**Can rink staff, volunteers, coaches/staff, referees and athletes (youth and adult leagues) participate in ice arena related activities beginning after the "pause" ends, on October 30, 2020, even if they do not have their negative COVID test results?**

Yes, however a negative COVID test result must be provided to the program on or before Friday, November 6, 2020, with a copy being kept by the program for 30 days.

**What if I do not have a negative COVID test result on or before November 6, 2020?**

If a negative COVID test result is not provided to the program by Friday, November 6, 2020, that individual shall not be allowed to participate in any event inside the arena or with the program until a negative COVID test result is provided.

**Who is exempt from the testing requirement?**

1. A person is exempt from the testing requirement if they have previously tested positive for COVID-19 in the three months prior to the date of the "pause" with a virus-specific test used to diagnose active infection (PCR or antigen based test).
2. Any program or team that starts for the first time this year after October 30, 2020, is not required to have COVID-19 testing.

**What are the testing requirements for figure skating, open stick practices and public skate opportunities?**

Individuals who participated in activities on the ice prior to the "pause", including but limited to figure staking, open stick practices and/or public skating, are required to produce a COVID-19 negative test result on or before November 6, 2020.

**Where can I get tested for COVID-19?**

As of Wednesday, October 28, the Department of Health and Human Services had confirmed that hospital-based and National Guard community testing locations, including in the southern part of the state, had testing capacity and are accepting appointments. For more information on these COVID-19 testing options, as well as the dozens of other available private providers, please visit
https://www.dhhs.nh.gov/dphs/cdcs/covid19/documents/covid-testing-options.pdf

**Do I have to pay for the tests and the cost for the appointment?**

In most cases the cost of the test and the visit should be covered by your insurance provider. The NH Department of Insurance has provided an FAQ on Health Insurance and the Coronavirus. It can be found here: https://www.nh.gov/insurance/consumers/health-insurance-coronavirus-faq.htm

**What if I am uninsured?**

New Hampshire has a fast and easy way for uninsured individuals to sign up and receive free COVID-19 testing, please log on to NHEasy.NH.Gov.