



SCHEDULE

Friday, 19. May 2023

TIME	EVENT	LOCATION
12pm – 7pm	IRONMAN Merchandise	Bad Schönborn-Mingolsheim
12pm – 7pm	SportExpo	Bad Schönborn-Mingolsheim
12pm – 7pm	Registration open	Bad Schönborn-Mingolsheim
2pm – 5:30pm	Late-Registration NightRun Kraichgau	Bad Schönborn-Mingolsheim
6pm	Start NightRun Kraichgau	Bad Schönborn-Mingolsheim
4pm – 8pm	Get Together	Event Area, Bad Schönborn-Mingolsheim

Saturday, 20. May 2023

TIME	EVENT	LOCATION
10am – 6pm	Registration open	Bad Schönborn-Mingolsheim
10am – 6pm	IRONMAN Merchandise	Bad Schönborn-Mingolsheim
10am – 6pm	SportExpo	Bad Schönborn-Mingolsheim
1pm – 2pm	Race Briefing in German (<i>5150 & Relay</i>)	Event Stage, Bad Schönborn-Mingolsheim
1pm – 6pm	Pick-up media accreditation	Bad Schönborn-Mingolsheim
3:00pm	Start IRONKIDS	Ubstadt-Weiher
5:00pm	Start 1. Bitburger 0,0% Triathlon-Bundesliga Damen	Ubstadt-Weiher
6:30pm	Start 1. Bitburger 0,0% Triathlon-Bundesliga Herren	Ubstadt-Weiher

Sunday, 21. May 2023

TIME	EVENT	LOCATION
8:15m	Start – Male Pro-Athletes 70.3	Ubstadt-Weiher
8:20am	Start – Female Pro-Athletes 70.3	Ubstadt-Weiher
8:30am – 9:15am	Rolling Start – Agegroup-Athletes <i>Only 70.3 Athletes & Relay</i>	Ubstadt-Weiher
9am – 4pm	Media Center open	Bad Schönborn-Mingolsheim
9:30am – 12pm	Registration open <i>Only 5150 Athletes & Relay</i>	Ubstadt-Weiher
10am – 6pm	IRONMAN Merchandise	Bad Schönborn-Mingolsheim
10am – 6pm	SportExpo	Bad Schönborn-Mingolsheim
11:00am – 12:45pm	Bike Check-in & Drop-off Bag (blue + red) <i>Only 5150 Athletes & Relay</i>	Transition 1, Ubstadt-Weiher
until 1:00pm	Drop-off Bag (white) <i>Only 5150 Athletes & Relay</i>	Transition 1, Ubstadt-Weiher
1:15pm – 1:45pm	Rolling Start – Agegroup-Athletes <i>Only 5150 Athletes & Relay</i>	Ubstadt-Weiher
from 11:30am	Finish Line Party	Bad Schönborn-Mingolsheim
ca. 15:00pm	First Athlete to finish	Bad Schönborn-Mingolsheim
3pm – 6:30pm	Bike Check-out	Transition2, Bad Schönborn-Mingolsheim
5:45pm	Cut-off Finishline - 5150	Bad Schönborn-Mingolsheim
6.00pm	Award Ceremony – 70.3 Pro-Athletes, Athletes & Relay	Event Stage, Bad Schönborn-Mingolsheim
7.00pm	Award Ceremony – 5150 Athletes & Relay	Event Stage, Bad Schönborn-Mingolsheim