

2020 COACH'S PRE-SEASON SKILLS, SMALL GAMES AND DRYLAND CAMP

Coach Chase Knudson and Coach Dave Bjugson will be putting on pre-season training sessions that will consist of 9 evenings. Each evening will be ½ hour skills, ½ hour of small games and ½ hour of dryland training.

Dates will be:

Oct 19,20,22,26,27,29

Nov 2,3,5

Schedule will be:

Squirts on ice 6-7, dryland 7:15-7:45

PeeWee & HS on ice 7:15-8:15 and dryland 8:30-9

Cost is \$75/player,

Family discounts 2/\$125, 3/\$175

Goalies \$50

Sign up is due by **Oct 15** – Please mail checks payable to Chase Knudson and mail to:

Chase Knudson
110 148th Ave SE
Clifford, ND 58016

****Anyone that had paid for Dave Bjugson spring camp will get prorated rates as follows: \$25/player, 2/\$40, or 3/\$55.**

Contact info:

701-430-9382

Chaseknudson25@gmail.com

Name:	Level this season:
Parent's name:	Email:
Phone:	Position:
ADDITIONAL PLAYERS	
Name:	Level this season:
Name:	Level this season: