach's possession at every game.

Keep copies of your player waivers with you at games in case they are requested by officials.

Set up

Molina requires no setup other than positioning goals

Contact Fields Director Michael Johnson for Molina field access instructions.

HW4, position goals, set up corner flags collected from storage.

Tear Down

Molina requires no tear down. PLEASE clean up after your game.

HW4, clean up and return corner flags to storage.

Field Lining

Molina requires no field lining.

HW4 No line painting should be required. Fields should be pre-lined Fridays by Fields crew.

If it was not done, please find a volunteer. Ensure they know how to operate the painters.

U12-specific Rules

Standard IFAB/FIFA Laws of the Game apply with modifications for 9v9 play.

No Heading

Cal South Intercity info, contacts, schedules, etc at calsouth.com/intercity-league/

LBYSO Regional Rec Director, Cecilia Deblois, regionalrec@lbyso.org

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U14 & 16

General Info

Boys and Girls at Heartwell Field 2
11 v 11 including goalkeeper
2 x 35 minute halves for U14, 2 x 40 minute halves for U16
5-10 minute halftime
No goalkeeping coach
3 person officiating crew scheduled for each home game.
Coaches should have a copy of the fee schedule with them at all times
REFEREE FEE SCHEDULE is posted at calsouth.com/intercity-league/
Free substitution after any dead ball

Schedules

Cal South creates and manages all Intercity scheduling. Start times and locations vary. Check your schedule weekly for changes.

Game Card

Print a game card for EVERY game through your Cal South account. [Roster Printing Instructions](#)

Player Cards

Cards for players and coaches will be provided and MUST be in the coach's possession at every game. Keep copies of your player waivers with you at games in case they are requested by officials.

Set up

For the first game arrive early to set up goals. Get nets in U14/16 duffel bag and 4 corner flags from storage.

Goals

24 foot goals are locked to WEST side fence at the hard courts near the community center
U14/16 goals are 24 feet wide. Do not confuse these with the U10 goals which are 18 feet.
Unlock the wheels and roll goals (PULL the goals by the posts). Attach nets.

Field Lining

No line painting should be required. Fields should be pre-lined Fridays by Fields crew.
If it was not done, please find a volunteer. Ensure they know how to operate the painters.

U14 & U16-SPECIFIC RULES

Standard IFAB/FIFA Laws of the Game apply.

Heading allowed

Cal South Intercity info, contacts, schedules, etc at calsouth.com/intercity-league/

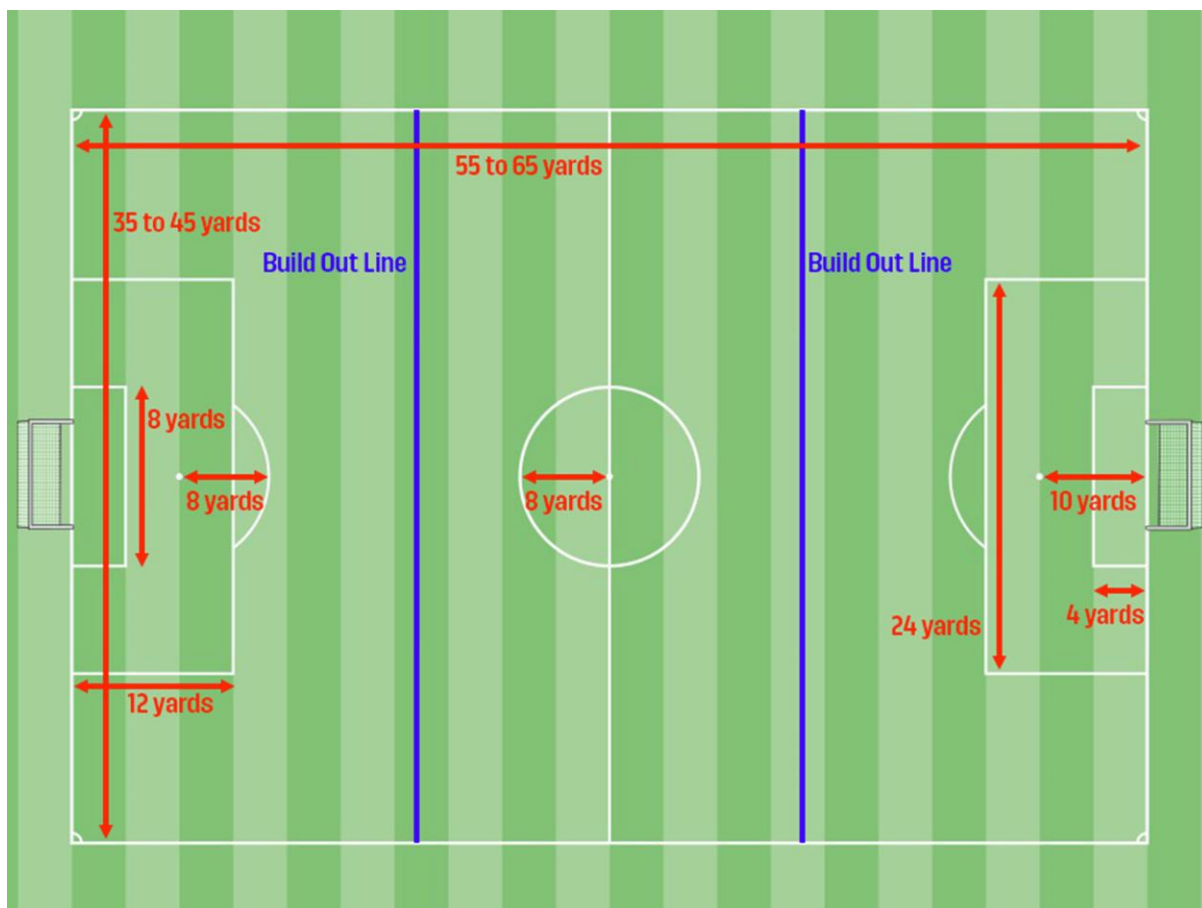
LBYSO Regional Rec Director, Cecilia Deblois, regionalrec@lbyso.org

The above address will forward to her personal emails so you will see replies from a different address.

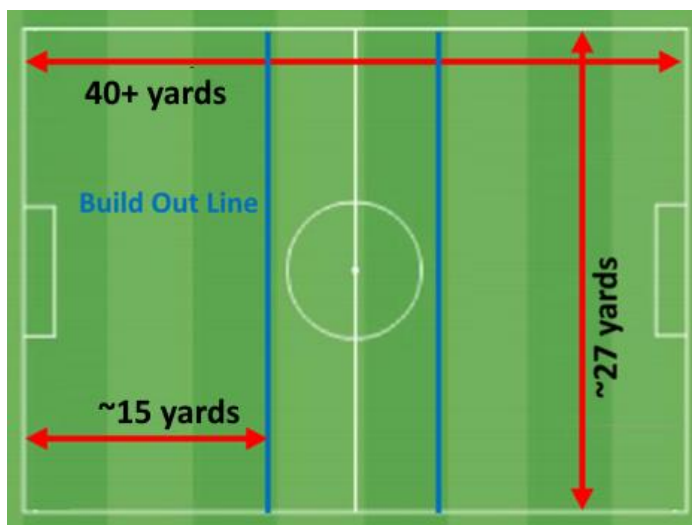
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U10 7v7 Field Layout



U8 6v6 Field Layout



U6 Field Layout

