



P.L.A.Y. Basketball Shot Club

What: The P.L.A.Y. Shot Club is a shooting program designed to help boys and girls in our basketball program focus on improving their shooting during the offseason. The goal is to encourage players to shoot a specific number of shots with good form and at game speed. Players who complete the required number of shot attempts for their age group will receive a prize.

Eligibility: All boys and girls entering Kindergarten through 8th grade and who are part of P.L.A.Y. Basketball are eligible to participate.

How: From June 1 – September 30th, players will count the number of shots they attempt with good form. Players will earn a prize if they complete the required number of shots for their grade level (grade is determined by player grade for the upcoming school year):

- K – 2nd grade: 5,000 shots
- 3rd – 5th grade: 10,000 shots
- 6th – 8th grade: 12,000 shots
- **Note:** *Each shooter must complete at least 15% of their overall summer total each month in June, July, August, and September. We want to see them practice consistently.*

Reward: Spalding Indoor/Outdoor TF-500 or similar basketball with a Prior Lake logo. Recognition at a Prior Lake Varsity Basketball game and display of name and picture on the P.L.A.Y. website & Facebook page.

Instructions: To participate, please follow these simple instructions:

- Shoot, shoot, and shoot some more – with GOOD shooting form and at game speed. Shooting all layups does not count. Vary your shots for game-type situations and shoot a lot of free throws.
- Use an appropriate-sized basketball that allows you to shoot with proper form.
Boys: K-4th should use a 27.5" size basketball, 5th-6th use a 28.5" size basketball, and 7th-8th use a 29.5" size basketball.
Girls: K-4th should use a 27.5" size basketball, and 5th-8th use a 28.5" size basketball.
Also, for younger ages, an 8-foot hoop height is ideal to allow players to shoot with proper form.
- There will be shooting plans and helpful videos posted to the P.L.A.Y. website for players who want variety and structure for their summer shooting plan. These shooting plans are optional and do not have to be followed to be eligible for the shot club.
- Every day count how many shots you attempt with good form.
- Submit your total shots to P.L.A.Y. Basketball by completing [this simple Google form](#) at the end of each month with the number of shots attempted that month. You can use this same Google form each month.

Kids – If you want to become a better basketball player, working on your shot form and practicing shots you are less comfortable with is a great way to improve. This program can be a great way to focus your summer, have fun, and improve your basketball skills. Make sure you incorporate all your skill & ball-handling work into your different shooting routines.

Parents – Players are responsible for counting and recording their shot totals, but we need your help and support in helping them find time and opportunity to shoot each day. Get out there and shoot with them to make it fun!

Thank you for participating in the P.L.A.Y. Basketball Shot Club. We have received a lot of great feedback from those who have participated in past years and are looking forward to more participation this year!

Go Lakers!