



PROWL HOCKEY

Jamestown/Valley City Coop Handbook 2023-2024

For Players and Parents

The Mission of the Jamestown/Valley City Coop is to promote joint success to increase the number of hockey players that are participating in the respective Jamestown and Valley City hockey clubs and to assure the ability to play competitive hockey is available within NDAHA league play that would not be available without the cooperative agreement.

This handbook was written by the JVC Coop Board of Directors in an attempt to provide players, parents and coaches with general information, rules and regulations of our Program.

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JVC Board of Directors

The following people serve on the Board.

Jason Manlove	Valley City	President
Shane Kalbrener	Valley City	Board Member
Kyle Roelfsema	Valley City	Board Member
Cody Champagne	Jamestown	President
Jeremy Forester	Jamestown	Director
Whitney Trautman	Jamestown	Director
Matt Stockert	Head Boys HS Hockey Coach from Jamestown High School	

The JVC Coop governed by the rules and regulations of the North Dakota Amateur Hockey Association. Joint Jamestown Board & Valley City Board meetings will be scheduled as determined by the CO-OP Board, as needed, but at least quarterly

Registration Fees

Registration fees are due and collected by Jamestown Hockey Boosters and Valley City Youth Hockey clubs, individually.

Communication

Practice and game schedules will be posted on the following websites, www.jamestown-hockey.com and vcvipers.com.

Team and parent meetings will be held at the beginning of the season and periodically throughout the year. These meetings will be announced via email by the Board Representative and/or Parent Managers and should also be posted at the arena. **These meetings are mandatory!! If you do not attend, your child will not be allowed on the ice, until the Handbook is reviewed and signed prior to or at the meeting.**

Suggestions and/or complaints should be directed through your Board Representative.

Weather Cancellation Policy

The scheduler and/or scheduling committee will make the decision to cancel games based on weather. Cancellations will be communicated via text message, email, or website.

A representative from Valley City and Jamestown will be chosen by the JVC COOP Board in determining if cancellations are required due to weather.

Locker Rooms

The JVC Hockey Coop are not responsible for stolen and/or lost equipment. Players will be responsible to treat other players and the locker rooms with respect, or they will lose the privilege of using the rooms.

Parents coop teams are asked to remain out of the locker rooms.

Cell phones and other mobile devices with recording capabilities, including voice recording, still cameras and video cameras, are not permitted to be used in the locker

rooms. If phones and other mobile devices must be used, they should be taken outside of the locker room.

Locker Rooms will be opened 20 minutes prior to practice starting.

We will also following USA Hockey Policy Section E on locker room supervision that states:

USA Hockey is concerned with locker room activities between minor players; minor players and adult players; adults being alone with individual minor players in locker rooms; and with nonofficial or non-related adults having unsupervised access to minor participants at sanctioned team events.

It is the policy of Safe Sport, USA Hockey and USA Hockey InLine that all Affiliates, Districts, leagues, and local hockey programs have two responsible adults present directly monitoring the locker room during all team events to assure that only participants, (coaches and players), approved team personnel and family members are permitted in the locker room and to supervise the conduct in the locker room. Any individual meetings with a minor participant and a coach in a locker room shall require a responsible adult be with the coach.

Further, responsible adults must personally monitor the locker room environment at all times while participants are present and also make sure the locker room is appropriately secured during times when minor participants are on the ice.

For the purposes of the JVC Hockey Coop approved team personnel will be defined as a Board member, Coach or Parent Manager.

Divisions

The divisions for the 2023-2024 season are as follows:

Division	Birth Date
PeeWees	06/01/2010 – 5/31/2012
Bantams	06/01/2008 – 05/31/2010
Girls 12U/14U	06/01/2008 – 05/31/2013 (This team will be playing 12u with some overage players on it)

A Copy of the player's birth certificate must be on file with the Registrar as proof of age prior to a player playing any games.

Player Movement Policy

Player movement maybe considered on a case-by-case base.

- The player's parents must submit the request to the appropriate Board and attend a Board meeting to explain move.
- Be approved by a vote of the Board of Directors.

Team Selections

- PeeWees, Bantams, Girls U12 and up
 - Tryouts will be made up of skills, drills, and scrimmages.

- Players may be moved to different groups during the tryout process by the coaches.
- The Coaches will determine a team selection process.

Prowl Team Colors

The primary colors for all Prowl teams are Forest Green, White and Black.

