

**FIELD HOCKEY ONTARIO**

Box# 80030  
Appleby Line, Burlington, ON  
L7L 6B1

**tel:** 1 (877) 605-0855  
[info@fieldhockeyontario.com](mailto:info@fieldhockeyontario.com)

**FHO ID Camp Town Hall - Tuesday, April 13th, 2021****Meeting Minutes****What is the FHO ID Camp?**

- **What does it look like?**
  - Three full days of on field and classroom training
    - 4-6 hours on field in the morning/afternoon
    - Evening classroom session
- **Who should attend?**
  - Athletes who already have foundational skills in the game and are ready to train at a more advanced level
- **What are the goals of the camp?**
  - Provide on field and development opportunities for athletes,
  - Provide a high-performance training environment that is expected at Nationals,
  - Ranking of Ontario athletes by age and position
  - Provide exposure to National Team representatives

**Notes:**

- In place of FHC Nationals which have been cancelled due to COVID
- Not catered to beginner athletes - there will be many other opportunities for these athletes from FHO this summer
- Sessions will align with FHC's Gold Medal Profile (coming soon) for high-performance athlete development

**Camp Dates:**

- **U23 - June 26 - 28**
  - Athletes check in to the hotel evening of June 25 and check out morning of June 28
- **U18 - June 29 - July 1**
  - Athletes check in to the hotel evening of June 28 and check out morning of July 1
- **U16 - July 2 - 4**
  - Athletes check in to the hotel evening of July 1 and check out morning of July 4

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**Notes:**

- No evening session on the check out day in order for athletes to travel home
  - Will be a morning on-field session
- Camps are early in the summer to be invited out by FHC to one of their camps, tours, or training camps if identified by them
  - FHO has not provided any rankings of Ontario athletes to FHC since 2019 Nationals
  - This ID Camp will provide us an opportunity to provide rankings to FHC early in the summer
- Justine will be working with the coaching staff to ensure proper re-conditioning coming into the camp (not going top intensity on Day 1 of the camp)
  - Hoping that most athletes will be able to get on the field with their clubs prior to the camp or through attending warm-up training sessions with FHO in the lead up to the ID Camps
    - Various regions in Ontario - working with various clubs and coaches within FHO

**Costs and Registration:**

- Estimated fees are between \$1000-\$1500
- Registration will open in May, but payment will not be expected until June 7th at the earliest.
- Full costs are still TBD, but your registration will include:
  - Food
  - Accommodations
  - Transportation to and from the hotel/venue each day
  - Coaching fees
  - FHO apparel kit (pinnie, socks, string bag, face mask, gaiter, headband)
  - 4-6 hours of field time per day
  - Educational components in the evening (i.e. video analysis, skill breakdown, etc.)
  - Personal Protective Equipment (PPE) (i.e. masks & gaiters)

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**Notes:**

- Registration will be first come, first serve due to group size limits and to determine final costs for participants
- Working with hotel and catering for meals
  - Trying to avoid eating at the hotel as much as possible to limit possible contact with other hotel guests
  - Breakfast will be served a hotel - trying to arrange to not have this in the main dining area
  - Lunch/dinner likely to be at the field - picnic tables or at nearby community centre room

**COVID-19 Considerations and Protocols:**

- ALL participants, including staff and coaches must stay at the hotel in order to limit exposure.
- 1 athlete per bed
- Registration will be first come first serve due to the field capacity and group size limits set forth by the government's COVID-19 restrictions (estimated to be 25 people per field).
- Physical distancing on all transportation.
- Where possible, secluded bubble for meals (eating at the field or hotel).
- All athletes must bring their own water bottles and equipment - absolutely no sharing.

**Notes:**

- Everyone will be screened upon arriving at the bubble and a few days prior
  - Be honest if you are unwell - we do not want to take any chances
- Have been working with Durham Public Health on our COVID Protocols and Plans for the Camp
- Group sizes will be limited with COVID restrictions - we have two fields side by side
  - Likely 25 per field (including coaching staff, medical staff, etc.)
- Physical distancing will be required throughout the camp environment
- We don't know what athlete physical distancing requirements during game play or drill play will be
- Bringing your own snacks will be permitted

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- Cannot rely on vaccines as most in these age groups will likely not be vaccinated prior to the camps
- Penalty Corner Masks can no longer be shared - FHO does have these available for purchase
- FHO does have additional equipment available for sale - masks, gaiters, socks, shin guards, etc. - let us know if you are in need of equipment
- Transportation will not be at full capacity - likely to be one person to a seat for buses.

