

APPAREL SIZING GUIDE

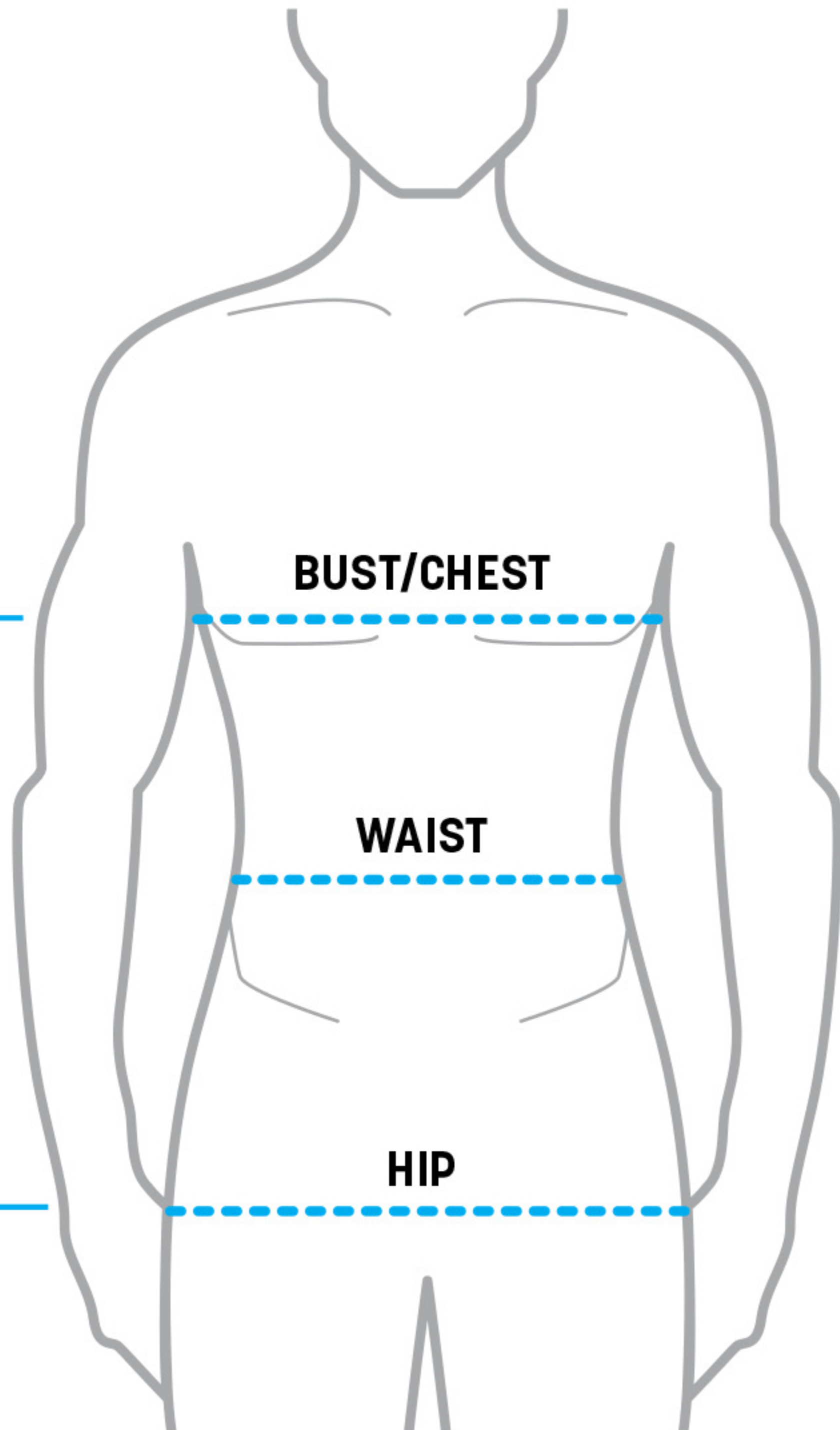
**IMPORTANT NOTE**  
The measurements listed in the below charts are body measurements (in inches), not garment measurements. If your body measurement is on the borderline between two sizes, order the smaller size for tighter fit or the larger size for looser fit.

How to Measure:

**Bust/Chest:**  
With arms relaxed at sides, measure around the body at the fullest part of the bust/chest, keeping the tape parallel to the floor.