Socks: Forest Green Base with Black and White Stripes
Breezers: Black
Helmets: Black

Equipment

Members are responsible for providing the following required equipment in addition to USA Hockey Requirements:

- Mouth guard
- Skates
- Stick
- Socks
- Elbow pads
- Shin pads
- Gloves
- Shoulder pads

Board Representative (1 rep from VC & 1 rep from JHB for each team)

One Board Representative (Must have USA Safe Sports training) from each team will be the liaison between the parents, coaches and Board of Directors. The duties are as follows:

- Maintain all documents required for games such as signed rosters and signed game score sheets.
 - White Copy to be mailed to the NDAHA League Secretary
- Hold parent meetings as needed.
- Report game results to the local papers.
- Collect Handbooks signed sheets.
- Score Sheets

Disciplinary Guidelines

The JVC Hockey Coop are governed by the rules and regulations of the North Dakota Amateur Hockey Association. When you register to be a participant in programs with the JVC Hockey Coop please remember the following:

1. We expect a positive attitude at all times, on and off the ice.
2. We not only represent the program, but also the communities of Jamestown and Valley City. Therefore, our conduct at games is important, especially when playing in another city and extends to restaurants, hotels and arenas.
3. Playing for the JVC is a privilege, not a right. Unacceptable behavior, on or off the ice, can lead to expulsion from the program. (See Code of Conduct).

USA Hockey allows for a Zero Tolerance policy for discipline at the discretion of the Board of Directors. JVC Hockey Coop will follow the rules and guidelines of Safe Sport and Rule 10. Safe Sport has been developed to ensure the safety of its participants.

- Any conduct not aligned with the following guidelines is subject to review by the Grievance and Discipline Committee.
- Discipline Issues related to COOP players will be addressed by the PROWL COOP BOARD.
- If needed an Appeal Board will be arranged with representatives from both Jamestown and Valley City Boards that are not a part of the Prowl COOP Board.

Parents' Policies

- I will promise to help my child enjoy the hockey experience within my personal constraints by being a respectful fan, providing transportation or whatever I am capable of doing.
- I will ask my child to treat other players, coaches, fans and officials with respect, regardless of race, sex or creed, or ability.
- I will provide support for coaches and officials working with my child to provide a positive and enjoyable experience for all.
- All team concerns that a parent has should be directed to the assigned Board Representative.
- Retaliation, reprisal, or any harassing behaviors directed at coaches or referees and/or any of their family members is prohibited.
- Get to know your team's Parent Manager. The Parent Manager will do his/her best to keep everyone informed.
- No parents are allowed in the locker room 20 minutes before the game and 10 minutes after the game unless directed by the Coach or Parent Manager.

Players' Code of Conduct

- I will follow all JVC Hockey, North Dakota Amateur Hockey Association and USA Hockey rules and regulations.
- I will be a team player and respect all others, especially other players, coaches and parents.
- I will be on time for all practices and games.
- I will not use tobacco, alcohol or drugs.
- I will not haze or mistreat any of my fellow teammates.
- I will not swear or use foul language of any kind.

NDAHA Parents' Code of Conduct

As you watch the game, please understand inappropriate/disruptive behavior is not allowed. This includes:

- The use of obscene or vulgar language towards players, coaches, and/or other fans
- Taunting of any players, coaches, officials or spectators

- Throwing of objects into the spectating areas, the players bench, score keeping and/or penalty box

If a parent, spectator, or fan is asked to leave by a games official, a mandatory 3 game suspension from team games will be enforced through NDAHA. The JVC Coop board will enact an additional 3 game suspension.

Additional punishment may be enforced by local governing body based on incident

Enjoy the game and remember:

- These are kids having fun
- This is a game
- Coaches are volunteers
- Officials are human

Acknowledgement of the JVC Coop Handbook

I have reviewed, either online or hard copy, a copy of the JVC Coop Players, Parents & Coaches Handbook.

I acknowledge and agree to abide by all policies and code of conducts in the JVC Handbook.

In doing so, this Handbook must be reviewed, signed hard copy by both the participating player and a parent/guardian and returned to the JVC Board representative for that players age classification; or the Handbook must be reviewed, electronically acknowledged & signed by both the participating player and a parent/guardian during the players respective association online registration.

Compliance to either of the above online registration or hard copy acknowledgements must be done prior to the first date of any JVC schedule activity.

If you have any questions in reviewing and/or acknowledgement of the Handbook, please contact any JVC, Valley City Hockey Club or Jamestown Hockey Booster Board Member.

