

Responsibility



3 Key Takeaways

- 1 -

Responsible young people don't have to be asked or reminded to do what was assigned to them.

- 2 -

Knowing and doing what is expected of me.

- 3 -

Able to choose for oneself between right and wrong

The Basics

What is Responsibility?

- Doing what is expected of me without being asked or reminded.
- Taking ownership of our actions, attitudes and words.
- The understanding that each action that I take has positive or negative consequences.



Story: Jocko Willink



In his book, “Extreme Ownership” former Navy Seal, Jocko Willink shares an experience in battle where there was friendly fire between the American soldiers. There were a variety of different reasons that this happened, none of which were anticipated. Since Jocko was the leader of his troop, he was asked to report what happened to his supervisor. During his report, he took complete ownership of the situation, blamed no one else, and accepted full responsibility for the results of the situation. This was very difficult to do, but with the belief that leaders take responsibility for the success or failure of the team, he has helped many others learn to do the same.

Transformational Biblical Truth:

“If you are faithful in little things, you will be faithful in large ones. But if you are dishonest in little things, you won’t be honest with greater responsibilities.”

-Luke 16:10 NLT

Engaging Questions for Athletes:

1. What is an area of your life that you have not been taking responsibility?
(Ex. School, practice, relationships with siblings, etc.)
2. What type of positive changes might happen in your life if you begin to take responsibility in these areas?
3. Who have you seen demonstrate taking responsibility for a situation that was difficult?

