

## **Limiting One on One Interactions – Lamar Soccer Club (LSC)**

The majority of child sexual abuse is perpetrated in isolated, one-on-one situations. By reducing such interactions between children and adults, you reduce the risk of child sexual abuse. However, one-on-one time with trusted adults is also healthy and valuable for a child. Policies concerning one-on-one interactions protect children while allowing for these beneficial relationships.

This policy applies to and considers the following to be Participating Adults at Lamar Soccer Club:

1. Adult members (non-athletes) who have regular contact with amateur club athletes
2. An adult authorized by LSC to have regular contact with or authority over an amateur club athlete
3. Coaches, Managers or Board Members of LSC

### **Observable and Interruptible**

One-on-one interactions between club athletes and Participating Adults (not the athlete's legal guardian) are permitted at LSC, if they occur at an observable and interruptible distance by another adult.

Isolated, one-on-one interactions between athletes and Participating Adults (not the athlete's legal guardian) are prohibited, except under emergency circumstances.

Meetings between Participating Adults and athletes at LSC may only occur if another adult is present, except under emergency circumstances. Such meetings must occur where interactions can be easily observed and at an interruptible distance from another adult. If a one-on-one meeting takes place in an office or enclosed space, the door must remain unlocked and open. If available, it will occur in a space that has windows, with the windows, blinds and/or curtains remaining open during the meeting.

Individual training sessions between Participating Adults and athletes are permitted at LSC if the training is observable and interruptible by another adult. Parents, guardian, and other caretakers must be allowed to observe the training session.

When one-on-one interactions occur at LSC, another adult will monitor these interactions. This includes: knowing that the interaction is occurring, the approximate planned duration of the interaction, and random drop-ins on the one-on-one session.

Participating Adults are prohibited from interacting one-on-one with unrelated athletes in settings outside of the club (including, but not limited to, one's home, restaurants, and individual transportation), unless parent/legal guardian consent is provided for each out-of-program contact. Either way, unless absolutely necessary, such arrangements are strongly discouraged.

No minor athlete should be left alone at a training session or at any other time until they are picked up by their parent, older sibling or other designated adult. Participating Adults shall have another adult stay until the minor is picked up to prevent an unnecessary one-on-one situation from occurring.