

## USA Wrestling – New Jersey: Rules for 2022 – 2023 ([Link to Flyer...](#))

1. The name of a wrestler's CLUB/TEAM/TOWN (*only ONE of the 3 choices may be used*) listed during registration for a Regional qualifier is what will be used for State Tournament separation. There will be NO changing of the Club/Team/Town name once the qualifier has begun. NO EXCEPTIONS! It will be the responsibility of the parent/coach to ensure the correct Club/Team/Town is placed on the form. CLUB / TEAM / TOWN will be separated in the first round of state competition, if possible. If a wrestler is the only one to qualify in a weight class at the state championships he can move up a weight with the permission of the Kids State Chairman.
2. In order to advance to the State Championship Tournament, wrestlers must place in the top three in one of the regional qualifying tournaments. Wrestlers **DO NOT HAVE THE OPTION** to leave the tournament early to try to place at a higher position at another qualifier.
3. MANDATORY: HEADGEAR, including long hair rule for one-piece hair net and head gear. ONE-PIECE COMPETITION SINGLETs AND PROTECTIVE MOUTHPIECES (FOR ANYONE WEARING BRACES). Wrestlers will NOT BE PERMITTED to participate without the use of the items listed above. Two-piece uniforms will not be permitted. Wrestlers with dental braces MUST wear a protective mouthpiece.
4. ANY NEW JERSEY RESIDENT OR WRESTLER WHO GOES TO SCHOOL IN NEW JERSEY AND IS RELEASED BY THEIR HOME STATE USA CHAIRMAN TO NEW JERSEY MAY PARTICIPATE.
5. WRESTLERS MUST WRESTLE IN THEIR OWN AGE & SCHOOL DIVISIONS. Intermediates may NOT be attending high school. NO REFUNDS. THERE IS NO ADVANCEMENT FEE TO THE STATE FINALTournament. **HS Cadets must NOT have wrestled in the current year's NJSIAA State Championships or they are ineligible for this tournament.**
6. A WRESTLER MAY ENTER as many regional tournaments as they desire. **However, once a wrestler qualifies for the state tournament (by placing in the top 3 in any qualifier), he cannot wrestle at any other regional tournament.** Violation of this rule will result in automatic disqualification from the USAW-NJ State Tournament. EXCEPTION: If a wrestler is injured and is unable to compete in the medal round, he will be allowed to compete in another regional tournament with the approval of the USAW-NJ Kids Director, AND medical documentation as to why he could not finish the qualifying tournament.
7. SKIN DISEASE ALERT – Parents MUST take responsibility for examining their wrestlers and downloading our approved skin lesion report [Link to Download Skin Lesion Report...](#) **This form is the only one that will be accepted, no exceptions!** Provide the form to your doctor, have the doctor complete and sign it, and bring it with you to the weigh-ins and the tournament.
8. WEIGH-INS: ALL WRESTLERS MUST present a CURRENT USA WRESTLING MEMBERSHIP CARD at WEIGH-INS. Once the weigh-ins are over, a wrestler may not change his weight class--no changes on the day of a tournament. No weight allowances will be granted! ALL WRESTLERS MUST WEAR A "ONE-PIECE COMPETITION SINGLET" FOR ALL WEIGH-INS and be wearing the singlet when they get in line.
9. INJURIES AND FORFEITS: If a wrestler is injured in a qualifier or state finals and cannot continue their match, they cannot participate in later rounds without a medical doctor's (M.D.) note clearing them to continue. IN THE EVENT OF A FORFEIT, the following rule applies: so long as the next round has not started, the decision will be made by the USAW-NJ Kids Chairman or a USAW-NJ Representative, if the Chairman is not available. If the next round has already begun, the forfeit stands.
10. The **2023 SCHOLASTIC STATE FINALS** tournament will feature all Divisions in a single weekend in one location. **Tournament dates are March 11<sup>th</sup> for Juniors, Intermediates, Cadets and Girls, March 12<sup>th</sup> for Tots, Bantams & Novices.** There will be no changes to Club/Team/Town the day of the State Championships, **NO EXCEPTIONS!** \*\*\*ALL SEEDING QUESTIONS/CHANGES for the Junior & Intermediate Saturday session MUST BE REFERRED TO THE HEAD TABLE no later than 8:00 AM, and no later than 12:00 PM for the Cadets & Girls session on Saturday. The deadline for similar issues for the Tots, Bantams and Novices Sunday session is 8:00 AM and there will be no exceptions. ABSOLUTELY NO CHANGES WILL BE CONSIDERED AFTER THE ASSOCIATED AGE GROUP'S DEADLINE.
11. Time Periods at the State Final Championship will remain the same for ALL DIVISIONS, as listed in the Regional Qualifier flyer.
12. COACHES - Coaches 18 years or older with a valid 2022-2023 USAW Coaches Card and a photo ID can purchase a Coach's Pass for \$5.00 at the Regional Qualifiers and the State Tournament to access the floor. **Only coaches with a Coach's Pass will be allowed on the floor or coach's corner at the Regional Qualifiers or State Tournament.** To obtain a USAW Coaches Card, go to the USA Wrestling national web site ([www.themat.com](http://www.themat.com)) and apply for the coach's card which includes a background check. **You may need a week or more to complete the background check; don't wait until the last minute to apply for a card.** Floor passes will NOT be for sale that weekend.
13. NO WEIGHT ALLOWANCE OR CHANGE OF WEIGHT CLASS for the state tournament. The State Tournament is a double-elimination event. The top 8 wrestlers will receive medals, top 8 receive medals; champions will also receive a champion singlet. All weigh-ins are held on-site on the morning of each day's wrestling. Weigh-in dates and times are available on the event flyer.
14. ADMISSION for non-entrants: QUALIFIERS: Adults - \$7, Children - \$3; STATES, per day: Adults \$14+fees, Children \$9+fees for States. To save time, purchase tix online for SATURDAY, [CLICK ON THIS LINK...](#) To purchase tix online for SUNDAY, [CLICK ON THIS LINK...](#)
15. ELIMINATION - Any wrestler who weighs-in or competes at a different weight than what he qualified at will be eliminated from the State Championships. If a wrestler qualifies as the only wrestler in the weight class and the weight class above them does not have 27 wrestlers, they may move up a weight class with the permission of the Kids Chairman. Anyone who weighs-in, wrestles, qualifies or coaches outside of these guidelines will be prohibited from wrestling or coaching in any USAW-NJ Scholastic Regional Qualifier and/or State Tournament for one full year from discovery date.

