

# Alejandro Villegas

## Coaching & Playing

I started playing at 12 years old in Cuba in 2010 where I played at the highest level in my country. I then played local tournaments in Moscow, Russia with the Ukrainian federation. In Mexico, I played organized tournaments in Chiapas and Mexico City.

My career as a coach started in Cuba where I worked with different age groups in metropolitan cups and school games. In Mexico, I participated in tournaments as a coach for the youth teams ages 12 and 13 in Chiapas.

## Why do you coach?

Volleyball is my passion. I've played it almost all my life and I still do. I'm very happy helping other people learn and love it. I enjoy teaching everything I know and learned as an athlete. I try to make my students better every day.

## Fun facts about you

I lived in Mexico and Russia. I like to play basketball. I have a 2 year old son

## Coaching Philosophy or Style?

I like Japan's style of play. It's very defensive, tactical, and quick. I like to develop players that are active and learn to love the game. I'm animated when I coach. I like to be loud and energetic but always disciplined. I enjoy when the girls show sportsmanship and have fun!