

County Co-op Swimming & Diving

2022 Schedule

Date	Day	Opponent/Event	Squad	Location	Time
March 2	Wed.	King of the Pool	*Intersquad	Castle Rock Rec.	3:30pm
March 7	Mon.	Highlands Ranch HS	Dive	Littleton HS	5:30pm
March 8	Tues.	Highlands Ranch HS	Swim	Northridge Rec	4:00pm
March 10	Thurs.	Columbine HS	Swim	Castle Rock Rec.	4:00pm
March 18	Fri.	Coaches Invite	Dive	VMAC (Thornton)	4:00pm
March 19	Sat.	Coaches Invite	Varsity	VMAC (Thornton)	All Day (P/F)
March 25	Fri.	Mullen HS	Varsity/JV	Castle Rock Rec.	4:00pm
March 31	Thurs.	Parker co-op	Varsity/JV	Castle Rock Rec.	4:00pm
April 1	Fri.	Heritage HS	Varsity/JV	Heritage HS	4:30pm
April 7	Thurs.	Regis Jesuit HS	Varsity/JV	RJHS	4:00pm
April 15	Fri.	Smoky Hill Invite – Prelims	Dive	Smoky Hill HS	6:00pm
April 16	Sat.	Smoky Hill Invite – Prelims	Varsity	Smoky Hill HS	9:00am
April 16	Sat.	Smoky Hill Invite – Finals	Varsity	Smoky Hill HS	5:00pm
April 22	Fri.	Cherry Creek Invite – Prelims	Varsity/JV	Cherry Creek HS	4:30pm
April 23	Sat.	Cherry Creek Invite – Prelims	Dive	Cherry Creek HS	8:30am
April 23	Sat.	Cherry Creek Invite – Finals	Varsity/JV	Cherry Creek HS	3:00pm
April 30	Sat.	B League Swim Meet	Varsity/JV	Regis Jesuit HS	10:00am
May 6	Fri.	A League Swim – Prelims	Varsity	Heritage HS	4:00pm
May 7	Sat.	A League Diving	Dive	Littleton HS	8:00am
May 7	Sat.	A League Meet – Finals	Varsity	Heritage HS	2:00pm
May 13	Fri.	5A State Dive Prelims	Dive	VMAC (Thornton)	10:00am
May 13	Fri.	5A State Swim Prelims	Varsity	VMAC (Thornton)	4:30pm
May 14	Sat.	5A State Meet Finals	Varsity	VMAC (Thornton)	4:30pm

2022 Qualifying Times/Scores

	Event	5A State	Coaches Inv.	A League
1	200 Medley Relay	2:00.00	2:04.00	---
2	200 Freestyle	1:51.00	2:03.00	2:03.50
3	200 IM	2:06.00	2:22.00	2:24.00
4	50 Freestyle	23.00	25.00	25.50
5	Diving – 6 Dives	210pts (10.6)	160 pts	150 pts
	Diving – 11 Dives	335pts (12.6)	270 pts	250 pts
6	100 Butterfly	55.50	1:03.00	1:05.00
7	100 Freestyle	50.50	55.00	55.00
8	500 Freestyle	5:10.00	5:40.00	5:55.00
9	200 Freestyle Relay	1:44.00	1:50.00	---
10	100 Backstroke	57.00	1:04.00	1:04.50
11	100 Breaststroke	1:04.00	1:11.00	1:14.00
12	400 Freestyle Relay	3:40.00	4:05.00	---