**Questions:**

- Will negative COVID tests be required for participants?
  - At this time, we do not believe so. Durham Public Health has not stated that they would require this for our event.
- Does money that was paid toward provincial rials get allocated toward the fee?
  - Yes, the amount that has been paid to FHO will be transferred to your fee for the ID Camp. If you received a refund, the amount for the ID Camp will be required in full.
- Where can out of town parents stay?
  - We can work with the Town of Ajax to provide a list of alternate hotels in the area. We will not be able to book a block at any other hotel for parents.
- In the hotel, will it be 1 person per room?
  - Number of athletes per room will be 1 athlete per bed.
- Who are the coaches for each age group?
  - We do not have this information at this time. Coaches are still determining their availability for the camps as well.
- Will we get to choose our roommate if we can?
  - We will take into consideration our participants' requests and comfort levels. We will try to honour requests for siblings or close friends (those you carpool with, live near with, etc.) to room together if both agree to it.

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- Will there be a goalie coach present?
  - Can't confirm at this time. We are working to ensure we have a diverse coaching staff with various skills present at each camp.
- Are we going to be able to play games or scrimmage based on COVID restrictions?
  - This will depend on where Durham sits in the framework and if the restrictions in this colour allow for it. If it is allowed, it will occur. Coaches are working on creating a schedule that maximizes training and drills without scrimmaging if it is not possible. We are going to ensure that multiple plans are ready to be executed in case the colour Durham is in changes right before the camp or during the camp even.
- Why aren't we practicing on water turf?
  - There are two water-based turfs in Ontario (Cassie Campbell in Brampton and University of Toronto in Downtown Toronto). We have to consider that these two regions are hot spots for COVID. For the comfort and safety for everyone involved, we have made the decision not to run programming in these regions. All PSOs and NSOs have been asked by the government not to run camps or other programming in the hot spots (Peel and Toronto). Ajax's fields are high quality turf and has a very similar layout to the fields at U of T. Another main reason is cost - water-based turf and their locations make them more expensive for rentals. This could push the cost of the camp out of the financial ranges for some of our athletes.
- Are there equal numbers across age groups? Would you move overflow around so that all players have an opportunity to participate?
  - Basing our current plans off the expression of interest form athletes were asked to fill out. It was fairly evenly distributed. It will depend on group sizes allowed and how our registration goes. If overflow opportunities become available, we will communicate this, but at this time, plan to attend with your age group and register early to ensure your spot.

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- Are all meals paid for?
  - Yes, breakfast, lunch, and dinner will be paid for in your registration. Dietary restrictions will be considered and we will ask for this information in registration. If you are a picky eater, etc., you are encouraged to bring your own food, snacks, etc. We will ensure with the hotel that rooms have fridges for cold food storage.
- Will there be full refunds if we can't attend at the last minute due to COVID exposures?
  - This is a unique situation. Staff will take these into consideration given any extenuating circumstance that arises prior to the ID camp. We will work with specific cases if they arise.
- Will there be laundry available, will it be organized in some way?
  - The hotel does not have laundry service available at this time due to COVID. They are unable to keep up with cleaning and disinfection. Athletes may have to go old school and wash garments in the shower if needed.
- What is the impact on FHO 2022 participation if an athlete does not attend because of COVID concerns?
  - Athletes will not be penalized if they do not attend. We do understand that some athletes and their families may not be comfortable attending. With ranking planned to occur at this event, we encourage athletes and families to remember this with regards to what is important to an athlete (Quest for Gold, etc.)
- Will we find out our ranking after the camp?
  - We are still working this out with coaches and FHC. We can ensure that athletes will receive report cards on their strengths and weaknesses after the camp.
- Will we ever know our own ranking or is that only for FHO?
  - FHO will know the answer to this better once we understand FHC's plans around their Gold Medal Profile and how the sharing of ranking will be done.



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- What will registration look like?
  - We will be using a new registration system for this camp. You will need to make an account likely and will fill in basic contact and personal information.
- Are their funding options available for this camp?
  - The 1985 Fund for Women application is open right now until April 30th. Female athletes planning to attend the ID Camp can apply for funding. There is \$1800 available for female athletes this year.
- Which hotel will be used?
  - Hilton Garden Inn in Ajax. 15 minutes from the field.
- How will athletes be able to get a hold of an adult during off training times/onsite?
  - Coaches and staff will be onsite at all times for athletes to contact. Hotel rooms will be clustered together as much as possible (whole floor and half of another floor right now). Athletes will have a rooming list and know which rooms coaches/staff are in should they need to contact them (phone extension to the room, etc.)

