



# River Falls Youth Hockey Association

*Let's Play Hockey!*

2020-2021 COVID-19 Preparedness & Risk Mitigation Plan, *abbreviated version*



- **Face Masks:** Required indoors over 5 years old per Governor Evers. The order provides exceptions for some categories of people like those having trouble breathing, i.e. skating.<sup>16</sup>  
Note: Per MN Hockey District 2; coaches are required to wear masks on the bench.  
This is not required during practice/on the ice.
- **Social Distancing:** Please respect the space of others and be mindful of social distancing as to limit the spread of any infection by maintaining 6 feet of distance.<sup>2,4,7</sup>
- **Arrival and Departure:** **Plan to arrive no sooner than 15 minutes before an event (practice or game) with your player dressed as much as possible (see details below) and plan to depart within 15 minutes of the end of the event.**<sup>2,4,7</sup>
- **Please do not congregate** in the shared and common areas to the best of your ability.
- **Dressing in as much gear as possible before coming to the rink.**<sup>2,4,7</sup> Accommodations will be allowed for goalies, please speak with your coach.
- The use of locker rooms will be available, if necessary and for assistance with equipment or skate tying, please limit one parent per player in the locker at any time.
- Because players are arriving fully dressed, there should not be a need for hockey bags in the Wildcat Centre. **Please do not bring hockey bags inside to the best of your ability.**
- **Please stay home if you are sick, especially with the symptoms below or if you have been exposed to someone with COVID-19 within 48 hours of their symptoms.**<sup>9</sup>
- Please bring and only **use individual water bottles** marked with player's name.
- Coaches will clean high touch surfaces including benches and locker room floors after practices and games with EPA registered disinfectant.
- Parent volunteers will clean high touch surfaces including benches and locker room floors for opposing teams after games EPA registered disinfectant.
- It is recommended to **review the websites for site-specific COVID policies at other arenas** when traveling for games and tournaments.

Last updated: 9.23.2020

Please visit [RFHockey.com](http://RFHockey.com) for the full version of RFYHA COVID-19 Risk Mitigation Plan and references