

<u>Date</u>	<u>Cape Coast Facility</u>
<u>Sunday, January 8, 2023</u>	<u>SCHEDULED PRACTICES</u>
11am - 1pm	Athena, Saturn, Titan
1pm - 3pm	Cassini, Columbia, Atlas
3pm - 5pm	Raptor, Challenger, Delta
5pm - 7pm	Thor, Pegasus, Falcon
7pm - 9pm	Atlantis, Discovery
<u>Sunday, January 15, 2023</u>	<u>SCHEDULED PRACTICES</u>
1pm - 3pm	Raptor, Thor
3pm - 5pm	Open for Tier 4 teams if interested
<u>Sunday, January 22, 2023</u>	<u>SCHEDULED PRACTICES</u>
11am - 1pm	Saturn, Titan
1pm - 3pm	Cassini, Columbia, Atlas
3pm - 5pm	Challenger, Athena
5pm - 7pm	Pegasus, Falcon, Delta
<u>Sunday, January 29, 2023</u>	<u>SCHEDULED PRACTICES</u>
11am - 1pm	Athena, Saturn, Titan
1pm - 3pm	Cassini, Columbia
3pm - 5pm	Raptor, Challenger, Thor
5pm - 7pm	Delta, Pegasus, Falcon
7pm - 9pm	Atlantis, Discovery
<u>Sunday, February 5, 2023</u>	<u>SCHEDULED PRACTICES</u>
3pm - 5pm	Atlas
11am - 3pm; 5pm - 9pm	Open
<u>Sunday, February 12, 2023</u>	<u>SCHEDULED PRACTICES</u>
11am - 1pm	Athena, Saturn, Titan
1pm - 3pm	Cassini, Columbia
3pm - 5pm	Raptor, Challenger, Thor
5pm - 7pm	Delta, Pegasus, Falcon
7pm - 9pm	Atlantis, Discovery
<u>Sunday, February 19, 2023</u>	Open
<u>Sunday, February 26, 2023</u>	<u>SCHEDULED PRACTICES</u>
1pm - 3pm	Cassini, Falcon, Atlas
3pm - 5pm	Thor, Delta, Pegasus,
5pm - 7pm	Raptor, Atlantis, Discovery
<u>Sunday, March 5, 2023</u>	<u>SCHEDULED PRACTICES</u>
1pm - 3pm	Atlantis, Thor, Raptor
3pm - 5pm	Athena, Challenger, Saturn
5pm - 7pm	Discovery, Columbia, Atlas
<u>Sunday, March 12, 2023</u>	Spring Break (Open for Makeup)
<u>Sunday, March 19, 2023</u>	Spring Break (Open for Makeup)
<u>Sunday, March 26, 2023</u>	Open

<u>Date</u>	<u>Cape Coast Facility</u>
<u>Sunday, April 2, 2023</u>	<u>SCHEDULED PRACTICES</u>
11am - 1pm	Athena, Saturn, Titan
1pm - 3pm	Cassini, Columbia, Atlas
3pm - 5pm	Raptor, Challenger, Thor
5pm - 7pm	Delta, Pegasus, Falcon
7pm - 9pm	Atlantis, Discovery
<u>Sunday, April 9, 2023</u>	Easter Sunday (Closed)
<u>Sunday, April 16, 2023</u>	<u>SCHEDULED PRACTICES</u>
11am - 1pm	Athena, Saturn, Titan
1pm - 3pm	Cassini, Columbia
3pm - 5pm	Thor, Challenger, Raptor
5pm - 7pm	Delta, Pegasus, Falcon
7pm - 9pm	Atlantis, Discovery
<u>Sunday, April 23, 2023</u>	<u>SCHEDULED PRACTICES</u>
11am - 1pm	Athena, Saturn, Titan
1pm - 3pm	Cassini, Columbia, Atlas
3pm - 5pm	Raptor, Challenger, Thor
5pm - 7pm	Delta, Pegasus, Falcon
7pm - 9pm	Atlantis, Discovery
<u>Sunday, April 30, 2023</u>	Open
<u>Sunday, May 7, 2023</u>	<u>SCHEDULED PRACTICES</u>
1pm - 3pm	Cassini, Athena
3pm - 5pm	Delta, Pegasus
<u>Sunday, May 14, 2023</u>	<u>SCHEDULED PRACTICES</u>
1pm - 3pm	Cassini, Athena
3pm - 5pm	Delta, Pegasus