

# U15 COMPETITIVE

REP SEASON OUTLINE - 2026



## 2026 U15 COMPETITIVE

(GIRLS BORN IN 2012, 2013)

### PROGRAM INCLUDES

EARLY BIRD TOURNAMENT ◦ LEAGUE PLAY ◦ LEAGUE FEES  
VANGUARD ATHLETIC PERFORMANCE STRENGTH AND CONDITIONING  
PRACTICE FIELDS 2 X WEEKLY ◦ TEAM BUILDING ◦ PRACTICE SHIRT  
LBK BANQUET ◦ PHOTO PACKAGE ◦ JERSEY & KILT  
OLA FEES & INSURANCE COVERAGE  
ONTARIO LACROSSE MAGAZINE  
U15 PROVINCIALS AUGUST 7-9

### PRACTICE NIGHTS

STRENGTH & CONDITIONING MONDAYS IN MAY/JUNE  
TUESDAY AND THURSDAY

### GAME DAYS

SATURDAY PM GAMES  
SOME MIDWEEK GAMES

### TOURNAMENTS

EARLY BIRD TOURNAMENT - MAY 16, 2026  
U15 PROVINCIAL CHAMPIONSHIPS - OAKVILLE, ON - AUGUST 7-9, 2026

### SEASON KICK OFF

PLAYER PARENT MEETING - APRIL 2026 (DATE TBD)  
EARLY BIRD TOURNAMENT - MAY 16, 2026  
TEAM TRAINING BEGINS APRIL 2026

**2026 U15 COMPETITIVE COST \$875- \$1000**

**TRYOUT FEE \$75**

LBK REGISTRATION IS SEPARATE AND PAID BEFORE TRYOUTS