



Set Pieces, Attacking and Defending

Category: Psychological practices

Difficulty: Moderate

Howard Rushton, CG, United States of America

Defending Corners



Attacking Corner 1

Trigger 1 Hand



Attacking Corner 2

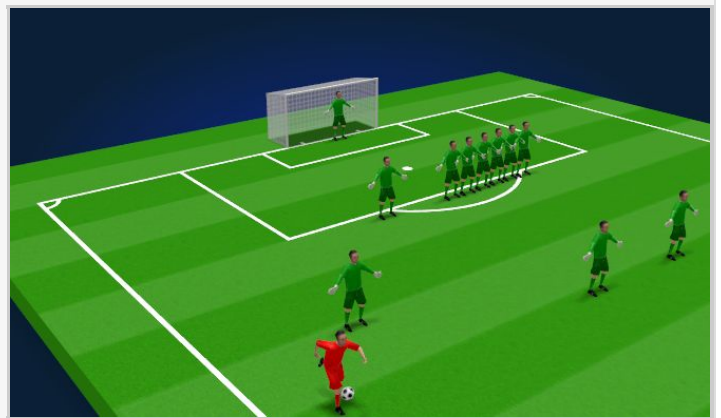
Trigger 2 Hands



Defending Wide FK

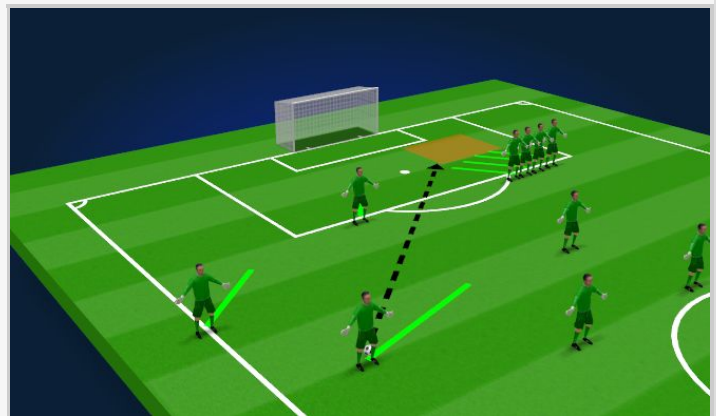


Defending Deep FK



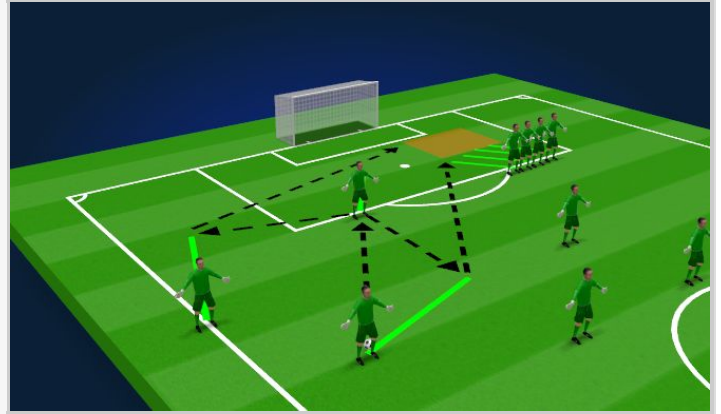
Attacking FK Wide 1

Trigger 1 Hand



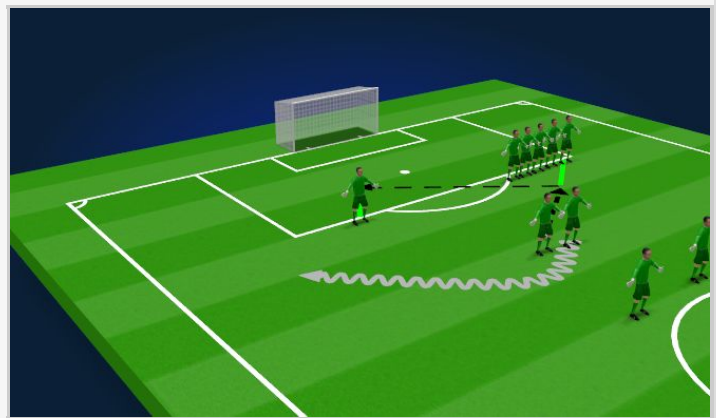
Attacking FK Wide 2

Trigger 2 Hands



Attacking Central FK

Trigger 2 Hands



Defending Throw In



Attacking Throw Ins