**Waist:**  
Measure around the body (not on top of clothing) at the natural waist level.

**Hip:**  
With feet together, measure around the fullest part at hip level, keeping the tape parallel to the floor.



ADULT/MEN'S SIZING CHART								
	XS	S	M	L	XL	2XL	3XL	4XL
CHEST	32	34-36	38-40	42-44	46-48	50-52	54-56	58-60
WAIST	26	28-30	32-34	36-38	40-42	44-46	48-50	52-54

WOMEN'S SIZING CHART							
	XS	S	M	L	XL	2XL	3XL
CHEST	31-33	33-35	35-37	37-39 1/2	39 1/2-42	42-45	45-48
WAIST	24-26	26-28	28-30	30-33	33-36	36-40	40-44
HIP	34-36	36-38	38-40	40-43	43-46	46-49	49-52

YOUTH SIZING CHART							
	XXS	XS	S	M	L	XL	2XL
CHEST	22-24	24-26	26-28	28-30	30-32	32-34	34-36
WAIST	19-21	21-23	23-25	25-27	27-29	29-31	31-33

GIRLS' SIZING CHART					
	XS	S	M	L	XL
CHEST	22-24	24-26 1/2	26 1/2-29	29-32	32-35
WAIST	20-21 1/2	21 1/2-23	23-25	25-27	27-29
HIP	22-25	25-29	29-32	32-35	35-37

ADULT FOOTBALL PANTS SIZING CHART (FOR FPU21 & FPU19)						
	S	M	L	XL	2XL	3XL
WAIST	31-33	34-36	37-39	40-42	43-45	46-48

YOUTH FOOTBALL PANTS SIZING CHART (FOR FPU21 & FPU19)								
	XXS	XS	S	M	L	XL	2XL	HUSKY*
WAIST	18-20	20-22	24-26	28-30	32-34	34-36	36-38	36-38

\*Same inseam length as large pant

SOCK SIZING CHART						
	Sock Size	Girls'	Boys'	Women's	Men's	Tube Length
XS	3-5	7-13	N/A	N/A	N/A	14"-16"
S	6-8	13-6	9-4	4-6	N/A	19"-20"
M	9-11	6-9	4-9	6-9	4.5-9	23"-24"
L	10-13	N/A	N/A	10-13	9-12	29"-30"

Sizes above are based on shoe size.



LOOSE

Cut generously to allow for free movement and to fit all body types.



FITTED

Built to follow the contour of the player's body while allowing for ease of movement.



STRETCH-FIT

Fits tightly and uses special four-way stretch fabrics to expand over the player's body.

PROTECTIVE EQUIPMENT SIZING GUIDE

**IMPORTANT NOTE**  
The measurements listed in the below charts are body measurements (in inches), not garment measurements. *This is intended only as a guide. Protective equipment worn in play or practice should always fit the wearer. Seek advice from a professional to confirm correct fit.*

BATTING HELMET SIZING CHART			
HEAD SIZE	6 - 6 1/2	6 1/2 - 7	7 - 7 1/2
CIRCUMFERENCE	18 3/4" - 20 1/4"	20 1/4" - 21 7/8"	21 7/8" - 23 1/2"
HELMET SIZE	T-Ball	Junior	Senior

CATCHER'S HEADGEAR SIZING CHART		
HEAD SIZE	6 1/4 - 7	7 - 7 1/2
CIRCUMFERENCE	19" - 21 7/8"	21 7/8" - 23 1/2"
HELMET SIZE	Medium	Large
HELMET MODELS	CMHXMM, CMHXUM	CMHXML, CMHXUL

CHEST PROTECTOR SIZING CHART						
TORSO LENGTH	12"	13.5"	14"	15"	15.5"	16.5"
CHEST PROTECTOR SIZE	T-Ball	Youth	Youth	Intermediate (Senior League)	Intermediate (Senior League)	Adult
CHEST PROTECTOR MODELS	CP104, CPN24	CP103, CPN23	CPN13	CP102, CPN22	CPN12	CP101, CPN11, CPN21

If your body measurement is on the borderline between two sizes, it is recommended to order the size up.

LEG GUARD SIZING CHART				
SHIN LENGTH	12"	13.5"	14.5"	16.5"
LEG GUARD SIZE	T-Ball	Youth	Senior League (Intermediate)	Adult
LEG GUARD MODELS	CG111, CG112	CG186, CG106, CG107	CG184, CG104, CG105	CG181, CG100

If your body measurement is on the borderline between two sizes, it is recommended to order the size up.

SHIN GUARD SIZING CHART						
SHIN GUARD SIZE	XXS	XS	SM	MD	LG	XL
HEIGHT (INCHES)	3'0" - 4'0"	3'6" - 4'6"	4'0" - 5'0"	4'6" - 5'6"	5'0" - 6'0"	5'6" - 6'6"
SHIN GUARD MODELS	SSG8	SSG8, A122, A119XS, A126	SSG8, A123, A119, A127, A7D, A8D	SSG8, A124, A120, A128, A7D, A8D	SSG8, A125, A121, A128, A7D, A8D	A8D

