



380 Youth Sports Soccer Rules & Bylaws

10U

General League Information

Division Overview:

Division	Ball Size	Players on Field	Goalie	Free Kick	Scoring	Offsides	Officials	Slide Tackling
10U	4	7x7	Yes	Direct	Yes	Yes	3	No

8U Division Game Play

10U Division General Rules:

- A. Field Size: 55ft x 35ft
- B. Ball provided by Home Team
- C. Penalty kicks are allowed
- D. Game Length: 2 25 Minute Halves
- E. ALL players should be involved in the action

Spectators:

Spectators are to sit on one side of the field while the players are on the other side with their coach.

Spectators are not to stand behind goals during games.

This field has a zero-pet tolerance. Individuals will be asked to leave with their animal.

Referees:

1. There will be 3 referees, 1 primary and 2 assistants assigned by the league. Coaches will act as "officials" during the game if there is a shortage in referees. Coaches will be notified before the game begins.
2. The referee can stop the game for infringement of the rules and can suspend or terminate the game whenever the referee deems stoppage necessary. For example, severe weather, interference by spectators/coaches.
3. Assistant Referees are responsible for determining if the ball went out of bounds and informing the referee if there was an offside infringement.

Coaches:

1. Coaches are not allowed on the field during the game unless they are invited by the official for the purpose of assisting an injured player.
2. Coaches may enter the field to set their team at the beginning of each half.
3. Coaches are not to cross over the center line while coaching.

Kick-Off:

Kick-off will be decided at the beginning of the game by a coin toss.

The team winning the toss will decide if they want kickoff or to defend a side.

Free Kicks (Direct):

All kickoffs, corner kicks and fouls are direct kicks. Defending players must be at least 9 (nine) feet/3 (three) yards away from the ball at the time of the free kick.

Fouls and Misconduct:

- A. A player who commits any of the following offenses shall be penalized by the award of a direct free kick to the opponents:
 - i. Kick or attempts to kick an opponent
 - ii. Slide tackles
 - iii. Trips an opponent
 - iv. Charges opponent in a violent or dangerous manner
 - v. Holds an opponent with the hand or any part of the arm
 - vi. Pushes an opponent with the hand or any part of the arm
 - vii. Strikes or attempts to strike an opponent
 - viii. Tackles an opponent
 - ix. Spits at an opponent, referee, spectator
 - x. Handles the ball, "handball"; a "handball" shall not be called when the player is attempting to protect themselves from being struck. The referee (coach for non-competitive levels) has full discretion.

- B. A player who commits any of the following offenses shall be penalized by the award of an indirect free kick to the opponents:
 - i. Plays in a dangerous manner
 - ii. Impedes the progress of an opponent without making contact

- iii. Prevents the goalkeeper from releasing the ball
 - iv. Other offense that are deemed misconducts
 - v. Is offside while involved in active play
- C. Indirect Free Kicks related to fouls committed by a goalie:
- i. Controls the ball for more than 6 seconds
 - ii. Touches the ball again with their hands after releasing the ball, before another player touches.
 - iii. Touches the ball with their hands after receiving a DELIBERATE PASS from a teammate
 - iv. Touches the ball with their hands after receiving it directly from a teammate's throw in.
- D. A player shall be ejected from the game/field if:
- i. In the opinion of the referee (coach for non-competitive levels), the player is guilty of fighting or uses foul or abusive language.
 - ii. Commits repeated fouls after having been warned by the referee
 - iii. Receives two yellow cards

Ball Out of Play:

- A. The ball is out of bounds when the **entire** ball passes over the sideline or goal line. When determined that the ball is out of bounds, the ball will be put back in play by the opposing team as follows:
- i. Played over the sideline: a throw in is taken at the point the entire ball crossed the line.
 - ii. Played over the goal line by the defending team: A corner kick is taken by the attacking team from the corner arc on the side of the field where the ball crossed the goal line.
 - iii. Played over the goal line by the attacking team: A goal kick is taken by the defending team from anywhere in the goal area.

Goals:

A goal is scored when the entire ball passes completely over the goal line between the goal post and under the cross bar.

Goalies:

- A. Keepers may punt / drop kick the ball to put it in play should it be saved
- B. Goalkeeper will wear colors that distinguish him/her from other players

Unless otherwise stated above, we will follow the FIFA laws of the game.