



# Spring Xtreme Hockey

KC Stars 2024 Spring Hockey

**7 Xtreme Sessions (60 mins each)  
PLUS 5 Game Days (60 mins each)**

Xtreme sessions are designed to get the kids away from normal practice routines and put Xtreme fun into the game!

**Xtreme Sessions consist of:**

- \*\* Small area games
- \*\* Battle drills and Obstacle courses
- \*\* Shoot outs
- \*\* Contests and competition
- \*\* 14U will work on body contact and checking
- \*\* Skill enhancement in a fun atmosphere!

**Game Days consist of:**

Competing against similar skill levels in one or more of the below formats. 4 on 4 Full Ice, 3 on 3 Full or Half Ice, Cross ice games, 5 on 5 U10/Squirt controlled teaching.

**Xtreme Practice Schedule:**

**6U/8U:** Wednesdays April 3-May 15, Grp 1 5:30-6:30pm, Grp 2 6:40-7:40pm

**10U:** Tuesdays April 2-May 14, 5:30-6:30pm

**12U:** Tuesdays April 2-May 14, 6:40-7:40pm

**14U:** Wednesdays April 3-May 15, 7:50-8:50pm

\*Times are approximate and may be subject to slight change depending on number of players.

**GAME Weekends:**

April 13-14

April 20-21

April 27-28

May 11-12 (No games Mothers Day)

May 18-19

Game days and exact times will be announced shortly after registration is final. Weekends will consist of some Friday nights or Saturday afternoons or Sunday mornings.

**April 2 thru May 19, 2024  
all events at KC Ice Center  
in Shawnee, KS**

**Age Divisions and Cost:**

6U-8U 2016's-2016's: \$290

10U Squirts 2014's-15's: \$340

12U Peewees 2012's-13's: \$340

14U Bantams 2010's-11's: \$340

Goalie Fee: \$100 for Sqt/PW/Bantam goalies.

\*Fee can be divided into two payments, half due at time of registration, half automatically charged April 15th.

Register at:

<https://kcyouthhockey.sportngin.com/register/form/075245005>

For Questions contact Mary at  
[admin@kcstarshockey.com](mailto:admin@kcstarshockey.com)

Register by  
March 15th  
to avoid \$25  
late fee.