



MT. WASHINGTON  
**SKI CLUB**

*open to new members for the 2024/25 season!*

YOUR MWSC NEWSLETTER / JANUARY 2025

# MOUNTAIN MOMENTS

## LATEST NEWS

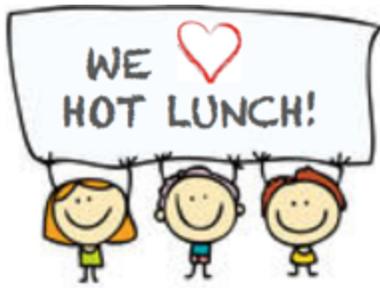
### Program Update



Our pre and early season programming is off to a fantastic start. 21 U12-U19 skiers attended Fall Camp at Sun Peaks from Nov 30 - Dec 6th, and our U12 programs had an early start on Mount Washington Alpine Resort's official opening weekend. U12 families enjoyed a social on Saturday which included a ski tuning workshop from Lead U12 Coach and club Technical Director Mathieu. Finally, our series of Holiday Camps have kicked off with athletes U10 and above braving all types of weather to get an early start to their ski club season.

We are looking forward to all of our programs being in full swing Jan 4-5th weekend, including an Open House Social on Jan 4th at 3pm. Please join us for BBQ, snacks, and beverages proudly sponsored by **Kelly Yacht Sales** and **Driftwood Brewery**.

### Hot Lunches



We are super excited to launch our hot lunch program again this year. New for this year is pre-payment for lunches using [munchalunch](#). It is easy to make an account (or add the ski club as an 'additional school'). Once we have volunteers signed up, specific menu items will be available for ordering. All lunches must be ordered and paid in advance by the Monday before. See the [website](#) for more detailed information about signing up for munchalunch and ordering hot lunches. Kelsey Rix ([kelseyrix@hotmail.com](mailto:kelseyrix@hotmail.com)) is our hot lunch coordinator and can be reached for questions volunteers and parents may have about hot lunch.

## New Athlete Recruitment

MWSC still has some space for new members to join (particularly at the U10 level). If you know a family who might be interested, please welcome them into the cabin, encourage them to attend one of the info sessions we are holding over the holidays, and complete the application form on our [webpage](#) to be connected to Keir Graaten, our registrar. Even after the season begins, we are eager to connect with new and interested families to plan for next year and beyond. Please help us spread the word!



## Athlete in Focus



U16  
Samantha  
(Sam)



*Sam enjoying a MWSC summer dryland hike to Cruickshank Canyon with ski club friends!*

(3d111)  
Henneberry  
started skiing  
at  
Mount Washin  
gton when

she was two years old and joined the MWSC in 2015. Sam's favourite part of ski club is the friendships she has built and she loves the opportunity the club has given her to push hard and challenge herself. In the off season, Sam enjoys golf and working out at the gym and this past summer she completed two junior triathlons! In Sam's spare time, she enjoys sketching, design and art and she also runs a small gift box business from home!

Sam is an absolute pleasure to have in the club and we love having her and her wonderful family a part of the MWSC for all these years! Best of luck with your race season ahead Sam!

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## SPONSORSHIP

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### **Thank You To All Our Sponsors!**

We have another great list of sponsors this year, including many who are not club members. Please take the time to familiarize yourself with them as they contribute greatly to the success of the club. Please support them where you can; in many cases it's an easy switch for all club family members to change buying habits in order to support our sponsors. Full list here: <https://www.mwsc.ca/sponsors>

Dave Spence, our sponsor coordinator, may test you at any point during the season!

## Rick Gibson Special Offer for Club Members



We would like to thank one of our long standing Platinum Sponsors and past club board member **Rick Gibson and the Rick Gibson Group | Royal LePage in the**

**Comox Valley**. Rick and his family were long time club members and Rick continues to support us year after year.

Rick has made a generous offer to donate an additional \$1000 to the club upon the successful completion of any property sale or purchase by May 31, 2025, by any ski club member with Rick as their representative. All you need to do is tell Rick you are with the ski club and mention the promotion. This is for ski club members only.

**Contact:** [rick@rickgibson.ca](mailto:rick@rickgibson.ca) / 250-338-1723

## New Gold Sponsor Highlight



Co-Op Gas: Peninsula Co-Op and Mid-Island Co-Op have teamed up to join us this year as new Gold Sponsors. With dozens of gas station locations on the Island it's an easy switch to support them in return. Make the switch to Co-Op Gas!

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**CLUB SPOTLIGHT**

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**MWSC's 24-25 Race Calendar**

This season will be a busy one for both hosted and club races. The club is hosting two races from our Coastal Zone this year - the U14 Coast Teck Zone Race (Jan 17-19) and the Coast Zone Finals (open for U12, U14 and U16) on April 5th and 6th. When we host a race, clubs from our coast zone travel to Mount Washington and compete. These events require lots of volunteer jobs, particularly for B-Net set up and tear down (often starting on Thursday), race office, and timing jobs to name a few. Our athletes start travelling to races as a team at the U12 level and the number of trips range from 1-2 @ U12, to 4-5 @ U14 and U16. If you haven't yet, check out the [BC Alpine Calendar](#). Please connect with your lead coach, or coordinator if you have questions about your team's race calendar. The Governance Committee has been working on a [Travel Policy](#) which was recently approved by the Board.



In addition to hosting races, we also run our own club races. These are fun events for all athletes, U10 - U19. We are planning two club race days (Feb 1 and March 1) where, in addition to race courses, we'll have a speed trap and other events. Sunday athletes are encouraged to attend. Ryan Williams ([ryan@mwsc.ca](mailto:ryan@mwsc.ca)) is leading the effort to plan and run these events. Please watch volunteer hub for jobs, and don't hesitate to reach out if you have questions or want to help out.

## EVENTS CALENDAR

All the season's events for each program are summarized [here](#).

### Highlights include:



**Jan 4** - Open House Social, 3 pm, Club Cabin - Please join us for BBQ, snacks, and beverages proudly sponsored by **Kelly Yacht Sales** and **Driftwood Brewery**. Club wear will also be

available for sale, including hoodies, puffy jackets, t-shirts, hats, toques and more!

**Jan 4 - 5** - First weekend of U10 programs

**Jan 17-19** - MWSC Hosts U14 Teck Coast Zone Race - lots of volunteers needed!

**Feb 1** - Club Race #1

**March 1** - Club Race #2

**March 29** - Club Banquet, Mount Washington Alpine Resort

**April 4 - 6** - Coast Zone Finals @ Mount Washington (U12-U19)

## DID YOU KNOW?

**Sportsengine** - Club communications while on the hill, are primarily done through the sportsengine app. Please RSVP on sportsengine to let your coaches and coordinators know if you are going to attend your training day and other events.

**Payments** - All MWSC payments must now be sent to [payments@mwsc.ca](mailto:payments@mwsc.ca)

This includes clothing purchases, race and training camp payments, and sponsorship. Please include a description when completing a transfer.

**SafeSport Training** - We need to build a SafeSport Environment together! All adult members (e.g. both parents) are required to complete SafeSport every 3 years. You can easily complete this online and it counts as volunteer hours (see below).

If you have completed SafeSport training this year or in previous years please let us know (our records are a bit spotty). Login to your profile on [coach.ca](http://coach.ca) and send a screenshot of "History" to [safety@mwsc.ca](mailto:safety@mwsc.ca). We'll track for you when it is time to retake your training. Thanks!

How to take SafeSport Training:

1. **Sign-up:** Go to MWSC Volunteer Platform, Sign-up for "Project: SafeSport Training"
2. **Train:** Register and complete the training on [Coach.ca](http://Coach.ca)
3. **Send:** Send your proof of completion (a screenshot is ok) to [safety@mwsc.ca](mailto:safety@mwsc.ca)

[safety@mwsc.ca](mailto:safety@mwsc.ca)

4. **Log:** "Access your profile" on MWSC Volunteer Platform, and "Report Project Based Hours for Course" for "Project: SafeSport Training" (1.5-2 hrs of time)

Learn more about [SafeSport Training](#)

## RECENT KUDOS

Thanks to Scarlet, club U12 program coordinator who helped organize a great kick off weekend for U12 athletes and families. It was our earliest start ever and included a social and tuning workshop from U12 lead coach, Mathieu Leduc.



## CONNECT WITH US

Find us on Facebook, Instagram or contact us directly.



**Mt. Washington Ski Club**

[headcoach@mwsc.ca](mailto:headcoach@mwsc.ca)

<http://www.mwsc.ca>